

ACUPUNCTURE PROCEDURES (Meridian Therapy)

An energy system has been well known to circulate throughout the body in specific channels called “meridians.” Acupuncture, acupressure, electrical stimulation, laser, and other methods have been designed to stimulate this energy system. Each of our cells is considered to be like small batteries holding an electrical charge. The closer that charge is to 100% the healthier the cell functions. This electrical energy system is known as chi by the Chinese, ki by the Japanese, prana by the Indians, and innate intelligence by the early chiropractors and osteopaths.

Many diagnostic procedures and therapeutic inputs have been discovered to resolve interference in this energetic system. Science has proven that stimulation of these pathways will evoke positive changes in pain perception, resolution of hormonal imbalances, and will normalize physiological processes throughout the body. Recently functional MRI’s have demonstrated the ability of acupuncture to actually change electrical signals in the brain. I have selected several types of diagnostic and treatment procedures to help patients reduce pain and rebuild health.

I use a combination of diagnostic techniques and treatment methods. It is quite interesting that once I explain the types of abnormal physiology associated with the deficient or hyperactive reflexes found, patients are amazed at how accurately this method describes their underlying health problem. They are then anxious to see if indeed acupuncture is the treatment that may finally resolve their condition.

BRT (Body Restoration Technique): This procedure utilizes a system of reflexes to diagnose meridian imbalances, specifically hormone disruptions. This includes the pituitary, thyroid, adrenals, male and female hormones, and other endocrine malfunctions which can result in weight gain, fatigue, altered metabolism, digestive problems, inflammation, and other various chronic conditions.

TBM (Total Body Modification): A system used to find substances such as foods, chemicals, pollens, heavy metals, and infections, which can cause sensitivities in the organs and glands resulting in allergic type reactions. Treatments are designed to resolve the sensitivity and reduce the offending reactions.

Auricular Therapy (Ear Acupuncture): A system developed by French and German medical doctors to stimulate ear points. This procedure has been scientifically validated at UCLA Pain Center and other research facilities in the United States, Europe, and Asia. Excellent results with pain syndromes as well as organ and gland issues.

Whole Body Acupuncture (Treatment takes approx. 30 minutes): Traditional Chinese and Japanese energy channels are stimulated to reduce symptoms of both acute and chronic conditions. This is especially helpful for athletic or accidental injuries or traumas of any kind. The World Health Organization lists acupuncture as being helpful for over 1,500 different conditions. If you are not getting the results you want with traditional medical treatments, acupuncture should be considered as a possible alternative.

Acupressure: Many times to extend the treatment while you are away from the office or to support more chronic conditions we teach self-stimulation of acupuncture points. This gentle procedure essentially aids in the continuation of your treatment.

N.E.T. (Neuro-Emotional Technique): Traditional acupuncture theory correlates each meridian pathway with an emotion. Examples: kidneys with fear, liver with anger, lungs with grief, etc... Often traumas are induced during times of stressful emotion and get locked into the system causing chronic health problems. These problems can continue to surface until the emotion attachment is resolved. N.E.T. is a diagnostic procedure which helps uncover or bring to the surface an unresolved emotional conflict. Treatment using acupuncture reflexes resolves these emotions quickly and efficiently which therefore helps to resolve the chronic condition.