

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
★ ☆	* *		Bless each child this morning before the day's activities start.	Have an egg-and-spoon race in the backyard. The winner picks dinner.	Resolve not to complain today.	Happy 4th of July! Offer a prayer for troops overseas and for their families.
If you cannot attend Mass, watch it online as a family. Pray for those affected by COVID-19.	Start a summer memory book. Each week, add pictures and record family memories.	Pick a person or event in the news and devote a family prayer to it.	Punch a hole in the bottom of a plastic cup to blow through. Dip in a pan of soapy water. Blow bubbles!	Create a family dinner together. Let each person make a different part of the meal.	Watch a good movie and eat popcorn together.	Rejoice! Put on some music and have a dance-off!
Listen carefully to the homily at Mass today and talk about one thing you learned.	Pick a Beatitude and live it all day (Matthew 5:3-11).	Make suncatchers! Decorate tracing paper with colored markers. Display in a window.	At dinner, pray together for anyone going through a difficult time today.	Today, enjoy a caramel- themed dessert in honor of Our Lady of Mt. Carmel.	Sit outside and watch the sunset. Marvel at God's creation.	Set up an obstacle course in the yard. Take turns or form teams and have a relay race.
Watch a streamed Mass together and pray for the Pope's intentions.	"Finish the story!" One person starts and the others take turns adding to it.	21	Practice patience.	Pretend to be a character from a movie or book. See who can guess your character first.	Give up a favorite treat, just for today as a Friday sacrifice.	Build a campfire in the backyard. Roast hotdogs and sing campfire songs.
After Mass today, pray for the souls in Purgatory.	Say "I forgive you" to someone who hurt you today.	Honor Jesus' grandparents St. Joachim and St. Anne by praying for all grandparents.	Tidy the house and set the table nicely, to honor St. Martha, who hosted Jesus.	Build a blanket fort in the living room and read books by flashlight.	Have an A-Z scavenger hunt around the yard. Photograph something that starts with every letter.	



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During Mass, watch for something you haven't noticed before. Share it at dinner.	Play "Guess the saint." Give clues to see if others can guess your chosen saint.	In honor of St. John Vianney, send a priest a thank you card.	Draw pictures on the sidewalk or driveway with colored chalk.	6 The Transfiguration Ask everyone to name a way God's love changed life for the better.	Exercise empathy by playing, "How would you feel if you were?"	In honor of St. Dominic, pray a family Rosary together.
Watch a streamed Mass together and pray for your personal intentions.	Whenever you hear a siren, say a prayer for the safety of all involved.	To honor St. Clare, the patroness of television, bless the TV. Dedicate it to God's service.	Practice listening. Show love by giving others your full attention.	Put up paper in the yard. Fill spray bottles with watercolors and aim at the paper.	Offer up an unpleasant chore as a prayer for someone else.	Place some flowers before a statue of Mary in honor of her Assumption into Heaven.
After Mass, pray for victims of violence.	Stargaze. Lie on a blanket in the yard and admire the night sky.	Cool off by washing the car together.	Name something God has given you for which you are truly grateful.	Make ice-cream sundaes together.	Family Fun Night! Learn a new board/card game together.	In honor of our Blessed Mother, pray the "Hail, Holy Queen" together.
After Mass, review the Gospel (<i>Matthew 16:13-20</i>). Talk about what it means.	Talk about what you would say to Jesus if he came to visit you in your home.	Look for a way God showed he loves you today and share it at bedtime.	Play frisbee outside.	Do a jigsaw puzzle together. Discuss how God helps us to fit our lives together.	In honor of St. Augustine, start a good habit and practice it all day.	Tonight, turn off the TV and the phones, and spend family time together.
Choose (or make up) a short family prayer to say together every day this school year.	At dinner, share your favorite memories from the summer.		ريخ والناء	*************************************		