Individual Pine Barrens Trail Duathlon

Male Individual Overall

Place	Bib #	Name	Time	Type	City
1	18	ROBERT CAMPOS	01:00:39.88	Runner	Ronkonkoma

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:11:06.607	8.1mph	07:26	00:11:06.607
	Bike	00:36:43.330	15.2mph	03:56	00:47:49.937
	Run #2	00:12:49.945	7.0mph	08:36	01:00:39.882

Place	Bib #	Name	Time	Type	City
2	25	MATT HERRSCHAFT	01:05:53.39	Runner	Bayport

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:11:43.948	7.6mph	07:52	00:11:43.948
	Bike	00:39:52.957	14.0mph	04:16	00:51:36.905
	Run #2	00:14:16.488	6.3mph	09:34	01:05:53.393

Place	Bib #	Name	Time	Type	City
3	43	FRITZ FLORES	01:08:10.32	Runner	

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:12:11.007	7.3mph	08:10	00:12:11.007
	Bike	00:42:05.804	13.3mph	04:30	00:54:16.811
	Run #2	00:13:53.512	6.4mph	09:18	01:08:10.323

Female Individual Overall

Place	Bib #	Name	Time	Type	City
1	26	CAITLIN JANOSICK	01:16:55.78	Runner	Blue Point

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:12:23.612	7.2mph	08:18	00:12:23.612
	Bike	00:50:35.620	11.1mph	05:25	01:02:59.232
	Run #2	00:13:56.550	6.4mph	09:20	01:16:55.782

Place	Bib #	Name	Time	Type	City
2	12	CHRISTINE ALI	01:23:27.19	Runner	Yaphankyaphank

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:13:23.073	6.7mph	08:58	00:13:23.073
	Bike	00:53:23.922	10.5mph	05:43	01:06:46.995
	Run #2	00:16:40.202	5.4mph	11:10	01:23:27.197

Place	Bib #	Name	Time	Type	City
3	32	CHESSIA MCBRIDE	01:45:50.83	Runner	Wilmington

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:16:25.262	5.4mph	11:00	00:16:25.262
	Bike	01:08:38.181	8.1mph	07:21	01:25:03.443
	Run #2	00:20:47.392	4.3mph	13:56	01:45:50.835

Male 20 - 24

Place	Bib #	Name	Time	Type	City
1	17	TRISTAN BROWN-DEVIRGILIO	01:08:41.00	Runner	Middle Island

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:09:35.273	9.3mph	06:25	00:09:35.273
	Bike	00:48:05.027	11.6mph	05:09	00:57:40.300
	Run #2	00:11:00.710	8.1mph	07:23	01:08:41.010

Female 30 - 34

Place	Bib #	Name	Time	Type	City
1	36	MELISSA NORONA	01:50:30.32	Runner	Hamden

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:14:13.244	6.3mph	09:32	00:14:13.244
	Bike	01:19:13.748	7.1mph	08:30	01:33:26.992
	Run #2	00:17:03.336	5.2mph	11:26	01:50:30.328

Place	Bib #	Name	Time	Type	City
2	28	ASHLEY KRAUSE	02:02:12.36	Runner	Selden

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:17:22.252	5.2mph	11:38	00:17:22.252
	Bike	01:19:32.373	7.0mph	08:32	01:36:54.625
	Run #2	00:25:17.745	3.5mph	16:57	02:02:12.370

Place	Bib #	Name	Time	Type	City
3	41	JULIA TONER	02:07:04.68	Runner	Medford

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:17:52.983	5.0mph	11:59	00:17:52.983
	Bike	01:27:31.713	6.4mph	09:23	01:45:24.696
	Run #2	00:21:39.993	4.1mph	14:31	02:07:04.689

Male 30 - 34

Place	Bib #	Name	Time	Type	City
1	35	CHRISTOPHER NORONA	01:50:30.74	Runner	Hamden

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:14:15.991	6.3mph	09:33	00:14:15.991
	Bike	01:19:13.418	7.1mph	08:29	01:33:29.409
	Run #2	00:17:01.332	5.3mph	11:24	01:50:30.741

Female 35 - 39

Place	Bib #	Name	Time	Type	City
1	38	KERA REED	02:13:26.37	Runner	Shoreham

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:19:12.669	4.7mph	12:52	00:19:12.669
	Bike	01:28:50.499	6.3mph	09:31	01:48:03.168
	Run #2	00:25:23.210	3.5mph	17:01	02:13:26.378

Male 35 - 39

Place	Bib #	Name	Time	Type	City
1	24	ROBERT DUNN	01:29:06.91	Runner	Sound Beach

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:14:56.466	6.0mph	10:01	00:14:56.466
	Bike	00:56:14.437	9.9mph	06:02	01:11:10.903
	Run #2	00:17:56.015	5.0mph	12:01	01:29:06.918

Place	Bib #	Name	Time	Type	City
2	30	KEVIN MARKLAND	01:30:17.15	Runner	Amityville

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:13:32.913	6.6mph	09:05	00:13:32.913
	Bike	00:57:30.905	9.7mph	06:10	01:11:03.818
	Run #2	00:19:13.334	4.7mph	12:53	01:30:17.152

Male 40 - 44

Place	Bib #	Name	Time	Type	City
1	33	PETER MCBRIDE	01:30:56.23	Runner	Wilmington

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:13:20.204	6.7mph	08:56	00:13:20.204
	Bike	00:57:05.480	9.8mph	06:07	01:10:25.684
	Run #2	00:20:30.556	4.4mph	13:45	01:30:56.240

Place	Bib #	Name	Time	Type	City
2	31	ANTHONY MARTIN	01:34:27.57	Runner	Bayport

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:14:38.348	6.1mph	09:48	00:14:38.348
	Bike	01:01:09.351	9.1mph	06:33	01:15:47.699
	Run #2	00:18:39.877	4.8mph	12:30	01:34:27.576

Male 45 - 49

Place	Bib #	Name	Time	Type	City
1	19	CHRISTOPHER CLAPP	01:09:03.98	Runner	Westhampton Beach

	Split Description	Split Times	Speed	Pace	Cumulative
	Run #1	00:12:28.472	7.2mph	08:21	00:12:28.472
	Bike	00:41:32.935	13.5mph	04:27	00:54:01.407
	Run #2	00:15:02.580	5.9mph	10:05	01:09:03.987

Individual Pine Barrens Trail Duathlon

Male 50 - 54

Place	Bib #	Name	Time	Type	City
1	40	BRET STEVENSON	01:08:54.78	Runner	Rocky Point

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:12:18.075*	*7.3mph*	*08:14*	*00:12:18.075*
	Bike	*00:44:25.161*	*12.6mph*	*04:45*	*00:56:43.236*
	Run #2	*00:12:11.550*	*7.3mph*	*08:10*	*01:08:54.786*

Place	Bib #	Name	Time	Type	City
2	15	DAVID BRIGHAM	01:26:29.95	Runner	Greenport

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:12:30.383*	*7.2mph*	*08:23*	*00:12:30.383*
	Bike	*01:00:04.669*	*9.3mph*	*06:26*	*01:12:35.052*
	Run #2	*00:13:54.900*	*6.4mph*	*09:19*	*01:26:29.952*

Place	Bib #	Name	Time	Type	City
3	37	JOHN POLIDORO	01:45:30.45	Runner	Smithtown

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:19:15.591*	*4.6mph*	*12:54*	*00:19:15.591*
	Bike	*01:02:20.615*	*9.0mph*	*06:41*	*01:21:36.206*
	Run #2	*00:23:54.246*	*3.7mph*	*16:01*	*01:45:30.452*

Female 55 - 59

Place	Bib #	Name	Time	Type	City
1	29	DANA LEWIS	02:34:06.21	Runner	Plainview

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:23:15.325*	*3.8mph*	*15:35*	*00:23:15.325*
	Bike	*01:43:16.936*	*5.4mph*	*11:04*	*02:06:32.261*
	Run #2	*00:27:33.955*	*3.2mph*	*18:29*	*02:34:06.216*

Male 55 - 59

Place	Bib #	Name	Time	Type	City
1	45	DENNIS JAMESON	01:27:35.29	Runner	

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:14:58.689*	*6.0mph*	*10:02*	*00:14:58.689*
	Bike	*00:54:55.415*	*10.2mph*	*05:53*	*01:09:54.104*
	Run #2	*00:17:41.190*	*5.1mph*	*11:51*	*01:27:35.294*

Place	Bib #	Name	Time	Type	City
2	34	ROGER MERCER	01:36:26.31	Runner	Lindenhurst

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:15:05.352*	*5.9mph*	*10:07*	*00:15:05.352*
	Bike	*01:00:00.113*	*9.3mph*	*06:26*	*01:15:05.465*
	Run #2	*00:21:20.855*	*4.2mph*	*14:18*	*01:36:26.320*

Place	Bib #	Name	Time	Type	City
3	21	DAVID DEL FRANCO	01:50:26.10	Runner	Ridge

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:24:08.690*	*3.7mph*	*16:11*	*00:24:08.690*
	Bike	*01:01:48.060*	*9.0mph*	*06:37*	*01:25:56.750*
	Run #2	*00:24:29.352*	*3.7mph*	*16:25*	*01:50:26.102*

Female 60 - 64

Place	Bib #	Name	Time	Type	City
1	13	DEBRA BORCHARDT	02:16:35.03	Runner	Cortlandt Manor

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:23:10.758*	*3.9mph*	*15:32*	*00:23:10.758*
	Bike	*01:26:04.373*	*6.5mph*	*09:14*	*01:49:15.131*
	Run #2	*00:27:19.904*	*3.3mph*	*18:19*	*02:16:35.035*

Male 60 - 64

Place	Bib #	Name	Time	Type	City
1	22	ERIC DOORYHEE	01:15:34.66	Runner	Manorville

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:12:59.697*	*6.9mph*	*08:42*	*00:12:59.697*
	Bike	*00:47:23.124*	*11.8mph*	*05:05*	*01:00:22.821*
	Run #2	*00:15:11.841*	*5.9mph*	*10:11*	*01:15:34.662*

Male 65 - 69

Place	Bib #	Name	Time	Type	City
1	42	GEORGE WOODHULL	01:26:54.29	Runner	Riverhead

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:14:54.924*	*6.0mph*	*10:00*	*00:14:54.924*
	Bike	*00:53:22.548*	*10.5mph*	*05:43*	*01:08:17.472*
	Run #2	*00:18:36.828*	*4.8mph*	*12:28*	*01:26:54.300*

Place	Bib #	Name	Time	Type	City
2	23	JAMES DOWD	01:34:47.88	Runner	Medford

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:15:35.200*	*5.7mph*	*10:27*	*00:15:35.200*
	Bike	*00:59:59.194*	*9.3mph*	*06:26*	*01:15:34.394*
	Run #2	*00:19:13.492*	*4.7mph*	*12:53*	*01:34:47.886*

Place	Bib #	Name	Time	Type	City
3	16	MARTIN BROWN	02:04:07.09	Runner	Malverne

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:14:52.807*	*6.0mph*	*09:58*	*00:14:52.807*
	Bike	*01:31:16.630*	*6.1mph*	*09:47*	*01:46:09.437*
	Run #2	*00:17:57.658*	*5.0mph*	*12:02*	*02:04:07.095*

Male 70 - 100

Place	Bib #	Name	Time	Type	City
1	44	GEORGE LIRA	01:42:20.62	Runner	

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:17:33.666*	*5.1mph*	*11:46*	*00:17:33.666*
	Bike	*01:03:26.919*	*8.8mph*	*06:48*	*01:21:00.585*
	Run #2	*00:21:20.036*	*4.2mph*	*14:18*	*01:42:20.621*

Place	Bib #	Name	Time	Type	City
2	20	KEVIN CONWAY	01:48:02.96	Runner	Oceanside

	Split Description	*Split Times*	*Speed*	*Pace*	*Cumulative*
	Run #1	*00:16:35.526*	*5.4mph*	*11:07*	*00:16:35.526*
	Bike	*01:10:32.403*	*7.9mph*	*07:34*	*01:27:07.929*
	Run #2	*00:20:55.034*	*4.3mph*	*14:01*	*01:48:02.963*