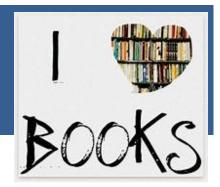
MichelleNardi.online Reading List



2019

- 1. MINDFUL MONEY by Jonathan DeYoe
- 2. THE RESIDENCE by Kate Anderson Brower
- 3. RELENTLESS OPTIMISM by Darrin Donnelly
- 4. TO DO LIST FORMULA by Damon Zahariades
- 5. DON'T SING AT THE TABLE by Adriana Trigiani
- 6. HAWAIIAN VEGAN CUISINE by Christina Cheney
- 7. A PERFECT DAY by Richard Paul Evans
- 8. EVERY BREATH by Nicolas Sparks
- 9. THE TOP FIVE REGRETS OF THE DYING by Bronnie Ware
- 10. MORE HIM LESS ME by Mark Krenning
- 11. BALANCE by Suzie Doscher
- 12. THE DAWNING OF INDESTRUCTIBLE JOY by John Piper



2020 reading list

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8. 9.
- 10.
- 11.
- 12.

2018 reading list

- 1. A MAN CALLED OVE
- 2. FINANCIAL PEACE by Dave Ramsey
- 3. MINDLESS EATING by Brian Wansink
- 4. A SIMPLE PATH by Mother Teresa
- 5. THE POWER OF HABIT by Charles Duhigg
- 6. SMALL GREAT THINGS by Jodi Picoult
- 7. MINI HABITS by Stephen Guise
- 8. EVERYBODY ALWAYS by Bob Goff
- 9. EVERY NOTE PLAYED by Lisa Genova
- 10. THE BLUE ZONES by Dan Buettner
- 11. THE 5 SECOND RULE by Mel Robbins
- 12. PLANNING FOR A STRESS FREE CHRISTMAS
- By Mandi Ehman

2017 reading list

- 1. THE MIRICLE MORNING by Hal Elrod
- 2. THE MINDFULNESS-BASED EATING SOLUTION by Lynn Rossy, PhD
- 3. RADICAL ACCEPTANCE by Tara Brach
- 4. THE FOUR DOORS by Richard Paul Evans
- 5. SELF-INFLICTED WOUNDS by Aisha Tyler
- 6. BREAKING THE HABIT OF BEING YOURSELF by Joe Dispenza
- 7. DUMPLIN' by Julie Murphy
- 8. VITAL FRIENDS: THE PEOPLE YOU CAN'T AFFORD TO LIVE WITHOUT by Tom Rath
- 9. IMAGINE by Frank Damazio
- 10. THE EXTRORDINARTY LIFE OF SAM HELL by Robert Dugoni
- 11. SLOW: SIMPLE LIVING FOR A FRANTIC WORLD by Brooke McAlary
- 12. LOVE DOES: by Bob Goff