

# COVID-19 Cleaning Practices for Lodging Facilities Housing those in Isolation/Quarantine



Patients with confirmed COVID-19 and individuals with close contact to patients should remain under home isolation/quarantine precautions until the risk of secondary transmission to others is thought to be low. Lodging Establishments should educate themselves about symptoms and preventing the spread of COVID-19 and follow Lodging Establishment recommendations when interacting with persons with suspected/confirmed COVID-19. The decision to discontinue isolation/quarantine precautions shall be made in consultation with healthcare providers and state and local health departments. Lodging establishments housing COVID-19 guests for isolation/quarantine should have PTAC units instead of a centralized air handling system.



## Surfaces

- Wear disposable gloves when cleaning and disinfecting surfaces. Discard after each cleaning and wash hands immediately after gloves are removed.
- If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection.
- Clean and disinfect all “high-touch” surfaces, such as counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, and bedside tables, when guest leaves. Also, clean and disinfect any surfaces that may have blood, stool, or body fluids on them in accordance with OSHA regulations.
- Lodging Establishments should wait a minimum of 24 hours (ideally 2-3 days) after guest has exited the room before any cleaning is to begin.
- Place all used disposable gloves, and other contaminated items in a lined container before disposing of them with other guest waste. Wash your hands (with soap and water or an alcohol-based hand sanitizer) immediately after handling these items.
- For disinfection, diluted household bleach solutions (1/3 cup of unscented household bleach per one gallon of water), alcohol solutions with at least 70% alcohol, and most common EPA-registered household disinfectants should be effective.
- Be sure to allow the disinfectant to remain on the surface for the appropriate contact time, as directed on the label. This will allow the disinfectant to work properly.
- For soft (porous) surfaces such as carpeted floor, rugs, and drapes, remove visible contamination if present. Clean with appropriate cleaners as indicated for use on these surfaces. After cleaning, launder items as appropriate in accordance with the manufacturer’s instructions.

## Clothing, Towels, Linens and Other Items That Go in the Laundry

- If a guest is in need of new bedding, towels, pillows, etc they should be left at the door of the guest room and the guest can acquire them after staff has left. Lodging staff should not enter the room.
- Wear disposable gloves when handling dirty laundry and wash your hands immediately after.
- Have guest(s) immediately remove bedding that have blood, stool, or body fluids on them and store them in a trash bag that is left in the room until guest(s) have checked out.
- Do not shake dirty laundry. This will minimize the possibility of dispersing viruses through the air.
- Launder items in accordance with the manufacturer’s instructions. Launder items using the warmest appropriate water setting for the items and machine dry items completely using the warmest appropriate setting. Dirty laundry from an ill person can be washed with other people’s items.



- Consider discarding any heavily soiled items that require scraping, scrubbing, or soaking.
- Give the guest, upon check in, a large trash bag (2 bags) for their personal belongings and lodging facility items and have them place articles in the bags during their stay.



---

## Other Considerations



- Persons in isolation/quarantine should eat/be fed in their room. Non-disposable food service items should be used and discarded in the room by guest. Clean hands after delivering food service items.
- Dedicate a lined trash can for the person under isolation/quarantine. Use gloves when removing garbage bags, handling, and disposing of trash. Trash should not be removed, until guest checks-out, unless absolutely necessary.
- Isolate all guests who are in isolation/quarantine on the first floor, so they do not have access to elevators and stairwells. Keep them in a certain block of rooms.
- The guest in isolation/quarantine should remain in their room for the entire duration of the isolation/quarantine, unless an emergency arises.
- If the guest needs something they should be directed to call the front desk and items will be delivered outside the door for them to access.
- Lodging Establishment staff should follow normal preventive actions while at work and home including recommended hand hygiene and avoiding touching eyes, nose, or mouth with unwashed hands.
- If you have questions about guidance for your specific lodging establishment, or other questions about this guidance, contact your state or local health department
- In accordance with Centers for Disease Control and Prevention (CDC) recommendations, citizens may choose to wear a face covering made of cloth or other similar material when in a public or work setting where other social distancing measures are difficult to maintain, especially in areas of significant community-based transmission.<sup>2</sup>

---

For additional information please visit:

Missouri Department of Health and Senior Services website at: <https://health.mo.gov/>

The Center for Disease Control and Prevention website at: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html>

1 For home care guidance, see DHSS Home Care Guidance Fact Sheet or visit: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html>

2 For face covering use guidance, see: <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/pdf/face-covering-guidance.pdf>

**For more information: [www.health.mo.gov/coronavirus](http://www.health.mo.gov/coronavirus)**

Updated 4/10/2020

