

## Support on how to talk about COVID-19 with your children:

- [Child Mind Institute: Talking to Kids about the Coronavirus](#)
- [NY Times Parenting: How to Talk to Kids about Coronavirus](#)
- [NPR: A Comic Exploring the New Coronavirus](#) (may be more helpful to older siblings)
- [Psychology Today: 12 Simple Ways to Teach Mindfulness to Kids](#)
- [Parents.com: 6 Mindfulness & Meditation Apps for Kids](#)
- [Washing Hands with Elmo](#)

## Picture Books for Children

- [Germs Are Not for Sharing](#) by Elizabeth Verdick
- [What Are Germs?](#) by Katie Daynes
- [Wemberly Worried](#) by Kevin Henkes
- [Something Might Happen](#) by Helen Lester
- [I Will Keep You Safe and Sound](#) by Lori Haskins Houran
- [Safe, Warm, and Snug](#) by Stephen Swinburne

## ONLINE

### [Kids Podcasts](#)

### Meditation

- [Headspace](#) for kids

### Documentaries / learning videos

- [The Kids Should See This](#)
- [How It's Made](#)
- [National Geographic Kids](#)

### Online learning games/camps

- [Common Sense Media](#) for reviews and recommendations
- Younger kids
  - [Khan Academy Kids](#)
  - [ABC Mouse](#)
  - [Starfall](#) - free games, songs, interactive reading
- Older kids
  - [Beast Academy](#) (math for 8-13)
  - [Khan Academy](#) (math for 6 and above, other topics like a beta ELA modules)
  - For those with kids 8+ who like Minecraft, the [Connected Camps](#) are about to start opening up. They normally only work in the summer and winter breaks.
- Reading specific
  - [Progressive Phonics](#) - free progressively sequenced books online or to print out
  - [Raz Kids](#) - interactive reading for K-5 (2 wk free trial)
  - [Reading Eggs](#)
- Spanish
  - [Pocoyo](#)
  - [Oh Noah](#) - Kids video, mostly in English with some Spanish vocabulary
  - [Rockalingua](#) - Music-based Spanish learning: videos, games, worksheets, etc
  - [Daniel Tiger](#) - in Spanish
  - [Spanish Playground](#) - language videos in slow, clear Spanish
  - [Spanish Cartoons](#)
- Full homeschool options
  - [Modulo](#) - modular home-based learning for K+, free during COVID-19 outbreak
  - <https://allinonehomeschool.com/>
  - <https://www.education.com/> - games, worksheets, lesson plan

- [Resource list for educators](#)
- [Virtual Museum Tours](#)

### Things kids can do together, virtually:

- Virtual book clubs for kids who can read - can they all pick a book, read it, and then get on a google hang out or something and tell each other about what they liked/didn't like about the book. One parent could probably moderate that for a few households. Could also work for movies.
- Music appreciation - find a good song you think your friends would like. Make up a dance to it. Look up the artist and tell some facts about them. Film a dance and send it to your buddies and they send you one back.
- Lego extreme home makeover - build a crazy lego house for your favorite character/doll (or one that your friend gives you) and then make a video giving a tour.

### Movement apps

- [Cosmic Kids Yoga](#) - free YouTube channel or paid app (2 wks free trial)
- [Go Noodle](#)
- <http://www.dancio.com/> - online dance classes and tutorials ( 2 wks free trial)
- <https://www.youtube.com/channel/UCKypoFV15wJHEaZ3I68MQbg> - Chace dance company has a pretty complete library of Ballet, Contemporary and Acro classes for kids
- <https://www.steezy.co/>

### OFFLINE

#### Links to projects that kids can do at home with limited materials

[for example, projects that require them to draw a bunch of things and work out the relationships between them, or make-at-home board games with paper, etc]

- <https://artfulparent.com/top-10-art-activities-for-kids/>
- <https://www.itsalwaysautumn.com/20-kid-art-projects-pretty-enough-to-frame.html>

<https://www.origami-fun.com/> - this is a great website for origami projects for all skill levels ( *from 3 years old on up to adult* ). What's great about this is that you can work off of a square from ANY recycled piece of paper, decorate it by painting or coloring on it, then fold it in to a creation. Origami is also a great way to teach geometry to kids.