



Potty Learning Plan

Please Answer the following questions for your child:

Verbal Stages of Readiness

Basic verbal skills. The child is able to speak in three to four word sentences. Yes No

The child tells you he/she has a wet diaper, recognized when he/she is wet. Yes No

The child tells you he/she is wetting, recognizes the sensation of being wet. Yes No

The child tells you he/she when wet, can control himself and uses the potty. Yes No

Physical and Psychological sign of readiness

- Stays dry for a long period of time (the child is able to "hold" his/her urine and bowel movement).
- Can recognize when diaper is wet or soiled.
- Has bowel movement at regular times (child chooses when to move its bowels)
- Adult can recognize when child is moving his/her bowels (Child is deliberately moving bowels)
- Can undress and pull up his/her own pants (Important because this is the work of the child not the caregiver)
- Initiates interest in using the potty and asks to wear underwear.
- Wants to be independent which is very important for the learning process.
- Child is emotionally ready and is open to learning (is child generally cooperative?)
- Child has an awareness and knowledge of the world beyond himself. (This sign may seem unrelated to Potty training, but it is a behavior that has been seen in children ready to use the Potty)
- Can follow three and four step instructions (this is critical for learning to urinate or move bowels, wipe himself and wash hands)
- Can use consistent words or gestures to communicate.
- Is able to physically get to the potty and sit on it without help.
- Must show a willingness to want to sit on the potty and understand its function.

How often does your child use the potty:

What words do you use with your child for the potty.....

Does your child need a diaper during rest times:.....

Potty Training Policy Agreement

I have read the Potty Training Policy in its entirety and I agree to abide by the policy set forth. I will provide LPE with multiple changes of clothing, spare change of shoes and a wet bag for soiled clothing. I understand LPE will not be able to fully clean underwear if a bowel movement occurs. I also understand that if my child has multiple accidents over multiple days that LPE might ask for the child to try Potty Learning at a later date.

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| Child's Name | |
| Parent/Guardian Signature | Date |
| Teacher/Director Signature | Date |