

## SWVRRC 2012 Race Results

<b>Date</b>	<b>Race</b>	<b>Runner</b>	<b>Time</b>	<b>Placement</b>
12-21	<b>Doomsday Marathon (NC)</b>	Danny Keatley	6:13:35	28/46
12.08	<b>Rosy Cheeks 5K</b> Mt Airy, NC	Anita Wagner	25:40	2nd - Female 50-54
12-8	<b>King Tornado 10K</b> Bristol TN	Kristy French	47:52	2nd - Female Overall
12-2	<b>Three Bridges Marathon (VA)</b>	Danny Keatley	4:26:47	3/3 60+; 45/50
11-24	<b>Derby 50K (NC)</b>	Danny Keatley	6:42:06	49/62
11-23	<b>Stuffed Strut in Wytheville VA</b>	Anita Wagner Kate Wagner	31:58 30:30	
11-22	<b>12th Annual HCC (Hagerstown) Turkey Trot 5K</b>	Jennifer Alvarez	26:49	
11-22	<b>2012 Roanoke Drumstick Dash</b>	Tom Davis	25:17	3rd - Male 65-69
11-22	<b>36th Annual YMCA Thanksgiving Day 5 Miler</b>	Martin Brekeller Randy Lester Desi McClung Ronald Shuck Lee Scruggs	58:42 39:25 43:30 39:34 41:03	3rd - Male 60+ 2nd - Male 50-59 1st - Male 60+
11-17	<b>Canary in the Cave 25K+ Trail Run</b>	Ronnie Shuck Nick Whited	3:32:30 2:44:39	3rd - Male 50+; 29/61 3rd - Male 39 and under; 6th Overall
11-17	<b>Charlotte Marathon (NC)</b>	Danny Keatley	4:13:28	3/6 65-69; 513/1010

11-17	<b>Star City 10K</b>	Kristy French	47:42	2nd Female Overall
11-11	<b>Marshall Marathon</b>	Jennifer Alvarez	4:51:57	
		Stephen Dowdy	4:04:22	
		Paul Pennington	3:33:13	PR
		Ronnie Shuck	4:08:14	
		Mark Wagner	3:40:46	
		Jeannie Weitzel	4:51:58	
	<b>Half Marathon</b>	Tom Gordon	2:14:25	
		Tony Paynter	2:02:53	PR
		Anita Wagner	2:27:37	
		Jim Wilson	2:39:49	
11-10	<b>Richmond Marathon (VA)</b>	Danny Keatley	3:59:00	3/29 65-69; 1618/4716
10-28	<b>Marine Corps Marathon</b>	Lesley Ashford	4:15	6828/23531
10-27	<b>Pumpkin Run 10K</b>	Jennifer Alvarez	57:20	2nd - Overall Female
		Jason Artrip	61:16	2nd - Male 30-34
		Bruce Blankenship	56:36	2nd - Male 55-59
		Doc Craddock	48:49	1st - Male 65-69
		Melanie Dowdy	87:46	1st - Female 35-39
		Danny Kealtes	48:56	2nd - Male 65-69
		Randy Lester	51:58	1st - Male 55-59
		Todd Matson	44:22	1st - Male 50-54
		Tony Paynter	56:52	2nd - Male 40-44
		Paul Pennington	46:30	1st - Male 40-44
		Lee Scruggs	56:41	2nd - Male 50-54
		Anita Wagner	64:44	3rd Overall Female
	<b>Pumpkin Run 5K</b>	Lynsey Artrip	34:27	3rd - Female 25-29
		Martin Brekeller	33:35	1st - Male 70+
		Robert Cole	39:39	2nd - Male 70+
		Steven Dowdy	24:04	1st - Male 35-39
		Nancy Hodges	36:31	1st - Female 60-64
		Desi McClung	26:39	1st - Male 50-54
		Jimmy Miller	31:39	1st - Male 65-69
		Mark Wagner	20:48	1st - Male 45-49;; 4th overall

	<b>Fun Run</b>	Zander Alvarez	4:07	8th
	<b>Costume Contest</b>	Zombie Pink Gypsy Man in Pink Fuzzy Skirt Pink Lady Princess		1st - 1 night free for 2 at Pipestem 2nd - \$50 gift card Sheetz 3rd - \$25 gift card Walmart 4th - \$10 gift card Kroger
10-27	<b>7th Annual Ridge to Bridge Marathon</b>	Nick Whited	2:55:56:9	1st - Male 30-34; 5th Overall
10-27	<b>Haunted Half Marathon</b>	Donna Akers Kristy French	2:25:30 1:45:48	
10-27	<b>New River Gorgeous Train Run 7.5 Mile</b>	Ronnie Shuck	1:26	1st - Male 60+
10-21	<b>Columbus Marathon (OH)</b>	Danny Keatley	4:01:19	4/37 65-69; 2157/5483
10-14	<b>Lumberjack Festival 5K</b>	Tony Paynter	25:38	2nd - Male 40-49
10-13	<b>Freedom Marathon (WV)</b>	Danny Keatley	4:29:14	
10-13	<b>Bear Trek 5K</b>	Kristy French Desi McClung Tony Paynter Anita Wagner	22:21 26:19 25:13 29:01	1st Overall Female 2nd - Male 40-49 (PR)
10-13	<b>New River 50K</b>	Nick Whited	3:39:21 3:05:21	3rd Overall Coming through the marathon
10-13	<b>15K Overmountain Men Victory Run Piney Flats (TN)</b>	Donna Akers	1:39:57	
10-7	<b>Johnstown Marathon (PA)</b>	Danny Keatley	4:12:01	

10-6	<b>Freshwater Festival 5K</b>	Danny Keatley	21:32	
10-6	<b>Beckley Half Marathon</b>	Tony Paynter	2:07	
		Ronnie Shuck	1:46	1st - Male 60-64
	<b>Beckley 5K</b>	Tom Davis	26:18	3rd - Male 65-69
		Desi McClung	26:57	2nd - Male 50-54
		Jim Wilson	29:52	3rd - Male 60-64
9-30	<b>City of Pittsburgh Great Race 5K</b>	Tom Davis	26:18	3rd - Male 65-69
9-29	<b>Possum Trot 5K</b>	Tony Paynter	26:37	3rd - Male 40-44
9-29	<b>Akron Marathon (OH)</b>	Danny Keatley	3:54:44	1- Male 65-69; 442/1624
9-29	<b>Cherokee Half Marathon</b>	Nick Whited	1:18:06	2nd Overall
9-25	<b>Brian Delp 5K Run</b>	Mike Collins	21:58	2nd - Male 40-44
		Doc Craddock	23:48	1st - Male 65-69
		Tom Davis	27:35	2nd - Male 65-69
		Kristy French	22:35	2nd Female
		Tom Gordon	28:54	1st - Male 60-64
		Tom Kaylor	50:00	2nd - Male 50-54
		Desi McClung	27:15	1st - Male 50-54
		Adam Ozyavas	27:26	3rd - Male 40-44
		Paul Pennington	20:53	1st - Male 40-44
		Nick Whited	17:02	Overall Winner
		Vonda Wilson	22:11	1st Female
	<b>Brian Delp 5K Walk</b>			
9-22	<b>Clay Apple Festival</b>	Ronnie Shuck	24:15	1st - Male 60-64; 4th overall
8-5	<b>Capital City Challenge Triathlon</b>	Ronnie Shuck	2:18:43	1st - Male 60-64

9-15	<b>Elswick 5K</b>	Donna Akers Tom Davis Steven Hunt Desi McClung Jimmy Miller Paul Pennington Anita Wagner Mark Wagner Nick Whited	29:51:76 27:40:65 28:33:86 27:23:30 30:54:22 20:59:11 27:13:86 27:14:86 17:19:93	1st - Female 60-64 2nd - Male 65+ 3rd - Male 50-54 2nd - Male 50-54 3rd - Male 65+ 1st - Male 40-44 1st - Female 50-54 2nd - Male 45-49 Overall Winner; 1st - Male 30-34
9-8	<b>5K Spud Run</b>	Ronnie Shuck	23:22	
9-8	<b>Odyssey Trail Marathon</b>	Danny Keatley Nick Whited	6:20:16 4:00:04.6	1st - Male 65+; 31/41 Overall winner
9-8	<b>Cpl. Chuck Smith Memorial 5K</b>	Jim Wilson	31:10	2nd - Male 60-64
9-2	<b>Virginia Beach Rock 'n' Roll Half Marathon</b>	Michael Canterbury	1:32:13	
9-1	<b>Charleston 5K</b>	Cassidy Adams Martin Brekeller Tom Davis Tony Paynter Mark Wills	38:39 34:49 27:07 25:40 53:58	
	<b>Charleston 15 Miler</b>	Revonda Adams Donna Akers Jennifer Alvarez Bruce Blankenship Doc Craddock Danny Keatley Paul Pennington Doc Weiss	3:28:57 3:14:32 2:29:53 2:19:25 2:16:26 2:09:36 2:06:13 2:06:19	
8-31	<b>The Peoples Bank Midnight Flight 12 1 Mile</b>	Ronnie Shuck	6:44	1st - Male 60-64

	<b>The Peoples Bank Midnight Flight 12 5K</b>	Ronnie Shuck	23:33	5th - Male 60-64
	<b>The Peoples Bank Midnight Flight 12 10K</b>	Ronnie Shuck	52:33	4th - Male 60-64
8-26	<b>Timmy's Challenge Marathon (WV)</b>	Danny Keatley	4:30:35	
8-26	<b>Pineville 5K</b>	Tom Gordon Tony Paynter	27:03 28:28	1st - Male 40-44 2nd - Male 60-64
8-18	<b>16th Fab 5K</b>	Kristy French Vonda Wilson	23:39 22:43	2nd - Female 30-34 1st - Female 40-44
8-18	<b>Parkersburg Half Marathon</b>	Danny Keatley	1:43:10	1st - Male 65-69; 161/197
8-11	<b>Glade Springs Charlie Williamson Memorial 5K</b>	Ronnie Shuck	23:28	1st - Male 61-70
8-11	<b>Narrows 5K</b>	Donna Akers Gary Akers Jennifer Alvarez Zander Alvarez Hank Burnley Michael Canterbury Mike Collins Doc Craddock Tom Davis Carol Fitzwater Larry Fitzwater Peter Formato Tom Gordon Skyler Hamb Nancy Hodges Paul Hodges Dusty Jenkins Megan Kaylor Tom Kaylor	29:08 29:32 34:31 34:30 30:16 18:15 20:50 22:59 26:48 43:54 24:20 28:51 26:12 43:10 34:42 36:17 28:38 27:40 20:15	1st - Female 60-64  3rd - Female 35-39  2nd - Male 30-34; PR 2nd - Male 40-44 2nd - Male 60+ 3rd - Male 65+ 2nd - Female 50-54 3rd - Male 55-59 3rd - Male 60-64 1st - Male 60-64  2nd - Female 60-64  2nd - Female 20-24 1st - Male 50-54

Danny Keatley	21:49	1st - Male 65+
Randy Lester	23:34	2nd - Male 55-59
Desi McClung	26:11	2nd - Male 50-54
Tony Paynter	25:08	3rd - Male 40-44; PR
Paul Pennington	20:10	1st - Male 40-44
Beverly Quick	28:44	1st - Female 55-59
Nick Whited	16:44	Overall winner; 1st - Male
Vonda Wilson	21:48	30-34
		1st - Overall female; 1st -
		Female 40-44

**Fun Run**

Zander Alvarez		
Kerry Collins		1st Place

8-11	<b>Watauga Lake Triathlon</b>	Mark Wagner	2:27:29	4th - Age Division
8-4	<b>Cherry River 10K</b>	Danny Keatley	48:10	1/2 50+, 3/7
8-4	<b>Pigeon Forge Midnight 8K</b>	Michael Canterbury	31:49	4th - Male 30-34
		Ronnie Shuck	39:36	2nd - Male 60-64
8-4	<b>Abingdon Main St 5K</b>	Ronnie Shuck	24:31	1st - Male 60+
8-3	<b>Draper Mile</b>	Nick Whited	4:34	6th Overall; 1st - Male 30-34
7-28	<b>Green Dog 5K</b>	Gary Akers	31:12	
		Jason Artrip	25:19	
		Lynsey Artrip	33:10	
		Hank Burnley	31:51	
		Tom Davis	28:16	
		Carol Fitzwater	45:47	
		Larry Fitzwater	25:16	
		Peter Formato	33:18	
		Tom Gordon	28:46	
		Steven Hunt	29:57	
		Skieler Hamb	44:08	
		Dusty Jenkins	30:59	1st - Male 25-29
		Tom Kaylor	21:36	
		Desi McClung	27:59	
		Nick Whited	17:38	Overall Winner
		Vonda Wilson	22:34	Overall Female

7-28	<b>Landsford Canal 50K (SC)</b>	Danny Keatley	6:19:18	14/30
7-28	<b>Parkersburg 5K</b>	Tony Paynter	26:38	
7-21	<b>Durbin Days 5K</b>	Danny Keatley	21:38	1/5 56+, 4/46
7-21	<b>Commonwealth Games of VA 5K</b>	Donna Akers	30:44	
7-21	<b>Athens Mile</b>	Michael Canterbury Vaugh Campbell Tom Davis Byron Guy Nancy Hodges Paul Hodges Sally Howard Hannah Kaylor Tom Kaylor Desi McClung Paul Pennington	5:07:88 5:22:20 7:54:65 6:22:10 10:15.09 10:22:17 7:16:41 7:00:59 5:50:03 7:43:62 5:55:35	1st - Male 30-39 1st - Male 14-17 2nd - Male 60-79 1st - Male 60 - 79 1st - Fmelae 60-79  1st - Female 40-49 2nd - Female 18-24 1st - Male 50-59 3rd - Male 50-59 1st - Male 40-49
7-14	<b>John Henry 5K</b>	Michael Canterbury Dusty Jenkins	24:19 36:38	2nd Overall
7-14	<b>Grandfather Mt Marathon (NC)</b>	Danny Keatley	4:18:23	7/34 60+; 134/362
7-14	<b>Crazy 8s 8K</b>	Donna Akers Stephen Pruitt Vonda Wilson Anita Wagner Mark Wagner	52:40.9 32:57 37:59.2 52:55.2 52:36.9	2nd - Female 40-44
7-14	<b>Bear Hole 5K</b>	Gary Akers Steven Dowdy Desi McClung	29:40 23:27 27:17	1st - Male 40-49 2nd Overall 3rd - 50+
	<b>Bear Hole 10K</b>	Jennifer Alvarez Bruce Blankenship Doc Craddock	55:42 NA 49:29	1st - Female 30-39  2nd - Male 50+



		Melanie Dowdy	NA	
		Tom Gordon	1:01:27	
		Tony Paynter	59:27	1st - Male 40-49
		Ronald Shuck	49:46	34d - Male 50+
		Jeannie Weitzel	1:03:13	2nd - Female 40-49
7-13	<b>Summersville Midnight Blast 5K</b>	Ronald Shuck	22:05	
7-7	<b>Oceana Heritage 5K</b>	Tony Paynter	26:31	
7-7	<b>Tazewell Young Life Heritage Classic 5K</b>	Gary Akers	32:52	1st - Male 40-44
		Jason Artrip	29:42	
		Lynsey Artrip	33:47	
		Hank Burnley	32:19	3rd - Male 55-59
		Dusty Jenkins	30:23	2nd - Male 25-29
		Tom Kaylor	21:41	1st - Male 50-54; 3rd Overall
		Desi McClung	28:52	Overall
		Nick Whited	18:12	3rd - Male 50-54 Overall Winner
	<b>Tazewell Young Life Heritage Classic 10K</b>	Donna Akers	1:06:08	2nd - Female 60-64
		Bruce Blankenship	53:28	2nd - Male 55-57
		Michael Collins	45:13	1st - Male 40-44; 4th Overall
		Doc Craddock	49:42	Overall
		Danny Keatley	50:26	1st - Male 65+
		Randy Lester	51:16	2nd - Male 65+
		Paul Pennington	45:19	1st - Male 55-57
		Vonda Wilson	46:54	2nd - Male 40-44; 5th Overall Overall Female Winner
7-4	<b>Big Butt 50K (SC)</b>	Danny Keatley	5:56:04	4/15
6-23	<b>Chautauqua 5K</b>	Lynsey Artrip	31:52	
		Hank Burnley	29:56	
		Michael Collins	20:06	1st - Male 40-44
		Tom Davis	27:25	1st - Male 65+
		Tom Gordon	26:56	
		Byron Guy	22:21	3rd Male 60-64
		Tom Kaylor	20:02	1st - Male 50-54
		Randy Lester	24:21	1st - Male 55-59
		Desi McClung	26:41	
		Paul Pennington	20:57	2nd - Male 40-44

Anita Wagner	29:37	1st - Female 50-54
Mark Wagner	21:02	2nd - Male 45-49
Nick Whited	17:07	Overall Winner
Vonda Wilson	21:18	Female Overall Winner

6-23	<b>WV Senior Olympics 100 Meter Dash</b>	Jim Wilson	16:95	4th - Male 60-64
6-23	<b>Eastern-Divide 50K</b>	Danny Keatley	7:03:17	104/157
6-16	<b>Boogie Marathon (NC)</b>	Danny Keatley	4:41:24	19/54
6-16	<b>Appalachian Fly By 10K</b>	Bruce Blankenship Ronnie Shuck	1:03:15.80 53:59.30	3rd - Male 55-59 1st - Male 60-64; 9/37
6-9	<b>Hatfield-McCoy Marathon</b>	Danny Keatley	4:00:19	2/10 65-69; 47/261
6-9	<b>Lewis McManus 5K</b>	Tom Davis Martin Breckeller	27:04 NA	1st - Male 61-69 1st - Male 70+
6-7	<b>18th Annual The Varmint Half Marathon</b>	Donna Akers Jennifer Alvarez Bruce Blankenship Michael Canterbury Michael Collins Tom Gordon Byron Guy Tom Kaylor Paul Pennington Steve Pruitt Ronnie Shuck Erik Stephan Jeannie Weitzel Doc Weiss Sam White Nick Whited Vonda Wilson	2:34:24.2 2:01:15.9 1:56:22.7 1:26:35.7 1:35:58.4 2:09:59.7 1:46:34.2 1:37:55.2 1:40:13.9 1:34:30.9 1:52:39.4 1:45:22.4 2:14:12.7 1:43:24.7 1:55:27.9 1:20:46.4 1:45:45.2	3rd - Female 60-64  3rd - Male 55-59 1st - Male 30-34 1st - Male 40-44  Male Grandmasters 2nd - Male 40-44 2nd - Male 35-39  2nd - Male 50-54  3rd - Male 60-64  Overall Winner Female Masters

	<b>18th Annual The Varmint 5K</b>	Revonda Adams	32:17.9	
		Gary Akers	31:01.2	1st - Male 40-44
		Jason Artrip	25:34.9	3rd - Male 30-34
		Lynsey Artrip	33:50.0	
		Hank Burnley	32:03.4	2nd - Male 55-59
		Desi McClung	27:29.7	2nd - Male 50-54
		Tabatha Robins	28:06.3	
		Rick Shannon	26:20.4	2nd - Male 45-49
		Caitlin Wills	32:07.9	
		Mark Wills	52:21.4	
6-2	<b>Ridgerunner Marathon</b>	Danny Keatley	4:56:00	
6-2	<b>Mile for a Miracle (One Mile)</b>	Hank Burnley	9:29	2nd - Male 50-59
		Michael Canterbury	5:24	3rd - Overall
		Anabell Collins		1st - Kids Fun Run
		Crystal Collins	9:55	2nd - Overall Female
		Kerry Collins	9:11	1st - 10 and under
		Michael Collins	6:04	1st - Male 40-49
		David Helmondollar	10:29	3rd - Male 40-49
		Tom Kaylor	9:30	3rd - Male 50-59
		Desi McClung	7:54	1st - Male 50-59
		Paul Pennington	6:16	2nd - Male 40-49
		Nick Whited	5:10	2nd - Overall
6-2	<b>Blue Plum 5K</b>	Byron Guy	21:42	1st - Male 60-69; 66/838
5-26	<b>Roanoke Appalachian Power Festival Run 5K</b>	Tom Davis	27:20	1st - Male 65-69; 93/252
	<b>Roanoke Appalachian Power Festival Run 10K</b>	Danny Keatley	48:19	1st - Male 65-69; 37/213
5-26	<b>Bill Gatton Honda 5K (TN)</b>	Donna Akers	30:51	1st - Female 60+; 1/7

5-24	<b>Run for Your Life Prevention 5K</b>	Revonda Adams	33:28	2nd - Female 35-39	
		Gary Akers	31:58	3rd - Male 40-44	
		Bruce Blankenship	25:08	1st - Male 55-59	
		<a href="#">Times</a>	Tom Davis	29:1	2nd - Male 65+
		<a href="#">Female Ranking</a>	Melanie Dowdy	38:51	3rd - Female 35-39
		<a href="#">Male Ranking</a>	Stephen Dowdy	38:51	2nd - Male 35-39
			Tom Gordon	27:48	1st - Male 60-65
			David Helmandollar	35:34	3rd - Male 45-49
			Paul Hodges	40:17	3rd - Male 65+
			Nancy Hodges	NA	
			Hannah Kaylor	25:46	2nd - Female 20-24
			Megan Kaylor	27:23	3rd - Female 20-24
			Tom Kaylor	20:55	1st - Male 50-54
			Danny Keatley	23:27	1st - Male 65+
			Randy Lester	25:40	2nd - Male 55-59
			Desi McClung	27:43	3rd - Male 50-54
			Tony Paynter	27:40	1st - Male 40-44
			Steve Pruitt	20:46	1st - Male 35-39
			Jimmy Miller	34:27	
			Lee Scruggs	22:46	2nd - Male 50-54
	Nick Whited	18:15	Overall Winner; 1st - Male 30-35		
	Mark Wills	51:11	3rd - Male 55-59		
5-20	<b>Bob Potts Marathon (PA)</b>	Danny Keatley	3:47:40	1/9 - Male 65-69; 125/426	
5-20	<b>The Mullins Centennial 5K</b>	Bruce Blankenship	25:48	1st - Male 55-59	
		Tom Davis	27:46	2nd - Male 60+	
		Tony Paynter	27:32	1st - Male 40-44	
5-19	<b>Bluestone River Wild 5K</b>	Bruce Blankenship	25:17	1st Age Group	
		Michael Canterbury	19:32	2nd Overall; 1st Age Group	
		Tom Davis	28:17	1st Age Group	
		Todd Donovan	22:26	2nd Age Group	
		Desi McClung	26:44	1st Age Group	
		Vonda Wilson	22:41	3rd Female Overall; 1st Age Group	
5-12	<b>Grundy Kiwanis 5K</b>	Tom Kaylor	19:47	1st Senior Masters	
		Jimmy Miller	30:30	3rd - Male 65-70	
		Vonda Wilson	21:37	3rd Overall Female; Female Masters	

5-12	<b>Harpers Ferry Half Marathon</b>	Michael Canterbury	1:33:00	7th Overall
5-12	<b>Running the Vines</b>	Tony Paynter	57:39	
5-5	<b>Wisconsin Half Marathon (WI)</b>	Lenora Hagerman		
5-5	<b>New River Marathon (NC)</b>	Danny Keatley	4:22:51	3/11 60-69; 105/237
5-5	<b>Susan G Komen Race for the Cure</b>	Tom Davis	27:21	227/575
5-5	<b>Girls on the Run in Southern West Virginia</b>	Gary Akers		2nd - Male 40-44
		Jason Artrip	23:36	3rd Overall Male
		Lynsey Artrip	32:00	1st - Female 25-29
		Dwayne Belcher	18:55	Overall Winner
		Hank Burnley	28:49	1st - Male 55-59
		Helen Chaffins		1st - Female 45-49
		Mike Collins		1st - Male 40-44
		Desi McClung		1st - Male 50-54
		Jimmy Miller		1s5 - Male 65-69
		Vonda Wilson		1st Female
5-1	<b>Roth 5K Run</b>	Revonda Adams	32:49	1st - Female 30-39
		Jackson Ball	30:30	3rd - Male 14 and under
		Martha Ball	32:09	3rd - Female 14 and under
		Philip Ball	33:52	2nd - Male 45-49
		Bruce Blankesnhip	25:51	1st - Male 50-59; 2nd - Male
		Joseph Bisaha	22:21	CU Alumni
		Michael Canterbury	20:11	2nd - Male 14 and under
		Helen Chaffins	33:08	3rd - Male 30-34
		Doc Craddock	25:29	2nd - Female 40-49
		Tom Gordon	27:20	3rd - Male 60-69
		Danny Keatley	22:58	
		Steve Lester	22:12	1st - Male 60-69
		Desi McClung	27:38	2nd - Male 40-44
		Jimmy Miller	30:47	2nd - Male 50-59
		Adem Ozyavas	27:16	
		Jessica Pennington	53:17	3rd - Male 40-44
		Paul Pennington	21:36	2nd - Female 30-39
		Steve Pruitt	20:25	1st - Male 40-44
		Beverly Quick	28:10	1st - Male 40-44

		Ronnie Shuck	24:29	1st - Female 50-59
		Nick Whited	17:53	2nd - Male 60-69
		Vonda Wilson	22:01	1st - Male 30-34; 4th overall 1st - Female 49-49; 2nd femal overall
	Walker	Mark Wills	55:17	
4-28	<b>Great Greenbrier River Race ... Mini-Triathlon</b>	Ronnie Shuck	1:49:41	6th-Solo Master Male
4-28	<b>Park 2 Park Half Marathon</b>	Donna Akers	2:38:28	
4-28	<b>Kentucky Derby Half Marathon</b>	Lee Scruggs	1:41	740/12092
4-28	<b>Mother Goose 5K</b>	Michael Canterbury	19:41	Overall Winner
		Helen Chaffins	32:47	
		Tom Davis	29:19	
		Mark Wills	54:50	Walker
4-28	<b>Vinton Dogwood Festival 5K</b>	Danny Keatley	22:52	1st - Mle 65-69; 26/160
		Rhonda Williams	26:15	1st - Female 45-49; 51/160
4-28	<b>Pocahontas Indian Run (5 Mile)</b>	Bruce Blankenship	41:41	1st - Male 55-59
		Hank Burnley	57:47	2nd - Male 55-59
		Mike Collins	34:55	1st - Male 40-45; 4th overall
		Doc Craddock	41:22	1st - Male 65 and over
		Tom Gordon	45:00	2nd - Male 60-65
		Tom Kaylor	34:09	1st - Male 50-54
		Steve Lester	37:49	3rd - Male 40-44
		Desi McClung	45:00	2nd - Male 50-54
		Jimmy Miller	52:26	2nd - Male 65 and over
		Adem Ozyaras	44:38	
		Tony Paynter	46:21	
		Paul Pennington	36:01	2nd - Male 40-44
		Stephen Pruitt	33:56	2nd Overall Male; 1st Male
		Beverly Quick	4449	35-39
		Doc Weiss	35:39	1st - Female 55-59
		Nick Whited	29:30	1st - Male 60-65
		Vonda Wilson		Overall Winner

				2nd Female Overall; 1st - Female 40-45
	<b>Walker</b>	Sonny Farley		1st - Male 65 and over
	<b>Papoose Run</b>	Anabelle Collins		1st Place (only girl in race)
	<b>Brave Run</b>	Kerry Collins		3rd Place
4-22	<b>Beckey 10K</b>	Ronnie Shucks Jim Wilson	47:50 1:03:10	1st - Male 60-69; 13th overall 2nd - Male 60-69
4-21	<b>Jerolee White 5K</b>	Revonda Adams Jennifer Alvarez Michael Canterbury Helen Chaffins Doc Craddock Tom Davis David Gates Byron Guy Tom Gordon David Helmandollar Tom Kaylor Steve Lester Desi McClung Jimuy Miller Adem Ozyaras Paul Pennington Jeannie Weitzel Vonda Wilson	32:38 26:44 19:10 33:09 23:40 27:58 29:37 22:06 27:01 33:49 20:32 22:28 27:02 31:46 26:56 21:17 28:28 22:00	2nd - Female 35-39 1st - Female 35-39 1st - Male 30-34 2nd - Female 45-49 1st - Male 65-69 2nd - Male 65-69 34d - Male 50-54 1st - Male 60-64 2nd - Male 60-64 2nd - Male 45-49 1st - Male 50-54 2nd - Male 40-44 2nd - Male 50-54 3rd - Male 65-69 3rd - Male 40-44 1st - Male 40-44 2nd - Female 45-49 2nd - Female Overall
4-21	<b>Blue Ridge Marathon</b>	Danny Keatley Nick Whited	4:20:19 3:10:39	1st - Male 65-69; 89/292 5th Overall
4-16	<b>Boston Marathon</b>	Mark Wagner	4:15:40	
4-14	<b>YMCA Spring Thaw 5K</b>	Tom Davis	27:54	
4-14	<b>Gristmill Grinder Half Marathon</b>	Jennifer Alvarez Jeannie Chang Seo Lenora Hagerman	2:33:08 2:28:26 4:57:05	

		(walker)	2:10:56	
		Ronnie Shuck	2:41:42	3rd - Male 60-65
		Jeannie Weitzel		
4-14	<b>Golden Eagle 5K (TN)</b>	Byron Guy	22:22	Grand Master 14/117
4-14	<b>Susan G. Komen VA Blue Ridge Race for the Cure</b>	Tom Gordon	27:23	2nd - Male 60-69
4-14	<b>Wolf Creek Indian Village 5K</b>	Helen Chaffins	33:59	
		Steve Lester	21:07	3rd - Male Overall
		David Helmandollar	31:42	
		Desi McClung	27:02	
		Tony Paynter	27:46	
		Vonda Wilson	21:11	1st - Female Overall
4-14	<b>Chocolate Chase 10K</b>	Donna Akers	68:42	
		Bruce Blankenship	51:32	
		Martin Brekeller	68:52	
		Mike Collins	41:05	2nd - Male 35-39
		Steven Dowdy	48:24	
		Tom Kaylor	41:20	2nd - Male 50-59
		Danny Keatley	47:01	1st - Male 60-69
		Chad Meador	63:45	
		Paul Pennington	43:40	
		Lee Scruggs	45:16	3rd - Male 50-59
4-7	<b>Charlottesville Marathon</b>	Danny Keatley	4:03:30	1st - Male 65-69; 236/475
4-1	<b>Cherry Blossom 10 Mile Run</b>	Lee Scruggs	1:15:52	1992/16869
4-1	<b>Athens Ohio Marathon</b>	Byron Guy	3:53:16	3rd - Male 60-65
		Danny Keatley	3:55:06	1st - Male 65-69; 89/198
3-31	<b>Charlottesville 10-Miler</b>	Hannah Kaylor	1:27:25	884/2244
		Tom Kaylor	1:10:14	138/2244
3-25	<b>Fun Run at Pipestem State Park</b>	Doc Craddock	25:41	1st
		Beverly Quick	28:18	2nd



		Tom Davis	28:50	3rd
		Sally Howard	29:59	4th
		Jeanie Weitzel	30:00	5th
		Jimmy Miller	31:51	6th
3-25	<b>NC Half Marathon at Charlotte Motor Speedway</b>	Mike Collins	1:35:31	6/141 Age Place; 46 out of 1790
		Lenora Hagerman (walker)	NA	1790
		Paul Pennington	1:41:11	NA
				13/142 Age Place; 92 out of 1790
3-24	<b>Ellerbe Springs Marathon (NC)</b>	Danny Keatley	4:04:52	1/5 65-69; 26/86
3-24	<b>Martinsville Half Marathon</b>	Stephen Pruitt	1:36:59	3rd - Male 35-39; 12th overall
		Nick Whited	1:21:52	1st - Overall
3-17	<b>Instant Classic Trail Marathon (VA)</b>	Danny Keatley	4:27:03	2/10 60-69; 50/127
3-17	<b>2nd Running Wild for WV Children - Alex Aldridge Memorial 5K</b>	Revonda Adams	32:00	1st - Female 35-39
		Jennifer Alvarez	26:14	3rd - Male 15-19
		Tanner Alvarez	25:38	2nd Male overall
		Vaughn Campbell	19:42	1st - Female 45-49
		Helen Chaffins	29:20	1st - Male 65 and older
		Tom Davis	27:27	3rd Female overall
		Sally Campbell	25:24	1st - Male 50-54
		Howard	25:44	34d - Male 40-44
		Desi McClung	27:54	1st - Male 40-44; 4th overall
		Tony Paynter	20:06	1st - Male 60-64; 11th overall
		Paul Pennington	23:05	overall
		Ronnie Shuck	28:05	1st - Female 40-44
		Jeannie Weitzel	22:06	2nd - Male 30-34; 8th overall
		Sam White	52:44	
		Mark Wills		
3-17	<b>Appalachian School of Law 5K</b>	Vonda Wilson	22:50	1st - Female 40-49; 2nd female

2-26	<b>Fun Run at Concord University</b>	Michael Canterbury	20:19	
		Joe Bisaha	23:10	
		Vonda Wilson	23:37	
		Doc Craddock	26:07	
		Desi McClung	27:15	
		Tom Davis	28:37	
		Jeannie Weitzel	29:50	
		Tony Paynter	29:51	
		Helen Chaffins	31:28	
		Jimmy Miller	31:32	
		Nancy Hodges	36:15	
		Martin Breckeller	36:17	
		Colleen Nunnery	37:52	
Paul Hodges (walker)	42:55			
2-18	<b>Bi-Lo Myrtle Beach Half Marathon (SC)</b>	Gary Akers	2:17:39	
		Helen Chaffins	2:18:20	
		Vonda Wilson	2:05:19	
	<b>Bi-Lo Myrtle Beach Marathon (SC)</b>	Hank Burnley	5:42:48	
		Tom Gordon	5:34:13	
		Paul Pennington	3:44:53	
		Nick Whited	2:57:54	25/1797
2-18	<b>Pilot Mt Marathon (NC)</b>	Danny Keatley	5:12:18	51/72
2-18	<b>Blacksburg Classic 10 Mile (VA)</b>	Donna Akers	2:30:49	2nd - Female 60-64; 25th 10 miler
		Christine Cardinal	2:32:57	
		Mike Collins	1:13:36	
		Steven Dowdy	1:29:01	3rd - Male 35-39
		Hannah Kaylor	1:41:34	
		Tom Kaylor	1:12:55	
		Todd Matson	1:15:26	3rd - Male 50-54
		Lee Scruggs	1:20:49	
		Anita Wagner	1:48:07	
			<b>Blacksburg Classic 5K (VA)</b>	Karen Dillon
Melanie Dowdy	39:37			
Desi McClung	27:50			
1-29	<b>ING Miami Half Marathon (FL)</b>	Lenora Hagerman		

1-29	<b>Fun Run at Bluefield State College</b>	Hayden Thomas	17:49	1st
		Josh Goodman	18:18	2nd
		Michael Canterbury	20:08	3rd
		DeWayne Belcher	22:56	
		Vonda Wilson	23:13	
		Doc Craddock	25:22	
		Russell Lamastus	26:03	
		Desi McClung	28:16	
		David Gates	28:42	
		Helen Chaffins	30:29	
		Jimmy Miller	32:04	
		Adem Ozyaras	32:33	
		Chris Kegley	34:30	
		Colleen Nunnery	36:30	
1-15	<b>Houston Marathon (TX)</b>	Rhonda Williams	4:44:59	
1-14	<b>Charleston Marathon (SC)</b>	Vonda Wilson	1:58:20	32/155 (718/2034)
1-8	<b>First Flight Half Marathon (AL)</b>	Lenora Hagerman		
1-8	<b>Disney Marathon (FL)</b>	Lee Scruggs	4:38	
1-7	<b>Disney Half Marathon (FL)</b>	Lee Scruggs	2:18	
1-7	<b>Mississippi Blues Half Marathon (MS)</b>	Lenora Hagerman		
1-7	<b>Frosty Fifty 50K (NC)</b>	Danny Keatley	5:25:20	73/114