

Travel Documents

Dear

Please find travel documents enclosed for your party. We ask that you review them carefully to ensure that the services correspond with the reservation you made.

Your airline itinerary and any travel vouchers that are provided for cruise, rail, hotel and other services must be printed and carried with you along with your passports and other important travel documents. The additional content is comprised of tips and general information to help with your trip preparation. These pages need not be printed.

Reservation # :

Departure Date : 07 Sep 18

Passenger Name(s)

Services Provided By: Gate 1 Travel

Your Documents Include:

Flight Itinerary

Provided you purchased your international flight(s) from Gate 1, you will find your flight itinerary attached. Please review About Your Flights in the Know Before You Go informational section for important information regarding your flights.

Local Contact Information

Should you require assistance during your trip, we provide you with a list of local contacts including your hotel information. We recommend that you carry this information with you and leave a copy with relatives or friends in case they need to reach you while you are traveling.

Vouchers

For passengers traveling independently, hotel vouchers are included below. Passengers traveling on an Escorted tour do not require hotel vouchers. You will also receive vouchers for pre-purchased transfers and/or optional sightseeing tours. If provided here with your documents, vouchers should be presented to suppliers before services are provided.

Day-by-day Itinerary

Clients who purchased an Escorted tour will receive a day-by-day itinerary. Passengers traveling independently do not require this information.

Know Before You Go

This section provides essential guidelines to help you to prepare for any trip including information about flights, airport security, arrival in your destination, transfers, accommodations and other services.

About Your Trip

This section provides information about the specific destination you are visiting and the trip that you have purchased.

If you receive this package electronically, please print the flight itinerary, daily itinerary and vouchers to carry with you.

Thank you for choosing Gate 1 Travel for your vacation.

Flight Itinerary for Reservation #:

If your flight itinerary displays a flight as "Operated By" another carrier, you should check-in at the desk of the "Operated By" airline. Additional baggage charges may apply. For details, please visit www.gate1travel.com/baggagefees.aspx

Airline confirmation number(s): **Scandinavian Airlines**

Passengers :

Scandinavian Airlines, SK 910

From : **Newark, NJ (EWR)**
Departure Terminal : **TERMINAL B** Departs : **07Sep18 at 5:35PM**
To : **Copenhagen, Denmark (CPH)**
Arrival Terminal : **TERMINAL 3** Arrives : **08Sep18 at 7:15AM**
Flight Duration: **07 hr(s) 40 min**
Class/Cabin : **Economy (G)**

Scandinavian Airlines, SK 2861

From : **Bergen, Norway (BGO)**
Departure Terminal : **N/A** Departs : **17Sep18 at 6:00AM**
To : **Copenhagen, Denmark (CPH)**
Arrival Terminal : **TERMINAL 3** Arrives : **17Sep18 at 7:20AM**
Flight Duration: **01 hr(s) 20 min**
Class/Cabin : **Economy (G)**
Seats : **15D, 15E**

Scandinavian Airlines, SK 909

From : **Copenhagen, Denmark (CPH)**
Departure Terminal : **TERMINAL 3** Departs : **17Sep18 at 10:25AM**
To : **Newark, NJ (EWR)**
Arrival Terminal : **TERMINAL B** Arrives : **17Sep18 at 12:55PM**
Flight Duration: **08 hr(s) 30 min**
Class/Cabin : **Economy (G)**

Flight Ticket Numbers for Reservation #:

Notice on Aircraft Cabin Insecticide Treatment - Please note that some countries may require aircraft cabin insecticide treatment for in-bound foreign flights. A list of such countries is available at: <http://www.dot.gov/office-policy/aviation-policy/aircraft-disinsection-requirements>.

Passenger Name	Ticket Number	Airline	Airline Record Locator(s)
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Local Contact Information

LOCAL OFFICE(S)

FORT WASHINGTON , PA, UNITED STATES

Gate 1 International

455 Maryland Drive
Fort Washington, PA
UNITED STATES, 19034
Phone: 215-572-7676

HOTEL INFORMATION

COPENHAGEN , DENMARK

08 Sep 18 - 10 Sep 18

Imperial

Vester Farimagsgade 9
Copenhagen
DENMARK, 1606
Phone: +(45)-033-128000

GOTHENBURG , SWEDEN

10 Sep 18 - 11 Sep 18

First Hotel Goteborg

Nils Ericsonsplatsen 4
Gothenburg
SWEDEN, 41103
Phone: +(46)-031-637200

OSLO, NORWAY

11 Sep 18 - 13 Sep 18

Scandic Victoria Oslo

Rosenkrantzgate 13
Oslo
NORWAY, 0121
Phone: +(47)-02-414-7000

LILLEHAMMER, NORWAY

13 Sep 18 - 14 Sep 18

Scandic Lillehammer Hotel

Turisthotellvn. 6
Lillehammer
NORWAY, 2609
Phone: +(47)-06-128-6000

SOGNDAL, NORWAY
14 Sep 18 - 15 Sep 18

Quality Hotel Sogndal

Gravens teinsgata 5
Sogndal
NORWAY, 6851
Phone: + (47)-05-762-7700

BERGEN, NORWAY
15 Sep 18 - 17 Sep 18

First Hotel Marin

Rosenkrantzgaten 8
Bergen
NORWAY, 5003
Phone: + (47)-05-305-1500

Reservation #

Print Date: 24 Aug 18

Arch Insurance Company
Harborside 3, 210 Hudson Street, Suite 300
Jersey City, NJ 07311-1107, UNITED STATES

Local Phone: 844-827-9996

Contact:

Clients Of: SANTOS TRAVEL AND TOURS LLC

Voucher: Please Provide the Following Services:

Service: Travel Protection for Tours from \$3001-4000

Please print Description of Coverage at <https://Gate1.archinsurancesolutions.com/description-of-coverage>.
Customer Service: 1-844-827-9996. Emergency Assistance during your trip: 1-844-827-9991 (U.S. and Canada), 1-443-470-7142 (Collect, Worldwide). From outside the United States, call collect via the local operator (first enter the International Access Code of the country you are calling from). Policy Name: Gate 1 Travel Protection Plan

Quantity: 2 Passenger

Arrival Date: 07 Sep 18

Guests:



455 Maryland Drive - Fort Washington, PA 19034 - Phone: 800-682-3333 or 215-572-7676

Reservation #

Print Date: 24 Aug 18

Gate 1 International
455 Maryland Drive
Fort Washington, PA 19034, UNITED STATES

Local Phone: 215-572-7676
Contact: Reservations Manager
Clients Of: SANTOS TRAVEL AND TOURS LLC

Voucher: Please Provide the Following Services:

Service: Bus Assignment

You are assigned to bus number: 1

Quantity: 1 Twin

Arrival Date: 08 Sep 18

Duration: 1 Day

Guests:

Reservation #

Print Date: 24 Aug 18

**Egon's Turist & Minibusser
Park Allé 352 D, Brøndby
Copenhagen 2605, DENMARK**

Local Phone: +(45)-070-201647

Emergency Phone: +(45)-70-201749

Contact: Local Representative

Clients Of: SANTOS TRAVEL AND TOURS LLC

Voucher: Please Provide the Following Services:

Service: Copenhagen Transfer - Airport to Hotel
Pick Up: EWR-CPH - SK 910 at 7:15AM
Drop Off: Imperial

Upon arrival, please look for a representative holding a Gate 1 sign or a sign with your name. If cannot locate driver, call Local Phone above.

Quantity: 2 Passenger

Arrival Date: 08 Sep 18

Duration: 1 Day(s)

Guests:

Reservation #

Print Date: 24 Aug 18

Gate 1 International
455 Maryland Drive
Fort Washington, PA 19034, UNITED STATES

Local Phone: 215-572-7676

Contact: Reservations Manager

Clients Of: SANTOS TRAVEL AND TOURS LLC

Voucher: Please Provide the Following Services:

Service: North Zealand Castle Tour
Details to be advised locally.

Quantity: 2 Adult

Arrival Date: 09 Sep 18

Duration: 1 Day(s)

Guests:

Reservation #

Print Date: 24 Aug 18

Gate 1 International
455 Maryland Drive
Fort Washington, PA 19034, UNITED STATES

Local Phone: 215-572-7676

Contact: Reservations Manager

Clients Of: SANTOS TRAVEL AND TOURS LLC

Voucher: Please Provide the Following Services:

Service: Treasures of Oslo

Details to be advised locally.

Quantity: 2 Adult

Arrival Date: 12 Sep 18

Duration: 1 Day(s)

Guests:

Reservation #

Print Date: 24 Aug 18

**Bergen By Expert AS
Teatergaten 19
Bergen 5010, NORWAY**

Local Phone: +(47)-05-570-6088

Contact: Local Representative

Clients Of: SANTOS TRAVEL AND TOURS LLC

Voucher: Please Provide the Following Services:

Service: Highlights of Bergen Tour
Details to be advised locally.

Quantity: 2 Adult

Arrival Date: 16 Sep 18

Duration: 1 Day(s)

Guests:

Reservation #

Print Date: 24 Aug 18

**Schaus Buss AS
Vestbyveien 15
Vestby 1540, NORWAY**

**Local Phone: +(47)-9-050-6300
Contact: Local Representative
Clients Of: SANTOS TRAVEL AND TOURS LLC**

Voucher: Please Provide the Following Services:

Service: Bergen Transfer - Hotel to Airport
Pick Up: First Hotel Marin
Drop Off: BGO-CPH - SK 2861 at 6:00AM

Departure will be from the reception desk of the hotel. Pick-up time will be advised locally.

Quantity: 2 Passenger

Arrival Date: 17 Sep 18

Duration: 1 Day(s)

Guests:

Daily Itinerary

Your daily itinerary describes the main features of the tour program you purchased but does not reflect any pre-tour or post-tour arrangements. The itinerary also reflects flights to/ from the USA which are only included when purchased in addition to the land tour program.

Santos Travel 11 Day Classic Scandinavia

DAY 1, Friday - 07 Sep 2018 - Depart for Denmark

Depart for Denmark

DAY 2, Saturday - 08 Sep 2018 - Arrive in Copenhagen

Arrive in the lively Danish capital of Copenhagen; transfer to your hotel. Time to rest and relax, or begin your independent discovery of this sophisticated city. In the early evening, join your Tour Manager and fellow travelers for a Welcome Drink and orientation on the wonderful journey that awaits you in Scandinavia

Overnight: Copenhagen

DAY 3, Sunday - 09 Sep 2018 - Copenhagen City Tour, Tivoli Gardens, Welcome Dinner

This morning, enjoy a city sightseeing tour of Copenhagen. View the Ny Carlsberg Glyptotek Museum and the National Museum, the colorful 17th-century harbor district of Nyhavn, and Amalienborg Palace, the winter residence of the Danish Royal Family as well as the site of the changing of the Guard. Visit the Gefion Fountain, the largest monument in the city which was designed and erected in 1908 by Danish artist Anders Bundgård, and the iconic Little Mermaid statue. End the tour with a visit to the Royal Reception rooms in Christiansborg Palace*, the seat of the Danish Parliament, Prime Minister's Office and Supreme Court. Enjoy the remainder of the afternoon at leisure to explore the city on your own, or join the *optional* North Zealand Castle Tour to the Danish countryside and Riviera. This evening, a highlight visit to Tivoli Gardens,* the most visited theme park in Scandinavia and the second oldest amusement park in the world. Then enjoy a Welcome Dinner at a local restaurant

» *Please note: In the event Christiansborg Palace is closed due to local events, the visit will be substituted with a visit to Rosenborg Castle*

» *Please note: Due to the seasonal closure, September departures may not visit Tivoli Gardens*

Optional: North Zealand Castle Tour (PM)

Overnight: Copenhagen

Meals: Breakfast, Dinner

DAY 4, Monday - 10 Sep 2018 - Travel to Gothenburg, Sweden

This morning, bid farewell to Denmark as you travel to Sweden via the mighty 5-mile-long Öresund Bridge. Upon arrival in Gothenburg, take an orientation tour of the city. Founded in the 17th-century, this lively university town is known for its parks, sporting events and modern opera house. Enjoy the rest of the afternoon at leisure. You may choose to take a cruise on the canals and harbor, or opt for a trip to the Liseberg amusement park, one of the most popular in Europe

Overnight: Gothenburg

Meals: Breakfast, Dinner

DAY 5, Tuesday - 11 Sep 2018 - Travel to Oslo, Norway; Oslo City Tour

This morning, travel to Oslo, the capital of Norway. Upon arrival, enjoy a city tour. Pass the National Theater, the 19th Century Royal Palace and visit the main square to view the Cathedral. Next, visit the Vigeland Sculpture Park, designed by Gustav Vigeland. The park contains 192 sculptures with more than 600 figures. The park's most popular attraction is the Monolith column, measuring 46 feet high with 121 human figure reliefs, it is carved from a single block of granite and took three stone sculptors 14 years (1929-43) to complete. Continue to the modern City Hall* to conclude the city tour

» *Please note: In the event that the Oslo City Hall is closed due to local events, the visit will be substituted with a visit to the Oslo Cathedral*

Overnight: Oslo

Meals: Breakfast, Dinner

DAY 6, Wednesday - 12 Sep 2018 - Full Day in Oslo

Enjoy a full day at leisure in Oslo. Stroll the shopping streets, linger at a café or visit one or more of its world-class museums. In the morning, perhaps join a local guide for the *optional* Treasures of Oslo tour. Admire the highlights of Norway's great seafaring tradition as you enjoy a guided visit to see three 1,200-year-old ornamented Viking ships which are the best preserved in existence, followed by a visit to the Kon-Tiki Museum

Optional: Treasures of Oslo (AM)

Overnight: Oslo

Meals: Breakfast

DAY 7, Thursday - 13 Sep 2018 - Travel to Lillehammer

This morning, travel to Lillehammer. Situated at the northern end of Lake Mjøsa, the town is perhaps most famous for hosting the 1994 Winter Olympic Games. Enjoy an orientation tour, which includes a view of the ski jump. Spend the rest of the afternoon at leisure to explore Lillehammer on your own. Tonight, dinner at the hotel

Overnight: Lillehammer

Meals: Breakfast, Dinner

DAY 8, Friday - 14 Sep 2018 - Lom Stave Church, Travel to Sogndal

This morning drive to the village of Lom where you will visit one of the largest and best preserved stave churches in Norway.* Built around 1150, the church's unique facade appears to have been plucked from a medieval fairytale. Next, drive via Sognefjellet (weather permitting), the highest mountain pass in Northern Europe known as the "roof of Norway", through the dramatic Norwegian countryside. Pass glaciers, pine forests and perhaps reindeer, as well as Galdhøpiggen, Norway's highest mountain in the Jotunheimen National Park. Overnight in the heart of the Fjords

» *Please note: Entry to Lom Stave Church interior only available when church services are not in session*

Overnight: Sogndal

Meals: Breakfast, Dinner

DAY 9, Saturday - 15 Sep 2018y - Sognefjord Cruise, Flam Railway, Travel to Bergen

Today, enjoy a leisurely cruise on the breathtaking still waters of the Sognefjord, the longest and deepest of all the Norwegian Fjords. Then, a real highlight as you board the world famous Flam Railway for a mountain train ride into Norway's high glacial regions. View pastures, waterfalls and snow-clad peaks, all nestled beautifully into the surrounding mountainside. Ascend to 3,000 feet within 12 miles for one of the most scenic views of Norway. Continue to your hotel in Bergen, Norway's second-largest city. A major distributor of the wealthy trading guilds of the Hanseatic League, many residents of this 11th-century city still earn their livelihoods from the sea

Overnight: Bergen

Meals: Breakfast

DAY 10, Sunday - 16 Sep 2018 - Full Day in Bergen

Enjoy a full day at leisure to explore the beautiful city of Bergen independently. Bergen is an important cultural hub located in the middle of the region known as De syv fjell, or the Seven Mountains. This morning, perhaps join the *optional* Highlights of Bergen tour. The city served as an old trading port and has maintained a bustling harbor since the 11th century as part of the Hanseatic League. Visit Troidhaugen, the home of famous Norwegian composer, Edvard Grieg. Grieg's home stands majestically overlooking the fjords and was a great inspiration for his music. During your tour stroll through the narrow lanes of ancient Bryggen, visit the 750-year-old Haakon's Hall, scene of the medieval Royal court's ceremonies. In the afternoon you may choose to visit the Bergen Museum, the famous fish market, or take a stroll along the harbor to admire traditional Norwegian architecture. Tonight, a farewell dinner at a local restaurant

Optional: Highlights of Bergen Tour (AM)

Overnight: Bergen

Meals: Breakfast, Dinner

DAY 11, Monday - 17 Sep 2018 - Depart Norway

Transfer to the airport for your departure flight

Meals: Breakfast

Know Before You Go

Although most of the planning and preparation is taken care of for you, there are still a few things you should know and some details you should take care of to ensure your comfort, safety and peace of mind. Please review the following information before your departure to ensure that any surprises along the way will only be pleasant ones.

Getting Ready to Go

Passports and Visas

It is each traveler's responsibility to have a passport valid for at least 6 months beyond the dates of travel and a visa if required. Please check the information at www.gate1travel.com/visas.aspx for the specific country/region you are visiting for more details. **IMPORTANT: Passengers who are not U.S. citizens must check with the respective consulate or a visa agency to determine what personal identification is required. Passengers who enter, leave and then re-enter the same country on their itinerary should check if they require a double-entry visa.** Passport applications are available at most U.S. Post Offices, as well as at regional Passport Agencies. Passengers requiring visas, whether obtained in advance or locally upon arrival, should ensure that their passport has blank pages.

Trip Preparation

A little pre-planning can make your trip go a lot smoother. Several weeks before your trip, make a list of what you will need to take with you. Make sure your personal documents (passports, visas, driver's license) are in order. Make sure also that you have enough prescription medications to last through the trip and carry them with you in case your luggage is delayed. Bring a change of clothes in your carry on bag in the event that your luggage is delayed or lost. We suggest that you make photocopies of passports, visas, personal ID and any other important travel documents and pack them separately from the originals. Pack a list of medications including dosage and generic names. If you lose the originals while traveling, you'll have copies for easier reporting and replacement. You may consider bringing a small supply of over the counter medications for headaches and/or anti-diarrhea pills (especially when traveling outside of the USA and Western Europe). We recommend that you pack a portable alarm clock. Due to security reasons, many museums have restrictions on the size of bags that can be taken inside and backpacks, carry-on bags or large purses may not be permitted. It is recommended to bring a small shoulder bag or purse to use in these situations instead. Avoid placing valuables such as cameras in your checked luggage. Airplane pressure can cause similar pressure in your body, most notably in ears, as well as liquid tubes and bottles. Your physician can suggest medication for decongestion. We suggest that you place liquid containers into Ziploc bags to catch any leaks.

Traveling with Friends and/or Family

If you are traveling with friends and/or family and you are booked on separate reservations, and if you did not already advise us, please let us know via <https://www.gate1travel.com/contactus> by selecting "Existing Reservations" and advising the name(s) and reservation number(s) of your traveling companions.

Cell Phones & Calling Cards

You may wish to carry a cell phone while traveling. Check with your cell phone provider if your phone will work in the destination(s) you are visiting. If you can access the Internet as you travel, you can take advantage of email or a Skype Internet telephone (VOIP) account for the best value. Additionally, if your phone can connect to WiFi you may be able to make voice and video calls free of charge. Please contact your cell phone provider for further details. Alternatively, you may investigate renting a cell phone before you leave or buying an inexpensive phone locally. When calling the U.S. from a foreign country, you may also use a prepaid calling card; normally, the only additional charge (besides the prepaid long distance charges) is a local fee of a few cents and possibly a connection fee if you are using your card at your hotel. It is best to check with the hotel's reception desk prior to making phone calls to avoid unexpected charges. Please note that we are unable to provide compensation for phone calls regardless of reason.

Making Telephone Calls from One Country to Another

When dialing a number from one country to another, you should proceed as follows: dial your country's Exit Code (often indicated with a "+" sign), then the destination Country Code, then the Phone Number. For most countries, the exit code is 00. Exceptions include the USA and Canada (011), Hong Kong and Cambodia (001), Australia (0011), and Russia (8 Pause 10*). For Brazil, please consult with the local telephone company. If you are dialing from a mobile phone, you can enter a "+" instead of the international Exit Code (011, 001, 0011 or 00) by pressing and holding the 0 key. If the international number you wish to call starts with a 0 (zero), you must drop this starting digit when dialing the number.

Example:

To dial the following number in Germany (as listed on your voucher): +(49) 0555-555

From USA or your US cell phone: 011-49-555-555

From another country in Europe: 00-49-555-555

Locally within the same country: 0555-555

Customers Requiring Assistance While Traveling

In the event that you require assistance while traveling, there are a number of resources available to you. Passengers traveling on an Escorted Tour should first contact their Tour Director for help or call Gate 1's emergency line. Passengers who are traveling independently may contact our local office and/or representative using the telephone number(s) which are listed on your service voucher(s) or call Gate 1's emergency line.

The Gate 1 emergency line is available 24 hours a day, 7 days a week. Call: 215 572-7676. From overseas, call: 001 215 572 7676. Outside office hours, listen to the prompts, then press 3. You will speak immediately with a representative, or you may be asked to leave a detailed message including your name, your booking number, and most importantly the telephone number where you can be reached. Your message will be forwarded immediately to a representative who will contact you at the telephone number provided.

WiFi Access

WiFi access has improved. Free or inexpensive WiFi internet is accessible at coffee shops, airports, restaurants, libraries and on some trains and buses. WiFi access in hotels and cruise lines often involves a fee, determined by that property. Signal strength is subject to local conditions and not guaranteed. Availability on cruises is also dependent upon its location while sailing through multiple countries. Please note that WiFi can be extremely slow, unreliable and sometimes nonexistent in developing countries or, on moving conveyances such as buses and cruise ships.

Staying Healthy While Traveling

All travelers should familiarize themselves with local conditions, such as high altitude or required immunizations, which could affect their health. We recommend you consult with your personal healthcare provider, the Centers for Disease Control (www.cdc.gov) and/or the World Health Organization (<http://www.who.int/en/>) for their recommendations.

There are several easy steps you can take to stay healthy while traveling which may help prevent contracting an illness while away from home.

- Watch what you eat. Try new foods in modest quantities, and depending upon your destination, you may want to avoid street foods, salad bars, raw vegetables and fruits, unless they have thick peels like bananas or grapefruit.
- Stay hydrated. Drink bottled water and avoid consuming ice cubes made with tap water.
- If you have allergies to foods, medications or insect bites, or have any other unique medical issues, consider a medical alert bracelet and/or a physician's note detailing required treatment should you become ill.
- Wash your hands regularly and carry hand sanitizer.
- Where appropriate, pack sunscreen and insect repellent (for both active and warm destinations).
- You may also want to bring a small first-aid kit with bandaids, antibiotic cream, pain killers, bug bite cream, digestive aids like antidiarrheal or anti-bloat medications, antacids, and cold medicine. This is in addition to any prescription medications which should be adequate for the entire trip.

Notice on Aircraft Cabin Insecticide Treatment - Please note that some countries may require aircraft cabin insecticide treatment for in-bound foreign flights. A list of such countries is available at: <http://www.dot.gov/office-policy/aviation-policy/aircraft-disinsection-requirements>.

Consideration for Tour Participants (Escorted Tours)

Please Consider Others - We ask tour members to refrain from wearing colognes, perfumes and/or personal products containing excessive fragrance, in respect for other clients on the tour bus who may be allergic.

No Smoking - We ask tour members to be considerate of their fellow travel mates and refrain from smoking cigarettes or cigars in the vicinity of other tour members including in outdoor areas where smoking may be permitted but may still affect other tour participants.

Climate & Clothing

Denmark - The winters are not particularly cold, and the summers are cool. Autumn is the wettest season and spring is the driest. Spring and Fall: 32°F–61°F; Summer: 52°F–69°F; Winter: 28°F–39°F. Because of the country's northern location, the length of the day with sunlight varies greatly. There are short days during the winter and long days during the summer. Bring comfortable walking shoes, a sweater, clothes you can layer, an all-weather jacket, and an umbrella.

Denmark Average Temperatures: www.gate1travel.com/weather/europe/default.aspx#scandinavia-weather

Norway - Norway's coastal regions tend to be temperate, with more extreme temperature ranges occurring further inland. Summers can be moderately warm, even in northern areas, but only for limited periods. The length of the winter and amount of snow varies by region. In the north there is more snow and winters are dark; on the southern and western coast, winters are moderate and rainy. Daylight also varies greatly during the year. The southernmost parts of Norway receive over 19 hours of daylight at the height of summer and just 6 hours of daylight during the darkest part of winter. In the northernmost parts of Norway, these extremes are exaggerated. In the summer, the sun does not set for several weeks, while in winter the day is just a short twilight. Bring comfortable walking shoes, a sweater, warm clothes you can layer, and an all-weather jacket.

Norway Average Temperatures: <https://www.gate1travel.com/weather/europe/default.aspx#scandinavia-weather>

Sweden - Temperatures vary greatly from north to south. Southern and central parts of the country have warm summers and cold winters, while the northern part of the country has shorter, cooler summers and longer, colder and snowier winters. Because of the high latitude, the length of daylight varies greatly. The sun never sets for part of each summer, and it never rises for part of each winter.

Sweden Average Temperatures: <https://www.gate1travel.com/weather/europe/default.aspx#scandinavia-weather>

About Drones

Unmanned Aerial Vehicles (UAV) or "drone" technology has quickly become affordable and is increasingly popular with recreational users. While some countries have clear, established drone laws, others do not, or existing regulations are undergoing review and change. Travelers who wish to bring a drone on their trip are responsible to research and abide by the laws and regulations of the countries they are visiting, as well as to check with their airline(s) regarding their rules for transporting drones. Please note that tours are unable to extend the length of scheduled visits and stops to accommodate use of drones.

Preparing for Your Trip

Reconfirming Flights

It is not necessary to call your airline to reconfirm your flights. However, we do recommend that you check your airline's website 24 hours prior to your flight to ensure that your flights remain on schedule and that flight times are unchanged.

Seat Assignments

As a courtesy service, complimentary airline seat assignments are requested on your behalf and, when available, are displayed in order of Passenger #1, #2 and so on. Assignments reflect the best available seats at the time of booking. Some airlines and/or fare types do not allow for pre-seating and require this be done at airport check-in only; in which case the display shows "N/A". Seats are subject to change by your airline(s) including, for example, when there is a schedule change or equipment change after your initial booking; this may cause seat assignments to be changed or even cancelled. Some airlines offer preferred seating for an additional fee; these seats may only be purchased directly from the airline. You will need your family name and the 6-digit airline "Record Locator" which is displayed with the flight details on your reservation. In the event that you change seat assignments directly with your airline, changes will not be reflected on your invoice or documents. At the time that Gate 1 travel documents are issued, the currently assigned seats will be listed based on the assignments stored in your airline reservation at that time. Should you have questions regarding your assignments, please write to us at www.gate1travel.com/contactus.

Frequent Flier Programs

Passengers are responsible to contact their airline directly regarding mileage eligibility and accrual. Airline frequent flier programs determine whether to award miles in part or total based on their own rules which are updated frequently. Some discounted or promotional airfares as well as some code-share flights are not eligible for mileage accrual. Some private airfares, such as a "Gate 1 Travel Airfare", are not eligible for mileage or may qualify for reduced mileage, even if the same airline class of service is eligible for full mileage when sold as an "Instant Purchase" published airfare. Not all published airfares are eligible for mileage. Gate 1 Travel will record frequent flier numbers when provided by the passenger prior to travel documents being issued. However, the addition of frequent flier numbers to airline records does not guarantee mileage eligibility which is at the sole

discretion of each airline. Airline schedule changes may result in flights which were originally eligible for mileage accrual no longer being eligible. We highly recommend passengers to provide their frequent flier account information whenever checking in online and/or at the airport check-in desk. After travel has commenced, it is often not possible to apply for frequent mileage credit. Passengers are also responsible to determine whether previously earned mileage may be applied to flights to secure upgrades.

Known Traveler Number (KTN)

If you have a KTN number, you are normally able to join the TSA security line for expedited processing at the airport. Prior to check in, you should go online or call your airline and add your KTN number to your reservation record. In most cases, you will then see the letters "TSA PRE" printed on your boarding pass. If these letters are not printed, you will not be permitted on the TSA line. Please be aware that some airlines do not participate in the program and therefore even if there is a TSA line at the airport, you will not be given TSA PRE status. Sometimes you may not be selected by TSA (even if you entered a KTN number) and even a minor name discrepancy can result in TSA PRE being denied. It is your responsibility to register your KTN number with your airline and Gate 1 cannot be held responsible for denial of expedited security. Note: KTNs are issued by the US Transportation Security Administration (TSA) after completing a background check through TSA's PreCheck® program. Global Entry members may also enjoy expedited customs processing.

Luggage & Packing

Checked bags are typically limited to a total dimension of 62 inches by adding length + width + height (example: 26"+26"+10" = 62"), and a maximum weight of 50 lbs (23kg). Smart Bags with a USB charging port, GPS tracking device and other high-tech features are prohibited as checked or carry-on baggage unless the bag is made with removable batteries and the batteries are removed and stored separately. Many airlines charge for checked bags including flights which begin and end within the USA. Gate 1 avoids the most inexpensive airfare options commonly known as Basic Economy airfares which typically do not include any checked bags nor seat assignments before the day of departure. However, for some airlines, other airfare categories also do not include checked baggage. This will be clearly displayed in our airfare selection and on your invoice. Where available, we highly recommend selecting airfares which include at least 1 piece of checked baggage. Gate 1 Travel is not responsible for checked bag fees, excess luggage or weight charges levied by an airline. Checked baggage allowances displayed on reservation details and invoices reflect the applicable allowance at the time of booking but are subject to change by your airline(s). For your airline's requirements and fees, visit www.gate1travel.com/baggagefees.aspx. For important baggage information, visit www.gate1travel.com/luggage.aspx. Avoid placing valuables in your checked luggage. Federal law forbids the carriage of hazardous materials aboard the aircraft in your luggage, your carry-on or on your person. A violation can result in five years' imprisonment and penalties of \$250,000 or more (49 U.S.C. 5124). Hazardous materials include explosives, compressed gases, flammable liquids and solids, oxidizers, poisons, corrosives and radioactive materials. Examples: Paints, lighter fluid, fireworks, tear gases, oxygen bottles, and radio-pharmaceuticals. There are special exceptions for small quantities (up to 70 ounces total) of medicinal and toilet articles carried in your luggage and certain smoking materials carried on your person. Check the Transportation and Safety Administration (TSA) website www.tsa.gov to find out the current list of acceptable items you may bring on a plane before packing. We recommend that you use brightly colored luggage tags, straps or other identifiers to help you locate your luggage upon arrival or to describe it in the event that it is lost. We also recommend you bring a change of clothes in your carry on bag in the event that your luggage is delayed or lost.

E-Tickets & Advance Check-In

Review the flight itinerary included in your documents. Print and carry a copy of the air itinerary which contains the 6-digit airline "Record Locator" and e-ticket numbers. Advance online check-in is available on some airlines. If available, you may enter your name and 6-digit Record Locator or Flight Ticket Number at the airline's website, and print the boarding pass on your home printer within twenty-four hours of departure. You may check-in online, even if you plan to check luggage at the airport. Airlines without advance online check-in require you to present your identification and e-ticket numbers at the airport self-service kiosk or check-in counter. Paper tickets will be provided in the rare instance when e-tickets cannot be issued.

Day of Departure

Arrive On Time

Due to increased security measures, you should plan to check in at least three hours prior to the scheduled departure time for international flights and two hours prior for domestic flights. Many airlines do not permit check-in less than one hour prior to the scheduled departure time. It is your responsibility to arrive on time for all scheduled flights. Enhanced security procedures, including passenger screening, canine inspection, and inspection of personal electronic devices, have been implemented for all flights into the United States, and therefore security procedures may take longer than normal.

Check-In

If your flight itinerary displays a flight as "Operated By" another carrier, you should check-in at the desk of the "Operated By" airline. When you

arrive at the airport, check the airport monitors for updated check-in desk listings. At check-in, be prepared to provide your government issued identification (valid passport required when traveling internationally) and your e-ticket itinerary/ticket numbers to the agent. Once you've checked in and received your boarding passes and luggage claim tickets, proceed directly to the security check. Security lines are often backed up and can take time to get through. Once you've completed security check, proceed directly to your gate and check the large electronic flight screens for your flight time and departure gate for schedule and gate changes. Airport desk clerks will assist with unexpected changes. Once you are in the gate area you can relax, shop or buy a snack before your flight.

Connecting Passengers

Passengers connecting from another point within the USA should check their luggage through to their final destination. Although problems with lost luggage have been minimal, it is a possibility. Certain carriers do not allow baggage "interlining," and luggage must be checked separately for each flight. When you check your luggage, please verify where your luggage is being sent. When connecting between flights in major airports, you may need to pass through multiple security checkpoints. Therefore, we recommend that you proceed immediately to the gate area for your connecting flight to avoid any unexpected delays which may cause you to be late. Passengers returning to the USA may need to collect their luggage at the first airport of entry and recheck their luggage for their connecting flight.

Flight Services

Avoiding Jet Lag

In order to minimize fatigue and general restlessness caused by jet lag, there are a few steps you may take including switching to your destination time zone when you board the plane, by sleeping and eating according to the new schedule, avoiding heavy eating, caffeine or alcoholic beverages before or during your flight, and by drinking plenty of water and/or fruit juice while flying. Try to sleep on overnight flights and then, upon arrival, avoid the temptation to nap until nighttime.

Airline Food

Unless you are a first or business class passenger, you will likely be treated to a pretty mediocre culinary experience. Reasons for this range from airline budget constraints to the logistics of high altitudes, low humidity and air pressure which tend to desensitize taste buds. Small galleys, tiny ovens and precooked food, plus previously mentioned cost-cuts in order to keep airfares as low as possible, add to some often pretty poor fare. Our suggestion is to stick to simple options, carry a few granola bars, and don't expect this to be your best dining experience.

Premium Economy or Business Class

Service may not be available on all flights or aircraft types, and therefore some flights within an itinerary may not include Premium Economy or Business Class seating. This includes, for example, some US domestic connections and/or short haul flights abroad. When service is not available, you will be accommodated in the best alternative class of service and seating. Please check your operating airline to determine the extra services you may receive.

US Customs & Immigration for Return Flights

In most cases, passengers with return flights that include a connection in the US will need to complete customs and immigration formalities in their first port of entry, requiring them to collect their luggage and check-in for their onward flight. However, there are some exceptions: certain airports in Canada and Ireland (Dublin), allow US Immigration formalities to be completed in the overseas airport at the gate area.

Foreign Domestic Flights

If your tour program includes foreign domestic flights, and those tickets are not included together with the e-ticket itinerary in your travel documents, you will receive those tickets at your destination from our local representative.

What to do if You Need Assistance

Whether you purchased your airfare from Gate 1 Travel or from the airline directly, please bear in mind that Gate 1 Travel does not own nor operate the airline(s), nor the airport facilities where they operate. At times, flying can be a frustrating experience, especially when things do not go exactly as planned, and airline explanations can be confusing or even misleading. Should you face a problem, remain calm and seek assistance either from the airline directly or from Gate 1. Please be aware that in most cases, on the day of your flight(s), airlines pass responsibility for your reservation to their staff at the airport and it is not always possible for Gate 1 Travel to intervene on your behalf, either through our reservations system or directly

with your airline.

Emergency Assistance

The Gate 1 emergency line is available 24 hours a day, 7 days a week. Call: 800 682-3333 or 215 572-7676. From overseas, call: 001 215 572-7676. Outside office hours, listen to the prompts, then press 3. You will speak immediately with a representative, or you may be asked to leave a detailed message including your name, your booking number, and most importantly the telephone number where you can be reached. Your message will be forwarded immediately to a representative who will contact you at the telephone number provided.

Last Minute Schedule Changes & Flight Delays

On the day of travel, check the flight schedule and advise Gate 1 by phone, 800 682-3333 or 215 572-7676, of any significant changes that might affect your arrival transfer or hotel reservation. Gate 1 cannot be held responsible for affected land services, including arrival and/or departure transfers should flights be changed without our knowledge. Gate 1 will make every effort to inform passengers of schedule changes and cannot be held responsible for changes in routing and/or the number of stops in the itinerary. Nor will Gate 1 provide compensation for changes or cancellations implemented by an airline.

Missed Flights

In the event that you miss your flight which departs as scheduled, for any reason, your airline will consider you a "no-show" and may resell your seat(s) to other customers. This will also result in the cancellation of any later flights in your itinerary. Similarly, if you voluntarily decide not to use any of the flights on your itinerary, the airline will consider you a "no show" and cancel remaining flights on your itinerary. In this case, please contact your airline immediately for assistance in getting you to your destination. Missed flights are typically fully non-refundable and you may be required to purchase new flights from the airline at your own expense. Once your alternative arrangements have been confirmed, please contact Gate 1 with your new flight details.

Missed Connection

If you are connecting from a domestic flight which is delayed for any reason, causing you to miss your international flight, ask the airline for assistance in getting you to your destination. Since all airline tickets are issued on special fares which carry restrictions and penalties if changed, it's the airline's responsibility to make alternate arrangements on your behalf as Gate 1 has no authority or control over airline activities and policies. Do not leave the airline check-in desk until an alternative itinerary has been confirmed.

Lost Luggage

If your luggage is lost or damaged by the airlines, a baggage claim form must be filed with the carrier before leaving the airport. Any cost to retrieve luggage will be your responsibility and you should retain receipts to submit to your insurance provider. You may be required to return to an airport to retrieve your luggage personally.

Arrival & Departure

Arrival Procedures

Upon arrival, please complete immigration formalities if necessary and claim your luggage. If your program includes airport arrival transfers, check your voucher for specific instructions, as they vary with every destination. In most cases, you will be met after collecting your luggage or passing through Customs by the local representative who will be holding a Gate 1 Travel sign and/or a sign with your name on it. In some instances you will be instructed to walk a short distance to a transportation counter. The company's name and location will be printed on your voucher. If for any reason you do not connect with the Gate 1 transfer personnel, go to the Tourist Information Desk and ask them to page the Gate 1 Travel representative or phone the number on your voucher.

What To Do When Your Flight Is Delayed

Airlines do not share flight manifest information. Therefore, the only way we may learn of a delay or schedule change while you are traveling is from you, the traveler. The sooner you are able to contact one of our offices, the better we can respond. Gate 1 Travel is only able to guarantee pre-reserved arrival transfers for up to one hour from the scheduled time, no matter the cause. In case you are delayed for any reason, and are unable to follow the instructions on your voucher, please make independent transfer arrangements and retain your receipts. Unused tour services, including transfers and hotel nights are not refundable. Upon your return home you will need to contact your airline and/or insurance carrier to investigate the possibility of reimbursement for any unused tour services.

Departure Procedures

If your program includes departure transfers, instructions will be stated on your voucher or provided locally.

Transfers

Due to local traffic and other extenuating circumstances, we ask that you allow 30 minutes from your scheduled transfer time for our representative to arrive. This includes hotel, airport and cruise transfers. Such possible delays are taken into consideration in scheduling transfers and you should therefore have no concerns about arriving late for your tour, flight or cruise. For transfers from a hotel, let the hotel reception desk or concierge know that you are waiting for a transfer. In the case of a missed transfer, reimbursement for your out-of-pocket expenses will be considered provided you obtain a written statement from the hotel's front desk verifying the length of time you waited, and the time you left the hotel, and a receipt for your transportation with time and date.

The cost of a transfer is more expensive than hiring a taxi, as a Gate 1 transfer necessarily includes round trip service, or 'dead-leg'. Often the places of call (airports, seaports, hotels) demand entrance and parking fees, where drivers may have to wait for up to an hour. Passengers comfortable hiring a taxi on their own and do not require assistance will save money.

Scandinavia Transfers: Emergency Phone - In the event of an emergency, please call (011-44) 777-590-4477

About Your Escorted Tour Participants in Scandinavia

Please note that the number of participants may vary during your tour as we accommodate travelers at different points of the trip. After your arrival, you will be invited to join a welcome orientation with your Tour Manager and will meet your tour companions.

About Your Accommodations

Hotels

Gate 1 Travel has carefully selected each hotel based on overall quality, location, price, food, service, and cleanliness. All rooms are standard twin-bedded (two single beds) rooms with private facilities, unless you have specifically requested and paid for an upgraded room category. Special requests such as bed types, smoking preference and connecting rooms are subject to availability. Room selection in all cases, unless otherwise reserved, is strictly at the discretion of the hotel's management on a run-of-house basis. Triple rooms consist of standard twin beds or one double bed plus a sofa/folding bed or cot for third person except in the U.S. and Canada, where triple rooms often consist of two double/queen beds for three persons; where available, a fee may be charged by the hotel for the addition of a cot/rollaway. The number of persons accommodated does not dictate the room size. Although available at most 4 and 5 star hotels, the use of air-conditioning abroad differs greatly from the United States, and is often shut down at night and from the end until the start of the summer months. Some lodges and accommodations in remote regions may not have all of the amenities, such as hairdryer, alarm clock and room service, that you might find in a larger hotel located in a city center.

Hotel Check-in/ Check-out

Hotel check-in time is generally not before 4:00 p.m. and check-out time is prior to noon. If you will be arriving early in the day or departing in the evening, hotels will usually allow you to store your luggage in their luggage room. Ask at the front desk if the hotel can check you in earlier, or let you stay later.

Room Beds & Special Requests

Typically, twin rooms accommodate two people with two single beds which, in some cases, may be connected together to form a double bed. If this is your preferred bedding arrangement, please clarify this at the time of check-in. If you submitted a special request, your room type will be requested by Gate 1. However, all requests are subject to availability and room selection is at the discretion of the hotel.

Scandinavia - Hotels in Scandinavia often reflect a low-key and subdued style. Guest rooms are furnished with well-designed functional furniture, monochromatic palettes, and bed linens that reflect the understated and relaxed Nordic design. Most rooms are minimalistic and do not have all of the amenities, such as bath mat, wide array of toiletries, luggage rack, in-room safe and air-conditioning.

At Your Destination

Gratuities

Tipping is always a matter of personal discretion. For your convenience, please use the summary below as a guideline for recommended gratuity amounts. Gratuities may be paid in local currency or US dollar equivalent where accepted. Please be aware that tipping is considered by many locals to be a part of their normal remuneration and some may approach you for additional "compensation." There is no need to be intimidated by the request, nor should you feel pressured to pay more than recommended. If you become uncomfortable by any behavior you encounter, please advise your tour manager or phone our local office. Numbers are provided in your documents for your convenience.

Suggested Tipping: Escorted Tours

Tour Manager (Coordinator; may or may not act as a guide): US \$7 per person per day

Driver (Provides chauffeur services and limited assistance with luggage) : US \$3 per person per day, US \$2 per half day

Local Guide (Offers in-depth information at specific locations. There may be one or many guides along a tour program): US \$3 per person per day of sightseeing, US \$2 per half day

Hotel porters and wait staff: Included

Denmark - Restaurant and hotel bills include a service charge and rounding up the bill is sufficient at restaurants. Additional tipping is at your discretion. Tips for taxi drivers are included in the fare.

Norway - Restaurant bills include a service charge and rounding up the bill is sufficient. Additional tipping is at your discretion.

Sweden - A service charge is often included in the bill at restaurants, and there is generally no reason to tip, unless you are very satisfied with the service.

About Your Sightseeing

To ensure a pleasant and fair experience for passengers on our escorted tours, there is a mandatory seat rotation policy on our motor coaches which will be organized by your Tour Manager. When travel dates coincide with religious holidays and national celebrations, some monuments and sites may be closed, sometimes without prior notice. On these occasions, escorted touring itineraries may be amended to reflect these closures. Occasionally, during holidays and certain periods, and/or due to other unforeseen circumstances including weather conditions, there may be last-minute changes, sometimes after arrival, which may affect the sequence of the tour and locations visited. National monuments and tourist sites regularly undergo renovations, which can obscure the monument's view. No tour will be canceled due to renovations, however Gate 1 will decide based on the conditions whether to amend an itinerary.

Land Only Passengers (Escorted Tours)

Your tour manager will contact you after your arrival at your hotel. Passengers who have not purchased arrival transfers from Gate 1 Travel should proceed directly to the hotel for check-in. The details of the hotel can be found in your documents.

Purchasing Tours Locally

On escorted tours, the guides will generally sell optional tours to passengers who have not pre-purchased them. Payment can be made by cash or credit card, unless otherwise noted below. This does not apply to Independent packages. Please see Gate 1 Terms & Conditions for more information. <https://www.gate1travel.com/terms.aspx#optional>

Independent Activities - Gate 1 itineraries may contain suggestions for activities for your leisure time; these suggestions do not constitute a recommendation nor an endorsement of any specific service provider and the decision to participate in any such activities should be made independently and with due consideration. Gate 1 is not responsible for any activities not expressly included in its programs. Caution should be exercised when selecting certain activities that may require physical strength, coordination or exertion. Particular care should be taken when considering animal rides, such as on camels, mules or horses

Currency

We suggest getting a small amount of currency for the first country you're visiting before you depart. It is a good idea to carry a chart with you to

help you convert dollars to the local currency. It's also a good idea not to carry too much money. Many countries have ATM machines that accept most ATM cards, but be sure you know your ATM password in numbers-the keypads on foreign ATMs don't always have letters. **ATM machines will only dispense cash in local currency.** Check with respective consulates to learn current currency allowances and requirements. Use your credit card whenever possible. Should you decide to carry cash, please note that exchange at banks is typically more favorable than at hotels or exchange bureaus. However, bank hours are limited to Mondays through Fridays and sometimes only morning hours on those days. Please note that many banks and most vendors will not accept or exchange \$100 bills. We suggest to carry \$20 bills or smaller. In many destinations (except Western Europe), we suggest to bring between \$50 to \$100 in \$1 bills which may be used to pay gratuities.

Denmark - The Danish Krone is the currency of Denmark.

Norway - The Norwegian Krone is the currency of Norway.

Sweden - The Swedish Krona is the currency of Sweden.

Credit Cards

While credit cards are accepted in most destinations, it is advisable to carry local currency. Inform your credit card company that you are traveling to avoid your card being blocked for security reasons.

While most US-issued credit cards have the embedded microprocessor chip, there are still some that have the magnetic-strip technology. The "chip-and-PIN" cards require users to punch in a personal identification number (PIN) instead of signing for a purchase. For example, many automated ticket kiosks, such as those commonly found at train stations, gas pumps and parking garages, don't accept cards without a chip and PIN. Most cash registers are equipped to handle American cards but if you encounter difficulties, offer an alternative credit card or politely insist that the cashier keep trying to swipe the credit card. ATMs typically recognize and accept US issued debit cards. For travel to Europe, should you anticipate using ticket kiosks or purchasing train tickets locally, you may consider buying tickets and other basic purchases prior to departure.

Shopping

Most people enjoy bringing home at least one souvenir from the countries they visit. However, some find any amount of shopping to be too much while others never find enough opportunities.

We have built into our Escorted itineraries a few shopping stops at recommended spots. These stops are designed to enhance your experience by providing an opportunity to see first-hand quality locally crafted merchandise which you may not be able to find on your own. Shops are checked to ensure the quality and authenticity of the products they offer, and we limit guides from visiting other locations. In some cases, we plan these stops to provide an opportunity to use clean bathrooms and to stretch your legs. All shops want your satisfaction, and therefore in case of any misunderstanding they ask that you kindly submit your claim to us within one week of the item's receipt. Claims submitted later will be subject to each store's policies.

While shopping independently, we advise you to exercise care and common sense when making any purchase. Always get a formal receipt. And remember that, just like in this country, if a deal seems too good to be true, it probably is!

About Tax-Free Shopping

Tax-Free Shopping allows shoppers to reclaim the VAT (Value-Added Tax) or GST (Goods and Services Tax) they have paid on their purchases in some foreign countries in accordance with restrictions and procedures as dictated by each country. If interested, we suggest you check the respective country's online website, or with your tour manager or with www.globalblue.com for specific country regulations and airport operation hours. Please keep in mind that you must apply for VAT refund in the airport of the country the items were purchased.

U.S. Customs & Shipping Charges

You may carry items with a fair retail value totaling \$800 into the U.S. Taxes may be applied to the next \$1,000 worth of merchandise. U.S. Customs determines the value of your items, often honoring a genuine sales receipt. Items which are shipped home are always subject to duty when received in the U.S. (in addition to shipping charges). Some shops may offer to include shipping and duties in the price but this typically means shipping only to the customs facility closest to you and payment only of the export duties; you would still need to collect the item and pay U.S. import duties. Please be aware that it is illegal to import products made from endangered animal species. U.S. Customs & Border Protection will seize these items, as well as most furs, coral, tortoise shell, reptile skins, feathers, plants, and items made from animal skins.

Denmark - Copenhagen has excellent shopping facilities. Special purchases include Bing & Grøndal and Royal Copenhagen porcelain, Holmegård

glass, Bornholm ceramics, handmade woolen wares from the Faroe Islands and Lego toys.

Norway - Typical Norwegian handicrafts include silver, pottery, furs, printed textiles, woven articles, knitwear, woodcarving, enamel pieces, pewter, glass and porcelain. Note that many smaller stores close early on Saturday and nearly everything is closed on Sundays.

Sweden - The unofficial national symbol, the Dala Horse, is a small wooden horse that has been around since the 17th-century and is a popular souvenir. Other typical Swedish handicrafts include the world famous glass known for its beauty, original and inventive furniture and jewelry, and other home items.

Your Safety is Very Important

Prior to your trip, if you are traveling overseas, we strongly recommend that you visit the website of the U.S. Department of State at www.travel.state.gov, specifically the section which addresses International Travel. You should read the tips for foreign travel and travel warnings for the country or countries that you plan to visit.

It is also important that you do not allow your common sense to take a vacation while on your trip. Here are several tips which, if followed, will save much potential hardship:

- Be aware of potentially dangerous places and situations as you would be at home. Avoid wearing expensive jewelry and carry your valuables concealed in inside pockets or hidden pouches. Your objective is to avoid drawing attention and to blend in with the crowd
- Don't put all your valuables (money, credit cards, passports, etc.) in the same place (in case one wallet is stolen, you should have other valuables and identification in another safe place)
- Do not leave valuables laying loose in your room or on the bus as Gate 1 Travel is not responsible for any loss. Use the hotel safe. Keep copies of your passports, credit card numbers and travelers checks numbers in the hotel safe
- Credit cards are generally accepted everywhere and are safer than traveling with large amounts of cash
- Do not pack valuables (cameras, computers, jewelry, etc.) in your checked luggage. Keep hard to replace valuables with you in your carry-on bag
- Keep wallets safely tucked into front trouser pockets and/or wear a money pouch inside your clothing
- Carry handbags close to your body, shoulder bags the cross-body method with the bag in front of your body.

If you've purchased an escorted tour program, your travel documents will include telephone numbers of local Gate 1 Travel representatives who will do their utmost to assist you in the event of an emergency. The numbers are printed on your Gate 1 Travel vouchers. Please copy the numbers. Once you relinquish the voucher, you will not have this information. Passengers traveling independently should employ the services of hotel concierges and local authorities.

Tourist Street Scams

Pickpockets and thieves can destroy an otherwise wonderful holiday. Be mindful of these precautions to help avoid being scammed or robbed:

- Remain alert and cautious. Be wary of any unusual contact or commotion in crowded public places, including train stations, markets, subways and tourist sites;
- Be especially careful when traveling independently, or leaving your tour group to explore on your own. Try not to travel alone, especially at night. Avoid narrow alleys and poorly lit streets;
- Use only official taxis and check the change you receive from all taxi drivers and vendors;
- Beware of pickpockets often working with an accomplice who will distract you by spilling something on you, dropping a wallet or other seemingly valuable object, or tripping and falling down in front of you;
- Beware of aggressive street vendors who may approach you offering a demonstration which may end with you being pressured to purchase an item or act as a distraction for another pickpocket;
- Don't tip beggars;
- Wear the shoulder strap of your bag across your chest;
- Carry modest amounts of cash (US dollars) in small denominations so that you can avoid flashing large bills when paying for small items;
- ATM machines can be a convenient way to carry less currency. However those machines too can be used for robbery. Be wary of anyone

who can look over your shoulder when inputting PINs. Another scam involves rigging the machine with a plastic insert which makes your card retrieval difficult; the thief then removes your card after you walk away;

- If you are confronted, do not fight back - give up your valuables. If your possessions are lost or stolen, report the loss immediately to the local police and keep a copy of the official report for insurance claims.

Local Emergency Phone Numbers

Denmark

- General Emergency: 112

Norway

- Police: 112
- Medical: 113
- Fire: 110

Sweden

- General Emergency: 112

Electricity

Please note: The U.S. uses 120 volts and you can purchase a converter and transformer at most hardware stores for your 120V appliances.

Denmark - The voltage used is 230 volts.

Norway - The voltage used is 230 volts.

Sweden - The voltage used is 230 volts.

Code of Conduct

Denmark - Shaking hands is the standard greeting. Common courtesies should be observed, and conservative casual dress is appropriate.

Norway - Shaking hands is the standard greeting. Common courtesies should be observed, and conservative casual dress is appropriate.

Sweden - Shaking hands is the standard greeting. Common courtesies should be observed, and conservative casual dress is appropriate.

Food and Meals

As specified in each itinerary. Meals are based on the hotel's or restaurant's buffet or set menu. In general, beverages are not included, unless specifically stated. Although Gate 1 cannot make guarantees, every effort will be made to honor special dietary requests submitted in writing at least 72 hours prior to departure at www.gate1travel.com/contactus.

Restaurant Recommendations

We are pleased to offer some restaurant recommendations below. As personal preferences and budgets vary, please check menus and prices carefully. We have created a broad pricing guideline for your convenience: \$=Budget; \$\$=Typical; \$\$\$=Pricey.

Please note that some restaurants are closed one or more days each week. When available, we have indicated this information however closing days are determined by the restaurant and subject to change without notice.

Bergen

Restaurant 1877, Kjøttbaseren, Vebildsallmenningen 2, (Norwegian/Seafood/Meat - \$\$\$). Tel 47 92 871877.

<http://www.restaurant1877.no/restaurant-1877-english/>

Enhjørningen Fiskerestaurant (The Unicorn Fish Restaurant), Enhjørningsgården 29, (Seafood/Norwegian - \$\$\$). Tel 47 55 306950.

<http://www.enhjoerningen.no/meny/>

Bryggeloftet & Stuene Restaurant, Bryggen 11, (Norwegian/Seafood/Meat - \$\$). Tel. 47 55 302070. <http://www.bryggeloftet.no/>

Maharaja Indian Restaurant & Bar, Rosenkrantzgaten 5, (Indian - \$). Tel 47 55 312555. [https://translate.google.com/translate?](https://translate.google.com/translate?hl=en&sl=no&u=http://www.maharajas.no/&prev=search)

[hl=en&sl=no&u=http://www.maharajas.no/&prev=search](https://translate.google.com/translate?hl=en&sl=no&u=http://www.maharajas.no/&prev=search)

Lillehammer

Bryggerikjelleren, Elvegata 19, (Norwegian/Steak - \$\$). Tel. 47 612 70660. <http://www.bblillehammer.no/restaurant/bryggerikjelleren/>

Hvelvet Restaurant, Stortorget 1, (Norwegian/International - \$\$). Tel. 47 90 729100. [https://translate.google.com/translate?](https://translate.google.com/translate?hl=en&sl=no&u=http://www.hvelvet.no/&prev=search)

[hl=en&sl=no&u=http://www.hvelvet.no/&prev=search](https://translate.google.com/translate?hl=en&sl=no&u=http://www.hvelvet.no/&prev=search)

Nikkers Sports Bar, Elvegata 19, (Burgers/Sandwiches/Pub Food - \$). Tel 47 612 47430. <http://www.nikkers.no/information-in-english/>

Oslo

Den Glade Gris (The Happy Pig), St. Olavs gate 33, (Pork/Pub - \$\$). Tel 47 22 111710. [https://translate.google.com/translate?](https://translate.google.com/translate?hl=en&sl=no&u=http://www.den-glade-gris.no/den-glade-gris--meny.html&prev=search)

[hl=en&sl=no&u=http://www.den-glade-gris.no/den-glade-gris--meny.html&prev=search](https://translate.google.com/translate?hl=en&sl=no&u=http://www.den-glade-gris.no/den-glade-gris--meny.html&prev=search)

Theatercafeen, Stortingsgaten 24/26, (Seafood/Norwegian - \$\$). Tel 47 22 824050. <http://www.theatercafeen.com/>

Café Christiania, Nedre Vollgate 19, (French-influenced Norwegian cuisine - \$\$). Tel 47 22 010510. <https://www.cafechristiania.no/english#about>

Gamle Raadhus, Nedre Slottsgate 1, (Norwegian Fish & Game Dishes - \$\$). Tel. 47 22 420107. <http://www.gamleraadhus.no/english>

Egon Karl Johan, Karl Johans Gate 37, (International - \$\$). Tel 47 22 417790. [https://translate.google.com/translate?](https://translate.google.com/translate?hl=en&sl=no&u=https://egon.no/restauranter/karl%2Bjohan&prev=search)

[hl=en&sl=no&u=https://egon.no/restauranter/karl%2Bjohan&prev=search](https://translate.google.com/translate?hl=en&sl=no&u=https://egon.no/restauranter/karl%2Bjohan&prev=search)

La Cucina, Holbergs Plass 4, (Italian - \$\$). Tel 47 22 202000. <http://www.lacucina.no/en/>

Copenhagen

Restaurant Maven, Nikolaj Plads 10, (Danish / Scandinavian / European - \$\$\$). Tel. 45 32 201100. Closed Sundays.

<http://www.restaurantmaven.dk/en/home/>

Ida Davidsen, Store Kongensgade 70, (Smørrebrød / Scandinavian / European - \$\$\$). Tel. 45 33 913655. Closed Saturdays and Sundays.

<https://idadavidsen.dk/?lang=en>

Hereford Beefstouw at Tivoli Gardens, Vesterbrogade 3, (Steakhouse / European - \$\$\$). Tel. 45 33 127441. Open everyday.

<https://translate.google.com/translate?hl=en&sl=da&u=http://a-h-b.dk/kobenhavn-tivoli&prev=search>

XO Burgers and Steaks, Axelortov 3, (Steakhouse / American - \$\$\$). Tel. 45 33 339434. Open everyday. [https://translate.google.com/translate?](https://translate.google.com/translate?hl=en&sl=da&u=http://www.xoburgersandsteaks.dk/&prev=search)

[hl=en&sl=da&u=http://www.xoburgersandsteaks.dk/&prev=search](https://translate.google.com/translate?hl=en&sl=da&u=http://www.xoburgersandsteaks.dk/&prev=search)

Det Lille Apotek, Store Kannikestræde 15, (Danish - \$\$). Tel. 45 33 125606. Open everyday. <http://detlilleapotek.dk/en/>

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1. Pay as requested
2. Obtain a receipt
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