

SENIOR MOMENTS

Morrow County's Monthly Newsletter

OCTOBER

Seniors on Center

41 W. Center St.

Mt. Gilead, Ohio 43338

419-946-4191

Website: www.seniorsoncenter.org

Center Hours

Monday—Friday

8:00AM-4:30PM

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*Happy
Halloween, from
all of us here at
Seniors on
Center!*

ACTIVITIES TO LOOK FORWARD TO!

EUCHRE

**THURSDAY, OCTOBER 3RD,
10TH, 17TH, 24TH, & 31ST**

Starting at 11:00AM, join us for a progressive game of euchre. Lunch break will be from 12:00-12:30PM.



BINGO

**TUESDAY, OCTOBER 15,
FRIDAY, OCTOBER 4TH & TUESDAY, OCTOBER 29TH**

Join us from 1:00-3:00PM for Bingo. Kingston is now coming in on the first Friday of each month.

There is also a white elephant bingo once a month.



MUSIC AND MEAL

MONDAY, OCTOBER 7TH, 21ST, & 28TH

Each week, we have a meal with music to follow. This starts at 5:00PM. Please call by Friday before 1:00PM, to reserve your spot.

LUNCH AND LEARN

FRIDAY, OCTOBER 25TH

Join us for Lunch and Learn with SSIP going over insurance and Insurance for members of Silver Sneakers. Please RSVP by October 24th at 1:00PM.

Wii BOWLING

THURSDAY, OCTOBER 10TH

Enjoy your friends in a game of Wii Bowling from 2:30-3:30PM



LET'S TALK ABOUT SEWING

**FRIDAY, OCTOBER 11TH &
TUESDAY OCTOBER 22ND**



Join us at 1:00PM on the 11th and 1:00PM on the 22nd for this new class. The sewing class goal is to create small projects that can be donated through out the community through out the year.



TRAVEL CLUB

WEDNESDAY, OCTOBER 30TH

Do you want to share your ideas of a fun place you have been and would maybe like to visit again? If this is the case, please come in from 1:00PM and share your ideas with us so we might be able to make that happen.



SCRAPBOOKING WITH PAT

MONDAY, OCTOBER 21ST

Join us from 12:00-1:30PM for a scrapbooking class. The first class we will be just going over ideas and trying to figure out a plan of action. If you enjoy scrapbooking, come in and join us.

PICNIC IN THE PARK

TUESDAY OCTOBER 8TH

Join us for one last picnic in the park event. Lunch starts at noon, with entertainment by David Berry and Sheila Stewart. Please RSVP by no later than Friday October 4 at 1:00PM. Please remember if there are rain or bad weather, the picnic will be moved to Seniors on Center. Call to reserve your spot.

ACTIVITIES & TRIPS TO LOOK FORWARD TO!

SENIOR CHOIR

**FRIDAY, OCTOBER 11TH &
TUESDAY OCTOBER 22ND**

Are you a singer? If so, plan to join our Senior Choir from 3:00-4:00PM.



DINNER AND BINGO WEDNESDAY OCTOBER 2ND

From 4:30-6:30PM, we will be having dinner with a game of bingo to follow. Please call by 1:00PM on Tuesday and reserve your spot!

HALLOWEEN WREATH MONDAY OCTOBER 7TH & 21ST

Join us from 10:00-11:30AM to make your Halloween wreath. The cost for the wreath is \$10.00 per person. Deadline to reserve your spot is September 16th.

FALL CENTERPIECE WEDNESDAY OCTOBER 2ND

Join us at 3:30PM to make a beautiful fall centerpiece. The cost for the centerpiece is \$15.00 per person. Deadline to reserve your spot is September 30th.

THANKSGIVING WREATH MONDAY NOVEMBER 4TH & 18TH

Join us from 10:00-11:30AM to make your own Thanksgiving Wreath. The cost for the wreath is \$10.00 per person. Deadline to reserve your spot is October 15th.

TRIPS TO LOOK FORWARD TO!

SCIOTO DOWNS

THURSDAY, OCTOBER 10TH & 24TH

We will be leaving Kroger at 8:45AM, and arrive home around 4:00PM. The cost is \$15.00 for members and \$20.00 for non-members. Come along for a good time!



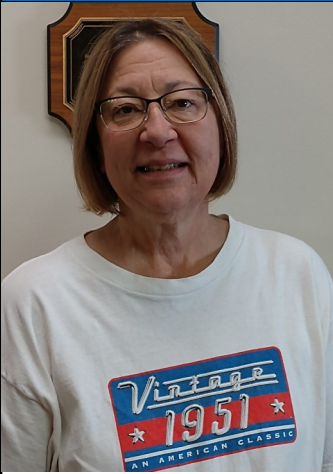
TRICK OR TREAT ON CENTER STREET SATURDAY OCTOBER 26TH

Join us from 3:30-5:00PM for a fun filled evening of activities and fun for the whole family. Costume judging 2 years and under, 3-6 years, 7-12 years and pets happens at 4:30PM. In the event of inclement weather, activities will be moved inside and the pet costume contest will be cancelled. Come out and bring the family and have a spooktacular fun evening!

WINTER IS COMING

A reminder that the transportation department will not provide transportation when the schools are closed. Please be certain that you have alternate transportation if you must go out in bad weather. Also please try to ensure your walkways and steps are cleared if you have transportation or meals. This is for the safety of you, our drivers and our volunteers.

VOLUNTEER OF THE MONTH



The Staff of Seniors on Center, and all the people she serves, would like to thank Sandy Steck, for her many years of dedication to her community.

For the past 4 years, Sandy has volunteered at the center helping with delivering Meals on Wheels.

Sandy was born on November 19, 1951 in Columbus, Ohio. She attended school in Groveport. She married her husband, Dr. David Steck, on June 18, 1983. She has two daughters, one son, and six grandchildren, including a set of triplets.

She spent 30 years in dental offices as well as Office manager, for her husbands office.

She volunteers at her church and personally helped with the school band and music booster as a room mother.

In her spare time, Sandy enjoys flower gardening, reading, taking NAPS, walking and traveling to Colorado to see their new granddaughter and other places all over the world.

She enjoys meeting the people she delivers meals to.

Thank you Sandy for all your service to our community.



Congratulations
Patricia Maxwell for being
our Outstanding Senior
Citizen of Morrow County.

Congratulations to all of our drivers for their Safe Drivers Awards.
Thank you, Joe Pukansky, Don Barker, Greg White, Brian Johnson, Sandy Bachelder, and Jessica Scott for doing an outstanding job.



RAFFLE TO SUPPORT THE
SENIORS ON CENTER ACTIVITIES
DEPARTMENT.

STOP INTO THE CENTER AND
GET YOUR RAFFLE TICKETS FOR
THESE ITEMS.

MADE AND DONATED BY LINDA
HARDMAN .


GRIDDLE DONATED BY CHRIS
WILLFORD

TICKETS ARE \$1.00 EACH OR 6
FOR \$5.00

EVENTS AND IMPORTANT DATES

| Monday | Tuesday | Wednesday |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | 1 9:00AM MARENGO/FULTON SENIORS MEETING AT LEGACY | 2 8:45-10:00AM SILVER SNEAKERS 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM 3:30PM FALL CENTERPIECE WITH KEITHS FLOWERS 4:30-6:30PM BINGO WITH DINNER |
| 7 8:45-10:00AM SILVER SNEAKERS 10:00AM-11:30AM CRAFT CLUB HALLOWEEN WREATH CLASS 1 OF 2 5:00PM MEAL, MUSIC BY THE COUNTRY TRAVELERS | 8 NOON CHESTERVILLE SENIORS MEETING AT THE SELOVER LIBRARY 12:00PM PICNIC AT THE PARK | 9 8:45-10:00AM SILVER SNEAKERS 10:30AM FINANCE MEETING 12:30 PM BOARD MEETING |
| 14 CLOSED IN OBSERVATION OF COLUMBUS DAY | 15 12:30PM SPARTA GOOD TIME SENIORS MEET @ HIGHLAND PIZZA 1:00-3:00PM BINGO WITH TERI CONNER DEADLINE FOR THANKSGIVING WREATH | 16 8:45-10:00AM SILVER SNEAKERS 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM |
| 21 8:45-10:00AM SILVER SNEAKERS 10:00-11:30AM CRAFT CLUB HALLOWEEN WREATH CLASS 2 OF 2 NOON MARENGO/FULTON SENIORS MEETING AT AMERICAN LEGION HALL 12:00-1:30PM SCRAPBOOKING 5:00PM MEAL, MUSIC BY KICKEN GRASS | 22 1:00PM SEWING CLASS 3:00-4:00PM CHOIR | 23 8:45-10:00AM SILVER SNEAKERS 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM |
| 28 8:45-10:00AM SILVER SNEAKERS NOON-4:00PM COMMODITIES | 29 9:00AM-NOON COMMODITIES 1:00-3:00PM WHITE ELEPHANT BINGO | 30 8:45-10:00AM SILVER SNEAKERS 11:00AM GAMES BREAK FOR LUNCH 12:00-12:30PM |

EVENTS AND IMPORTANT DATES

| Thursday | Friday | <h3 style="margin: 0;">Happy Anniversary</h3> <p style="margin: 10px 0;">Jeannette & Mike Warwick 10/2</p> <p style="margin: 10px 0;">Diane & Floyd McKee 10/9</p> <p style="margin: 10px 0;">Linda & Tom Ullom 10/1</p> <div style="text-align: center; margin: 20px 0;">  </div> <p style="margin: 10px 0;">Congratulations to our raffle drawing winners. Betty Yager won the Pot Holders, Pam Eastep won the Centerpiece and Ruth Harshner won the Quilt.</p> <p style="margin: 10px 0;">Thank you to all that participated in the raffle to support the activities department.</p> |
|----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>3</p> <p>11:00AM EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> | <p>4</p> <p>8:45-10:00AM SILVER SNEAKERS 1:00-3:00PM KINGSTON BINGO GAMES</p> | |
| <p>10</p> <p>8:45AM SCIOTO DOWNS 11:00AM EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> | <p>11</p> <p>8:45-10:00AM SILVER SNEAKERS 1:00PM SEWING CLASS 3:00-4:00PM CHOIR GAMES</p> | |
| <p>17</p> <p>11:00AM EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> | <p>18</p> <p>8:45-10:00AM SILVER SNEAKERS GAMES</p> | |
| <p>24</p> <p>8:45 AM SCIOTO DOWNS 9:30 -10:30AM BELTONE 11:00AM EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> | <p>25</p> <p>8:45-10:00AM SILVER SNEAKERS NOON CARDINGTON SENIORS MEET @ SENIORS ON CENTER NOON LUNCH AND LEARN WITH SSIP GOING OVER INSURANCE AND INSURANCE FOR SILVER SNEAKERS GAMES</p> | |
| <p>31</p> <p>11:00AM EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> | | |

GIVING BACK TO THE COMMUNITY!

SENIORS ON CENTER

Our fourth quarter sponsor is going to be for the Seniors on Center, Meals on Wheels clients.

We are looking for items such as,

| | | |
|------------------|-----------------|-------------------|
| Liquid Hand Soap | Body Wash | Shampoo |
| Conditioner | Men's Deodorant | Woman's Deodorant |
| Kleenex | Wipes | Panty Liners |
| Maxi Pads | Dish Soap | Tooth Paste |
| Combs | Tooth Brush | Lotion |

Or any other personal needs items that our seniors might need.

We will be sponsoring Meals on Wheels clients for the months of October, November, and December. If you have any unopened, unused items, please bring them by the center and drop them off at the front desk.

Thank you in advance.

LEGAL AID

Karen McVay is available (by appointment only) to assist you in any legal questions you may have. Please give her a call and set up your appointment today! 740-383-2161



BELTONE

Whitney Neal will be here for your hearing aid needs starting October 24th from 9:30-10:30. Please call the center at 419-946-4191 or Beltone at 740-389-5566 to set up your appointment.

MARC FOLLIN REGARDING MEDICARE

WILL BE HERE AT THE CENTER FOR THE NEXT COUPLE OF MONTHS TO DO OPEN ENROLLMENT AND ALSO WILL BE HERE TO DO A GROUP SEMINAR FOR EVERYONE.

MEDICARE 101 GROUP EDUCATIONAL SEMINAR

THIS IS A GROUP SEMINAR TO GO OVER MEDICARE AND THE SUPPLEMENTAL INSURANCE CONCEPTS.

OCTOBER 16TH 3-4PM
OCTOBER 21ST 2-3PM
OCTOBER 29TH 2-3PM
NOVEMBER 6TH 3-4PM
NOVEMBER 15TH 2-3PM
NOVEMBER 21ST 3-4PM
NOVEMBER 26TH 2-3PM
DECEMBER 2ND 2-3PM

NO NEED TO MAKE AN APPOINTMENT JUST SHOW UP.

MEETING ONE ON ONE

MARC WILL MEET WITH YOU FOR A 20 MINUTE ONE ON ONE MEETING.

OCTOBER: 15TH, 24TH, 28TH 1-4PM
NOVEMBER 7TH, 12TH, 18TH, 25TH 1-4PM
DECEMBER 6TH 1-4PM

NO NEED TO MAKE AN APPOINTMENT JUST WALK IN. IF YOU STILL HAVE QUESTIONS YOU MAY MAKE A FOLLOW UP APPOINTMENT OR CALL MARC AT 419-768-2000

CARDINGTON SENIORS

FRIDAY, OCTOBER 25TH, AT 12 NOON
RESERVATION REQUIRED—\$3.00 SUGGESTED
DONATION

SENIORS ON CENTER,
41 W. CENTER ST., MT. GILEAD
MARIE CHRISTIANO 419-751-7579

CHESTERVILLE SENIORS

TUESDAY, OCTOBER 8TH, AT 12 NOON
SELOVER LIBRARY, 31 STATE ROUTE
95, CHESTERVILLE
SUZI LYLE 419-768-3431



SPARTA GOOD TIMES SENIORS

TUESDAY, OCTOBER 15TH, AT 12:30PM
YOUR OWN COST
HIGHLAND PIZZA
6530 STATE ROUTE 229, SPARTA
DICK SEARS 419-768-2050

MARENGO/FULTON SENIORS

BREAKFAST AT LEGACY
TUESDAY OCTOBER 1ST, AT 9AM,
AMERICAN LEGION HALL
1549 COUNTY RD 26, MARENGO, OH
MONDAY OCTOBER 21ST, AT 12 NOON
JOYCE TAYLOR 419-253-0727

MENU (SUBJECT TO CHANGE)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Menu ingredient information may be obtained by contacting the Senior Center Nutrition Department 419-946-4191 | 1 Hungarian Goulash Brussel Sprouts Wax Beans Cinnamon Apples Breadstick Milk | 2 Meatloaf Mashed Potatoes Vegetable Peaches Roll Milk | 3 Pulled Pork Bun Corn Chowder Salad Tropical Fruit Mix Milk | 4 Taco Meat Tortilla Lettuce Corn Mandarin Oranges Milk |
| 7 Hot Dog Bun Baked Beans Broccoli Peaches Milk | 8 Turkey Sausage Link Diced Potatoes French Toast Sticks Vegetable Strawberries Milk | 9 Roast Beef Mashed Potatoes Corn Applesauce Roll Mini Sandies Milk | 10 Turkey Burger Bun Vegetable Soup Salad Potato Rounds Milk | 11 Ham Cooked Carrots Cooked Spinach Pears Muffin Milk |
| 14 Closed in Observation of Columbus Day | 15 Chicken Breast Scalloped Potatoes Green Beans Peaches Bread Milk | 16 Beef Stroganoff w/Pasta Lima Beans Corn Pineapple Bread Milk | 17 Sliced Turkey Breast Bun Chili Salad Mandarin Oranges Milk | 18 Roast Pork Broccoli Sweet Potatoes Applesauce Roll Milk |
| 21 Shredded Beef Bun Potato Rounds California Blend Vegetables Mandarin Oranges Milk | 22 Chicken Parmesan w/ Pasta & Marinara Sauce Cooked Spinach Carrot Raisin Salad Marshmallow Crispy Bites Milk | 23 Salisbury Steak Mashed Potatoes Peas & Onions Cinnamon Apple Crisp Bread Milk | 24 Sloppy Joes Bun Vegetable Soup Salad Apricots Milk | 25 Chipped Beef Cooked Carrots Vegetable Three Berry Blend Texas Toast Milk |
| 28 Turkey Burger Bun Broccoli Corn Pineapple Chocolate Chip Cookie Milk | 29 Ham Sweet Potatoes Zucchini Malibu Fruit Mix Croissant Milk | 30 Spaghetti w/Meat Sauce Green Beans Yellow Squash Mandarin Oranges Garlic Bread Milk | 31 Veal Patty Bun Corn Chowder Tossed Salad Peaches Milk | |

HAPPY BIRTHDAY

Carolyn Baldwin
Deborah Benson
Dale Bowersmith
Debra Boyd
Ray Buckel
Rose Christman
Betty Cook
Wava Cornett
Mary Hamilton
Mike Hansgen
Daniel Hedges Sr.
Ernest Hickock
Ellen Hoffman

Joseph Jones
Carolyn Lewis
Orval McMasters
Judi Myers
Rita Parsons
Bethel Payne
Patti Ray
Bill Reed
Betty Ritchey
Don Robinson
William Sheppard
Esther Swetland
Frances Turner

Freddie Turner
Roger Whaley
Rowena Whipple
Donald Holtrey Sr
Betty Downs

Happy Birthday!

This Newsletter is published by:

Morrow County Services for
Older Citizens, Inc.
dba Seniors on Center
41 West Center Street
Mt. Gilead, OH 43338

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43338
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Board of Directors

| | | | |
|------------------------|---------------|------------------|------------------|
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| Gill Ullom (Treas.) | Geri Park | Ray Dietz | Warren Davis |
| Linda Ruehrmund (Sec.) | | Pat Rinehart | Marie Christiano |

MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

419.946.4191 * 419.946.1037 facsimile

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.