

# Golden Times

March 2020

Issue III

## Madison County Senior Citizens Center



Find the



hidden inside  
this newsletter.

When you find the pot of gold call the center at 740-852-3001 by Friday, March 13th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Last month the heart was on page 3.

Congratulations to

Barbara Burnett

the lucky winner!



2020 Governing

Board Members

Donna Sheridan-President

Jerry Tompkins- Vice President

Shirley Witwer-Secretary

Eilene Duncan

Sharon Manion

Loretta Anthony

Steve Saltsman



**Hello March!** If you received your newsletter by the first of the month, like you should have, here are a couple reminders for the first week of the month. Our Tuesday Morning Breakfast Club, starts March 3<sup>rd</sup>, breakfast will be served from 8:00am-9:00am, but you are most welcome to stay around and chit-chat, chit-chat long enough and you can have lunch too...Not a senior center event but a reminder, Daylight Savings Time begins March 8<sup>th</sup>, I don't personally like losing the hour of sleep, but I do enjoy the longer days. Plus winter has been such a disappointment with its lack of snow, we might as well get on with spring. Spring forward one hour March 8th!

You may remember that last month I mentioned having some new logo ideas in the newsletter for you to vote on, well a couple board members thought it might be a good idea to utilize the talents of our members and have you design a logo for the membership to vote on. You will find the logo guidelines and rules for the logo designing contest in the newsletter and posted around the building. Let's see that talent!

I am once again apologizing for my lack of being present, most times I am in the building, but I am working on our audit and it kind of takes on a life of its own, audit prep. We had some new rules and new preparation requirements that started last year, so it takes a little more of my time getting ready for the audit than the actual audit, but it's all good,

I have presented the board with the idea of making some year-end changes regarding our shutdown. Right now we are working on how we can get all of the floors scrubbed and waxed, get everything in the kitchen cleared out, cleaned and sanitized and back up and running without being shut down for the last two weeks of December. It may mean shutting down for a long weekend, we are looking at maybe July during fair week since it is a slow week around here. I'm not sure how the year end shutdown started, but it really affects our members and services, so if we can, we will be making some changes. I will keep you posted.

Well it is almost time for one of my favorite holidays, St. Patrick's Day, so a couple Irish blessings for you:

***Wishing you a pot o'gold, and all the joy your heart can hold.***

***May your right hand be stretched out in friendship, and never in want.***

Thank you for the laughter I hear every day and thank you to everyone that helps at the center every day! ***May happiness often enter your gate and stay very late. Happy St. Patrick's Day!***

***Sláinte - Misty***



Left: Jean Baxter comes here from Grove City to play chair volleyball with us sometimes. Go for it Jean!



Above: Bob Hillard enjoying his lunch of cheeseburger sliders and fries.



Left: We had a little celebration for our volunteer, Tom Lawrence. February 18th was his one year anniversary of the day he got his new heart. He is doing really well. You can find him most mornings in our fitness room, keeping that heart healthy.



Beth and Bill! Buddys!!



Luther doing the broom standing challenge.

### SNOOTY FOX TRIP SIGN UP DAY!!



Below left: Dolly and Carol were first through the door at 10 till 8:00 a.m. to sign up for Snooty Fox trip at 8 a.m.. Although Dale and Barb were in the parking lot before they got here. Dolly and Carol let them go first. So nice of them! By 8:10 a.m. we had 49 people signed up! By 10:00 a.m. the sign up sheet was full with 56 names.



Happy Birthday Diana!!



## Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

### High Euchre Score

1-27-20 Ruth Jones 66

2-3-20 Tom Lawrence &  
Ruth Sowers 65

2-10-20 Helen Stevens 71

### High Bridge Score

1-29-20 Elaine Penix 3180

2-5-20 Kay Majka 4200

2-12-20 Mary Locke 4920

2-19-20 Jerry Cummins 3980

## Welcome New Members!!

Ron Daniels

David Wentzel

Michele McDowell

David and Judy Thomas

Linda Butler      Denise Tunnell

Ed Ervin      Patricia Brock

Paula and Randy Terpening

Melissa and John Cunningham

**Our fitness room is open Monday through Friday whenever the center is open.**

**If you need assistance with the machines, just ask at the front office.**



## WEEKLY SCHEDULE

### Monday:

8:30 a.m.—Indoor Walking/Exercise Class

9:00 a.m.—Chair Volleyball

9:30 a.m.—Crocheting, Knitting & Needle Crafts

10:30 a.m.—Sitting Exercise/ Strengthening

1:00 p.m. – Euchre

### Tuesday:

9:00 a.m.– 3 p.m. Quilting Class

10 a.m.-12:00 p.m.—Bowling at Madison Lanes

1:30 p.m.—Rays of Hope for Seasons of Life Support Group

5:00 p.m.—Cards and Billiards

5:30 p.m.—6:30 p.m. Line Dancing

6:30 p.m.—7:00 p.m. Couples Dancing

### Wednesday:

8:30 a.m.— Indoor Walking/Exercise Class

9:00 a.m.—Chair volleyball

10:00 a.m.—Pickleball at London Community Center

10:30 a.m.—Aerobics/Strengthening Class

12:05 p.m.—Bridge

1:15 p.m.— Yoga

2:00 p.m.—Diabetes and Weight Loss Support Group

### Thursday:

9:00 a.m.—Chair volleyball      Cancelled for March 5th

9:00 a.m.—Fun Bingo March 5th and 19

1:00 p.m.—Pickleball at London Community Center

### Friday:

8:30 a.m.—Indoor Walking/Exercise Class

9:00 a.m.—Painting Class with Harry Croghan

10:00 a.m.—Chimes March 6 and 20

1:00 p.m.—Free Movie and Popcorn at the senior center.  
See what is playing on page 10.

## UPCOMING DAY TRIPS!!

**MARCH MYSTERY LUNCH—Thursday, March 12th.** Van fee is \$5. We will leave the Center at 10:15 a.m. Bring some spending money. There will be a short stop after we eat at one of our favorite stores.

**THE KING AND I AT LACOMEDIA—Thursday, March 26th.** Fee is \$65. The bus will leave the Center at 9:30 a.m. Your fee includes motorcoach transportation, fabulous buffet lunch and the amazing musical! *Driver and server tips not included.*

**APRIL MYSTERY LUNCH—Thursday, April 16th.** Fee is \$5. We will leave the Center at 9:45 a.m. You will have time after lunch to visit some surrounding shops within walking distance.

**LET'S GO SEE THE ALPACAS! - Thursday, April 23rd.** Fee is \$5. Leaving the Center at 9:30 a.m. Robin Ridenour of the A & R Alpaca farm near Williamsport will show us their beautiful alpacas. She will answer any questions you might have about raising alpacas, their wool, etc. Lunch will be afterward on your own at Streetside 62 and a stop afterward for ice cream.

**SNOOTY FOX UPSCALE THRIFT SHOPPING TRIP—Friday, May 1st.** Fee for this trip is \$25 and should be paid by March 27th. Those not paid by then risk losing their seat being given to someone on the wait list. This trip is SO popular! Your fee includes motor coach transportation to 5 Snooty Fox shops. Lunch is on your own at 1 of the stops. We will leave the Center at 9:00 a.m. sharp! Don't be late, we are on a tight schedule throughout the day. If you aren't signed up yet, you can call in to be put on the wait list.

**MAY MYSTERY LUNCH AND BARBER MUSEUM—Thursday, May 21st.** Fee for this trip is \$5 and you will pay an admission of \$4 at the museum. We will leave the Center 10:00 a.m. and return around 3:00 p.m.

**Call the Center at 740-852-3001 for more information or to sign up!**

### Day Trip Payment and Cancellation Policy

When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If you have questions please contact Janisse at 740-852-3001.

**\*\*\*Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

### Delightful Dining

Sign up early! Sometimes late reservations cannot be accommodated at the restaurants. Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

**Monday, March 2, 2020—Eat Greek, 275 East Main Street, West Jefferson, OH 43162**

**Vans will leave the Center at 4:30 p.m. and arrive at the restaurant around 4:50 p.m.**

**Monday, April 6, 2020—Beer Barrel, 7482 St. Rt. 161, Plain City, OH 43064**

**Vans will leave the Center at 4:30 p.m. and arrive at the restaurant between 5:00 & 5:15 p.m.**



## Trip Presentations



Josh Wendt with Wendt Tours will be here on Thursday, **March 5th at 9:00 a.m.** He will show a video about these 2 trips and answer any questions you might have.

We have quite a few signed up for both trips but we still have plenty of room for you! So if you missed the first trip presentation we had or just want to come again, make sure to be here on March 5th!

Also on Thursday, **April 9th at 2 p.m.** Lisa Busch from Prime Tours will be here to tell us all about an OSU vs Penn State game trip and a trip to see the Cleveland Indians play the Cincinnati Reds in Cincinnati. Details for all trips are listed below.

## 2020 Multi Day Trip Information

**Mackinac Island and the Marvels of Michigan—June 22-25, 2020.** \$959 per person, double, \$1,199.00 per person, single. Includes motorcoach transportation, 3 nights lodging, 3 breakfasts, 1 lunch and 2 dinners, all sightseeing & admissions, baggage handling tips for local guides and porters, tour manager, travel insurance. Visit Frankenmuth, Mackinac Island, the Grand Hotel and more! Deposit of \$100 per person secures your reservation, balance due by April 3, 2020.

**NEW! Cleveland Indians at Cincinnati Reds Road Trip—July 8-9, 2020.** \$355 pp double, \$409 pp single. \$50 deposit to register and balance due by May 15, 2020. Includes motor coach transportation, 1 night at Radisson Hotel, game ticket, hotel breakfast, Newport Aquarium or American Heritage Cincinnati Tour. This tour does include some walking and steps.

**Canada & New England Cruise—September 30—October 10, 2020** \$250 pp non refundable deposit holds your reservation. Pricing is approximately \$1281 pp Interior and \$1541 pp Ocean View. Call the Senior Center to get accurate pricing. The cruise starting in Baltimore, MD, where we board Royal Caribbean's Grandeur of the Seas. Cruise ports include: Boston, MA, Portland, ME, Bar Harbor, ME, St. John, New Brunswick and Halifax, Nova Scotia. We depart from Madison County Senior Center and travel by motorcoach to Baltimore, MD. Price does not include travel insurance, shipboard gratuities, excursions, specialty onboard dining, casino play, specialty drink packages, or other onboard activities that carry a surcharge.

**Mid-Atlantic Rail Adventure and Washington D.C. Tour—October 20-23, 2020.** \$999 per person, double, \$1,279 per person, single. This trip includes motorcoach transportation 3 nights lodging, 3 breakfasts and 2 dinners, all sightseeing & admissions, baggage handling, gratuities for city guides & porters, tour manager, travel insurance. Tour to Pittsburgh, the nation's largest port, Station Square, river cruise on the Gateway Clipper. Travel by train to Washington, DC. through the Allegheny Mountains into the Potomac Valley. Tour DC that afternoon and the next day seeing Capitol Hill, White House, The Mall, Washington Monument. Stops made at Lincoln Memorial, Roosevelt Memorial, Korean & Vietnam War Memorial, World War II Memorial, Arlington Cemetery, the National Shrine and more. Deposit of \$100 per person secures your reservation with the balance due by July 15, 2020.



**NEW!! Buckeye Road Trip! OSU vs. the Nittany Lions in Beaver Stadium! - October 24-25, 2020.** \$479 pp double, \$549 pp single, \$429 pp triple. Includes motor coach transportation, game ticket, 1 night hotel, breakfast at hotel and 1 other meal, Flight 93 Memorial tour, panoramic tour of historic Bedford including Fort Bedford from Revolutionary War days. \$100 deposit holds your reservation with final payment due by September 1, 2020. No refunds after September 1st.

## ATTENTION!!

### HELP US DESIGN THE CENTERS NEW LOGO!

#### **REQUIREMENTS**

- **MUST BE A MEMBER OF THE CENTER**
- **MAIN LOGO COLORS – BURGUNDY & TAN**
- **NEEDS THE CENTERS NAME**
- **BE CREATIVE BUT, KEEP IT SIMPLE. REMEMBER THIS LOGO WILL BE USED ON ALL MARKETING MATERIAL**
- **MUST BE SUBMITTED TO THE CENTER ON A FLASH DRIVE, SAVED AS A JPG OR PDF FILE. DEADLINE APRIL 1, 2020**


#### **VOTING**

- **EACH LOGO DESIGN WILL BE PRESENTED WITHOUT THE NAME OF THE DESIGNER. NO SELF PROMOTING ALLOWED!**
- **VOTING WILL TAKE PLACE THE WEEK OF APRIL 13-APRIL 17 AT THE CENTER**
- **MUST BE A MEMBER TO VOTE, ONE VOTE PER MEMBER, NAME MUST BE ON THE BALLOT.**
- **NEW LOGO DESIGN WILL BE REVEALED IN THE MAY NEWSLETTER.**



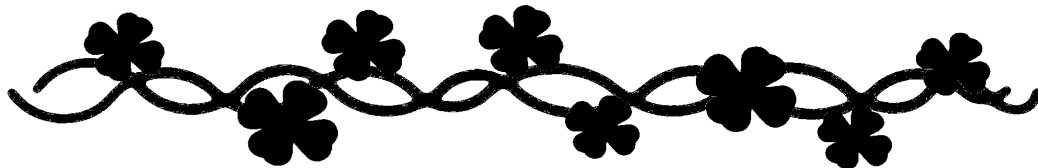
"Not yet. Don't fly off until the moment they raise their binoculars."



<b>B O W L I N G</b>	Andrix, Barb	98	Florence, Phil	120	King, Carl	164	Sheridan, Ray	170
	Burdett, Diane	148	Glass, Duane	184	King, Karen	132	Threlkeld, Larry	117
	Cameron, Brenda	120	Goff, Terry	141	Link, Bill	136	Venrick, JR	152
	Cameron, Carol	136	Gordin, Barb	117	McDonley, Dolly	90	Weisman, Deb	87
	Cameron, Richard	120	Hackworth, Paul	144	Noble, Gene	112		
	Cooper, Barb	99	Hardin, Jim	124	Pickens, Ann	104		
	Cwiekalo, Bert	138	Hastings, Judy	122	Potocki, Dave	145		
	Florence, Barb	94	Johnson, Charlie	145	Ridolfo, Linda	148		

## March Birthdays

Patron	Birthday	Patron	Birthday	Patron	Birthday
Kelso, Waveline	03-01	Bozeman, Benny	03-08	Patterson, Teresa	03-20
Williams, Beth	03-01	Welch, Brian	03-08	Lowery, Marilyn	03-20
Al-Khour, Maurea	03-01	Wilson, Donna	03-10	Davis, Pete	03-20
Cooper, Barbara	03-01	Hedges, Joan	03-10	Shilling, Dick	03-21
Adelsberger, Linda	03-01	Emrick, Maryann	03-10	Duncan, Bill	03-21
Sexton, Jessie	03-01	Lloyd, Tom	03-10	Jones, Ruth	03-21
Mancini, Geraldine	03-02	Dhume, Rodney	03-11	Binns, Robert	03-21
Higgins, Brenda	03-02	Conway, Donna	03-12	Justice, Ray	03-22
Florence, Phil	03-03	Wiseman, Joann	03-12	Finchum, Lonnie	03-22
Hayes, Carric	03-04	Shepherd, Rob	03-12	Hillard, Pam	03-22
Hatfield, Roy	03-04	Carter, Janet	03-13	Hutchins, Maxine	03-24
Russell, Martin	03-04	Clifton, Beverly	03-13	Miller, Pat	03-24
Schneider, Sylvia	03-05	Hilliker, Charles	03-13	Zimmerman, Charles	03-24
Ridenour, Linda	03-05	Morris, Tom	03-14	Hartman, Mary	03-25
Saltsman, Steve	03-05	Hunter, Billie Jean	03-14	Ross, Carol	03-25
Welch, Joann	03-05	Shaw, Karen	03-14	Saltsman, Donna	03-25
Siemer, Norma	03-06	Carter, Vi	03-15	Penix, Jim	03-26
Fischer, Robert	03-06	Hysell, Betty	03-15	DeBord, Joan	03-27
Jackson, Bessie	03-06	Hackett, Bill	03-16	Thum, Fred	03-27
Robert, Willa Nadine	03-06	Finneran, Nancy	03-17	Blentlinger, Donna	03-28
Lansing, Kerry	03-06	Bricker, Wayne	03-17	Swiss, Tina	03-28
Brinkman, Katherine	03-07	McKenzie, Juanita	03-18	Jones, Sharon	03-29
Manion, Sharon	03-07	Johnson, Sandra	03-18	Vinson, Troy	03-29
Barton, Pat	03-08	Sebastian, Betty	03-19	Brackett, Sharon	03-30
Henry, Dorothy	03-08	Strine, Mary Louise	03-19	Conway, Margaret	03-30
Dillion, Shirley	03-08	Hackworth, Nancy	03-20	Foult, Marjorie	03-31



*May your day be touched by a bit of Irish luck, brightened by a song in your heart, and warmed by the smiles of the people who love you!*

## Adult Day Center

## Happy Saint Patrick's Day!!

In February we celebrated several birthdays. Shannon H. on the 10th, Diana E. on the 20th, Joanna S. on the 25th and Ruth K. on the 26th.

Under the direction of a very talented volunteer, Bonnie Radcliff, we constructed valentines to decorate our area. She also prepared and provided a King Cake to celebrate Mardi Gras, Thank you for all you do Bonnie. We have been playing Name That Tune with Karen Cooper on the piano. Some songs are really a challenge, however it is fun. We also played Wheel of Fortune, Trivia and Brain Teasers.

Don't forget to turn your clocks forward on March 8th and welcome Spring on 3-19th. We are looking forward to enjoying some patio time. Thank you to our volunteers and generous donors also. Until next month have a safe and happy and healthy time! Spring forward!

*Beth and Jeanna*

### In the Kitchen with Joanna

I am a firm believer that when you purchase a small appliance for the kitchen, it should be useful in more ways than one. So I am including a recipe for the use of a waffle iron.

#### HASH BROWN WAFFLES

- 5 LARGE EGGS
- ½ TEASPOON SALT
- ½ TEASPOON GROUND CUMIN
- ½ TEASPOON BLACK PEPPER
- ¼ TEASPOON CHILI POWDER
- 1 ¾ CUPS REFRIGERATED SHREDDED HASH BROWN POTATOES
- 1 SMALL ONION, FINELY CHOPPED
- ¼ CUP CANNED, CHOPPED GREEN CHILIES
- 2 TABLESPOONS SALSA
- 2 TABLESPOON SALAD OIL
- ½ CUP SHREDDED COLBY-JACK CHEESE

OPTIONAL TOPPINGS: SALSA, GUACAMOLE, SOUR CREAM AND MINCED FRESH CILANTRO

In a large bowl, whisk 1 egg, salt, cumin, pepper, and chili powder. Stir in potatoes, onion, green chilies and salsa. Bake in a preheated waffle iron coated with cooking spray until golden brown and potatoes are tender (8 to 12 minutes)

In a large skillet, heat the oil over medium high heat. Break the remaining eggs, one at a time, into the pan. Reduce heat to low, cook to desired doneness. Remove from heat and sprinkle with cheese, cover and let stand for 3 minutes or until cheese melts.

Serve eggs with waffles and toppings of your choice.

## Tuesday Morning Breakfast Club at the Center

The Tuesday Morning Breakfast Club will start **March 3rd** and will be from **8:00 a.m. to 9:00 a.m.**

March 3 Sausage Egg Muffin with Hash brown \$5

March 10 Breakfast Burrito with Hash brown \$5

March 17 Scrambled Eggs, Sausage & Biscuit \$5

March 24 Apple Fritters or Danish \$2

March 31 Sausage Gravy & Biscuit \$3





### 3 Easy ways to support the Center!



If you shop on **Amazon**, the Center can benefit.

All you have to do is go to the following address: [https://](https://smile.amazon.com/ch/31-1195151)

[smile.amazon.com/ch/31-1195151](https://smile.amazon.com/ch/31-1195151).

Use your usual Amazon login and it will automatically send 0.5% of your purchases to the Center.

#### **Planned Giving**—What is it about?

It means you are planning to give a gift later. It is a plan that you put in your will, an item that is worked out with your family and attorney. From time to time, the Senior Center receives such gifts. Whether these amounts are small or large, they are extremely important.

If you would like more information, please contact Misty Bradley, Executive Director, at 740-852-3001.

Your call or meeting is strictly confidential. This is one of the easiest ways to leave a legacy to the Senior Center.

#### **Required Minimum Distribution**

**from your IRA**—If you are 70 1/2 or older and have an IRA, you know that each year you must take your Required Minimum Distribution (RMD). But did you know that you can make a transfer directly from your IRA to a charity of your choice and the contribution is not taxed? You can give up to \$100,000 from your IRA to a charity and it will be counted towards your RMD but isn't included in your adjusted gross income. If you want further information on how you can make a gift to the Senior Center from your IRA, please contact your financial advisor.

### **Chronic pain & falls: Don't let pain stop you in your tracks**

If you are in chronic pain, you probably don't want to move around, much less exercise. But when you don't move, you risk losing muscle strength that helps you keep your balance. You may also take medicines to treat your pain that can make you drowsy and less steady on your feet.

People with severe chronic pain are up to 79.2 percent more likely to fall than those without pain, according to an analysis in the journal *Pain Medicine*.

Studies have shown that older adults are less likely than younger adults to talk to their doctors about chronic pain. Often, older adults feel that pain comes with age, and that reporting it is unnecessary.

Pain is not a natural part of aging and experiencing pain severe enough to impact the way you live is not normal. Most conditions that cause chronic pain can be managed, and the pain controlled, in many cases without pain medicine.

Talk with your health care team about your pain and your history of falls to determine the best treatment options for you.

There are ways to cope with and reduce pain without medicine, such as relaxation exercises, and exercise and balancing activities. You can find resources and tips to manage pain at [HEALTHY U Ohio](https://www.steadyuoohio.gov).

Visit [www.steadyuoohio.gov](https://www.steadyuoohio.gov) to find more falls prevention tips and resources to make your home a falls free zone.



## Free Friday Cinema at 1 p.m.

March 6	The Leisure Seeker starring <i>Helen Mirren, Donald Sutherland</i>	2017, Drama	Rated R
March 13	Waking Ned Devine starring <i>Ian Bannen, David Kelly</i>	1998, Comedy	Rated PG
March 20	A Beautiful Day in the Neighborhood starring <i>Tom Hanks</i>	2019, Real Life Drama	Rated PG
March 27	The Rewrite starring <i>Hugh Grant, Marisa Tomei</i>	2015, Romantic Comedy	Rated PG



**Madison County Senior Citizens Center, Inc.**

**280 West High Street, London**

**First Wednesday each month at 7:00 p.m.**

**Coverall Jackpot Progressive Games**

**Hog Wild**

**Smoke Free Facility**



**Public**

**Welcome!!**

### Rays of Hope For Seasons of Life

**Support Group**

**Tuesdays at 1:30 p.m.**

**At the Madison County Senior Center**

Questions, call: Donna Wharton, Care Counseling  
cell -740-490-5936

E-mail—dmwharton342@yahoo.com



  
**Friends of  
Madison County  
Parks & Trails**  
P.O. Box 308  
London, Ohio 43140  
[WWW.FMCPT.COM](http://WWW.FMCPT.COM)

Membership Individual \$15  
Family \$25 Sponsor \$50+  
Individual Lifetime \$250  
Registration Form on Website  
E-mail [FMCPT@columbus.rr.com](mailto:FMCPT@columbus.rr.com)

**Support:**

**The Madison  
County  
Park District**

**GET INVOLVED**

### London Public Library

**Your Everyday Library!**

Visit [www.mylondonlibrary.org](http://www.mylondonlibrary.org)

- Educational Events for all Ages
- Online Services/Computers
- Newest Books
- Latest DVDs
- Video Games
- Wifi Hotspot
- Audiobooks



20 E. First Street, London Ohio



**CHANEY & THOMAS**  
*Insurance*



**Deeann Blake**

104 Lafayette Street  
London, Oh 43140  
(740) 852-2323

### The X-TERMINATOR

**BUGS... won't be back!!**

**614-600-6496**

West Jefferson, Ohio  
[mike.conway66@yahoo.com](mailto:mike.conway66@yahoo.com)

**Spiders, Bees, Ants, Roaches,  
Termites, Bed Bugs, Mosquitos,  
and all general pests**





## MERCHANTS NATIONAL BANK

279 Lafayette Street

London, Ohio

740-852-4900

"A REAL Community Bank,  
with Real Customer Service"



MEMBER  
FDIC

## Stonecipher Law LLC

"Because you love *someone*- don't leave a mess"

- Time-tested solutions for probate, probate avoidance, trusts, LLCs, Medicaid, Veteran's Benefits
- Trusted Planning Partners



Timothy R. Stonecipher, Attorney

740-837-4967

## Madison County Senior Citizens Center

P.O. Box 389  
280 West High Street  
London, OH 43140  
Phone: 740-852-3001  
Fax: 740-852-3052

---

We're on the Web!

mcsenior.org or on Facebook at Madison County  
Senior Citizens Center

---



## March 2020

---

**Misty Bradley, Executive Director**

**Ramalingam Selvarajah, M.D., Medical Director**

**Janisse Williams, Activity Coordinator/Marketing**

**Marilyn Lowery, Front Office/ Substitute Driver**

**Ruth Kennedy, Staff Nurse/Wellness Coordinator**

**Beth Dillion, Adult Day Center Coordinator**

**Jeanna Bernard, Adult Day Center Aide**

**Bonnie Radcliff, Adult Day Center Aide/Substitute**

**Sandy Darlington, Adult Day Center Aide/Substitute**

**Jackie Cain, Homemaker**

**Joanna Sadler, Chef**

**Steven Wehrs, Cook**

**Brenda Castle, Transportation Coordinator**

**Wayne Bricker, Driver**

**Don Hawkins, Substitute Driver**

**Mark Bires, Substitute Driver**

**Martha Parsons, Substitute Driver**

**Luther Dolby, Maintenance**

## Dated Material

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

### COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

### Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.