

ROCHDALE SWIMMING CLUB NEWSLETTER

ESTABLISHED 1868 www.rochdaleswimmingclub.com

COACHES REPORT

Well done to Lewis Taafe, Oliver Bartram, Lexi-Lea Issac-Farmer, Eleanor Kershaw, Harry Rhodes, Keira Griffiths and Adam McCormick who have moved up classes. Adam is now in lanes.

Before the break, Jake Cooper and Matthew Lees competed in open galas. Jake won 100 Free silver plus 100 Back bronze after posting personal best times at the Trafford Christmas Cracker Meet and gained his 50 Free and 100 Back county time at the PSC Christmas Countdown gala. Matthew won two golds (50 Free and 50 Fly) and 100 IM bronze at the Hull City of Culture 2017 Masters Meet.

EXTRA TRAINING

Swimmers who train in lanes three and four on Monday and Thursday evenings at 7.00pm can now attend training on Tuesday evening at 7.00pm for extra training.

This applies to lanes three and four only or at the Coach's discretion. Charge £4.00

REMINDERS

It is against ASA Child Safeguarding Policy to use an image capturing phone or laptop in the vicinity of the pool and changing rooms.

TEACHERS APPEAL

Do you have an hour to spare per week?

We really are desperate and need all the help we can get.

We need help on poolside and behind the scenes.

Contact the front table for more information.

Lane Swimmers

ROCHDALE

Monday 7.00 – 9.00pm Tuesday 7.00 – 8.00pm Wednesday 7.00 – 8.00pm Thursday 7.10 – 9.10pm Friday 8.00 – 9.00pm

HEYWOOD

Sunday 4.00 - 5.00 pm

1st January 2018 Issue 166 We are now in our 150th year

Dates for your Diary

2018 galas are currently being organised – watch this space for the dates.

We're currently making plans to celebrate 150 years of the swim club in July 2018 – further details to be announced soon

Reminder

2018 Membership is now due.
Please bring either cash or cheque (payable to Rochdale Swimming Club) by the end of January
£16 for Penguins
£32 for Lane Swimmers
£48 for Category 2

CLUB OFFICIALS

<u>President</u>: Edith Ford <u>Secretary</u>: Lisa Orange <u>Treasurer</u>: Donna Grundy

COMMITTEE

Gill Chadwick – Karen Kerr - Samantha Holt – Mike Galloway - Louise Simpson – Jane Saggerson – Stephanie Hughes – Charlotte Kershaw – Graham Booy

Coach - Matthew Lees

Created by: Lisa Orange