



# Istrouma Lunch Noel Run

**Istrouma Lunch - Noel Run**

<b>Dist</b>	<b>Turn</b>	<b>Road</b>	<b>Clock</b>	<b>Total Dist</b>
	Start	at Atchafalaya Welcom Center 1908 Atchafalaya River Hwy, Butte LaRose		
	Go South	on LA-3177 / Atchafalaya River Hwy	8:45 AM	0.00 mi.
in 0.05 miles	Turn right	on to I-10 E on ramp	8:46 AM	0.05 mi.
in 0.40 miles	Enter	on to I-10 E	8:47 AM	0.45 mi.
in 14.00 miles	Exit I-10	on to Exit 135 / LA-3000	9:00 AM	14.45 mi.
in 0.40 miles	Turn right	on to LA-3000 / Ramah Rd	9:01 AM	14.85 mi.
in 1.20 miles	Turn right	on to LA-76 / Rosedale Rd	9:04 AM	16.05 mi.
in 17.00 miles	Go straight	on to LA-986	9:24 AM	33.05 mi.
in 2.30 miles	Turn right	on to LA-1 / N Alexander Ave ( <b>Port Allen</b> )	9:28 AM	35.35 mi.
in 3.30 miles	Turn left	on to LA-988 / Beaulieu Rd	9:34 AM	38.65 mi.
in 0.60 miles	Turn right	on LA-988 / S River Rd	9:35 AM	39.25 mi.
in 10.00 miles	Turn right	on to Jacob St ( <b>Plaquemine</b> )	9:49 AM	49.25 mi.
in 0.10 miles	Turn right	on to Laville St	9:50 AM	49.35 mi.
in 0.05 miles	Turn right	on to LA-1 Service Rd	9:51 AM	49.40 mi.
<b>in 0.05 miles</b>	<b>STOP</b>	<b>at Circle K</b>	<b>9:52 AM</b>	<b>49.45 mi.</b>
	Go South	on LA-1 Service Rd	10:12 AM	49.45 mi.
in 0.05 miles	Turn right	on to Laville St	10:13 AM	49.50 mi.
in 0.03 miles	Turn left	on to LA-1	10:14 AM	49.53 mi.
in 1.30 miles	Turn left	on to Belleview Dr	10:17 AM	50.83 mi.
in 0.20 miles	Turn left	on to LA-75 / Ferry Rd	10:18 AM	51.03 mi.
in 0.20 miles	Board Ferry	on to	10:19 AM	51.23 mi.
in 0.90 miles	Depart Ferry	on to	10:45 AM	52.13 mi.
in 0.20 miles	Turn right	on to LA-75 / River Rd	10:46 AM	52.33 mi.
in 5.20 miles	Turn left	on to Bayou Paul Ln	10:52 AM	57.53 mi.
in 1.80 miles	Turn right	on to Bayou Paul Rd	10:56 AM	59.33 mi.
<b>in 0.30 miles</b>	<b>STOP</b>	<b>at Istrouma Brewing</b>	<b>10:57 AM</b>	<b>59.63 mi.</b>
	Go West	on Bayou Paul Rd	12:42 PM	59.63 mi.
in 0.30 miles	Turn left	on to Bayou Paul Ln	12:43 PM	59.93 mi.
in 1.80 miles	Turn left	on to LA-75 / River Rd	12:47 PM	61.73 mi.
in 5.50 miles	Turn left	on LA-75 / Point Clair Rd ( <b>Carville</b> )	12:55 PM	67.23 mi.
in 13.00 miles	Go straight	on to LA-942 / River Rd ( <b>Darrow</b> )	1:11 PM	80.23 mi.
in 5.10 miles	Turn right	on to LA-44 / River Rd ( <b>Burnside</b> )	1:17 PM	85.33 mi.
in 2.90 miles	Turn left	on to LA-70 W ramp	1:21 PM	88.23 mi.
in 0.70 miles	Merge	on to LA-70	1:22 PM	88.93 mi.
in 2.30 miles	Turn right	on to LA-3120	1:24 PM	91.23 mi.
in 1.00 miles	Turn left	on to LA-18	1:25 PM	92.23 mi.
<b>in 2.40 miles</b>	<b>STOP</b>	<b>at Noel Family Distillery (Donaldsonville)</b>	<b>1:29 PM</b>	<b>94.63 mi.</b>
	Continue Northwest	on LA-18	2:29 PM	94.63 mi.
in 0.70 miles	Go straight	on to LA-1	2:30 PM	95.33 mi.
in 7.30 miles	Turn right	on to LA-1000	2:40 PM	102.63 mi.
in 2.90 miles	Turn left	on to LA-996	2:44 PM	105.53 mi.
in 2.40 miles	Turn right	on to LA-70	2:48 PM	107.93 mi.
<b>in 13.00 miles</b>	<b>STOP</b>	<b>at Spunky Monkey</b>	<b>3:05 PM</b>	<b>120.93 mi.</b>
	Go South	on LA-70	3:50 PM	120.93 mi.
in 0.05 miles	Turn left	on LA-70	3:51 PM	120.98 mi.
in 15.40 miles	Turn right	on to 6th St ( <b>Morgan City</b> )	4:10 PM	136.38 mi.
in 0.05 miles	Turn left	on to General McArthur St	4:11 PM	136.43 mi.
in 0.30 miles	Turn left	on to Federal Ave	4:12 PM	136.73 mi.
in 0.30 miles	Turn right	on to US-90 E on ramp	4:13 PM	137.03 mi.
<b>in 40.00 miles</b>	<b>END</b>	<b>at US-90 &amp; Darnell Rd</b>	<b>4:49 PM</b>	<b>177.03 mi.</b>
		<b>TOTAL TIME / DISTANCE</b>	<b>8:04:00</b>	<b>177.03 mi.</b>