



White

CAPS

The Newsletter for Military Women Across the Nation

VOL. XXXV NO. 6

DECEMBER 2014

Introducing the New Military Woman Across the Nation Emblem

Military Women Across the Nation was in need of an emblem that represented all aspects of our organization's service. The selection of the above emblem truly represents what we, as women of the military, share in common: dignity, courage, sacrifice. We are bound together in our service and camaraderie which cannot be appreciated by those who have not served their country.

Symbolic Meaning of MWAN Emblem

The bald eagle is the reigning symbol of the United States of America, representing freedom; all that freedom stands for, and is worth fighting for. As the symbol for the US, it also holds the meaning of honor, respect, and dignity. Bald eagles have been seen as symbols of strength, courage, freedom and immortality for generations, and are indigenous only to North America. This



particular eagle has its wings protecting the nation and women who served/are serving the nation.

The outline of the United States with the American Flag is representative of the nation from which all members have served.

The three blue stars below the eagle's tail feathers have multiple meanings. This symbol, as a triad or trinity is a symbol of the unity of body, mind and spirit of the organization. It is also representative of the three original "Sea Services" that the organization has grown from and originated. Honor, Courage and Commitment are attributes from the Navy and other armed forces' Creeds and indicative of this organization. The color blue was chosen because this color is one of trust, honesty and loyalty; it is also a reminder of the "Sea Services" from whence we came.

At opposite ends of the nation sit two silhouettes. They face each other "across the nation" and could be a female veteran from any of the armed forces. Each member of the organization could easily see herself as one of the two silhouettes.

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The President's Message



Ladies:

As promised, we are moving forward with the name change for our organization and I hope you noticed the combined temporary masthead on this issue of White Caps. Let me

know what you think. Keep in mind this

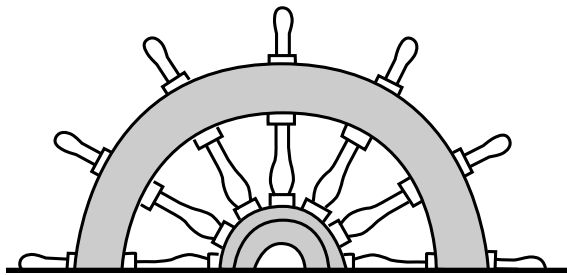
is temporary as we will be holding a contest to rename the newsletter and then vote on a new name at the 2016 convention.

The new membership application is also in this issue and you may make copies and use for recruiting. Please make note that proof of membership is not mandatory but applicants need to sign the application certifying they can provide proof upon request.

Units should be working on their bylaws to encompass the Military Women Across the Nation name and to reflect a unit name that is indicative of all female veterans. Unit Secretaries should forward three copies of their revised bylaws to the National Bylaws Chairman, Cathy Gerolimatos. Revised bylaws can be

(continued to page 7)

Editor's Note: In the Oct WHITE CAPS/President's message our new name was referred to as Military Women Across the Nation in one place and then referred to as Military Women Across America. The correct name is Military Women Across the Nation. I apologize for any confusion this may have caused.



FROM THE BRIDGE

FIRST VICE PRESIDENT



Barb Sebring

I'm getting settled here in Nevada and meeting lots of new people. This past Saturday a neighbor and I attended the October meeting of "Women Veterans of Nevada (WVON)". It was fun to catch up with some of the previous members of the local unit here, Nevada Gems. They not only remain MALs with our organization but are very active with WVON. I was able to talk to the group and tell them more about our name change and invited them to join MWAN. I handed out a copy of White Caps to all. It was really exciting to see a group of Women Veterans of all ages, and representing all branches of service, come together and form a strong organization. They have around 70 members and also sponsor a NJROTC cadet program. I believe this is exactly what MWAN can become. Now that we have opened up our organization to all women that have served, we can become a vibrant and thriving organization again. WVON is paving the way and we can surely learn from what they are doing.

I want to wish all of you a wonderful holiday season and healthy and Happy New Year.

SECOND VICE PRESIDENT



Cheryl Adams

After some computer glitches, I'm back on line, so greetings from the cold Northland. Yes, it is getting cold in Wisconsin and when you read this, we will be in the grip of another winter. It has been a very busy fall. The Wisconsin Women Veterans' organizations take turns holding an annual luncheon every fall and our Unit 39 hosted this year. Please see the Foam Off the WAVES article. Back in October, I was busy getting ready for an Honor Flight that went out October 18th; a Madison area Stand Down for Homeless Veterans held on November 1st, and Veterans Day ceremonies at the State Capitol on November 11th. We are looking forward to learning who our next Regional

Rep will be for the new Region 3 and who our next Governor will be!! Such a race, even the national news is following little old backwoods Wisconsin politics. Hope everyone had/has a nice Thanksgiving and Christmas.

RECORDING SECRETARY



GinaMarie Doherty

Thank you, Ladies, for sending your newsletters. Keep them coming and I will use them in next year's contest. If your unit does not have one, please consider something to get the word out to our members, especially during this historical time.

As a member of both our National Executive Committee (NEC) and our Board of Directors (BOD), I would like you to know that we are working very hard to make this NAME change, REGION change, and MEMBERSHIP change a WONDERFUL experience.

In August and October, we conducted conference calls to discuss our way ahead making every attempt to ensure we continue to capture the traditions we all so much respect. For example, any new units requesting a charter will take on the next sequential unit number from WAVES National. We are not starting over with number one (1). We have formed Uniform and Ship's Store committees, just to name a couple. Contact your Regional Representatives and join a committee. We need ALL HANDS. Why? Because... **SISTERHOOD IS THE WAY!**

TREASURER



Monica O'Hara

By the time you receive this White Caps our name change should be official with the California Secretary of State. The amended Articles of Incorporation will be included with the 2014 bylaws.

This year is quickly coming to a close and now is the time for all those who are not Life Members to renew their membership. Not sure if you are a Life Member?

Check your address label on the latest White Caps. Just above your name will be "LM" or "14". If "LM" or "15" is not there, dues need to be paid. Member's at Large, please send dues to me using the renewal form on the back page of your White Caps. Unit members, please submit dues to your Unit Treasurer.

Donations were received for the General Fund from Cidney Engberg (MAL), Dorothy Lookabaugh (MAL), Helen Sadowski (NW Florida WAVES, Unit 52), Tidewater Tidal WAVES (152). Donations were also received from the following units: Heart of America (9) in memory of Alyne Anding and Arline Miles; Columbia River Ripples (70) in memory of Esther Leslie, Annabell Harmon and Norma Welch; and Alamo WAVES (103) in memory of Evelyn Swenson.

Emily Sanford (MAL) sent in a donation to the scholarship fund.

The Stained Glass Window Fund received donations from Salt River WAVES (155) in memory of Louise Glende and from Betty L. Young (San Diego Stars and Stripes, Unit 36).

Thank you all for your generous support to our organization!

I wish you all a blessed and joyous holiday season!

SHIP'S STORE



Linda Coffield

We have finished with Thanksgiving (leftovers are finally gone). Now it's time to start on the holiday decorations, making cookies, shopping, planning Memphis Belles Christmas party, making travel plans to see family and friends. So much to do and so little time! OH, MY!!!

Remember the 'Reason for the Season'; I hope you and your family have a great New Year.

Thank you all for the support of the Ship's Store during 2014.

WN Ship's Store FINE PRINT SPECIAL: **Get a free historical WN item, we are giving away a FREE WN lapel pin with each order of \$10.00 or more (excludes shipping).** Limit one free WN

lapel pin per customer. Orders **MUST**: 1) Total \$10 BEFORE shipping is added; 2) Specify "FROSTY THE SNOWMAN" on the Dec 2014 order form for your free WN lapel pin; & 3) MUST be received by 30 January 2015.

PLEASE NOTE: Use the **MOST RECENT** White Caps order form. Your order may be delayed if the correct payment and/or shipping are not included.

VAVS REP



Meridith Cox

First of all, thank you to our great VAVS volunteers, many of whom have volunteered for over 20 years. I am trying to contact each of you personally, but if you have not heard from me, it is because I do not have your contact information. Thank you to those 18 VAVS volunteers, 8 Unit Presidents and 2 Regional Representatives who responded to my **urgent request** to help me locate all of our VAVS volunteers and determine which members serve as local representatives and deputies at VA facilities. If you did not respond, please do so as soon as possible.

MWAN and the VA are already in fiscal year 2015. So this is a fresh start. Early in 2015, I will, with the help of a team, develop a MWAN VAVS Manual and training package, so that we are all on the same page. This is in addition to the orientation program that the VA provides. I will also be attending the Spring 2015 NAC VAVS Conference in Albuquerque.

Counting Hours: Our organization has a Volunteer Hours Chairman, Andrea Cadieux, and myself, the NAC VAVS National Representative. Andrea and I will be coordinating closely on hours. You report all **volunteer hours** to her on a yearly basis, but you report all VAVS hours to me as well. I would like to have the VAVS hours reported to me on a quarterly basis, so that I can make sure that the VA is recording your hours correctly.

Some of you serve as certified Service Officers with other organizations. Those hours can count towards the veterans hours you report to Andrea, but being a Service Officer is **not** a VAVS activity.

Certification: When service member organizations, such as ours, assign local VAVS Representatives and Deputy Representatives to attend the VAVS Program Committee Meetings at VA facilities, VAVS requires that the Certifying Officer (that's me) certifies you to the VA, as an official

representative from our organization. If you are selected for that position by your Unit President, or as a MAL, by me, then you have to agree to attend all meetings. The meetings are quarterly, although some facilities have 6 per year. The VAVS regulations say that if you *miss three consecutive meetings*, you can be de-certified. Thus, if you have to miss a meeting, please either find a replacement for that meeting, or let the facility know about your absence. **Unit Presidents:** If you have new members who volunteer to serve in this capacity, please send me a formal request so that I can notify the facility officially. The VA then contacts your new representative with instructions on how to proceed. If you have a representative who is unable to continue their assignment, please let me know as soon as possible.

If any of you on the front lines volunteering, have suggestions for our organization on volunteer training or any other VAVS ideas, please contact me. My contact information can be found on page 14.

VA MEDICAL/HEALTH



Ruth Storck

As we age, we want to remain independent. It is important prior to medical emergencies to assure your wishes are known and followed. It is never too early to have medical directives and a will in place in the event a situation renders you unable to make decisions. It is important when you have family; to explain to them your reasons for these decisions. Strokes, head injuries, aging illnesses all can render us incapacitated in making decisions for ourselves. To many times documents are not in place for medical situations and families become estranged differing in what needs to be done. It is important to have living medical directives and speak with your family about your reasons for these procedures.

Quality of life is so important as we age. Many times as people age, families feel they need to step in and take control of the aging, sick family member. They are usually doing this with love in their hearts, but forget at times that most elders can still decide for themselves. Having documents helps to keep those decisions from causing family rifts and depression in the elder.

Many older people do not want to be confrontational with family. They tend to go with the flow, even when they feel they would like to be doing things differently. It is heart wrenching to see families fight

over what needs to be done, and see an elderly person sitting with eyes downcast and not wanting to rock the boat further. Having our wishes known and in documents prior to serious issues arise results in all parties being on the same page when the time comes. Talking with family before an emergency can allow calm, constructive conversations. Decisions can be changed and documents can be amended when the elder person is clear of mind and not stressed by the situation.

Most hospitals have advance directive guidelines that can be used to create the care documents you wish to put in place. Don't wait till you're sick. Plan now and review frequently to assure the directives have all your wishes to age with dignity

SCHOLARSHIP CHAIRMAN



Patricia Cerchio-Vieira

It is scholarship time again. The scholarship is a great way to help get the word out about Military Women

Across the Nation and recruit new members. This is especially important this year, since we have expanded membership to include our sisters in the Army and Air Force along with their Guard and Reserve Components. While the military women who the entrants need to be related to don't have to be members of MWAN, it certainly would be wonderful if they are.

So, who do you know who is not only a woman veteran or currently serving on active duty or in a reserve or guard component, but also has a relative, male or female, in college or about to go to college? Most people have some family member who is attending or about to attend college. Why not give them the opportunity to get an extra \$1,500 to help pay for it.

Since the families of high school seniors are always looking for ways to help make college more affordable, be sure and let your local high schools know about this. They can find the scholarship application online at our new website www.mil-women.org. Don't forget to pass along this information to other veteran organizations in your local area to include the VFW and American Legion.

I will be sharing the scholarship information on venues such as Facebook and LinkedIn. If you have ideas for helping to get the word out, please contact me via the contact information on page 14 of the White Caps.

PUBLIC RELATIONS



Jennifer Baun

Why the Change to Military Women Across the Nation?

As everyone should know by now, WAVES National is becoming Military Women Across the Nation. It is important for us as an organization to understand why this is occurring, especially when talking with other female veterans. There has not been any one female only veteran service organization representing all branches of the armed forces, officer and enlisted with a national presence in the past. Many female veterans are part of other Veteran Service Organizations (VSO), but don't feel engaged by the groups. There are branch specific organizations; however, units are similar to WAVES National in that they are dispersed into various pockets of the country or subsets. This change ensures that we will preserve the legacy that the founders of WAVES National had intended, while adapting to the current environment.

Hardly anything will change immediately for units. MWAN will be developing guidelines to help a unit transition to Military Women Across the Nation over the next year. This permits us to make changes at the national level and know what the effects will be as they are rolled out to the Regional, State, and Unit level to make those changes easier. We will continue to include articles in the White

Caps to ensure our MALs and members unable to make unit meetings are informed, as well.

There is no immediate change to units or members, other than you are now part of Military Women Across the Nation. Units will retain their current unit numbers, they will not change. Any unit that previously turned in a charter and wants to re-instate can under the new name. Since the by-laws have changed, units should update their current by-laws to reflect the changes. With the new name, units will be including Military Women Across the Nation or MWAN as part of their name. The uniformity of the names makes it easier to obtain recognition and validation as an organization throughout communities across the country. Units with associate members in other branches of the service, have gained additional regular members and can submit their applications to National for 2015. "Associate" members can also be recruited from women who are veterans of allied Armed Forces.

WHITE CAPS EDITOR



Judy Faries

Hope all had a great Thanksgiving and are ready for the Christmas holidays.

With all the new officers and staff members I would like to remind everyone of some points I need them to remember when submitting articles for the White Caps:

- Font size – Arial 10 pitch if possible, I know when you submit in an email you can't always change the font. That's okay.
- Single line space.
- Indent only 2 spaces for each paragraph.
- Single space between each sentence.
- Copy the President, Dassa Carvey, on your inputs.

I really appreciate all of your inputs. If you remember to do these few things it would certainly save me a lot of time.

On another note, please look for the contest I am chairing to determine a new name for the WHITE CAPS, as well as the From the Bridge and FOAM Off the WAVES sections. Put your heads together and be sure to submit your ideas.

Remember that the next cut-off for input for the Feb 2015 issue will be 1 Jan 2015 (Can't believe we are talking about 2015 already). Remember that is a holiday and we all have a lot going on at that time, so early submissions are appreciated.



Cut along dotted line 

BIG Prizes to be given in a Reverse Raffle!

Here's your chance to win big, while helping out the organization. A reverse raffle will be held for Military Women Across the Nation to really get things rolling. We will be selling only 250 raffle tickets; the cost is \$10 each. Since it is a reverse raffle, the prizes are big with a \$1,000 grand prize and \$450 to the runner up. There will also be some other gift cards mixed in. The way you win is to be the last person standing, kind of like musical chairs. The draw down will be held once all 250 tickets are sold. In other words, we will draw numbers eliminating tickets after all the tickets are sold. So purchase yours individually and/or for your unit today! To get your tickets, please send the stub below and a check made out to MWAN/WN. Mail the stub and your check or money order to **Jennifer Baun, MWAN Reverse Raffle, 4068 Lockwood Blvd., Youngstown, OH 44511**. A virtual ticket will be e-mailed or sent to you with your raffle number. All winners' names will be published.

NAME: _____

E-mail: _____

Address: _____

City, State, Zip: _____

Unit # or MAL: _____ ID #: _____



Military Women Across the Nation

MWAN

2015 MEMBERSHIP APPLICATION

Name: _____ Phone: (____) _____
First Middle Maiden Last

Mailing Address: _____
Street City State Zip Code

E-Mail Address: _____ Unit No. or MAL _____

Birthday: _____/_____/_____ (day/month/year)

Date of Service – From: _____ To: _____

Highest Rank/Rate Held: _____ Branch of Service: _____

Basic Training/Boot Camp: _____

Training schools: _____

Primary duty station: _____

Highest formal education and special talents: _____

Referred by: _____ (If more space needed use back of application)
(Recruiter/Member)

New members joining after August 1 shall pay \$12.50 as pro rata dues. Regular membership shall be extended to women who have served honorably in all branches of United States Military Service including Active, Reserve and Guard.

New members joining through a local unit, make check for both local and national dues payable to the local unit. Local Unit Treasurer will forward dues to the National Treasurer. Dues include subscription to the WHITE CAPS newsletter, published six times per year.

Members-at-Large make check payable to “MWAN” and mail with this application to the MWAN Treasurer: Monica O’Hara, 6383 Kimmy Ct., San Diego, CA 92114-5631

(Dues include subscription to the WHITE CAPS newsletter, published six times per year)

ANNUAL DUES \$25.00 FOR PERIOD JANUARY 1 THROUGH DECEMBER 31

LIFE MEMBERSHIP AVAILABLE TO MEMBERS 90 YEARS OF AGE AND OLDER: \$30.00

I certify that I meet the eligibility requirements of MWAN and that I can produce a copy of my military identification or DD 214 upon request.

Applicant Signature: _____ Date: _____

A tax-deductible donation to MWAN in the amount of \$_____ is included in the attached check.

PLEASE don’t forget to make a copy of this application for yourself and for your unit.

(For office use only) _____ MWAN National ID#: _____

The Six New Regions of Military Women Across The Nation



- REGION 1** – Pacific: Alaska, Hawaii, California, Oregon, Washington, Idaho, Montana, Wyoming, Nevada, Utah, Colorado, Arizona, and New Mexico
- REGION 2** – Central: North Dakota, South Dakota, Nebraska, Kansas, Oklahoma, Texas, Minnesota, Iowa, Missouri, Arkansas, Louisiana, Tennessee, and Mississippi.
- REGION 3** – Great Lakes: Wisconsin, Michigan, Illinois, Indiana, Ohio and Kentucky.
- REGION 4** – Northeast: Maine, Vermont, New Hampshire, New York, Massachusetts, Rhode Island, Connecticut, New Jersey, Pennsylvania, Delaware and Maryland.
- REGION 5** – Mid-Atlantic: West Virginia, District of Columbia, Virginia, North Carolina, South Carolina, Georgia and Alabama.
- REGION 6** – Sunshine: Florida.

Introducing the New MWAN Emblem *(continued from page 1)*

Encompassing the emblem is the new name “Military Women Across the Nation” emblazoned in red to show the strength of the organization. This color is a warm and positive color associated with our most physical needs and our will to survive. It exudes a strong and powerful

energy. It excites the emotions and motivates us to take action. Red signifies a pioneering spirit and leadership qualities, promoting ambition and determination. It is also strong-willed and can give confidence to those who are shy or lacking in will power. Closing the circle is a rope. It

can be interpreted as an anchor line to our origin or chord that ties us together. Regardless, it closes the circle which has no beginning and no end and safely encompasses the emblem within.

MWAN Regional Reps and Alternate RR 2014 - 2016

REGION 1	RR	LouAnn Huskisson azhuskisson@cox.net	623-972-7369	10410 W Diana Ave., Peoria, AZ 85345-7421
	ALT	Carolyn Agabon Gofly8@aol.com	818-366-2386	12056 Turtle Springs Ln., Porter Beach, CA 91326
REGION 2	RR	Michele Batliner mbatliner@att.net	816-315-9229	5828 E. 12th St., Kansas City, MO 64126-3018
	ALT	Sharon Woods Sharonwds1146@gmail.com	480-202-0984	P.O. Box 34, Williamsburg, KS 66095
REGION 3	RR	Kris Gancarz kgancarz@yahoo.com	262-632-2443	2301 Washington Ave., Racine, WI 53405
	ALT	Jan Roy jroy4743@comcast.net	616-530-0142	2917 Porter Court SW, Grandville, MI 49418
REGION 4	RR	Ronnie Sujek vsujek@gmail.com	802-476-3392	75 Pleasant St., Barre, VT 05641
	ALT	Jeanne Lemasters YNC4404@aol.com	215-582-3390	1723 S. Bancroft St., Philadelphia, PA 19145
REGION 5	RR	Pat Brown tdorpat@aol.com	757-721-7281	2228 Mill Crossing Dr. - Apt #218, Virginia Beach, VA 23454
	ALT	Mary Freeman Palmar512003@yahoo.com	757-679-0820	3944 Terrywood Dr., Virginia Beach, VA 23456
REGION 6	RR	Andrea Cadieux akc7871@gmail.com	941-564-6056	7871 Sontag Ave., North Port, FL 34291
	ALT	Betsy Waddell wavenavy@hotmail.com	863-382-0419	421 Taseschee Dr., Sebring, FL 33870

President's Message (continued from page 1)

emailed or sent snail mail. Cathy's contact information is listed on the National Officers and Staff page.

We have already generated significant response to other service women joining our organization as well as joining as a new unit. In fact, my unit, at the October meeting, accepted an application from a retired Army veteran.

The BOD selected a logo for our new organization, as can be seen in the Masthead as well as in other locations in this issue. Congratulations to North Coast WAVES, Unit 21, for their winning design. Well done, ladies. I also want to thank Gladys Hughes for her submission. A lot of time, effort, and thought went into creating the designs. It is through the efforts of each and every one of you that make this a winning organization.

We have formed some committees to help us move forward: Uniform, Chair-

woman Ronnie Sujek; Newsletter, Chairwoman Judy Faries; and Ship's Store, Chairwoman Linda Coffield. Additional information will be forthcoming from these committees.

With the realignment of regions, elections for the new Regional Representatives (RR) and Alternates were held. The results are published in this issue, with the contact information for each RR and Alternate included.

At press time, we anticipated going live with our new website. I know this is an important tool for our organization and we are excited about the possibilities this will provide and as we grow. We are also developing a new Facebook page. I hope you will utilize this to publicize your current events. Visit us at www.milwomen.org.

Don't forget to submit news of your unit, or, yourself, if a Member At Large

(MAL), to the White Caps editor, with a copy to me for publication in the newsletter. This is also a good opportunity to announce your meeting date(s) and contact information as we use the newsletter as a recruiting tool. In fact, I took copies of several issues of White Caps to a recruiting event I attended in November, in Woodbridge, VA. I will have photos from this event in the February issue.

The 2015 Scholarship is being publicized and I appreciate widest dissemination so that we receive many submissions. "Women at War" is the title of the essay and allows maximum leeway for an applicant's imagination and creativity.

Please keep our troops in your thoughts and prayers.

Always Navy~
Dassa



MILITARY WOMEN ACROSS THE NATION COLLEGE SCHOLARSHIP APPLICATION

One \$1,500 scholarship will be available to a relative, male or female, of a military woman. The essay topic is: **“Women at War”**.

PLEASE FOLLOW THE RULES

In the past, several entrants have been disqualified because they did not follow the rules.

1. Eligibility is open to any female or male relative of a MILITARY WOMAN who has served or is serving in the Army, Navy, Marine Corps, Air Force or Coast Guard or their Guard or Reserve components. The relative may be by birth, legal adoption or marriage. Documented proof of eligibility of the military woman’s honorable discharge OR her present status in the military must be included with the application. Documented Proof of Eligibility is a legible copy of her Form DD-214 discharge certificate or a statement of service for Active Duty members. Applications will not be considered if this PROOF OF ELIGIBILITY is not submitted.
2. Applicants: **Mark out** all references to **social security or service numbers** on the DD-214 and high school or college transcripts.
3. Competition is open to high school seniors or college students.
4. Applicants must have a 3.2 or better Grade Point Average (GPA) on a 4.0 scale to be eligible.

5. The essay must be written on the 2015 topic and shall include documented evidence of research. Applicants are encouraged to contact Military Recruiters, Military active or reserve components, etc. to enhance their research. Each essay must be the applicants own work and shall consist of 1,000 to 1,500 words.
6. Entries must be postmarked by **March 6, 2015**, with no exception.
7. **Applicants will be notified in June of their results. Scholarship will be paid jointly to the scholarship recipient AND their college.**

Mail **OR** e-mail your application and accompanying documents to:

Patricia Cerchio-Vieira
Scholarship Contest Chairperson
302-387-1309

763 Augusta National Dr.
Magnolia, DE 19962 or
patricia@patricia-vieira.com
(DEADLINE IS MARCH 6, 2015)

You may download an application at
www.milwomen.org

Attached documents via email will be accepted.

PLEASE PROVIDE THE FOLLOWING INFORMATION: (attach additional sheets as is necessary)

YOUR NAME: _____ AGE: _____

YOUR ADDRESS: _____

CITY/STATE/ZIP+4: _____

COUNTY: _____ COUNTRY: _____

PHONE (including area code): _____

E-MAIL ADDRESS (if applicable): _____

ARE YOU A UNITED STATES CITIZEN?: YES _____ NO _____

GENDER: FEMALE _____ MALE _____

ARE YOU A RESIDENT OF THE UNITED STATES?: YES _____ NO _____

SCHOOL CURRENTLY ATTENDING

NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

COLLEGE TYPE YOU INTEND ON ATTENDING OR ARE CURRENTLY ENROLLED IN:

____ 4-YEAR/GRADUATE COLLEGE OR UNIVERSITY

____ 2-YEAR/GRADUATE COLLEGE OR UNIVERSITY

____ TRADE/TECHNICAL SCHOOL

(NOTE: To remove application from newsletter, grasp middle pages 8/9 and pull loose from staples in newsletter)

MILITARY WOMEN ACROSS THE NATION COLLEGE SCHOLARSHIP APPLICATION

HIGH SCHOOL TEST SCORES: SAT Verbal _____ SAT Math _____ ACT COMP _____

CURRENT GPA (4 point scale): _____ CLASS RANK: _____

CLUBS/CIVIC ORGANIZATIONS: List club memberships and/or offices held. Include school, civic, community service, honorary and religious organizations for each active membership: _____

VOLUNTEER/EMPLOYMENT: List your volunteer or employment experience: _____

HOBBIES/TALENTS: List your hobbies, talents or interests: _____

WHAT ARE YOUR CAREER ASPIRATIONS? _____

COURSE OF STUDY: What courses do you plan to study in college? _____

WOMAN VETERAN OR ACTIVE DUTY WOMAN

FULL NAME (including maiden): _____

YOUR RELATIONSHIP TO HER: _____

(i.e. "Mother", "Grandmother", "Aunt", "Cousin", etc.)

HER MILITARY SERVICE STATUS (Veteran of Active Duty, Guard or Reserve):

U.S. Army U.S. Navy U.S. Marine Corps U.S. Air Force U.S. Coast Guard

PROOF OF WOMAN VETERAN'S HONORABLE SERVICE: Please provide a legible copy of the DD-214 discharge certificate or a statement of service for Active Duty members. This is **REQUIRED** in order to prove eligibility for this scholarship application. Your application will not be considered if this information is not submitted. **COMPLETE THIS APPLICATION AND SEND WITH YOUR ESSAY.** The essay must be in your own words.

Mail the completed Scholarship Application, proof of eligibility, essay and all other required documentation and information to the following:

**Patricia Cerchio-Viera, Scholarship Contest Chairperson, 302-387-1309
763 Augusta National Drive, Magnolia, DE 19962
or patricia@patricia-vieira.com**

(DEADLINE IS MARCH 6, 2015)

(NOTE: To remove application from newsletter, grasp middle pages 8/9 and pull loose from staples in newsletter)

FOAM OFF THE WAVES

GATEWAY WAVES

Unit #5 (MO) – St Louis Veterans Home hosted Gateway WAVES' October meeting and luncheon. Three of our members, Dorothy Wood, Mary McFerron, and Joan Pavlovic, are residents there.

The month of November had many veteran activities. Alice Anderson, (WWII Navy WAVE and a member of Gateway WAVES), and Velma Jesse were the Grand Marshalls of the St. Louis Veterans Parade.

The Marines will again join us at our annual Holiday Luncheon. We wish all a healthy, safe Holiday Season.

For meeting information please contact Shirley Walz, (314) 822-4249 or email at sjwalz59@gmail.com.

KEYSTONE WAVES

Unit #6 (PA) – In September, Jean Lemasters, Elizabeth Robinson and Gladys Martin traveled to Delaware and were guests at the meeting of First State, Unit 10. Several of us attended a session and luncheon at Women's Resource Center for Women Veterans at Drexel University, with an overview of reaching out to women veterans returning from Iraq and Afghanistan.

Ruthie Severino has begun volunteering every Tuesday at CVIM (Community Volunteers in Medicine), a volunteer, non-profit organization for low-income people without health insurance. She and her husband, Sal, attended her Navy Hospital Corpsman reunion in Warwick, RI, where they toured the Newport Naval Medical Facilities. They learned about new technologies and innovations afforded the modern day corpsman in combat situations.

Quarterly meetings are at Coast Guard Station, Philadelphia.

For meeting information please contact Ruthie Severino at (610) 356-8956.

HEART OF AMERICA

Unit #9 (KS) – Unit 9 held their last "business" meeting on Saturday, October 25th. We welcomed two new members to our unit. Kathy Gregory and Jacque Nelson are transferring their membership from Northwest Florida WAVES, Unit 52, in Pensacola, Florida. Kathy recently retired from an aerospace company and has relocated to Olathe, Kansas, with her husband. Jacque lives

in Hutto, Texas, but is originally from Kansas City. Jacque and Kathy have been friends since meeting at NAS North Island, San Diego, in 1970. I like the way

Kathy described their friendship in an email. "Friends are like sisters, only these are sisters you get to choose." The highlight of the meeting was the reunion of Kathy, Jacque, and our own YNC Nellie Croke. "Chief" was in charge of their barracks in the 70's and they lost touch over the years, but now they are back together. What a nice surprise!!!



A surprise reunion for (l-r) AZC Kathy Gregory, YNC Nellie Croke, and AZC Jacque Nelson.

For meeting information please contact Michele Batliner at (816) 315-9229 or mbatliner@att.net

NORTH COAST WAVES

Unit #21 (OH) - This fall is proving to be very productive and hectic for the unit. We participated in the Summit County Stand Down with the WMA again and even had items to spare for the Community Resource and Referral Center.



Elva Pounders (l) and Ellen Leidy support Summit County Stand Down.

Two of our nominations for OH Veterans Hall of Fame were inducted in November, Ruby Gilliam of NCW and Mary Lou Gruber, National member. Like other units, we are preparing for the name change and welcome our Air Force and Army sisters as regular members. We will be closing out the year with lots of activities for Veterans Day, Vietnam Vets Laying of Roses and more before winter and a brief hibernation.

FORMER MICHIGAN

Unit #32 (MI) - On August 27, 2014, several members of the former Michigan Unit 32 (turned in charter this year) along with their friends and family members,

met for a reunion at the site of the USS EDSON, a decommissioned destroyer, in Bay City, Michigan, home of the unit's Shorelines editor, Dolores Maillette. We had a nice bag lunch together and then had the opportunity to go aboard the ship and enjoyed an extensive guided tour. Some of us had toured the ship when it was first brought to Bay City and also when it was being renovated. It was nice to see how much it had changed since our first visit aboard. The city has seen several hundred visitors board the ship since the renovation was completed and benefited the city financially by having so many people visiting it. There is also a nice gift shop near the ship where visitors can purchase mementos of their visit aboard the ship and the area. Unit members Dolores Maillette and Mary Kegley, along with Mary's husband, Mike, a retired Navy chief, and other local veterans spearheaded this renovation. They also were instrumental in manning the gift shop and were involved in the upkeep and tours aboard the ship.

We enjoyed getting together again and hopefully we can plan another get-together next spring or summer.

As an aside, Dolores was in the hospital during a lot of the planning of this event, and Jan Roy was helped a lot by Dolores' daughters, Lucy and Annie.

STARS & STRIPES

Unit #36 (CA) – The unit held the September meeting at San Diego MCRD Museum. About 20 guests attended.

After installation of the board, President O'Hara and Regional Rep Pine presented the recent convention cruise events. WN will be transitioning to 'MWAN' (Military Women Across the Nation) and accepting other veterans soon.

Tunica, MS, is the 2016 convention site (near Memphis and Elvis!).

Draping of the Charter ceremony was held for Mary S. Cunningham, SKCM, USN (Ret.). Several members had been able to attend her funeral and her caretaker visited the unit.

Following a catered lunch, all were then led on a museum tour by Bob Bailey, USMC, (Ret.).

As always, before and after the meeting, many hands busily stuffed neck pillows with a total of 2,236 donated to date. The ladies were recently interviewed by the local KPBS TV station and are awaiting the air date.

For meeting unit information please contact Roxanne Jones at email: roxanne.jones@score.com or call: (619) 479-0149.

FOAM OFF THE WAVES

BADGER

Unit #39 (WI) - The Wisconsin Women Veterans' organizations take turns holding an annual luncheon every fall and Unit 39 hosted this year's luncheon. Attendance has been dropping every year, no surprise, but we had about 40 people and everyone enjoyed this social event.

Our President, Kris Gancarz, smashed her ankle in a boating accident just before the luncheon but "sailed on" with the help of our Treasurer, Pam Jacobsen. Together they put on a very nice luncheon. Pam was also our guest speaker and shared her military experiences with us.



Ten women from Great Lakes Recruit Training Command came at the invite of Kris and Pam. They were the bright spot of the day. We were very happy to see Pam Pamerin, Maureen Radtke, Grace Gebhart and Nancy Packett from Unit 53. It was so nice that they could all come down from Appleton, WI area.

NORTH WEST FL WAVES

Unit #52 (FL) - Unit 52 held belated elections in September. Congratulations to our new officers:

President, Laura White; Vice President, Stephanie Oram; Secretary, Sherry Schultz; Treasurer, Linda Balink-White. Thank you, ladies, for your dedication to keeping Unit 52 going strong!

The local Veterans Day Parade theme this year was "She Served..." and Unit 52 members marched (and rode) with pride! Our next event is our Unit Christmas Party on December 13. In the meantime, we are each thinking of a new, clever name to reflect our MWAN affiliation. Lastly, longtime unit Secretary Kathy Gregory (Hall) has left us to join her new husband in Kansas, and we wish her all the best.

OCEAN STATE

Unit #118 (RI) - The ladies of Ocean State, Unit 118, have had a busy autumn season. We began our regular monthly meetings again in September after taking a break for the summer.



Unit's fishing trip with residents of the Rhode Island Veterans Home.

Several of our members also participated in two special events: a fishing trip with residents of the Rhode Island Veterans Home and a Coast Guard ceremony honoring the World War II service of Evelyn Cohen and Rosetta Desrosiers. On and around November 11, there were many Veterans Day commemorations including our own WAVES wreath-laying at the Women's Veterans Monument in the Rhode Island Veterans Cemetery. In December, we will be manning the tables

Cut along dotted line



I'D LIKE TO SUPPORT MILITARY WOMEN ACROSS THE NATION

As a proud member of MILITARY WOMEN ACROSS THE NATION/WAVES National (MWAN/WN) I want to show my support for my fellow service women. Please add my gift of \$ _____ to the fund designated below.

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FOAM OFF THE WAVES

at the VA Hospital bake sale (Dec. 12, 0830-1100) and we look forward to our annual Christmas visits to home-bound members.

For meeting information please contact Margaret Pedlow Smith at email: mpedlowsmith@gmail.com or call: (504) 756-4570.

TIDEWATER TIDAL WAVES

Unit #152 (VA) – Our unit was honored to be spotlighted in October by Elegance in Action, an empowerment team of women who recognize strong women working for a purpose.

Maggie Cobb volunteered at Operation Community Connection, a USO sponsored event geared toward all military families in the region, especially those who are new or in the deployment process.



Maggie Cobb serves up popcorn at Operation Community Connection, at Ft. Belvoir.

Unit members participated in the Veterans' Day Parade in Virginia Beach, as well as the Stand Down for Homeless Veterans, sponsored by the Hampton VAMC.

We also participated in the Wreath Laying at the A.G. Horton, Jr., Memorial Veterans Cemetery, placing 6,000 live wreaths on the graves.

For meeting information, contact Dassa Carvey at Dassa_2@verizon.net or call (757) 363-3059.

FOX CITIES

Unit #153 (WI) - Because of inclement weather on September 20th, we celebrated our Unit's 10 year anniversary with an indoor picnic celebration, at our monthly meeting location, Atlas Coffee.



The 10 year anniversary celebration attending members pictured standing left to right: Pamela Pamperin, Maureen Radtke, Toni Webb & Carleen Smith and seated left to right: Cody Splitt, Nancy Packett & Grace Gebhar.

On September 4th and October 9th, several of our members welcomed home the Honor Flight Veterans, at our Regional Airport, which is an unforgettable experience.

On October 11th, four members attended the Women Veterans luncheon in Milwaukee and were very impressed with the attendance of several active duty "Sailors", in full uniform, who train the Navy recruits at Great Lakes Naval Station. After the luncheon our Unit Treasurer, Pamela Pamperin, was sworn in as State Director.

For meeting information please contact Pamela Pamperin at (920) 954-8445 or email: ppamperin@new.rr.com.

SALT RIVER WAVES

Unit #155 (AZ) – Taking advantage of the Halloween season, our monthly meeting was conducted in costume. The minutes would be funny if noted that motions, seconds and other business were done by a Southern Belle, Flapper, Clown, Witches and other characters.



Real names of characters pictured Left to Right: Tiffani Maynor, Diana Green, Martha Alderman, Margaret Waldron, Barbara Klinedinst, Kathy Laurier, Beatrice Ferranti, Vee Flayter, A Guest, Heidi Chapp, Marion Cartland, Sandy Engels, Lori Elander, Lynn Engels.

Wearing more elegant attire, several members attended the Navy Ball. Dignitaries were piped aboard, a sumptuous dinner was served, and presentations were made followed by a band for dancing. This event is eagerly anticipated each year.

We're already seeing the benefits of opening full membership to all women veterans. They like our active style and we like their added talents. Welcome Aboard!

For meeting information please contact Vee Flayter at (623) 362-9040.

ATTENTION!! ATTENTION!!! Renaming of the White Caps Contest

We are holding a contest for renaming the White Caps as well as the From the Bridge and the FOAM Off the WAVES sections. Judy Faries is the chairman for the committee to review the submissions and recommendations to the Board of Directors. The renaming of the White Caps will be an

item at the 2016 convention for approval from the members. **So put your thinking caps on** and remember we need to rename the newsletter to be inclusive of all services.

Please provide your submissions to Judy Faries. If you have

any questions please feel free to contact Judy Faries. Contact information is on page 14.

The cut-off for all submissions is **1 June 2015**. Please include your contact information as there will be prizes for the winning entries.

Renaming of the Ship's Store Contest

OK, ladies! We need to rename the Ship's Store... looking for suggestions that encompass all services. Person with the winning suggestion will receive a **new MWAN shirt for free!** Please email or mail your suggestions to Linda Coffield no later than **1 Feb 2015**. Her contact information is on page 14. The Board of Directors will have the final vote on the new name, so come on and let's give them great suggestions.

ATTA-SPAR AWARD



Rosetta Desrosiers



Evelyn Cohen

Desrosiers and Cohen Honored for WWII Service

On September 12, Ocean State Unit 118 members Rosetta Desrosiers and Evelyn Cohen were honored for their service in the United States Coast Guard during World War Two. They gathered with active duty “Coasties” and several members of the WAVES unit at Coast Guard Station Castle Hill in Newport, RI. The ceremony included a speech by Lt. Kelli Dougherty on the history of the Coast Guard and the service of women during World War Two. While everyone in our organization is familiar with the acronym “WAVES,” you may not know that the Coast Guard equivalent was “SPARs,” which stood for “Semper Paratus Always Ready.”

Rosetta and Evelyn enlisted together on May 18, 1943, attended boot camp at Hunter College in New York City, and were roommates during yeoman training in Palm Beach, Florida. Evelyn went on to serve during the war in Washington, D.C., and New York City while Rosetta served in Chicago, Duluth, Cleveland and Detroit. The “SPARs” were disbanded June 30, 1946 but today, women serve in all jobs and ranks of the Coast Guard. Lt. Dougherty said during the ceremony, “I am truly humbled and honored to have the opportunity to meet all these women who have paved the way for me and so many others to have the world of opportunities we do today.”

Grill Sergeant: Meet the First Female Armed Forces Chef of the Year

By Melissa Golden for Parade



Sergeant Sarah Deckert, 2014 winner of the U.S. Armed Forces Chef of the Year competition.

Last March, at a military culinary training center in Fort Lee, Va., chef and army sergeant Sarah Deckert was handed a basket of ingredients—buffalo tenderloin, red snapper, tiger prawns, and pheasant. She was given 30 minutes to plot a menu incorporating the items, and three and a half hours to craft a four-course meal.

With the clock ticking and five judges surveying her every move, Deckert got the dessert out of the way first—chocolate cake with cinnamon ice cream—followed by a soup course featuring potatoes, parsnips, and pheasant. Then came the

main events: an appetizer of pan-seared fish with prawns in a buttery blood-orange sauce and a tenderloin entrée with a red wine jus. The judges saluted her winning meal by crowning Deckert Armed Forces Chef of the Year—the first time that a woman has received the honor.

Already a classically trained chef before enlisting in the U.S. Army in 2010, Deckert, 30, most recently served as an enlisted aide to—and cooked for—Lt. Gen. Patricia Horoho, the U.S. Army surgeon general. Now a food service sergeant for the army, Deckert took second place in the American Culinary Federation’s National Chef of the Year competition in July.

What’s it like being the first woman to win the Armed Forces competition?

The culinary field is definitely male-dominated, especially in the military. So it’s good to break those barriers. [But] it also makes me want to show that I’ve earned it, being at this level.

How did you get into cooking?

My parents divorced when I was 7 and for a time we lived with my grandparents. I loved being in the kitchen with my grandmother. We used to make pie using fresh fruit from her strawberry patch and the cherry and apricot trees in her yard.

You worked for the army surgeon general. Did she always insist on healthy meals?

She’s a foodie, so I experimented and had fun, but her focus was always nutrition. My favorite go-to was a maple-glazed spiced salmon that she really loved.

My dad was an army cook during World War II, and he used to brag about his oxtail stew. How has military cooking changed since those days?

That’s still made today! Some things won’t ever go away. Still, we’ve had to adapt to nutritional needs and dietary restrictions. And as the nation grows more diverse, soldiers have gotten more comfortable experimenting with different foods and flavors.

But you still see the traditional choices, especially out in the field—the chili mac and the beef stew. Those kinds of dishes are a big hit, and when you’re deployed it’s also about taking care of soldiers and giving them comfort.

What’s next for you?

I’m working on my master’s in nutrition with the goal of becoming a registered dietitian. And I’ll keep competing because there are always more barriers to break. If there’s an opportunity out there available to me, I want to take it

National Officers & Staff 2014 - 2016

President:

Dassa CARVEY
948 Ewell Rd.
Virginia Beach, VA 23455
(757) 363-3059
Dassa_2@Verizon.net

Past President:

Jo ADAMSON
3806 Duffer Rd.
Sebring, FL 33872
(863) 314-0541
hmcadamson@yahoo.com

1st Vice President:

Barb SEBRING
3840 Rivera Regal Ave.
North Las Vegas, NV 89081
(415) 419-7978
Bsebring62@msn.com

2nd Vice President:

Cheryl ADAMS
6660 County Road A
Belleville, WI 53508-9729
(608) 424-3854
Chicvet2@litewire.net

Recording Secretary:

GinaMarie DOHERTY
10 Osage Drive
Middletown, RI 02842
(401) 500-1721
yncsgrd@aol.com

Treasurer:

Monica O'HARA
6383 Kimmy Ct.
San Diego, CA 92114
(619) 262-1047
plainsman9@cox.net

Parliamentarian:

Diane CULLETON
40 Brittany Drive
Skowhegan, ME 04976-0152
(207) 399-1696
diane.turcotte30@gmail.com

Bylaws Chairman:

Cathy GEROLIMATOS
12116 Buffington Ln.
Riverview, FL 33579
(813) 677-1495
greekirish@hotmail.com

Ship's Store Officer:

Linda COFFIELD
3902 Lowin Cove
Memphis, TN 38128-1913
(901) 372-9028
lmcoffield@comcast.net

National Board Members on NATIONAL EXECUTIVE COMMITTEE:

**Selection for the new Regional
Representatives to be seated on
the NEC will be published in
February, 2015.**

VAVS Representative:

Meridith COX
1908 Colton Blvd.
Billings, MT 59102-2316
(406) 256-3322
meridithc@businesswatch.com

Deputy VAVS Rep:

VACANT

VA Medical/Health:

Ruth STORCK
19079 Roadside Avenue
Bridgeville, DE 19933
(302) 337-7457
ruthsnewmail2014@gmail.com

Volunteer Hours:

Andrea CADIEUX
7871 Sontag Ave.
North Port, FL 34291-0000
(941) 564-6056
akc7871@gmail.com

Historian:

Sharon WOODS
P.O. Box 34
Williamsburg, KS 66095
(480) 202-0984
Sharonwds1146@gmail.com

Heartspring Project:

Jeanne HOOPER
6398 Lake Charlene Dr.
Pensacola, FL 32506-5762
(850) 458-0440
JCHooper@cox.net

Scholarship Chairman:

Patricia CERCHIO-VIEIRA
763 Augusta National Dr.
Magnolia, DE 19662
(302) 387-1309
patricia@patricia-vieira.com

Stained Glass Windows Chairman:

Barbara J. MCGUIRE
2207 Ladywood Ct.
Brandon, FL 33511-7014
(813) 571-2098
bdogwood@tampabay.rr.com

Public Relations

Jennifer BAUN
4068 Lockwood Blvd.
Youngstown, OH 44511-3564
(314) 803-8643
Jennifer.baun@att.net

Chaplain:

Patti KOPPARI
708 Fairhaven St. N.E.
Palm Bay, FL 32907-3175
(321) 723-1697
Pak53@att.net

Time & Place Chairman:

Carolyn AGABON
12056 Turtle Springs Lane
Porter Ranch, CA 91326
(818) 366-2386
Gofly8@aol.com

Executive Secretary:

Barb TURNER
9105 Shoshone Trail
Flower Mound, TX 75022-7040
(817) 491-4555
turners_5@sbcglobal.net

WHITE CAPS Editor:

Judy FARIES
6201 US Hwy 41 N, Lot 2203
Palmetto, FL 34221
(301) 904-4585
Mizjudy97@gmail.com

Webmaster:

Lynne PINE
989 Cordova Dr.
Chula Vista, CA 91910
(619) 737-5651
Lynne.pine@yahoo.com

WAVES NATIONAL Web Site UNDER CONSTRUCTION

WHITE CAPS PUBLISHER

Coastal Printing Inc
3 Graf Road
Newburyport, MA 01950
info@coastalprintinginc.com
coastalp@thepipeline.net

Miscellaneous Information:

1. **Conventions are biennial.**
2. WHITE CAPS is published six times a year: Feb., Apr., June, Aug., Oct., and Dec. **Items for publication must be received by the 1st of the month before publication.**
3. **National Dues: \$25.00 for the calendar year - 1 January to 31 December, submitted to the National Treasurer. Unit members submit to Unit Treasurer; Members-at-Large, submit directly to the National Treasurer.**
4. When dues have been paid by new members, membership cards will be issued to each new member directly with a copy to unit treasurers for those unit members. Regular members will not be issued another membership card but Life members will be issued a permanent Life Membership card.
5. All changes of address must be forwarded to the Exec. Secretary sixty days before moving, if possible. There will be no re-mailing of WHITE CAPS unless the member forwards \$7.50 to Monica O'Hara, Treasurer.
6. You may submit your White Caps articles via e-mail to Judy Faries at, Mizjudy97@gmail.com with a copy to Dassa Carvey at Dassa_2@Verizon.net.

<i>Submit Date</i>	<i>Publish Date</i>	<i>Issue</i>
1 Jan 2015	Feb 2015	Feb
1 Mar 2015	Apr 2015	Apr
1 May 2015	Jun 2015	Jun
1 Jul 2015	Aug 2015	Aug
1 Sep 2015	Oct 2015	Oct
1 Nov 2015	Dec 2015	Dec

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December 2014

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Sister Warrior Pin \$5 Round, Quarter Size Clutch Back	Travel Alarm Clock \$6 Pop-Open, Digital w/lighted face & WN logo on Blue Case 2 1/4" x 2 3/4" x 1" Closed	Wrist Watch \$28 2-tone (gold & silver) w/second hand White face w/WN logo & 12 numbers; Black leather band (7 5/8"); Gold gift box	Jacket Navy Blue w/WN Logo \$20 Zipper Close: SM only \$20 Snap Close: SM - 4X \$25
Golf Shirt w/WN logo \$25 Navy: SM-MED-LG--2XL White: SM-LG-LX-2XL	Sweatshirt \$20 Navy w/WN Logo SM, LG, XL, 2XL	Apron \$10 Bib-style, Navy w/White Logo Adjustable neck-One Size	T-Shirt \$10 Navy w/White screened Logo SM-MED--3X-4X
Anchor Lapel Pin \$4 Original Hat Pin Style, 1/2" with single pin clutch back	Necktie \$12 Women's USN - Black w/Velcro closure-One Size	Waist Bag \$10 "Fanny-style"; cotton canvas w/ Embroider logo; 2 zips; adj 30 7/4	DID YOU SEE THE FINE PRINT SPECIAL UNDER THE SHIP'S STORE ARTICLE
Small Patch \$4 SPECIFY: WN Logo OR Service (Navy, Marines; Coast Guard, Army, Air Force) Size vary 2 1/2"-3"	Anchor Patch \$5 WAVES Anchor & Prop Embroidered in Blue & Grey on White background; 4 1/2" diameter	Large Patch \$10 WN Logo; May be sewn or ironed on back of jacket or vest. Size 8 1/2" diameter	Teddy Bear \$7 W/Service Patch on Belly SPECIFY: Which Service
"Original" Hat Pin \$10 WAVES w/Anchor & Prop	USN Hat Pin \$4 Spread eagle w/USN	WN Logo Charm \$7 Round, Enamel WN Logo (1/2")	Anchor Charm \$7 Original Hat Pin Style (3/4")
USN- Patriotic Ribbon Pin \$4	WOMEN Vets Patch \$5 "It's time to honor & support them"	Did you see the "Fine Print Special"!	WN Logo Bottle Cap \$7 Earrings – stars or hearts
WN Logo Lapel Pin \$4 Round, Enamel WN Logo	Service Logo Lapel Pin \$4 SPECIFY: Navy, USMC, USCG, ARMY, AF	Magnet \$1 Flat, 2 1/2" Circle; White w/WN Logo	Luggage Tag \$2 Blue plastic w/WN Logo
Anchor Earrings \$14 Pierced, Original Hat Pin Style (3/4") (Clip-on Available on Request)	WN Logo Earrings \$12 Pierced, 1/2" Round Enamel WN Logo (Clip-on Available on Request)	Songbook \$8 SPECIFY: "Songs WAVES Sing" OR "Bainbridge Bootcamp Songs"	Notes Cards \$8 10 Single-fold notes w/envelopes
Dogtag Lapel Pin \$5 Dog-tag shape, 3/4", silver-color pin w/ chain says: Women Proudly Served	Gold T-Shirt \$12 Gold w/Blue screened logo on back and small logo on upper left front. S/M--XL--2XL--3XL--4XL	License Frame \$2 Top: WAVES National Bottom: Women of the Sea Services	Decal \$1 WN Logo for cars, etc SPECIFY: Blue/White OR Blue/Yellow
Patriotic Key Chain \$6 Stars or Stripes in Red, White and Blue Canvas material	Pencils 2/ \$1 One pencil with web address printed in white and one stars and stripes pencil combo	Sewing Kit \$2 Blue Case w/WN Logo & WEB address printed in white; 2"x3 1/4"x1 1/4" Needles/threader/scissors/pins, etc.	WN Bumper Sticker \$1 Two-tone blue WN emblem and dark blue letters on white; glossy paper; Approx 3" x 10

Garrison Cap \$22
 Ladies' Style, Dark Blue, lined w/WN Logo Patch provided 55% Poly/45% Wool; DRY CLEAN ONLY Sizes 21, 22, 23, 24 & 25 (Measure Circumference of your head; Add 1 & ROUND UP for Size)

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