



## Triple Play Weekend Packing List

### On Your Person:

- ☐ CAP ID
- ☐ 2 Copies CAPF 160 (CAP Member Health History Form)
- ☐ 2 Copies CAPF 161 (Emergency Information Form)
- ☐ Signed CAPF 32 (CAP Cadet Activity Permission Slip, parents keep bottom portion)
- ☐ \$20 Triple Play Weekend Activity Fee- cash or check made out to "BCC-CAP" (If you did not pay prior to event)
- ☐ Note-Taking Material (Notebook, Pen)
- ☐ Labeled Filled Water Source (Water Bottle, Camelback, etc.)

### Complete BDUs/ABUs:

- ☐ BDU/ABU Blouse and Trousers (Preferably 2 pairs)
- ☐ Cover (With member's name written on inside)
- ☐ Complete Insignia/Patches
- ☐ 3 Plain or CAP Black T-Shirts (for BDUs) or 3 Desert Tan T-Shirts (for ABUs)
- ☐ Blue Web Belt (for BDUs) or Desert Tan Belt (for ABUs)
- ☐ 3 Pair Boot Socks
- ☐ Black Boots

### Complete Physical Training Gear:

- ☐ 2 Plain Black or Dark Blue Athletic Pants or Shorts
- ☐ 2 Plain or CAP Black or Dark Blue T-Shirt
- ☐ 2 Pair Athletic Socks
- ☐ Athletic Shoes

### Sleeping Gear:

- ☐ Weather Appropriate Sleeping Bag/Blankets
- ☐ Sleeping Pad
- ☐ Pillow (Optional)

### Toiletries:

- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Deodorant
- ☐ Small Face Towel
- ☐ Females- Hair Accessories (Bobby pins, hair ties, hairspray/gel, etc.), Feminine Hygiene Products

### Other:

- ☐ Sunscreen
- ☐ Insect Repellent
- ☐ Flashlight

- ☐ Sweater and/or Jacket
- ☐ Rain Jacket or Poncho
- ☐ Tent with Stakes/Tie downs (Only if you already have one; squadron has several multi-person tents available for use)
- ☐ Mess Kit (Washable bowl/eating utensils/cup that can be reused each meal)
- ☐ Ground Team Gear (If assembled)- 24 Hour Pack, Extended Duration Pack
- ☐ Prescription Medication (If applicable)
- ☐ Camp Chair (Optional)
- ☐ Snacks (Optional)
- ☐ Cell Phone/Charger (Optional)