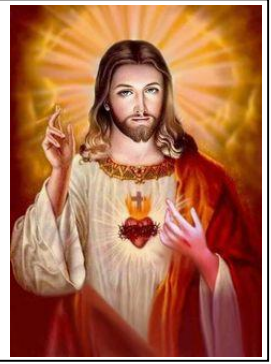




Sacred Heart Parish Preston



322 Bell St, Preston 3072

Phone (03) 9480 3398 or (03) 9484 2124

Email: preston@cam.org.au

Website: www.sacredheartpreston.com.au

Office Hours:

Mon, Thurs & Fri: 10am -3pm

Parish Priest

Fr Aloysius Nato, SVD

Italian Community Chaplain:

Fr Albano Da Costa, SVD

0478 963 248

Parish Office: Rachel Costa

School Principal: Mark Tierney

School Phone: 9487 1001

Sacrament Coordinator: TBA

Safeguarding Committee:

Safeguarding Officers:

Robert Dullard

Kay Dufty

Safeguarding Committee: Members:

Mary Harb

Teresa Dang

Pauline O'Day

Parish Council Members:

Gerard Grant (chairperson), Kay Dufty (secretary), Ophelia Swai, Anisasio (Pauline) Veamatahau, Mark Tierney, Ben Fortuna, Natalie Baran, Judeline Wadhvani and Joanne Verga

Parish Finance Committee:

Peter Constable (Chair)

St. Vincent de Paul Society:

Stephen Costello (President)

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm

Sunday: 9:00am (Italian), 10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9:10am

Healing Mass: 1st Friday of February, May, August & November at 1:30pm

Next Healing Mass: Friday 4 November

Devotional Practices:

Adoration of the Blessed Sacrament:

Every Thursday at 7:30pm for 1 hour. (Excluding last Thursday of the month).



Holy Rosary: Thursday (English) after the 9:10am Mass

Reconciliation:

30 minutes before Mass or by appointment

Baptisms & Weddings: By appointment only

New Breakfast with Fr Aloysius

1st Monday of the month, the next one is on

Monday 4 September in the presbytery after 9:10am Mass.

Bulletin printed 11/8/2023

19th Sunday in Ordinary Time Sunday 13 August 2023 (Year A)

There is no limit to the ways we may encounter the divine in human life. Our experience of God's power and presence is infinitely varied and can be perceived in different ways by different people. It can happen in a dramatically impressive event: it can happen in a moment of fear or surrender to the inevitabilities of life.

Often it can occur precisely when we have lost control of our lives, when our defences are down and we are aware of our human frailty. Our vulnerability allows God to reach in, touch and strengthen us for the challenges to come. Faith becomes courage to continue in adversity trusting in 'God with Us'.

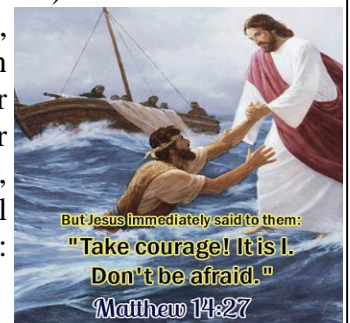
This was the case for both Elijah and for Jesus' disciples. Elijah was on the run for fear of his life. Peter and the other disciples were terrified they would drown. Elijah encountered the presence of God through a tiny whispering sound breaking the silence of a cave. Peter and the others eventually recognised the divine presence in Jesus' power over the forces of nature as one walking over a stormy sea. In whatever way we sense the divine presence in our lives, we are invited to hear the reassuring words, 'Courage! It is I! Do not be afraid!' There are many storms in life that can lead us to cry like Peter, "Lord, save me!" These may present themselves as: a breakdown in family relationships, experiencing racial discrimination or abuse, living with a debilitating illness or domestic violence, the loss of a sustainable income or these combined contributing to a state of homelessness. All of us also have experienced the hovering threat of a pandemic and its personal and social consequences.

Scripture tells us not that such will not exist but that our God can bring order out of chaos. God can divide overwhelming waters to create a path to freedom and safety. God seeks out the lost and the exiled, accompanies them and welcomes them home. God works through prophets, servant leaders and the courageous hearts and hands of faith-filled disciples whose hopes are not crushed by storms of institutional or leadership failures or the forces of violence nor persuasions of materialism, but whose hearts and faith are at one with the mind and heart of Christ Jesus who passed through the storm of agonizing suffering and death to live in the hearts of His faithful followers.

This calls for ongoing conversion of heart in each of us. But from the depths we will hear the 'voice that speaks of peace' urging us: "*Do not be afraid, for I have redeemed you: I have called you by your name, you are mine. Should you pass through the sea, I will be with you; or the rivers- they will not drown you. Should you walk through fire, you will not be scorched and the flames will not burn you. I AM your God, you are Mine!*" (Isaiah 43)

And doing so with the mind and heart of Christ Jesus, may we on this national homelessness week through word and in action reach out and advocate for our suffering brothers and sisters, the homeless in our neighbourhood, families fleeing domestic violence, refugees fleeing persecution, war, environmental disasters, supporting them with Jesus words:

Courage! Do not be afraid!



But Jesus immediately said to them:

"Take courage! It is I. Don't be afraid."

Matthew 14:27

Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

	Saturday 6:00PM Mass - Readers	Saturday 6:00PM Mass - Ministers of Communion
12-Aug-23	Celia Lemos Terry Murphy	Mary Harb
19-Aug-23	Rohan Lemos Marlene Vergou	Charlotte Bainy
26-Aug-23	Celia Lemos Natalie Baran	Terry Murphy

	Sunday 10:30AM Mass - Readers	Sunday 10:30AM Mass Ministers of Communion
13-Aug-23	Jessy Thambiraj Ophelia Swai	Eileen Stevens
20-Aug-23	Jessica Suppiah Judeline Wadhvani	Giovanna D' Intino
27-Aug-23	Hannah Lopez Marilene Fortuna	Eileen Stevens

	Sunday 6:00PM Mass - Readers	Sunday 6:00PM Mass Ministers of Communion
13-Aug-23	Albert D'Souza Tim Rankin	Damian Casamento
20-Aug-23	Carolina Constable Peter Constable	Robert Dullard
27-Aug-23	Albert D'Souza Michelle Totawatte	Robert Dullard

Attention Ministers of Communion and Readers

NEW ROSTERS and updated phone lists have been emailed. Please also check your junk mail folder if you haven't received yours in your inbox. For those who do not receive an email copy please check the Church foyer for your copy.

Thank you all for your faithful service to our Eucharistic Celebrations.



WE PRAY FOR:

The elderly and the sick

Sandra Bishop, John Storrie, Ylenia Useli, *Our parishioners, family members and friends*, that they may be blessed with constant care, attention and respect.

Those who have died recently:

Catherine Zanatta (RIP 4/8. Funeral-Tues 15/8 at 11:30am at Our Lady Help of Christians, 4 Henry St, Eltham. In Catherine's Memory please wear something blue – MND)

We Commemorate:

Santino Libro (1 month)

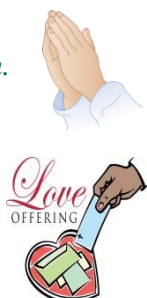
O Lord may perpetual light shine upon them. May they rest in peace. Amen.

Last Week's Collection: 6/8/23

1st Collection for our Church: \$1,008

2nd Collection for support of clergy: \$615

Thank you for your kind generosity!



Please take the bulletin home

ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.



We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



† Solemnities / Feasts / Memorials of the Week †

Monday 14 August *St Maximillian Kolbe, Priest, Martyr*
Tuesday 15 August *The Assumption of the Blessed Virgin Mary*
Wednesday 16 August *St Stephen of Hungary*
Saturday 19 August *St John Eudes, Priest*



THOUGHTS FROM POPE FRANCIS



Dear young people, do not be afraid of the future! Dare to dream big! Keep joy alive, a sign of a young heart that has encountered the Lord.



† Welcome before Baptism †

Dear Parents, as you prepare for your child's Baptism, the people of Sacred Heart rejoice that you have chosen to baptize your child and we pray that in the coming years you and your family will continue to know and grow in the love of God, that is everlasting.

The Parish introduces to the Sacred Heart community
Matilda Crimmins and Theodore Napoli
 in preparation for their Baptisms on
 19 August and 27 August



Congratulations Fr Aloysius

We congratulate Fr Aloysius on his 33rd Anniversary of Priesthood celebrated on 12 August 2023.

May God continue to bless you, guide you, protect and provide for you.



Adoration of the Blessed Sacrament **Every Thursday at 7:30pm for 1 hour.**

(Excluding last Thursday of the month)
 All are welcome to spend a holy hour with our Lord Jesus in adoration.



"Stay with Me, remain here with Me... Watch and pray..."



Feast of the Assumption Tuesday 15 August -



Holy Day of Obligation - Mass times:

Sacred Heart Church: 9:10am

St Raphael's Church: 12:15pm and 4:00pm

St Gabriel's Church: 9:00am and 7:00pm



Sacrificial giving via QR code

To support our parish and priest, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston.

It will give you direct access to the CDF pay webpage by following a few easy steps.

The QR code is also displayed in the Church foyer. Kindly consider donating to both the Church and Presbytery accounts. Many thanks for your continued generosity and support to Sacred Heart parish.





Mary is always here for us!

Mary, the mother of Jesus, stands as a timeless role model, embodying the essence of faith, love, and courage. From the moment the angel Gabriel appeared to her, announcing she would bear the Son of God, Mary's unwavering trust in God's plan became evident.

Through joys and trials, she remained steadfast in her devotion, accompanying her son, Jesus, throughout his life and ministry. From the humble manger in Bethlehem to the foot of the cross, Mary's strength and compassion shone brightly, even in the face of unimaginable sorrow.

Her unconditional love and selflessness inspire us to embrace life's challenges with grace and humility. Mary's quiet but powerful presence serves as a reminder that even in the ordinary, we can encounter the extraordinary.

As we navigate the complexities of our own lives, Mary's unwavering faith beckons us to trust in divine guidance and to embrace the path of love and service. Through her example, we find solace, hope, and the courage to become better versions of ourselves, mirroring her profound devotion to God and humanity.

In Mary, one cannot overlook the profound connection to Our Lady of Perpetual Help. A cherished icon of the Catholic faith, Our Lady of Perpetual Help embodies Mary's ever-present love and intercession in the lives of believers.

From the moment she cradled the infant Jesus in her arms to the heart-wrenching scene at the foot of the cross, Mary's devotion never wavered. It is this very unwavering love and compassion that the icon of Our Lady of Perpetual Help reflects. With eyes full of tenderness, she looks upon us, reminding us of her perpetual presence in our lives.

Through her example, she teaches us to embrace life's challenges, knowing that we are never alone. She reminds us that her arms are always open to comfort and guide us through the storms of life.

In moments of despair, we turn to Our Lady of Perpetual Help, seeking her intercession to carry us through. Just as she nurtured and cared for Jesus, she cares for each of us with a mother's loving touch.

As we honour her through this cherished icon, may we find solace in her perpetual help, and may her unwavering love inspire us to be a beacon of hope and compassion in the world.

Prayer:

Oh, Our Lady of Perpetual Help, your love and grace are a constant source of comfort. As we journey through life's challenges, wrap us in your tender embrace, and guide us with your unwavering wisdom. Intercede for us, dear Mother, that we may find strength in our trials and embody your love and compassion to all. Our Lady of Perpetual Help, pray for us. Amen.

Sourced from www.majellan.media



CatholicCare Victoria Sunday Appeal

This weekend is the **CatholicCare Victoria Sunday Appeal**.

CatholicCare Victoria works with individuals, families and communities to build strength, resilience, and empowerment to reach their full potential. Your compassionate generosity will help the most vulnerable members of our community – those facing unemployment and homelessness, those experiencing mental health challenges, families struggling with relationship problems, people in hospitals and prisons, newly arrived refugees, and those experiencing grief and trauma.

Please donate to **CatholicCare Victoria Sunday Appeal**. Your compassion and generosity will help the most vulnerable and marginalised in our community.

You can donate using the appeal envelope available or donate online at www.catholiccarevic.org.au or call (03) 9287 5513.

All gifts of \$2 and above are tax deductible



Piety Shop

The piety shop stocks small gifts and cards for **all Sacraments** as well as various religious items at reasonable prices. Please take the time to have a look after any of the weekend Masses.

Thank you



Parish Men's Meal @ Darebin RSL –Tuesday 29 August

Join Catholic men from our local parishes for a relaxed catch-up at the Darebin RSL.

Date: Tuesday, 29 August

Time: 6:30pm

Address: 402 Bell Street, Preston

Parking at rear off St Georges Rd or Arthur St

RSVP by Thursday 24 August - Tim Rebbechi - 0412 799 845

Looking forward to seeing you there!



"Time to End Homelessness".

According to the Australian Bureau of Statistics, on any given night, over 116,000 Australians experience homelessness.

National Homelessness Week is an annual event taking place throughout the first week of August to raise awareness about homelessness in Australia.

The week-long campaign aims to engage communities, businesses, and government agencies in discussions and actions that address the root causes of homelessness and offer support to those affected.

Copies of "**Prayer for the Homeless**" and a Homelessness fact Sheet can be collected from the Church foyer.



Church Flowers

Volunteers are needed to prepare flowers for our church.

If you are interested, please contact Jessica on 0433 278 175.

Thank you.



Sacred Heart Primary School 2024 Enrolments

Enrolments for the 2024 school year Foundation classes are still available.

For a school tour, please contact the school principal on 9487 1001 or via the school website

<http://www.shpreston.catholic.edu.au>



Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



Joke Corner

One liners:

- Saw a journalist searching through my ice cream cones. He was looking for the scoop.
- Friend of mine was the back-up journalist that covered the local gym. He was the bench press.
- A friend of mine quit his job as a reporter and left town by railway. It was an ex-press train.
- A reporter asked the finance minister why he had closed the national mint. He said "it just made cents".
- Saw a journalist interviewing someone from my local bike shop. Turns out it was the spokesman.
- I knew a very formal goose who got a job for a local newspaper, but had to leave when they found out it was proper gander.
- My friend told me he's fed up with me talking like a newsreader.....More on that story later.



ENTRANCE ANTIPHON

Look to your covenant, O Lord,
and forget not the life of your poor ones for
ever.

Arise, O God, and defend your cause,
and forget not the cries of those who seek
you.

PENITENTIAL ACT

I confess to almighty God and to you, my
brothers and sisters, that I have greatly
sinned, in my thoughts and in my words, in
what I have done and in what I have failed
to do,

And, striking their breast, they say:

through my fault, through my fault, through
my most grievous fault; therefore, I ask
blessed Mary Ever-Virgin, all the Angels
and Saints,

and you, my brothers and sisters,
to pray for me to the Lord our God.

GLORIA

Glory to God in the highest, / and on earth
peace to people of good will. / We praise
you, / we bless you, / we adore you, / we
glorify you, / we give you thanks for your
great glory, / Lord God, heavenly King, / O
God, almighty Father. / Lord Jesus Christ,
Only Begotten Son, Lord God, Lamb of
God, Son of the Father, / you take away the
sins of the world, / have mercy on us; / you
take away the sins of the world, / receive
our prayer; / you are seated at the right hand
of the Father, / have mercy on us. / For you
alone are the Holy One, / you alone are the
Lord, / you alone are the Most High, / Jesus
Christ, / with the Holy Spirit, / in the glory
of God the Father. / Amen.

FIRST READING

1 Kings 19:9,11-13

When Elijah reached Horeb, the mountain
of God, he went into the cave and spent the
night in it. Then he was told, 'Go out and
stand on the mountain before the Lord.'
Then the Lord himself went by. There came
a mighty wind, so strong it tore the
mountains and shattered the rocks before
the Lord. But the Lord was not in the wind.
After the wind came an earthquake. But the
Lord was not in the earthquake. After the
earthquake came a fire. But the Lord was
not in the fire. And after the fire there came
the sound of a gentle breeze. And when
Elijah heard this, he covered his face with
his cloak and went out and stood at the
entrance of the cave.

The Word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

Psalm 84(85):9-14

The Response Is:

*Lord, show us your mercy and love, and
grant us your salvation.*

I will hear what the Lord God has to say, a
voice that speaks of peace.

His help is near for those who fear him
and his glory will dwell in our land.

*Lord, show us your mercy and love, and
grant us your salvation.*

Mercy and faithfulness have met;
justice and peace have embraced.

Faithfulness shall spring from the earth
and justice look down from heaven.

*Lord, show us your mercy and love, and
grant us your salvation.*

The Lord will make us prosper
and our earth shall yield its fruit.

Justice shall march before him
and peace shall follow his steps.

*Lord, show us your mercy and love, and
grant us your salvation.*

SECOND READING

Romans 9:1-5

What I want to say now is no pretence; I
say it in union with Christ – it is the truth –
my conscience in union with the Holy
Spirit assures me of it too. What I want to
say is this: my sorrow is so great, my
mental anguish so endless, I would
willingly be condemned and be cut off
from Christ if it could help my brothers of
Israel, my own flesh and blood. They were
adopted as sons, they were given the glory
and the covenants; the Law and the ritual
were drawn up for them, and the promises
were made to them. They are descended
from the patriarchs and from their flesh and
blood came Christ who is above all, God
for ever blessed! Amen.

The Word of the Lord

All: Thanks be to God.

Please stand for the Gospel Acclamation.

GOSPEL ACCLAMATION

Alleluia, alleluia!

I hope in the Lord,

I trust in his word.

Alleluia!

GOSPEL

Matthew 14:22-33

Jesus made the disciples get into the boat
and go on ahead to the other side while he
would send the crowds away. After sending
the crowds away he went up into the hills
by himself to pray. When evening came, he
was there alone, while the boat, by now far
out on the lake, was battling with a heavy
sea, for there was a head-wind. In the fourth
watch of the night he went towards them,
walking on the lake, and when the disciples
saw him walking on the lake they were
terrified. 'It is a ghost' they said, and cried
out in fear. But at once Jesus called out to
them, saying, 'Courage! It is I! Do not be
afraid.' It was Peter who answered. 'Lord,'
he said 'if it is you, tell me to come to you
across the water.' 'Come' said Jesus. Then
Peter got out of the boat and started
walking towards Jesus across the water, but
as soon as he felt the force of the wind, he
took fright and began to sink. 'Lord! Save
me!' he cried. Jesus put out his hand at once
and held him. 'Man of little faith,' he said
'why did you doubt?' And as they got into
the boat the wind dropped. The men in the
boat bowed down before him and said,
'Truly, you are the Son of God.'

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

THE NICENE CREED.

I believe in one God, the Father
almighty, maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not
made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he
came down from heaven,

*(At the words that follow, up to and
including 'and became man', all bow.)*

and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.

For our sake he was crucified under
Pontius Pilate, he suffered death and
was buried, and rose again on the third
day in accordance with the Scriptures.
He ascended into heaven and is seated at
the right hand of the Father.

He will come again in glory to judge the
living and the dead and his kingdom will
have no end.

I believe in the Holy Spirit, the Lord, the
giver of life, who proceeds from the
Father and the Son, who with the Father
and the Son is adored and glorified, who
has spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church.

I confess one Baptism for the
forgiveness of sins and I look forward to
the resurrection of the dead and the life
of the world to come. Amen.

COMMUNION ANTIPHON

O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.

