

May/June 2019
At a glance
Full descriptions of activities in bulletin.



ANNOUNCEMENTS

May 26, 2019

306-761-0556 eastsideunited@sasktel.net
 Like us on facebook (Eastside United Church)
 Follow us on Twitter @Eastside_united
 www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
 Greeting: Gladys Oleksyn and Alma Pockrandt
 Congregational Care Greeter: Elaine Hill
 Prayers: Debbie Menz
 PowerPoint: Stephannie Banks
 Music ministry: Michelle Dickie
 Last week's attendance: 51
 Last week's offering: \$380

Congregational Meeting
Sunday, June 9
Program reports are due May 21.
Thank you!

Russell's e-mail address: russell.eastside@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Tuesday through Thursday, working from home Friday. Russell will be at the Living Skies Regional Council from May 30 to June 2.
 Wednesday afternoons from 2 to 4:30 pm: Coffee Shop Office Hours
 Russell will be at the Quance Street Second Cup for the month of May.

PRAYER SERVICES: Russell is inviting anyone who wishes to join him for a short service of prayer. Tuesday, at 12 noon, Wednesday at 8:15 am.

Scripture Readings: Philippians 4:4-9

Songs:

You are Holy/Humba Nathi MV #45
 I am the Light of the World VU #87
 Hey Now, Singing Hallelujah
 O For a Thousand Tongues to Sing VU #326
 It's a Song of Praise to the Maker MV #30 vs 4
 Great is Thy Faithfulness VU #288
 Halle, Halle, Halle VU #958

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
26 Worship 11:15 Potluck	27 AA 8 pm	28 Cards 9:30 Prayer 12 pm TOPS 6:30 Film&Faith Holy Yoga fundraiser 7 pm	29 Prayer 8:15 am	30 Craft/Study 1:30	31	1 Women's Breakfast Retreat Messy Church 4 pm
Living Skies Regional Council Meeting						
2 Worship 11:15 Communion	3 AA 8 pm	4 Cards 9:30 Prayer 12 pm TOPS 6:30	5 Prayer 8:15 am	6 Cong Care 10 am Craft/Study 1:30 Prayer 4 pm	7	8 LBC Big Shred
9 Worship 11:15 Open Hearts Congr Meeting	10 AA 8 pm	11 Cards 9:30 Prayer 12 pm TOPS 6:30	12 Prayer 8:15 am	13 Cong Care 10 am Craft/Study 1:30 Prayer 4 pm	14 INI Cafe 6 pm Pride Poster Making 6 pm	15
16 Worship 11:15 Wascana Rehab Centre Worship 1:30 pm	17 AA 8 pm	18 Cards 9:30 Prayer 12 pm TOPS 6:30 LSC Council	19 Prayer 8:15 am Regina Transitional Cluster @ Heritage UC 6 pm	20 Prayer 4 pm Community Dinner	21	22 ICF Breakfast 9 am
23 Worship 11:15 Potluck	24 AA 8 pm	25 Cards 9:30 Prayer 12 pm TOPS 6:30 F&F	26 Prayer 8:15 am Leadership Team Mtg 7 pm Bread of Life Community Potluck	27 Prayer 4 pm	28	29

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. For more information, call Rod 306-535-2877. There is a short morning prayer service from 9 am for those interested. Everyone is welcome.

LSC Meditation Group: We will gather one last time the afternoon of Sunday June 23 for a trip to Moose Jaw to walk the Labyrinth of Peace. We will meet at 1:30 pm in the LSC parking lot and carpool to Moose Jaw. Feel free to bring friends. This is a guided walk done with smartphones so a few of us with good roaming packages will have to bring our phones to hear the guides and will take us the entire afternoon. Interested in a visit to the Moose Jaw spa when we're done? If so, bring a bathing suit and we'll plan the car pools accordingly.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading *The Inconvenient Indian: A Curious Account of Native People in North America* by Thomas King.

Film & Faith, Tuesday, May 28. We will be watching The Grizzlies at Rainbow Cinemas, meet at 6:30 pm for the 6:45 show time. Please RSVP to Russell or on Facebook and follow our Facebook event page.

BAPTISM SERVICE COMING UP in September: Do you or someone you know have a family that would appreciate knowing about this service? Please talk to Russell.

LSC Forever... in Motion program is taking a break until September! *Forever... in Motion* is a physical activity program for adults 50 and over. Benefits include stronger muscles and bones, better overall health, weight control, improved posture and balance, reduced risk of injury, relaxation and reduced stress, improved quality of life, and improved cognitive ability. And it's FREE! More info will be available toward end of summer. **Start date Thursday, September 5 at 10 am.**

The Big Shred
Saturday, June 8 – Living Spirit Centre parking lot (3018 Doan Drive)
In partnership with Crown Shred Recycling Management, Lumsden Beach Camp is inviting you to bring your paper recycling to us on June 8th. The experienced professionals of Crown Shred will be on-hand and donating their services to take and confidentially shred whatever you bring. A single bag or a van load, we will deal with it for a donation (recommended \$5/bag or \$10/ box). Plus, you will be supporting Lumsden Beach Camp!

Next INI Café Friday, June 14, doors open at 6 pm, performances at 7 pm, including Rachel MacDonald! Volunteers needed!



Messy Church, Saturday, June 1 from 4 to 6:30 pm: Messy Church is a way of being church for families, and includes hands-on creative experiences, a celebration, and a meal. This month's theme is Pentecost: The Birthday of the Church! Join us as we explore the theme of Celebration and discover who the Spirit is through the symbols of wind and fire. All are welcome!

Prep for Pride, potluck and poster-making party. Friday, June 14 from 6 to 8 pm at Wesley United Church. Join us for a rainbow-themed potluck meal as we make posters for the Pride Parade. We have craft supplies for posters, but feel free to bring your own too. Bring a dish to share, and please bring your own plate and cutlery if possible. This is a fun, family-friendly event and all are welcome!



Join us for the Pride Parade Saturday, June 15 at 11 am at Broad and Rose Streets. Parade starts at 12 pm. All churches and people from other faiths are welcome to march with our Welcoming Faiths group. Let Russell know if you would like to join us. The Affirming Ministries are also having a worship service at 2 pm after the parade, in Wascana Park.

Broadway United Church – **Strawberry Sale** – Saturday, June 1, 2019 pick-up from 8:30 am to 1 pm for presale tickets call 306-352-1526 or 306-757-1149 \$25.00 full flat or \$14.00 ½ flat

Indigenous Christian Fellowship's (ICF) Annual Walk of Faith Hope & Love (a relaxed and friendly 5K walk, jog, wheel, bike, skate or run followed by a hot dog and drink) is taking place at the ICF Ministry (3131 Dewdney Avenue) on Pentecost Sunday, June 9, beginning at 2 pm. Pledge forms are available on the Eastside bulletin board or from ICF. Enjoy a beautiful afternoon with your friends, with members of other congregations and the ICF community while also supporting the work of this important ministry. More information is available from Shirley Blythe (306-543-7801 or esblythe@sasktel.net), or Bert Adema (306-359-1096 or imcf.bertadema@sasktel.net).

Wesley United Church is 'Berry' happy to announce that we are having a **Blueberry Sale** to raise funds for the work of the church in the world. We are preselling BC blueberries and they will be available for pick up at Wesley on July 20. Blueberries can be purchased in quantities of 12 pints for \$35, 6 pints for \$25, and 3 pints for \$15. You can purchase a ticket for blueberries by contacting 306-586-5220 Tuesday to Thursday 1 – 3 pm, a Wesley United Church member, or; to order on-line: <https://www.wesleyunitedregina.ca/>. Blueberries are delicious fresh, frozen, or in muffins, smoothies, jam, pies or fruit crisps. They are rich in antioxidants, low in calories and high in fibre and nutrients.

Financial Update: January 1 – April 30, 2019

Eastside recorded a surplus of \$26,003 during the first four months of 2019 (see below). Of this amount, \$22,821 has been applied to reduce the M&S liability, and \$1,000 has been applied to Eastside's 2018 Presbytery debt.

Subsequent to April 30, Eastside received two generous donations which will be sufficient to extinguish the Presbytery debt. This means that Eastside has fully repaid its \$38,281 obligation at December 31, 2018 to the M&S Fund and the former Wascana Presbytery! This is an incredible achievement, and clearly shows that the congregation is willing to do what it takes to ensure the continued success of Eastside.

Eastside's sole remaining liability is its \$45,190 share of the LSC mortgage. The mortgage is scheduled to be extinguished on August 31, 2024.

Living Spirit Centre Women's Breakfast Retreat June 1, 2019

All women are warmly welcomed. Refresh your spirit at the Qu'Appelle House of Prayer near Fort Qu'Appelle. Lunch, transportation and snacks are provided. Cost is \$40 (funds available for sponsorship if needed). Bring cash or cheque to give to Anita.

8 am	Meet at Living Spirit Centre parking lot to car pool
9 am	Arrive Qu'Appelle House of Prayer, introductions, and tour
9:15 am	Coffee/tea and muffins/free time/exploration
10 am	Father Glenn Zimmer talk/sharing circle – the spiritual journey through different stages of life. What happens when our world is rocked /our faith shaken/deconstructed? (What has been your journey this past year? Bring something to represent it.)
11:30 am	Free time
12 pm	Lunch time
1 pm	Gather to reflect on last year, plan for next year; please bring your suggested speakers/topics
2:15 pm	Tea/snack and free time
3:15 pm	Worship in chapel (including Eucharist and silence)
4:15 pm	Depart QHP
5 pm	Arrive LSC/Regina

Bring your own water bottle, a hat, good walking shoes if you want to walk on the hills, and a journal if you like.

RSVP to Anita TODAY if you plan to attend. Please let Anita know (phone 789-7976 or email anita@accesscomm.ca) of any dietary restrictions, and if you can take a vehicle and the number of passengers.

Eastside United Church

Statement of Surplus (Deficit) for January 1 - April 30

	2019	2018
Revenue to Support Eastside United Church	\$ 51,802	\$ 45,651
Revenue to Reduce M&S Liability ¹	22,821	0
Revenue to Reduce Presbytery Liability	1,000	0
Revenue to Support Mission & Service Fund	548	4,466
Total Revenue	76,171	50,117
Eastside's Operating Expenses	45,953	49,653
Contribution to Mission & Service Fund ¹	548	4,466
Total Operating Expenses	46,501	54,119
Operating Surplus/(Deficit)	\$ 29,670	\$ (4,002)
Less: Mortgage Payments (principal & interest)	3,667	3,300
Add: Drawdown of Mortgage Fund ²	0	(3,300)
Equals: Surplus/(Deficit)	\$ 26,003	\$ (4,002)

¹ amounts raised for the M&S liability have been paid to the M&S fund. They do not appear as M&S contributions because they relate to funding amounts reported as contributions in prior years.

² the mortgage fund was depleted in November 2018

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