

PE/Health/Dr Ed/Nurses/Counselors Workshop

Tuesday, November 26 9:00-2:30 \$100

ROE #8 Office 27 S. State Avenue in Freeport

Join your colleagues for a day of learning!

AM: Denise Hamburger, Director of Be Real Illinois campaign, will present **Creating a Body Confident School Environment 2020**. Participants will discuss current body image issues for adolescents, learn the 5 steps to create a body confident school environment, receive an evidence based curriculum for middle school.

Lunch provided

PM: Participants will be able to network with their colleagues in similar positions sharing successes and challenges. All are invited to bring lessons ideas and activities to share.

To register: www.roe8.com

