

Did you Know?
All of our Coffees are
ground fresh daily!

Coffee

	Small	Medium	Large
Fresh Ground Premium Coffee	\$2.79	\$2.99	\$3.39
Espresso... <i>Our exceptional Imported from Italy blend</i>	\$2.99	\$2.49	\$3.89
Hurricane... <i>Brewed coffee with shots of espresso</i>	\$3.89	\$4.29	\$4.79
Latte... <i>Espresso, a lot of steamed milk & a little froth</i>	\$4.19	\$4.89	\$5.19
Cappuccino... <i>Espresso, a little steamed milk & a lot of froth</i>	\$4.19	\$4.89	\$5.19
Mocha Latte... <i>Espresso, Hershey's Chocolate & steamed milk</i>	\$4.89	\$5.29	\$5.69
Hazelnut Latte... <i>Espresso, Hazelnut & steamed milk</i>	\$4.89	\$5.29	\$5.69
Vanilla Latte... <i>Espresso, Vanilla & steamed milk</i>	\$4.89	\$5.29	\$5.69
Caramel Macchiato... <i>Espresso, Caramel, steamed milk</i>	\$4.89	\$5.29	\$5.69
Hot Chai Latte... <i>East Indian Spice Chai, steamed milk</i>	\$4.99	\$5.49	
Hot Chocolate... <i>Hershey's Cocoa & steamed milk</i>	\$4.49	\$4.99	

Breakfast Sandwiches

Served 7am-10:30am daily

	Nice & Simple						
	Bagel	Biscuit	Croissant	Wrap	Multi Sand	Ciabatta	Pita
Egg & Cheese	\$4.99	\$4.49	\$5.19	\$5.39	\$5.99	\$5.99	\$6.79
Bacon, Egg & Cheese	\$5.49	\$4.89	\$5.69	\$5.79	\$6.69	\$6.69	\$7.59
Ham, Egg & Cheese	\$5.49	\$4.89	\$5.69	\$5.79	\$6.69	\$6.69	\$7.59
Sausage, Egg, Cheese	\$5.59	\$4.99	\$5.79	\$5.89	\$6.79	\$6.79	\$7.69
Turkey, Egg & Cheese	\$5.69	\$4.99	\$5.89	\$5.99	\$6.89	\$6.89	\$7.79
Roast beef, Egg, Cheese	\$5.69	\$4.99	\$5.89	\$5.99	\$6.89	\$6.89	\$7.79
Egginator(Ham, Bacon, Egg, Cheese)	\$5.99	\$5.29	\$6.29	\$6.29	\$7.39	\$7.39	\$7.89
Chipotle Egginator	\$6.19	\$5.49	\$6.49	\$6.49	\$7.49	\$7.49	\$7.99

Egg whites add
1.29

Breakfast Panini \$6.79

Delicious Healthy Grilled Sandwiches made on our famous **Multi Grain Sandwich Bread**

- The Breakfast Classic** -Eggs, Applewood smoked Bacon, Vermont Cheddar
- Pepper Jack Kick Start** -Eggs, Pepper Jack, Chipotle Mayo, Boar's Head Ham
- Pesto Paradise** -Eggs, Baby Spinach, Roasted Red Peppers, Pesto Aioli, Provolone

Breakfast Wraps \$5.79	Breakfast Pitas \$7.59
Americano -Eggs, American, Ham OR Bacon	Good Morning Pita -Eggs, Bacon, American
Torani -Eggs, Provolone, Tomatoes, Sautéed Spinach	Chipotle Jack Pita -Eggs, Pepper Jack, Chipotle Mayo, Boar's Head Ham
Texan -Eggs, Pepper Jack, Tomatoes, Grilled Onions, & Sweet Peppers	Healthy Start Pita -Egg Whites, Baby Spinach, & Feta
	Country Pita -Eggs, Sausage, & Cheddar

The Breakfast Platter \$7.99

- Fresh Scrambled Eggs, Boar's Head Applewood smoked Bacon & Breakfast Potatoes**
- Add Buttered Bagel add 1.99
- Add Cream Cheese Bagel add 2.89
- Substitute 2 Sausage Patties add 2.19

O.J. fresh squeezed Natalie's Orchid Isle \$3.29	<h2>New York Bagels</h2> <p>Bagel ... \$2.19 (plain or Everything)</p> <p>w/ Butter, \$2.49</p> <p>w/ Cream Cheese...\$3.29</p> <p>w/ Cream Cheese & Jelly...\$3.99</p> <p>w/ Cream Cheese & sliced Tomato\$3.99</p>
Martinelli's Apple Juice \$2.99	
Side Breakfast Potatoes \$2.99	
Side Sausage Patties (2) \$3.19	
Side Applewood Bacon(3) \$2.89	
Sausage & Cheese Biscuit \$3.99	

Sweets-N-Treats

- Brownies starting from \$2.69
- Homemade Cookie -Baked every morning Fresh! -Chocolate Chip, Oatmeal Raisin, more \$1.39
- Jumbo Decadence Cookies-Red Velvet, Royale, Triple Chocolate\$2.69



Gourmet Deli • Coffee • Smoothie
Professional Catering

(561) 998-GOOD (4663)

(561) 995-8339 Fax (fax in your order, we'll have it ready!)

1449 Yamato Rd, Boca Raton, FL 33431

Lifetime Fitness/Hampton Inn Plaza

www.frescofoodworks.com

Our Promise

All of our food is prepared using only the Freshest & Finest ingredients available. We will never skimp on quality or portions for profit. We only use 100% Boar's Head Meats & Cheeses which are healthier & less sodium than other premium brands, along with Hellmann's Mayo, fresh local produce, and our signature Fresh Baked on premise Sub Baguettes.
For a taste that truly can't be beat!

Taste the Fresco's Difference!

Save time! Call ahead
Or Fax in Large Orders!

Free Delivery

8am-3pm

\$10 minimum

Driver only carries change of \$20 Please mention larger bills when ordering

Store Hours

Mon-Friday 7am-3pm



Add a shot of Flavor to
your Coffee!

Iced Coffee

	Medium	Large
Iced Coffee... <i>Our Delicious fresh ground House Blend on Ice</i>	\$3.29	\$3.79
Iced Hurricane... <i>Brewed coffee with shots of espresso</i>	\$4.49	\$4.79
Iced Latte... <i>Espresso & Milk</i>	\$4.79	\$5.29
Iced Flavored Latte... <i>Espresso, Milk & shot of Flavor</i>	\$4.99	\$5.69
Iced Mocha... <i>Espresso, Milk & shot of chocolate</i>	\$4.99	\$5.69
Iced or Frozen ... <i>East Indian Spice Chai & milk</i>	\$4.79	\$5.69

Real Fruit Smoothies

100% All Natural

No Preservatives, Chemicals, or Artificial Anything!

Medium \$6.19
Large \$6.79

- Strawberry • Pina Colada • Banana • Passion Fruit • Mango • Mixed Berry
- Add shot of Protein 1.49 Add Fresh Spinach 1.29
- Add Peanut Butter 1.59

- Straw-nana** Strawberry, Banana...our best Seller!
- Verry Berry** Strawberry & Mixed Berries
- Key West Sunset** Mango, Banana, Passion Fruit
- Maui Breeze** Pineapple, Coconut, Banana
- Trade Winds** Mango, Pineapple, Coconut
- Tropical Passion** Passion Fruit, Pineapple, Coconut, Banana
- Banana Berry Blast** Banana, Strawberry, and Mixed Berries
- Strawberry Colada** Strawberry, Pineapple, Coconut



