

# HBSA Proposed Protocols for 2020 Season

## Players & Coaches –

1. Coaches and players should adhere to physical six-foot distancing except when the ball is in play.
2. Players can wear face coverings at the preference of their parent(s) but only when feasible and practical. Face coverings will not be allowed while on the field as they are not recommended by the CDC when exercising.
3. Anyone experiencing symptoms must stay home.
4. Anyone who contracts COVID-19, should remain isolated at home for a minimum of 10 days after symptom onset.
5. No team water coolers. Every player must have their own labeled water bottle.
6. No sharing of cooling towels or coolers to keep them cold when not in use.
7. For each practice session, we recommend coaches divide players into groups to keep within the mandated 10-person limit.
8. Whenever possible, equipment and personal items should have proper separation and should not be shared. If equipment must be shared, proper sanitation is recommended between users.
9. No touch rule – players should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, umpires, and fans. An alternative solution following end of the game will be put in place.
10. No spitting or eating seeds, gum and other similar products.
11. Hand washing or hand sanitizing, in the absence of soap and water, are strongly recommended for athletes before, during and after games and practices. Each team will have access to hand sanitizer provided by HBSA.
12. Parent of player to notify Manager of pre-existing condition such as asthma, diabetes, etc.
13. Coaches may perform temperature checks before any games or practices.
14. Coaches have full discretion for their own team to sit a player if he/she is exhibiting symptoms or has a fever over 100.4.
15. Practice stations will have a minimum of 10 ft distance from each other.
16. Practices/Clinics in Phase 3 will be limited to 10 participants or fewer per every one adult volunteer.

## Spectators –

17. Adhere to six-foot social distancing practices. This includes in and around bleachers for anyone not in the same family. Use of chairs brought from home is highly encouraged.
18. Anyone experiencing symptoms must stay home.
19. If any person within same household of a player or coach contracts COVID-19, notify team manager.
20. Must not enter player areas (on the field of play or bench areas).
21. Must keep six-feet or more distance from the backstop.
22. Strongly recommend to wear face coverings over nose and mouth when not able to keep 6 ft distance to others not in same household.
23. Hand washing or hand sanitizing, in the absence of soap and water, is recommended strongly during the games.
24. There will be no post-game snacks provided by any household.

## Umpires –

25. Must adhere to six-foot social distancing practices when interacting with players, coaches, and spectators off the field of play.
26. If experiencing any symptoms, must stay home.
27. Recommend wearing face coverings when feasible and practical.
28. Avoid exchanging documents or equipment with players, coaches, or spectators.
29. Umpires calling balls and strikes should allow adequate distance behind the catcher while still able to perform their duty.

## HBSA –

30. Spread picnic tables to six-foot distance allowing families from same household a place to sit at common parking lot area.
31. Install plexi-glass at concession stand ordering window and place X's 6 feet apart leading up to ordering window plus additional signage.
32. Volunteers in the stand will wear PPE masks and will follow guidelines in frequent hand washing or hand sanitizer between orders.
33. Signage to be displayed at field locations with face covering requests.
34. Clean and disinfect common areas and surfaces touched by multiple people.
35. All delivery persons should wear face coverings over their nose and mouth when making deliveries.

Per the CDC, symptoms include cough, shortness of breath, difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headaches, sore throat, and new loss of taste or smell.