





Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069
Hours 9:00am to 4:00pm

COME JOIN US!!!
Lunch Served
Monday Thru Friday
11:00am TO 12:30Pm



June 2023

Suggested meal contribution: \$3.00. No one under 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee.

SUN	MON	TUE	WED	THU	FRI	SAT
Saltshaker indicates a higher sodium meal. Low-fat milk served with every meal. 				1 Chicken Caesar Salad, W/W Roll, W/W Cracker & Banana	2 BBQ Chicken, Potato Salad, W/W Roll, Fruit Crisp & Fruit Juice	3 Menu is Subject To Change Without Notice
4 Menu is Subject To Change Without Notice	5 Tuna Salad, Pea Salad, Peaches & W/W Roll	6 Vegetarian Chili, Corn Bread, & Yogurt with Fruit	7 Chicken Supreme, Broccoli Normandy, Buttered Noodles, W/W Roll & Fruit Cup	8 Pulled Pork Sandwich on W/W Bun, Baked Beans, Cole Slaw & Banana	9 Chicken Cacciatore Over Pasta, Green Salad with Dressing, Garlic Bread & Fresh Fruit	10  <small>shutterstock - 244078135</small>
11	12 Diced Chicken, Au Gratin Potatoes, Peas & Carrots, W/W Bread, & Fruit Cup	13 Spanish Frittata, Cheese Stick, Muffin & Peaches	14 Chinese Chicken Salad, W/W Roll, Mandarin Oranges & Fortune Cookie	15 Baked Turkey Ham, Sweet Potatoes, Succotash, W/W Roll & Pears	16 Roasted Chicken, Scalloped Potatoes, Green Beans, W/W Roll & Fruit Cup	17
	19 Site Closed Holiday	20 Easy Egg Casserole, Muffin, Oven Fried Potatoes & Fresh Fruit	21 Meatloaf W/Gravy, Mashed Potatoes, Carrots, W/W Bread & Fruit Cup	22 Beef and Bean Chili, Corn Bread, Green Salad W/ Dressing & Applesauce	23 Teriyaki Chicken, Steamed Rice, Broccoli & Banana	24  <small>shutterstock - 149227811</small>
25	26 Whole Grain Spaghetti W/Zesty Meat Sauce, Green Salad W/Dressing, Applesauce & Garlic Bread	27 Chili Relleno Casserole, Spanish Rice, "Unfried" Beans & Oranges	28 Chicken Pot Pie, Biscuit, Vegetable Oregon Blend Medley & Fruit Cup	29 Chef Salad, W/W Roll, W/W Cracker & Fruit Cup	30 Happy Birthday Salisbury Steak W/Gravy, Mashed Potatoes, Mixed Vegetable, W/W Roll, Fruit Juice & Cake	Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304