

Wild Rice Cranberry Apple Stuffing

1 Tbsp olive oil

2 stalks celery, diced (about 2/3 cup)

1 medium apple, diced (about 1 cup)

1 clove garlic, minced (optional)

Pinch of dried thyme

Pinch of dried sage (optional)

1 cup hot, cooked wild rice

1 cup hot, cooked brown rice

1/2 cup orange juice

1/2 cup sweetened, dried cranberries

1/4 cup sliced green onions (green tops only)

Salt & pepper to taste



In a large saucepan, heat olive oil over medium-high heat. Add celery, apple and garlic and saute until softened, about 5 minutes.

Reduce heat to medium-low and stir in thyme and sage. Cook a few seconds and stir in hot rices, orange juice and cranberries; cook until heated through, about 1 minute. Just before serving, stir in green onions and season with salt and pepper.

Makes: Eight 1/2-cup servings.

Source: www.wiscran.org