

North Knox Sprint Triathlon

Age Group Results

September 10, 2017

Results By Endurance Sports Management

Age Group

Female Open Winners

Overall			Swim		Trans 1		Bike			Trans 2		Run		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	9	Lacy Mangione	152	1	2:41.51	1:47	0:52.49	2	39:19.22	16.5	0:44.15	1	22:18.59	7:12	1:05:55.96
2	19	Marsha Morton	157	2	3:23.90	2:15	0:52.01	3	41:28.84	15.6	0:48.04	2	26:00.02	8:23	1:12:32.81
3	20	Raylene Morrow	156	3	4:05.57	2:43	0:57.21	1	38:58.49	16.6	0:52.74	3	27:42.67	8:56	1:12:36.68

Male Open Winners

Overall			Swim		Trans 1		Bike			Trans 2		Run		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	1	Alix Freeman	172	1	2:33.84	1:42	0:22.90	1	31:10.05	20.8	0:24.57	1	21:01.28	6:47	55:32.64
2	2	Andrew De Nazareth	192	3	2:39.36	1:46	0:40.50	3	35:49.83	18.1	0:36.49	2	21:20.56	6:53	1:01:06.74
3	3	David Lusk	151	2	2:35.96	1:43	0:56.56	2	34:27.85	18.8	0:34.01	3	23:06.55	7:27	1:01:40.93

Female Masters Winners

Overall			Swim		Trans 1		Bike			Trans 2		Run		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	35	Dona Byron	107	1	4:50.77	3:13	2:12.94	1	43:59.58	14.7	1:16.72	1	27:59.33	9:02	1:20:19.34

Male Masters Winners

Overall			Swim		Trans 1		Bike			Trans 2		Run		Total	
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	4	Lloyd Jones	147	1	2:52.81	1:55	0:34.38	1	33:52.20	19.1	0:31.14	1	23:54.15	7:43	1:01:44.68

Male 11 to 14

Overall			Swim	Trans 1	Bike	Trans 2	Run	Total							
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	50	Alex Petty	167	2	4:40.51	3:07	2:20.71	1	49:23.58	13.1	0:43.56	2	29:25.61	9:29	1:26:33.97
2	60	Micah Fuller	193	1	3:04.26	2:03	1:44.70	2	1:09:31.31	9.32	0:23.82	1	26:29.64	8:33	1:41:13.73

Male 15 to 19

Overall			Swim	Trans 1	Bike	Trans 2	Run	Total							
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	18	Zachary Jennings	194	1	2:44.68	1:49	1:26.81	2	39:17.61	16.5	0:58.85	1	27:22.10	8:50	1:11:50.05
2	21	Cameron Walker	185	2	3:44.98	2:29	1:07.28	1	39:11.87	16.5	1:01.74	2	27:50.48	8:59	1:12:56.35

Female 20 to 24

Overall			Swim	Trans 1	Bike	Trans 2	Run	Total							
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	46	Haylee Walker	126	1	3:53.86	2:35	1:47.04	1	51:05.48	12.7	0:39.58	1	28:08.65	9:05	1:25:34.61

Male 20 to 24

Overall			Swim	Trans 1	Bike	Trans 2	Run	Total							
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	11	Lucas Martins	153	1	2:56.17	1:57	1:22.98	1	39:51.68	16.3	0:20.13	1	23:15.05	7:30	1:07:46.01
2	15	Justin Wood	190	3	3:33.22	2:22	0:26.57	2	40:47.34	15.9	0:54.92	2	24:48.30	8:00	1:10:30.35
3	44	Clint Roberts	170	2	3:32.44	2:21	2:13.86	3	52:21.12	12.4	1:19.42	3	25:41.89	8:17	1:25:08.73

Female 25 to 29

Overall			Swim	Trans 1	Bike	Trans 2	Run	Total							
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	29	Abby Fennell	122	3	3:23.18	2:15	1:26.44	1	42:17.84	15.3	1:19.24	1	28:38.01	9:14	1:17:04.71
2	58	Caitie McMekin	155	4	5:01.86	3:21	1:52.57	5	57:17.58	11.3	1:29.17	2	32:42.60	10:33	1:38:23.78
3	59	Jessie Hall	133	1	2:54.93	1:56	2:53.77	2	54:12.53	12.0	1:31.03	3	37:28.31	12:05	1:39:00.57
4	61	Alyssa Harris	139	2	3:01.85	2:01	2:56.47	3	56:24.46	11.5	0:51.98	5	38:40.27	12:28	1:41:55.03
5	65	Britney Hill	141	5	5:16.20	3:31	2:40.97	4	56:52.88	11.4	1:57.90	4	38:39.30	12:28	1:45:27.25

Male 25 to 29

Overall			Swim	Trans 1	Bike	Trans 2	Run	Total							
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	5	Chase Hill	142	1	2:36.36	1:44	1:17.94	1	34:10.38	19.0	0:35.75	4	23:24.94	7:33	1:02:05.37
2	10	John Turnbull	182	2	2:50.28	1:53	0:58.10	2	38:55.37	16.7	0:37.60	1	22:36.19	7:17	1:05:57.54
3	22	Josh Padgett	166									7	1:12:59.88	23:33	1:12:59.88
4	23	Daniel Richardson	196	5	4:02.25	2:41	3:11.26	3	41:12.84	15.7	1:50.20	2	23:01.29	7:25	1:13:17.84
5	26	Angel Soriano	174	6	5:11.80	3:27	1:20.92	6	45:32.29	14.2	0:47.24	3	23:12.94	7:29	1:16:05.19
6	28	Andy Fennell	123	4	3:09.82	2:06	1:27.87	5	42:16.52	15.3	1:19.47	5	28:37.78	9:14	1:16:51.46
7	31	Tyler Hall	136	3	3:06.38	2:04	2:19.86	4	41:47.34	15.5	1:10.97	6	28:59.87	9:21	1:17:24.42

Female 30 to 34

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	25	Jessica Wildfire	188	1	3:18.30	2:12	1	1:04.94	2	44:08.90	14.7	0:25.94	1	26:22.25	8:30	1:15:20.33
2	30	Casey Fitzpatrick	124	4	3:36.61	2:24	1	1:06.32	1	43:01.51	15.1	0:29.64	2	28:54.93	9:19	1:17:09.01
3	38	Sarah Creekmore	116	2	3:32.41	2:21	2	2:09.45	3	45:58.74	14.1	1:00.43	3	29:49.84	9:37	1:22:30.87
4	45	Katie Walker	186	5	3:50.89	2:33	1	1:24.00	4	49:26.04	13.1	0:44.93	4	30:00.50	9:41	1:25:26.36
5	54	Jill Hamilton	137	3	3:32.83	2:21	5	1:55.81	5	49:40.27	13.0	1:52.14	5	35:54.23	11:35	1:32:55.28

Male 30 to 34

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	37	Steven Pyles	169	1	3:36.24	2:24	1	1:47.98	1	43:49.41	14.8	0:41.23	2	30:55.28	9:58	1:20:50.14
2	52	Steven Brooks	106	2	3:58.16	2:39	2	1:43.66	3	56:37.12	11.4	0:58.95	1	28:04.49	9:03	1:31:22.38
3	55	Andrew Moyers	158	3	4:04.52	2:43	2	2:31.02	2	49:22.42	13.1	0:58.40	3	36:59.85	11:56	1:33:56.21

Female 35 to 39

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	33	Abigail Johnson	146	2	4:05.94	2:43	2	2:34.54	2	46:38.97	13.9	1:00.37	1	24:51.23	8:01	1:19:11.05
2	49	Amanda Tingle	180	1	3:52.39	2:35	1	0:58.28	1	45:44.02	14.2	0:49.98	4	35:06.97	11:19	1:26:31.64
3	53	Melissa Hughes	145	3	4:19.84	2:53	3	2:58.41	3	50:34.48	12.8	1:16.79	3	32:50.89	10:35	1:32:00.41
4	62	Angie Dabbs	119	4	4:21.22	2:54	5	3:10.03	5	1:07:04.29	9.66	0:42.13	2	27:06.93	8:45	1:42:24.60
5	67	Jessica Stapleton	175	5	6:04.36	4:03	4	2:25.66	4	1:06:27.57	9.75	0:34.29	5	39:36.00	12:46	1:55:07.88

Male 35 to 39

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	8	Tony Williams	189	1	2:39.47	1:46	1	0:49.73	1	38:22.21	16.9	0:35.76	1	23:14.05	7:30	1:05:41.22
2	17	Ryan Lambert	150	3	3:46.00	2:31	2	1:01.19	2	39:31.63	16.4	0:25.22	3	26:52.63	8:40	1:11:36.67
3	32	Theodore Ansink	100	4	5:02.86	3:21	3	1:57.74	3	42:17.11	15.3	0:44.35	4	27:35.61	8:54	1:17:37.67
4	39	Justin Frey	127	2	3:25.78	2:17	4	1:22.51	4	50:07.05	12.9	1:37.94	2	26:21.91	8:30	1:22:55.19

Female 40 to 44

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	47	Gretchen Zablocki	198	1	4:06.50	2:44	1	3:00.47	1	49:22.64	13.1	1:05.22	1	28:20.77	9:08	1:25:55.60

Male 40 to 44

Overall				Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	13	Alex Goldberg	129	1	3:07.82	2:05	1	2:29.64	1	40:38.12	15.9	0:34.75	1	21:22.09	6:54	1:08:12.42
2	51	Michael Berry	104	3	3:41.22	2:27	2	3:12.04	2	52:15.22	12.4	1:20.08	3	30:18.57	9:46	1:30:47.13
3	57	Marl Murphy	159	2	3:30.03	2:20	3	3:21.58	3	57:29.51	11.3	0:36.29	2	29:45.59	9:36	1:34:43.00

Male 45 to 49

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	6	Michael Barto	102	2	3:26.56	2:17	0:58.17	2	35:33.55	18.2	0:46.36	1	23:43.24	7:39	1:04:27.88
2	7	Christopher Wells	187	1	3:10.87	2:07	0:57.28	1	35:25.88	18.3	0:54.99	2	24:20.56	7:51	1:04:49.58
3	24	Greg Blackmon	105	4	3:54.00	2:36	1:08.64	4	41:27.41	15.6	1:14.99	3	27:32.35	8:53	1:15:17.39
4	27	Steve Owens	164	3	3:45.05	2:30	2:33.84	3	39:12.64	16.5	1:16.78	5	29:55.63	9:39	1:16:43.94
5	34	Ross Gresham	131	5	4:24.77	2:56	0:57.68	5	45:29.55	14.2	0:29.47	4	28:41.57	9:15	1:20:03.04
6	63	Jason Edwards	120	6	5:09.11	3:26	2:35.20	6	54:50.70	11.8	1:49.39	6	38:49.65	12:31	1:43:14.05

Female 50 to 54

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	41	Kelli Stone	178	1	3:56.25	2:37	2:14.36	2	47:33.00	13.6	1:08.04	1	28:54.27	9:19	1:23:45.92
2	42	Cheri Conley	112	2	4:57.22	3:18	1:18.90	1	44:08.36	14.7	0:42.19	2	33:14.21	10:43	1:24:20.88

Male 50 to 54

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	16	Ken Hall	134	2	3:22.97	2:15	0:56.91	1	40:28.07	16.0	0:57.60	1	25:01.88	8:04	1:10:47.43
2	36	Don Turner	183	1	3:21.10	2:14	0:45.64	2	43:25.05	14.9	0:56.79	2	32:09.43	10:22	1:20:38.01
3	56	Steven Hall	135	3	4:47.74	3:11	1:39.70	3	49:53.70	13.0	0:50.91	3	37:27.84	12:05	1:34:39.89
4	68	Kevin Lewis	195	4	5:52.31	3:55	0:29.65	4	1:09:36.08	9.31	0:34.92	4	38:41.34	12:29	1:55:14.30

Female 55 to 59

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	48	Carol Tuttle	184	1	3:57.82	2:38	1:45.45	1	48:07.05	13.5	1:59.39	1	30:10.12	9:44	1:25:59.83
2	66	Sally Goade	128	2	4:48.68	3:12	2:05.29	2	54:34.86	11.9	1:54.70	2	44:23.69	14:19	1:47:47.22

Male 55 to 59

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	12	Clay Griffin	199	2	3:07.40	2:05	0:29.15	1	35:13.41	18.4	0:45.89	2	28:33.88	9:13	1:08:09.73
2	14	Michael Berry	103	1	3:07.01	2:05	0:58.83	2	38:05.05	17.0	0:38.40	1	27:41.03	8:56	1:10:30.32
3	43	John Conley	113	3	5:02.75	3:21	0:40.54	3	49:33.82	13.1	0:34.89	3	28:47.36	9:17	1:24:39.36
4	64	Steve Rop	171	4	5:41.49	3:47	2:31.84	4	54:46.67	11.8	1:20.21	4	39:13.62	12:39	1:43:33.83

Male 60 to 64

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	40	Bruce Haas	132	1	3:49.61	2:33	2:50.55	1	44:06.15	14.7	1:09.43	1	31:39.90	10:13	1:23:35.64

2	70	Michael Simmons	173	2	7:56.05	5:17	3:23.90	2	1:09:35.22	9.31	0:45.95	2	42:10.42	13:36	2:03:51.54
3	71	James Petty	168	3	9:05.70	6:03	0:42.02	3	1:12:34.50	8.93	0:40.15	3	43:53.16	14:09	2:06:55.53

Female 70 to 74

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	72	Gayla Cutler	117	1	9:29.89	6:19	3:21.18	1	1:14:34.77	8.69	1:40.91	1	46:46.91	15:05	2:15:53.66

Male 70 to 74

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	69	William Kelch	148	1	5:33.12	3:42	3:34.77	1	56:08.56	11.5	1:47.14	1	48:56.05	15:47	1:55:59.64

Clydesdale

Male 99 and Under

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	1	Miles Hite	144	1	3:06.94	2:04	0:54.37	1	42:39.43	15.2	0:34.04	2	28:23.75	9:09	1:15:38.53
2	2	Steve Tompkins	181	3	3:26.92	2:17	1:02.68	2	46:05.15	14.1	1:14.71	5	30:51.26	9:57	1:22:40.72
3	3	Adam Clark	109	7	4:24.96	2:56	3:07.16	4	49:36.59	13.1	0:41.76	1	27:14.10	8:47	1:25:04.57
4	4	Benjamin Lampkin	197	5	3:49.66	2:33	2:45.57	5	51:21.13	12.6	1:07.18	3	29:49.33	9:37	1:28:52.87
5	5	Joe Stibler	176	2	3:16.87	2:11	1:45.07	3	49:19.73	13.1	1:26.71	6	34:48.66	11:14	1:30:37.04
6	6	Elliot Stone	177	4	3:45.39	2:30	2:29.50	6	56:44.94	11.4	1:43.05	4	30:07.87	9:43	1:34:50.75
7	7	Scott Stooksbury	179	6	4:15.92	2:50	3:49.85	7	1:09:44.43	9.29	0:55.62	7	37:17.76	12:02	1:56:03.58

Athena

Female 99 and Under

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total		
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	1	Amy Eslinger	121	1	3:07.45	2:05	1:32.90	1	50:34.93	12.8	1:05.41	1	29:01.25	9:22	1:25:21.94
2	2	Jeanne Wykert	191	2	3:52.83	2:35	2:02.69	2	1:00:33.58	10.7	0:35.66	2	44:02.86	14:12	1:51:07.62
3	3	Apyrl Herrell	140	3	9:37.63	6:25	3:14.22	3	1:15:11.22	8.62	1:22.84	3	54:17.03	17:31	2:23:42.94

Relay Male

Male 0-99

Overall			Swim		Trans 1		Bike			Trans 2		Run		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	1	Paul Barrette	115	1	3:23.53	2:15		0:27.64	1	49:04.56	13.2	0:31.76	1	46:50.3515:06	1:40:17.84

Relay Female

Female 0-99

Overall			Swim		Trans 1		Bike			Trans 2		Run		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	1	Debra Mayeux	154	1	2:25.11	1:37		0:19.39	2	43:38.23	14.9	0:17.20	1	29:34.38 9:32	1:16:14.31
2	2	Leslie Cook	114	2	2:55.30	1:57		1:30.67	1	43:18.63	15.0	1:16.41	2	31:09.5610:03	1:20:10.57
