



## Ministry Minute

### Caring Hearts Food Ministry

Twice a month the Caring Hearts Food Prep Team meets in the kitchen to prepare casseroles, soup or cookies for our Caring Hearts Freezer. It is an hour or so of fellowship while preparing food for anyone who needs a meal or just a little “a bit of cheer”. It is a joy to work together to provide food for others. The team has made 650 casseroles and over 200 quarts of soup this past year.

The freezer is located in the basement by the elevator and is free to anyone who needs a good meal, no questions asked. Feel free to take a container or two to someone who is ill or would just like a friendly visit!

The Food Prep Team meets the 1<sup>st</sup> or 3<sup>rd</sup> Thursdays of the month. Come help us be the hands and feet of Jesus!