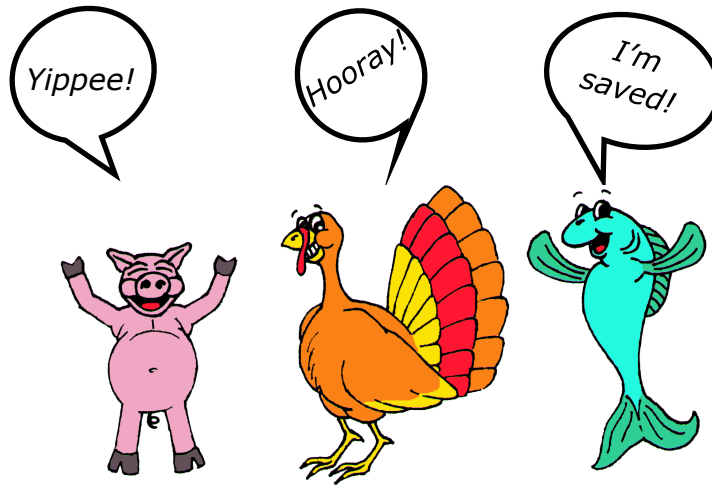


Vegetarians come in many different shapes, sizes, colors, and ethnic backgrounds, but they all have one thing in common: They don't eat meat.



Vegans (vee-guns) will not use any animal products at all. This means that they also don't wear, use, or buy anything that comes from an animal. A **vegetarian** chooses not to eat flesh in any form (red meat, fish, chicken, or any other animal). A **vegan** is a **vegetarian** who also chooses not to use any animal products. They don't even eat cheese, eggs, or honey, and they don't drink milk that comes from animals!

