



# AUTHORIZATION TO RELEASE/EXCHANGE CONFIDENTIAL INFORMATION

Patient Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

**I hereby authorize:**

Andrea Johnson LPC  
5209 Heritage Ave Suite 210  
Colleyville, TX 76034  
469.305.2820  
6401 El Dorado Pkwy Suite 306  
McKinney, TX 75070  
fax: 817.545.4555

**To release/exchange from:**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Information to be released (check all that apply):

- Assessment/Social History     Treatment Plan/Summary     Progress Notes     Discharge Summary
- Medication Information     Verbal Communication     Lab Results     Psychiatric/Psychological Testing
- Other: \_\_\_\_\_

The purpose for this release is: \_\_\_\_\_

I, the undersigned, understand that I may revoke this consent at any time by giving written notice to my clinician. However, I also understand that any information released prior to my revoking this authorization shall not be a breach of my right to confidentiality.

If not earlier revoked, this consent will expire one (1) year from the date of the patient signature as it appears below.

**To the party receiving this information:** This information has been disclosed to you from records whose confidentiality is protected by federal law. Federal regulations (42) CFR Part 2 prohibit you from making any further disclosure of it without the specific written consent of the person to whom it pertains, or as otherwise permitted by such regulations. A general authorization for the release of medical or other information is not sufficient for this purpose.  
**FOR PATIENT RECORDS APPLICABLE UNDER FEDERAL LAW 42 CFR PART 2**

\_\_\_\_\_  
**Signature of Patient** **Date**

\_\_\_\_\_  
**Signature of Parent/Legal Representative (Guardian)/Relationship to Patient** **Date**

\_\_\_\_\_  
**Signature of Therapist** **Date**

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