

Curriculum Area: Physical Education (PE)

Subject Coordinator(s): Nasser Ssemuwemba

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Fitness/ Health Various Inter-House Sports	Unihoc Various Inter-House Sports	Trampolining Various Inter-House Sports	Badminton Various Inter-House Sports	Volleyball Various Inter-House Sports	Basketball Various Inter-House Sports Sports Day
8	Fitness/ Health Various Inter-House Sports	Unihoc Various Inter-House Sports	Trampolining Various Inter-House Sports	Badminton Various Inter-House Sports	Volleyball Various Inter-House Sports	Basketball Various Inter-House Sports Sports Day
9	Basketball Various Inter-House Sports	Unihoc Various Inter-House Sports	Trampolining Various Inter-House Sports	Badminton Various Inter-House Sports	Volleyball Various Inter-House Sports	Fitness/Health Various Inter-House Sports Sports Day
10	Basketball Various Inter-House Sports	Basketball/Table Tennis Various Inter-House Sports	Basketball/Table Tennis Various Inter-House Sports	Badminton Various Inter-House Sports	Badminton Various Inter-House Sports	Trampolining Various Inter-House Sports Sports Day
11	GCSE PRACTICAL Table Tennis/ Basketball THEORY Health Fitness and Wellbeing, and Socio-cultural influences <i>(linking physical activity, exercise and sport to health, plus looking at ethical and sociocultural issues in sport).</i>	GCSE PRACTICAL Table Tennis/Basketball/ Badminton THEORY Sports psychology <i>(mental preparations for performance and use of SMART targets to improve and/or optimise performance).</i>	GCSE PRACTICAL Trampoline/Table Tennis/ Basketball/ Badminton THEORY Use of data and Physical training <i>(analyse, interpret and evaluate data: basic tables, bar charts, line graphs, pie charts).</i>	GCSE PRACTICAL Trampoline/Table Tennis/ Basketball/Badminton THEORY Movement analysis <i>(lever systems in the human body).</i>	GCSE PRACTICAL Trampoline/Table Tennis/ Basketball/Badminton THEORY Applied anatomy and physiology <i>(the human body and movement in physical activity and sport).</i>	GCSE/ EXAMs