

Our Lady of the Visitation Catholic Church

305 N. Prince St. Shippensburg, PA 17257-1321

Pastor and Campus Minister—Rev. Ben Dunkelberger— frbdunkelberger@hbgdiocese.org

Website-www.olvshippensburg.org You Tube-Shippensburg Catholic

Church...(717) 532-2912 Campus...(717) 477-1244 Emergency...(717) 323-2679

Office Hours Monday-Thursday.....9:00 am—4:00 pm Closed Holy Days & Holidays

Weekend Masses

Saturday 5 pm.....Sunday 8 :00 am and 11:00 am

Daily Mass

Tuesday, Thursday & Friday 8:30 am

Wednesday.....6:30 pm

First Saturday of the Month..9:00 am

(Only During the College Fall and Spring semesters:

Weekday Mass: Mon. 9PM & every Sat. 9AM)

Rosary

Tuesday—Friday.....8:00 am

Morning Prayer

Wednesday.....8:30 am

Reconciliation

Saturdays.....3:30– 4:30 pm

Wednesdays.....5:30- 6:20 pm

1st Fri. of the Month....7:30–8:20 am

1st Sat. of the Month....8:00–8:45 am

(Only During the College Fall and Spring semesters:

Sacrament of Penance: Mon. 8:30 - 8:50PM & every Sat. 8-8:50AM)

Adoration of the Most

Blessed Sacrament

1st Fri. of the Month.....7:30–8:20 am

Fridays.....9:00--7:00 pm

Jesus said to them, “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.”
John 6:35

Parish Staff Contact Info.

Associate Director of CCM.....John Klarmann... jtklarmann@ship.edu.....
(717) 477-1244

Parish Office Manager.....Tracy Plotner.....tplotner@hbgdiocese.org...
(717) 532-2912

Religious Education Coordinator.....Jolene Cramm.....jcramm@hbgdiocese.org...
(717) 532-2912

Music MinistryMichael Adams...madams@hbgdiocese.org

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ORDINARY
TIME

Eucharistic Revival in the Catholic Church:

Weekly Bulletin Articles

The Catholic Church in the United States has been on a 3-year process of Eucharistic Revival, and we are now in the 2nd year and focusing on revival at the parish level (see this website for more, <https://www.eucharisticrevival.org>). In addition to trying our best to celebrate every single Mass reverently, attentively, and prayerfully, one effort we will be making is **to write a small bulletin article every week for a year** in order to help all people understand the Catholic Mass more fully. Not only can this help us understand how each prayer and symbol and movement has deep meaning and symbolism, but all the prayers, symbols, and movements should also lead us into the reality of Christ's love on the Cross and His grace poured out from the Resurrection and how we can encounter Him present to us today throughout the entirety of the Mass! Please consider reading along each week with these bulletin articles to help you better understand the history, meaning, beauty, and reality of what we celebrate every weekend as Catholics. This can help us to have a Eucharistic Revival at our parish, and to know, love, and serve Christ more fully every time we attend the Holy Sacrifice of the Mass here at OLV.



The Reception of Holy Communion (Part 5) – Why Can Only Catholics Receive Holy Communion?

Exclusive and Harsh? Or a Covenant Commitment/Renewal Each and Every Sunday?

One of the more difficult questions I receive (and you might certainly get asked this as well by friends or family) is why are Catholics only allowed to receive Holy Communion during a Catholic Mass? There is a lot to unpack here, but I think I can at least explain the basics to help us grow in our understanding of this Catholic teaching and ancient truth of our faith. I would say that there are at least two main points (there are many more than these two points, but this will help us summarize and get right to the crux of the matter):

- Holy Communion for Catholics is different than what holy communion means for other Christian denominations.
- Even if someone personally believes what the Catholic Church teaches, that is not enough because receiving Jesus every Sunday in Holy Communion is a renewal of the **covenant promise** of our entire faith and relationship with Christ.
 - o {this covenant promise is unique to Catholics, so only Catholics can renew it and live it in that sense}

The first and most fundamental way to explain this to other people who might be visiting and/or coming with you to attend Mass (if they are not Catholic) is simply to explain how the Catholic understanding of holy communion is different than other Christian churches. They might use the same words or phrase at times, but we believe and know to be true that at every Catholic Mass, Jesus becomes truly present under the form of bread and wine. This is not a symbol. This is not even just a presence that exists only at Mass and only if you believe and want Jesus to be present. This is not Jesus kind of spiritually present together with the bread and wine. The bread is no longer bread, it is Jesus Christ, and His body, blood, soul, and divinity. Sometimes just trying your best to explain this difference to other people will help them understand why they are not allowed to receive.

However, you may certainly still run into people who say they personally believe that Jesus is truly present in holy communion (i.e. they believe what the Catholic Church teaches about holy communion in a sense), so they might argue that they should be able to receive when they come to Mass. The main reason we still do not allow non-Catholics to receive communion is because something more is happening than simply a personal and private reception of Jesus into our souls. When we say "Amen" to the priest or extraordinary minister who is distributing holy communion, we are saying "I believe" not only to Jesus being truly present in Holy Communion, but also in fact to our faith and life within the Catholic Church as a whole. One of the best ways to explain this is with the biblical concept of covenant and specifically covenant renewal when we are receiving holy communion, but I think I will save that explanation for next week! Here are some helpful links to check out if you are interested:

Guide to receiving Holy Communion – <https://www.eucharisticrevival.org/post/70-usccb-guidelines>

Fr. Mike Schmitz video on this topic – <https://www.youtube.com/watch?v=8jxwGIXfoOo>



Knights of Columbus & The Ladies Auxiliary



The next Knights meeting will be **Thursday, September 5th at 7:00 pm in the social hall.** Please see Pat Shay for more information.

The next Ladies meeting will be **Wednesday, September 4th at 2:00 pm in the social hall.** For more info. please contact Donna Bonitz at 717-860-4909 or ddbbonitz@gmail.com.



Thank you to everyone who has donated tabernacle flowers for 2024. A 2025 sign up sheet will be placed in the lobby of the church in the fall.

Host Coffee Hour

Coffee Hour will begin on Sun. Sept. 15th following the 8am Mass. If you would like to host coffee hour please sign up in the lobby of the church. For more information please contact the parish office.

Religious Education Registration



Religious Education News

Religious Education classes for students in grades pre-k through 8th grade will begin on Sunday, September 15th.

Registration forms are located on the bulletin board outside the Religious Education Office and on our website www.olvshippensburg.org. A reminder that the Diocese of Harrisburg requires a two year sacramental preparation for First Reconciliation, First Holy Communion and Confirmation. Class time for grades kindergarten through 8th grade is from 9:30 AM to 10:45 AM on most Sunday mornings during the school year.

The preschool class meets on Sundays from 9:30 AM to 10:30 AM in the church basement (across from Mary's Kitchen). The children are taught Catholic prayers, traditions, and Bible stories—along with crafts and activities. (In a fun and nurturing setting!)

Sunday, September 15, 2024—First day of Religious Education classes and Catechetical Sunday. All catechists and students are invited to attend the 11:00 Mass.

Now is the time to register for all grades!
For more information contact Jolene Cramm at 717-532-2912 or jcramm@hbgdiocese.org.

The flowers at the tabernacle are placed in memory of Bob & Sarah Yeingst



Mass Intentions

Saturday, 9:00am 5:00pm	August 3 In Memory of Patricia "PJ" McGuigan People of the Parish
Sunday, 8:00am 11:00am	August 4 In Memory of the Stewart-Gelas Family In Memory of Patrick Dechene
Tuesday, 8:30am	August 6 In Memory of Mary McClure
Wednesday, 6:30pm	August 7 In Memory of Allison Bannon
Thursday, 8:30am	August 8 In Memory of Roger Dechene
Friday, 8:30am	August 9 In Memory of Dolores Stern
Saturday, 5:00pm	August 10 In Memory of Bob Babel
Sunday, 8:00am 11:00am	August 11 People of the Parish In Memory of Kalman Csoppu Jr.

SCHEDULE CHANGE

Starting on Monday August 26th we will add a 9pm daily Mass with confessions from 8:30-8:50pm. Starting on Saturday August 31st we will

begin to have daily Mass every Saturday (during the College school year) at 9am with confessions from 8-8:50am. Please make note that the addition of these Mass times and confession times are only during the College school year. Please pay close attention to the Mass Intentions Schedule in the bulletin incase a change is made.

The following is an example of what the College school year Mass schedule will look like:

Weekend Mass Vigil: 5:00PM

Weekend Mass Sunday: 8:00AM & 11:00AM

Weekday Mass: T, Th, & F 8:30AM; Wed. 6:30PM (First Saturday 9AM)

(Only During the College Fall and Spring semesters:
Weekday Mass: Mon. 9PM & every Sat. 9AM)

Sacrament of Penance: Wednesday 5:30-6:20PM, Saturday 3:30-4:30PM; (First Fridays 7:30-8:20AM, First Saturday 8-8:50AM)

(Only During the College Fall and Spring semesters:
Sacrament of Penance: Mon. 8:30 - 8:50PM & every Sat. 8-8:50AM)



The next choir practice will be **Tuesday, August 13th** from 7:15pm-8:30pm.

CHURCH

Potluck

The next potluck will be Sun. Aug. 18th

Immediately following the 11am Mass. Please bring a dish to share.

Water, juice & coffee will be provided

YOUTH GROUP News

All students in grades 6-12 are invited to our next **Youth Group Meeting on Saturday, August 10th from 6-8pm** in the social hall. **Feel free to invite your friends!!**



Run with a Priest! (...or walk or bike!) Every 1st & 3rd Saturday we will meet outside the social hall around 9:45am. Take a short run (walk or bike) on the Rails to Trails. **The next run will be Saturday August 17th.**



Join us for coffee, snacks, and good conversation in the social hall after the 8:30am morning Mass on Thursdays. Everyone is welcome!



The Word of God Alive: Discussing the Readings with your children

Last week we heard how Jesus performed a miracle of the kingdom of God. Jesus took bread and a few

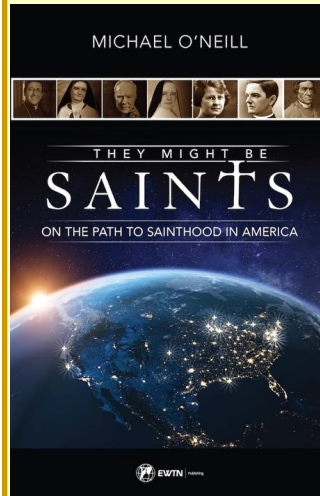
fish, blessed the bread and gave it to the people. The five loaves and two fish were enough to feed five thousand men. Today, we hear what happened next. Those same people who had been given some bread wanted their stomachs filled again. They wanted earthly bread. They only saw the sign and didn't notice that the miracle was pointing to something more. Jesus didn't only want to give the people enough to stay alive. He wanted them to have life to the full. The true Bread from heaven, the true Bread of life is Jesus himself. Jesus didn't just give himself to the people of Israel or the people of that time. Jesus, the true Bread of Life, gives life to the world. And whoever comes to him will never hunger.

This Bread of Life is for us too. When we gather around the altar and hear the words that Jesus spoke: "This is my body", we know that we will meet Jesus as the Bread who offers us life to the full.



Living our Faith: As you receive Communion, remember that you are receiving Jesus' body, soul and divinity. Thank him for being part of your life.

Book of the Month July and August 2024



The Book of the Month for both July and August will be ***They Might Be Saints: On the Path To Sainthood in America*** written by Michael O'Neil and published by EWTN. This might be our biggest book we have ever had at just under 300 pages, however, it also might be my favorite book so far in this series! This book is written based off of research for a TV series on EWTN that tried to study and compile the stories of dozens of potential Catholic Saints that lived in America (both before

it was the U.S.A. and since then in our very modern world as well!). The chapters are only about 7-10 pages each, and it covers the stories of at least 24 different holy individuals who are currently in the process of potentially becoming a future Saint in the Catholic Church. Also, this book begins with an incredibly detailed explanation of how the official process currently works (and some past history of the process of becoming a Saint as well), which I guarantee will surprise you in beautiful ways! There are so many miracle stories and stories of authentic holiness, heroic virtue, and determined faith that if you give this book a chance, you will be inspired and consoled at God's activity within human souls as well as His great plan for your life.

We will get together to discuss this book on **Wednesday, September 4th from 7:30 – 8:30 pm**, which gives you a solid two months to get this book and read it in that time! Even if you don't have time to read this book, please consider coming to meeting in the social hall on Sept. 4th, and I will do my best to summarize my favorite stories and bring some good discussion into the room as well. Thank you again, and God Bless you.



MASS SCHEDULE:

Wed. August 14th 6:30pm

Thurs. August 15th 8:30am & 6:30pm



Please visit our parish website (click on FORMED.ORG) and

check out what is on FORMED this week.

World Day of Prayer for the Care of Creation

The Office for Life & Dignity will host its annual Care for Creation Mass on Sunday, September 22, 2024, at 8:30 am at Holy Spirit Catholic Church, 300 W. Pine St., Palmyra. Fr Dijo Thomas will be the celebrant and homilist. "Hope and Act with Creation" is the theme of this year's World Day of Prayer for the Care of Creation. Holy Mass will be celebrated outside at the pavilion. Attendees are asked to bring their own chair. A light reception of coffee and donuts will follow in the parish social hall. All are invited to attend. For more information, please contact Marianne Weltmer at mweltmer@hbgdiocese.org or 717-657-4804 ext. 322.



Beginning Experience is hosting its next retreat weekend on Nov. 8-10, 2024. The ecumenical Beginning Experience weekends are an approved program designed for those suffering the loss of a spouse through death, divorce or separation. Hundreds of persons have been helped to move towards successful, productive, happy lives by attending one of these weekends. For more information, please go to <https://www.hbgdiocese.org/catholic-life-and-evangelization/navigating-marriage-difficulties/> or contact Beginning Experience team member Julie at 717-379-0800.



All are invited to attend a "Catholic Approach to Maternal Care," a panel discussion on maternal care on Wednesday, August 28, 2024, at St. Leo the Great Catholic Church (2427 Marietta Ave., Lancaster). Panelists include the Most Reverend Timothy C. Senior, Bishop of Harrisburg; Eric

Failing, Executive Director of the Pennsylvania Catholic Conference; Jill Hartman, Pregnancy Medical & Resource Center Representative; Marianne Weltmer, Diocesan Director for Life & Dignity; Dr. Matthew Weitzel, Medical Doctor; and Kyra Scalea, Rachel's Vineyard (abortion recovery) representative. A welcome reception will be offered from 6-6:30 pm, with the panel discussion starting at 6:30 pm. Various topics related to maternal care from the Catholic perspective will be discussed by the panelists. Registration is required. Please email tinat@pregnancylancaster.com by August 21, 2024, including full names of attendees.



Have you ever thought to yourself, "How can I make my marriage better?" If so, Retrouvaille can help. Retrouvaille is a marriage program for couples whose

marriage has drifted off course. It begins with a weekend program that can help get your relationship back on track. It is an effective program that has worked for thousands of couples and it can work for your marriage. For more information, or to register for the upcoming weekend starting September 13, 2024, please contact Mike and Dawn Floyd at 717-356-2185.

July 27-28 2024 (in pew)

Weekend Collection: \$3,602.00
 Building Improvements: \$25.00
 Social Outreach: \$45.00
 Parish Youth Education: \$280.00
 Votives: \$31.00
TOTAL INCOME: \$3,983.00



If you would like to give to the Sunday collection online either with an individual gift or with a recurring donation of your choice, please visit olvshippensburg.weshareonline.org

Online giving total for July is \$6,884.70



The 2024 Charismatic Day of Renewal is September 14th from 8am to 3:30pm. This year's theme is "The Battle

Belongs to the LORD" and will be hosted at the Diocesan Center. Mass will be celebrated by Bishop Timothy C. Senior. Presenters include Fr. Timothy Marcoe & Bernice White. To register online, go to www.aliveinthepirit.net. The cost is \$25 which includes lunch. Registration deadline is September 3rd. Please be prepared to pay by credit card only.



Gifting with a Purpose - Diocesan Camp at Kirchenwald Summer Camp for Adults with Intellectual & Developmental Disabilities

Your contribution helps make the camp possible by supporting:

Medical: The camp is staffed by 2 full-time registered nurses responsible for any bumps or bruises, but most importantly safely dispensing the campers' medication 3x per day.

Activities: Camp activities include faith sharing, swimming, canoeing, nature walks, games, arts and crafts, and fishing. Evening activities feature magicians, karaoke, and interactions with creepy crawlers.

Campers: Campers pay a fee to attend camp and some counties subsidize the cost, but donations are welcomed to support the Diocese in offering the experience.

Volunteers: There is no cost to our dedicated volunteers; all meals, events, campground activities, etc. are included.

Contribute Online: <https://www.hbgdiocese.org/diocesan-camp-at-kirchenwald-donation/>