

Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Pizza	
					Corn	
					Salad	
					Cookie/ Fruit	
					Milk	
3	4	5	6	7	8	9
	Chicken & Yellow Rice	Meatball Sub		Chicken Fajita's	Chicken Nuggets	
	Mixed Vegetables	Green Beans	All	Lettuce/Tomato/Chz	Roll	
	Salad	Cauliflower	Grab & Go	Rice / Beans	Broccoli/Carrots	
	Fruit / Juice	Fruit		Fruit / Juice	Cookie/ Fruit	
	Milk	Juice / Milk	Peanut Butter & Jelly	Milk	Milk	
10	11	12	13	14	15	16
	Chicken Alfredo	Cheeseburger	Burrito	Muffin / Yogurt/ Chz	Pizza	
	Carrots	Baked Fries	Rice / Beans	Veggie Sticks	Corn	
	Broccoli	Peas / Salad	Salad	Peas & Carrots	Salad	
	Fruit / Juice	Fruit / Juice	Fruit / Juice	Fruit / Juice	Baked Apples	
	Milk	Milk	Milk	Milk	Cookie / Milk	
17	18	19	20	21	22	23
	B.B.Q Chicken Sandwich	Hot Dogs	Hamburger	Turkey & Gravy/ Roll	Chicken Nuggets	
	Cauliflower	Baked Beans	Lettuce / Tomato/ Pickle	Mashed Potatoes	Green Beans	
	Mixed Veggies	Cole Slaw	Broccoli	Green Beans	Salad	
	Fruit / Juice	Freezie / Juice	Fruit / Juice	Carrot Cake / Fruit	Cookie	
	Milk	Milk	Milk	Milk	Juice / Milk	
24	25	26	27	28	29	30
	No	No	No	Happy	No	
	School	School	School	Thanksgiving	School	