A langer lean to Fort Foinfield Limestone and enound ald					
A longer loop to Fort Fairfield, Limestone and around old					
Loring AFB. Start at Old Iron Iron 155 High St. Cariban ME					
Start at Old Iron Inn, 155 High St., Caribou, ME Caution: Need tire repair kit, water and bike tools. Stretches					
where there are few houses.					
(Mi.)	Turn	Kuau/ Lanumar K	Distance (Mi.)		
		Old Iron Inn B&B parking lot	(111.)		
	R	100' to Pleasant St.			
	R	1 block to "T"			
	L	Elm St., go 100' cross Rt. 1, go another			
	-	100'			
0.0	L	Broadway St., proceed 1.4 miles to	1.4		
	1.	stop sign			
1.4	R	Rt. 89E, up long hill	0.7		
2.1	R	Grimes Rd., to Fort Fairfield	10.3		
12.4	L	Rt. 1A	0.5		
12.9	L	W. Limestone, continue straight on	7.4		
		this road			
20.3		stop sign, straight across Noyes Rd.	1.6		
21.9	R	Bog Rd.	1.2		
23.1	L	Maine St. / Rt. 1A	0.6		
23.7	R	Long Rd. (past Limestone Community	1.3		
		School)			
25.0	L	Blake Rd.	0.9		
25.9	L	Grand Falls Rd.	1.5		
27.4	R	Maine St. / Rt. 1A	4.7		
32.1	L	Willard Rd. (no sign, across from	5.4		
		Cross Rd.)			
37.5	R	To stop sign, West Gate Road	0.5		
38.0	L	To stop sign, Havey Rd. (no sign)	1.4		
39.4	L	To stop sign, Madawaska Rd.	6.3		
45.7	The second	straight across Rt. 89 (access hwy),	0.5		
		Belyea Rd.	Also and		

46.2	R	to stop sign, Bog Rd.	0.3
46.5	L	Rt. 223, Noyes Rd.	0.1
46.6	R	Grimes Mill Rd.	2.9
49.5	R	Grimes Rd.	2.6
52.1	L	Rt. 89W, to Broadway again	0.7
52.8	L	Broadway, to Elm again	1.4
54.2	R	Elm Rd., across Rt. 1	0.1
States.	R	Pleasant, back to High St.	
C. LEWIS CO.	L	High St., 100' to Old Iron Inn	