

Small Miracle's New Health Policies:

Information taken from Centers for Disease Control; Department of Health; Office of Superintendent of Public Instruction; and Jefferson County Public Health 8/09

Deciding when to keep a sick child at home from school is not always easy. It's important for children to attend school and for some parents staying home means missing work. But when a child is truly sick, they need to stay home in the care of an adult to get well and to prevent spreading illness to others. Please read our new policies below. If everyone follows all policies, your child and others will stay healthy this school year.

When Your Child Should Stay Home & When To Return:

- 1) Fever 100 F or higher- 24hrs free, without the use of fever-reducing medicine
- 2) Diarrhea/Vomiting-24hrs symptom free
- 3) Deep or uncontrollable cough-24hrs symptom free
- 4) Ear infection-medical treatment & until pain is gone
- 5) Head lice-maximum of 2 school days to provide head lice treatment
- 6) Pink eye-see doctor before returning
- 7) Rash- see doctor before returning
- 8) Strep throat-24hrs after antibiotic treatment has been started
- 9) Listless/No Energy/Wants to Sleep/Doesn't participate in school-see doctor/24hours free from symptoms

When to Contact A Medical Provider:

In children, emergency warning signs for flu-like illness that need urgent medical attention include:

- *Fast breathing or trouble breathing
- *Bluish or gray skin color
- *Not drinking enough fluids
- *Severe or persistent vomiting
- *Not waking up or interacting
- *Being so irritable that the child does not want to be held
- *Flu-like symptoms improve but then return with fever and worse cough

Other reasons to contact a medical provider include but are not exclusive to:

- *When a child looks or acts really sick, with or without a fever
- *Cold symptoms for longer than 10-14 days or getting sicker or there is a fever after the first few days
- *rashes; eye drainage; earache; toothache