

Holy Saturday

Trust

Rest.

Sit in the silence of the unknown.

The past is gone—or can be. What is coming is yet to be revealed. We are called to trust God’s plan for our lives.

All too often, we lament the past and/or worry about the future. In doing so, we lose the present. Isn’t it better to learn from our past and prepare for the future? Yet this learning and preparing can only be done in the present. We must somehow find balance, lest we lose completely the gift that is the present.

*How do you dwell on the past? Focus on the future?
What can you do today to find balance and live in the present?*

Take time today...
...to be fully present in each and every moment of this day.

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