

# Swim Lesson Request Form

**You must have a current membership, lease, or late summer pass with Hayfield Farm Swim Club to participate in swim lessons. Rates vary by instructor.**

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Contact Email: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

Can you receive texts from the phone number listed above? **Yes / No**

Ability of swimmer (check all that **currently** apply):

- Afraid of the water (won't let go of wall/ won't put face in the water)
- Holds nose closed when underwater
- Needs a floatation device to keep head above water
- Can tread water/ keep head above water to breathe without touching the bottom
- Can float on back
- Able to dog paddle for short distances (1/4 of the pool or less)
- Can swim unassisted for roughly half a pool length
- Can swim a full length of the pool unassisted
- Additional comments: \_\_\_\_\_

Goal of receiving lessons (check all that apply):

- Become comfortable in the water (work on holding breath, blowing bubbles, letting go of wall, and basic kicking/paddling; swimmer may not be ready to swim independently)
- Pass swim test (swim full length of the pool unassisted and tread water for 30 seconds)
- Go off diving boards (must pass swim test as well)
- Learn strokes/ proper swimming technique (swim team prep)
- Other: \_\_\_\_\_

Availability (list the best days/times that work for you):

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Number of Lessons (between 1-10): \_\_\_\_\_ (after 10 lessons, you must resign up)

Previous instructor: \_\_\_\_\_ (if wishing to be re-assigned to the same person)

Return this form to the front office, and an instructor will contact you shortly, pending availability\*\*, regarding rates and scheduling! If you have any questions, please email [hfscllessons@gmail.com](mailto:hfscllessons@gmail.com)

Lessons should be paid for by cash or check (made out to **Hayfield Farm Swim Club** or **HFSC**) after each lesson.

**\*\*Lessons will be assigned based on the availability of instructors, and new signups will be added to the end of the queue.**