

DISORDERS OF EXTREME STRESS - NOT OTHERWISE SPECIFIED CRITERIA

I. Alteration in Regulation of Affect and Impulses

- A. Affect Regulation
- B. Modulation of Anger
- C. Self-Destructive
- D. Suicidal Preoccupation
- E. Difficulty Modulating Sexual involvement
- F. Excessive Risk-taking

II. Alterations in Attention or Consciousness

- A. Amnesia
- B. Transient Dissociative Episodes and Depersonalization

III. Somatization

- A. Digestive System
- B. Chronic Pain
- C. Cardiopulmonary Symptoms
- D. Conversion Symptoms
- E. Sexual Symptoms

IV. Alterations in Self-Perception

- A. Ineffectiveness
- B. Permanent Damage
- C. Guilt and Responsibility
- D. Shame
- E. Nobody Can Understand
- F. Minimizing

V. Alterations in Perception of the Perpetrator

- A. Adopting Distorted Beliefs
- B. Idealization of the Perpetrator
- C. Preoccupation with Hurting Perpetrator

VI. Alterations in Relations with Others

- A. Inability to Trust
- B. Revictimization
- C. Victimizing Others

VII. Alterations in Systems of Meaning

- A. Despair and Hopelessness
- B. Loss of Previously Sustaining Belief