

Wilson P. Pais, MD, MBA, FACP

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Present occupation:

August 2009-Current: Gape Gastroenterology Specialists, Cape Girardeau, MO

Gastroenterology, hepatology, gastrointestinal endoscopy, advanced therapeutic endoscopy including EUS (Endoscopic Ultrasound) and ERCP (Endoscopic Retrograde Cholangio pancreatography), geriatrics, and internal medicine in direct patient care setting.

Board Certifications:

Certified by ABIM (American Board of Internal Medicine) in following specialties:

Gastroenterology- Certified and meets MOC (Maintenance of Certification) requirements

Geriatrics- Certified and meets MOC (Maintenance of Certification) requirements

Internal Medicine- Certified and meets MOC (Maintenance of Certification) requirements

Certified by RCPSC (Royal College of Physicians and Surgeons of Canada) in Internal Medicine.

Licensing States:

Missouri-active

Georgia-active

Indiana-Inactive

California-Inactive

Training:

July 2007-June 2009: University of Missouri, Columbia, MO-Advanced therapeutic endoscopy fellowship

July 2005-June 2007: University of Manitoba, Winnipeg, Canada-Gastroenterology fellowship

July 2000-June 2001: New York Medical College, Valhalla, NY-Geriatrics fellowship

July 1998-June 2000: Interfaith Medical Center, Brooklyn, NY-Internal Medicine residency

Best Resident award 1999

July 1997-June 1998: Interfaith Medical Center, Brooklyn, NY-Internal Medicine internship

Best Intern award 1998

Medical School:

Bangalore Medical College, Bangalore University, India-August 1990-May 1996

Honors student (stayed at top 10% of the class)

Pre-Medical training:

Pompei Pre-University College, Aikala, India-July 1988-June 1990

Biology-major

Honors student (stayed at top 1% of the class)

Clinical practice history:

July 2001-June 2005: Internal Medicine and Geriatrics direct patient care, East Georgia Healthcare Center, Swainsboro, GA

Faculty appointments history:

July 2003-June 2005: Assistant Clinical Professor at the Medical College of Georgia, Augusta, GA, was involved in medical student and resident teaching in rural Georgia

Business school:

August 2002-April 2004: Richards School of Business, State University of West Georgia, Carrollton, GA, an AACSB accredited GeorgiaWebMBA program.

Honors student (stayed at top 10% of the class), Beta Gamma Sigma

Memberships:

AMA (American Medical Association)

ACP (American College of Physicians)

Awards:

National merit and Jindal scholarships throughout medical school (1990-1995)

Best student award-1995

Elected sports secretary (1992-93) and magazine secretary (1993-94) at Bangalore Medical College, Bangalore, India

Other past experiences:

Participated in mass immunization programs, pulse polio program, rehabilitation program for substance abuse

Successfully implemented several quality improvement projects on length of stay, blood usage, CHF, and pneumonia pathways (2002-2004)

Successfully reduced the length of stay at the Emanuel Medical Center, Swainsboro, GA by 0.6 days in 12 month period by provider education (2003-2004)

Did peer reviews/chart reviews/evaluations of internal and external medical records including expert opinions in medical malpractice cases

Member and advisor for diabetes and hypertension chronic care model by Georgia Association of Primary Care (2002-2004)

Successfully managed migrant and seasonal farm-worker health education and healthcare project (2003-2004)

Publications/research:

Pais W, Duerksen DR, Pettigrew NM, Brenstein CN. How many duodenal biopsy specimens are required to make a diagnosis of celiac disease? GIE 2008 Jun; 67(7):1082-7.

Choudhary A, Bechtold ML, Arif M, Szary NM, Puli SR, Othman MO, Pais WP, Antillon MR, Roy PK. Pancreatic stents for prophylaxis against post-ERCP pancreatitis: a meta-analysis and systematic review. Gastrointest Endosc 2011;73(2):275-82.

Abstracts

Pais WP, Hammoud G, Tiwari P, Bartalos C, Miller M, Diaz-Arias A, Antillon D, Bechtold ML, Ibdah JA, Antillon MR. Effectiveness of endoscopic and non-surgical management of gastrointestinal perforations caused during endoscopic procedures. *Can J Gastroenterol* 2008;22(SA):191.

Tiwari P, Pais WP, Kowal MR, Bechtold ML, Bartalos C, Antillon D, Antillon MR. Management of a migrated and blocked metallic biliary stent using argon plasma coagulator: A Case Report. *Can J Gastroenterol* 2008;22(SA):219.

Saettele TM, Kowal MR, Pais WP, Tiwari P, Bechtold ML, Bartalos C, Antillon D, Antillon MR. Peroral cholangioscopy-guided biliary stent placement in a case of a symptomatic cystic lesion of the common bile duct. *Can J Gastroenterol* 2008;22(SA):220.

Tiwari P, Pais WP, Bechtold ML, Bartalos C, Antillon MR. Retrograde placement of an alveolus Alimaxx-E covered esophageal stent via endoscopic gastrostomy for esophageal stricture in a case of failed traditional esophageal stent placement. *Can J Gastroenterol* 2008;22(SA):284.

Bechtold ML, Pais WP, Tiwari P, Antillon MR. Peroral cholangioscopy using Spyglass direct visualization probe and electrohydraulic lithotripsy for the management of symptomatic cholelithiasis in a non-surgical candidate. *Can J Gastroenterol* 2008;22(SA):344.

Choudhary A, Bechtold ML, Puli SR, Othman MO, Pais WP, Antillon MR, Roy PK. Prophylactic octreotide for prevention of post-ERCP pancreatitis: A meta-analysis. *Gastrointest Endosc* 2008;67(5):AB241 (T1534).

Choudhary A, Bechtold ML, Othman MO, Puli SR, Pais WP, Antillon MR, Roy PK. Prophylactic stent placement for prevention of post-ERCP pancreatitis: A meta-analysis. *Gastrointest Endosc* 2008;67(5):AB153 (S1510).

Choudhary A, Bechtold ML, Puli SR, Othman MO, Pais WP, Antillon MR, Roy PK. Prophylactic somatostatin for prevention of post-ERCP pancreatitis: A meta-analysis. *Gastrointest Endosc* 2008;67(5):AB108-109 (1068).

Choudhary A, Bechtold ML, Puli SR, Antillon MR, Pais WP, Othman MO, Roy PK. Gabexate for prevention of post-ERCP pancreatitis: A meta-analysis. *Am J Gastroenterol* 2008;103(S1):AB213 (S82).

Antillon MR, Saito Y, Pais WP, Nakajima T, Bechtold ML, Matsuda T, Puli SR, Yahagi N. Safety and efficacy of endoscopic submucosal dissection (ESD) in the therapy of rectal neoplasias and cancers: A multicenter study. *Gastrointest Endosc* 2009;69(5):AB257-8 (M1498).

Pais WP, Tekwani SS, Tiwari P, Szary NM, Bechtold ML, Ibdah JA, Marshall JB, Antillon MR. Safety and efficacy of carbon dioxide insufflation during endoscopic submucosal dissection of

large polyps and early cancers of the GI tract: A retrospective analysis. *Gastroenterology* 2009;136(5-S1):A-644 (W1057).

Hammad H, Arif M, Pais W, Bechtold M, Antillon M. SpyGlass cholangiopancreatography: experience of a tertiary-care center. *Am J Gastroenterol* 2009;104(S3):S73 (186).

Hammad H, Pais W, Bechtold M, Diaz-Arias A, Marshall J, Ibdah J, Antillon M. Endoscopic submucosal dissection for non-circumferential duodenal lesions in the U.S. *Am J Gastroenterol* 2009;104(S3):S525 (1400).

Pais WP, Singh H, Targownik LE. Eradication of *Helicobacter pylori* in young patients with uninvestigated dyspepsia leads to a reduction in the requirement of acid suppressive therapy. *The Canadian Journal of Gastroenterology* 2006; 20 Supp A.

Dharmarajan TS, Ranginwala A, Pais WP, et al. Influence of a geriatric medicine training program on prescribing patterns in nursing homes. *JAMDA* 2003;24:A12.

Poster/oral presentations

Pais WP, Hammoud G, Tiwari P, Bartalos C, Miller M, Diaz-Arias A, Antillon D, Bechtold ML, Ibdah JA, Antillon MR. Effectiveness of endoscopic and non-surgical management of gastrointestinal perforations caused during endoscopic procedures. *Canadian Digestive Disease Week – Montreal, Quebec – March 2008.*

Tiwari P, Pais WP, Kowal MR, Bechtold ML, Bartalos C, Antillon D, Antillon MR. Management of a migrated and blocked metallic biliary stent using argon plasma coagulator: A case report. *Canadian Digestive Disease Week – Montreal, Quebec – March 2008.*

Saettele TM, Kowal MR, Pais WP, Tiwari P, Bechtold ML, Bartalos C, Antillon D, Antillon MR. Peroral cholangioscopy-guided biliary stent placement in a case of a symptomatic cystic lesion of the common bile duct. *Canadian Digestive Disease Week – Montreal, Quebec – March 2008.*

Tiwari P, Pais WP, Bechtold ML, Bartalos C, Antillon MR. Retrograde placement of an alveolus Alimaxx-E covered esophageal stent via endoscopic gastrostomy for esophageal stricture in a case of failed traditional esophageal stent placement. *Canadian Digestive Disease Week – Montreal, Quebec – March 2008.*

Bechtold ML, Pais WP, Tiwari P, Antillon MR. Peroral cholangioscopy using Spyglass direct visualization probe and electrohydraulic lithotripsy for the management of symptomatic cholelithiasis in a non-surgical candidate. *Canadian Digestive Disease Week – Montreal, Quebec – March 2008.*

Choudhary A, Bechtold ML, Puli SR, Othman MO, Pais WP, Antillon MR, Roy PK. Prophylactic octreotide for prevention of post-ERCP pancreatitis: A meta-analysis. *Digestive Disease Week – San Diego, CA – May 2008.*

Choudhary A, Bechtold ML, Othman MO, Puli SR, Pais WP, Antillon MR, Roy PK. Prophylactic stent placement for prevention of post-ERCP pancreatitis: A meta-analysis. Digestive Disease Week – San Diego, CA – May 2008.

Choudhary A, Bechtold ML, Puli SR, Othman MO, Pais WP, Antillon MR, Roy PK. Prophylactic somatostatin for prevention of post-ERCP pancreatitis: A meta-analysis. [Oral] Digestive Disease Week – San Diego, CA – May 2008.

Choudhary A, Bechtold ML, Puli SR, Antillon MR, Pais WP, Othman MO, Roy PK. Gabexate for prevention of post-ERCP pancreatitis: A meta-analysis. American College of Gastroenterology National Meeting – Orlando, FL – October 2008.

Antillon MR, Saito Y, Pais WP, Nakajima T, Bechtold ML, Matsuda T, Puli SR, Yahagi N. Safety and efficacy of endoscopic submucosal dissection (ESD) in the therapy of rectal neoplasias and cancers: A multicenter study. Digestive Disease Week – Chicago, IL – May/June 2009.

Pais WP, Tekwani SS, Tiwari P, Szary NM, Bechtold ML, Ibdah JA, Marshall JB, Antillon MR. Safety and efficacy of carbon dioxide insufflation during endoscopic submucosal dissection of large polyps and early cancers of the GI tract: A retrospective analysis. Digestive Disease Week – Chicago, IL – May/June 2009.

Hammad H, Arif M, Pais W, Bechtold M, Antillon M. SpyGlass cholangiopancreatography: experience of a tertiary-care center. American College of Gastroenterology National Meeting – San Diego, CA – October 2009.

Hammad H, Pais W, Bechtold M, Diaz-Arias A, Marshall J, Ibdah J, Antillon M. Endoscopic submucosal dissection for non-circumferential duodenal lesions in the U.S. American College of Gastroenterology National Meeting – San Diego, CA – October 2009.

Manishen W, Pais W. Use of a novel endoscopy biopsy assist device provides a fully self operated endoscopic biopsy technique and eliminates the need of an endoscopy assistant in performing biopsy thereby improving patient monitoring and reducing patient discomfort. ACG, Las Vegas, NV-October 2006.

Pais W, Manishen W. Impact of non-gastroenterologists performing gastrointestinal endoscopy on the practice of gastroenterologists and variations in practice of gastrointestinal endoscopy by non-gastroenterologist endoscopists and gastroenterologists and in Georgia, United States: A market research survey. ACG, Las Vegas, NV-October 2006.

Pais WP, Singh H, Targownik LE. Eradication of *Helicobacter pylori* in young patients with uninvestigated dyspepsia leads to a reduction in the requirement of acid suppressive therapy. CDDW, Banff, AB-February 2006.

Review articles

Dharmarajan TS, Pais W, Norkus EP. Does anemia matter? Anemia, morbidity, and mortality in older adults: need for greater recognition. *Geriatrics*. 2005; 60(12): 22-9.

Dharmarajan TS, Pais WP. An approach to dementia for the primary care physician. *Family Practice Recertification*. 2004; 51: 57-64.

Dharmarajan TS, Pais WP, Managing Alzheimer's dementia. *Resident and Staff Physician*. 2004; 50:9-16.

Textbook chapters

Dharmarajan TS, Pais WP, Russell OR. Urinary incontinence. In Dharmarajan TS, Norman RA, eds. *Clinical Geriatrics*, 1st edn. New York: Parthenon Publishing, 2003; 25:240-58.

Pais WP, Mainor AR. Advanced therapeutic endoscopy. In McNally PR, ed. *GI/Liver Secrets*, 4th edn. Philadelphia, PA: Mosby Elsevier, 2010; 73:545-52.

News paper articles

Pais WP, Dementias: Non-Alzheimer's type diseases. *Brain awareness edition-the forest blade*, 2002; 1:10-11.

Pais WP, Dementia: Alzheimer's disease. *Brain awareness edition-the forest blade*, 2002; 1:9-10.

Last updated on 02/16/2015.