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Canterbury 10K

Canterbury, CT, April 16, 2016

[Awards]

Results

First Mile Fitness

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Canterbury 10K
Canterbury, CT
First Mile Fitness
4/16/2016 - 9:00 AM

***** Official Results *****

The DIV Column is your place in your age group or division for Awards											
Place	No.	Name	Time	Pace	S	Age	Div/Tot	Sex/Tot	Div	City	St
1	370	Stephen Kurczyk	36:36.5	5:54	M	33		1/49		Woodstock	CT
2	337	Scott Deslongchamps	39:16.3	6:20	M	46		2/49		Putnam	CT
3	503	Ken Clark	40:24.0	6:31	M	53	1/3	3/49	M5059	Somers	CT
4	420	Linda Spooner	40:44.6	6:34	F	41		1/104		Sturbridge	MA
5	354	Ryan Goyen	41:51.7	6:45	M	25		4/49		Manchester	CT
6	436	Friedemann Weidauer	42:30.5	6:51	M	56		5/49		Mansfield Center	CT
7	312	Aidan Brown	42:59.0	6:56	M	14		6/49		Canterbury	CT
8	419	Rick Spiker	43:08.5	6:57	M	41		7/49		Naugatuck	CT
9	435	Jill Vollweiler	43:15.3	6:58	F	47		2/104		Pomfret	CT
10	524	Cindy Ouillet	43:35.4	7:01	F	40	1/6	3/104	F4049		
11	423	Alicia Stannard	44:04.9	7:06	F	34		4/104		Hamden	CT
12	429	Brian Tiedt	44:21.4	7:09	M	21		8/49		Ellington	CT
13	499	Daniel Clements	44:30.5	7:10	M	30	1/3	9/49	M3039	Manchester	CT
14	502	Michael Prinzivalli	44:53.6	7:14	M	42	1/4	10/49	M4049	Hamden	CT
15	431	Mike Van	45:08.2	7:16	M	48		11/49		Norwich	CT
16	439	Sara Zuba	45:22.1	7:19	F	33		5/104		New Haven	CT
17	520	Jim Tiernan	45:59.5	7:25	M	52	2/3	12/49	M5059		
18	411	Stephan Servidio	46:13.1	7:27	M	49		13/49		Mystic	CT
19	342	David Flagg	46:18.5	7:28	M	42		14/49		Norwich	CT
20	401	Joslyn Richards	46:34.4	7:30	F	37		6/104		Oneco	CT
21	321	Keith Coburn	46:46.0	7:32	M	47		15/49		Waterford	CT
22	501	Christopher Ahlberg	46:54.9	7:34	M	54	3/3	16/49	M5059	Fairfield	CT
23	327	Aidan Croteau	46:58.6	7:34	M	13		17/49		Canterbury	CT
24	319	Anne Ciccio	47:54.0	7:43	F	39		7/104		Wethersfield	CT
25	508	Michael Rouillard	48:19.2	7:47	M	49	2/4	18/49	M4049	Sterling	CT
26	395	Brittany Post	48:23.4	7:48	F	16		8/104		Canterbury	CT
27	367	Mark Juliano	48:26.1	7:48	M	40		19/49		Woodbridge	CT
28	438	Elizabeth Wright	48:36.6	7:50	F	36		9/104		Newington	CT
29	325	John Coppola	48:42.5	7:51	M	43	3/4	20/49	M4049	Middletown	CT
30	523	Jessica Broaduell	49:28.5	7:58	F	30	1/2	10/104	F3039	06066	
31	422	James Sporko	49:29.3	7:58	M	51		21/49		Waterbury	CT
32	417	Courtney Sobanski	49:34.7	7:59	F	22		11/104		Hampton	CT
33	406	Caitlin Rossi	50:38.2	8:09	F	32		12/104		Torrington	CT
34	373	Jill Levasseur	50:41.9	8:10	F	50		13/104		Amston	CT
35	408	Ellen Schumey	50:50.9	8:11	F	55		14/104		West Hartford	CT
36	526	Kate Fakerty	51:02.5	8:13	F	41	2/6	15/104	F4049	Pomfret	
37	510	Michaela Rouillard	51:03.5	8:14	F	18	1/3	16/104	F1829	Sterling	CT
38	515	Ellen Boudreau	51:04.8	8:14	F	51	1/3	17/104	F5059		
39	516	Erin Pirro	51:06.8	8:14	F	37	2/2	18/104	F3039		
40	329	Daniel Croteau	51:12.7	8:15	M	12		22/49		Canterbury	CT
41	328	Aaron Croteau	51:13.2	8:15	M	40		23/49		Canterbury	CT
42	333	Kelly Davidson	51:20.6	8:16	F	38		19/104		Canterbury	CT
43	350	Stephen Gardner	51:24.6	8:17	M	62		24/49		New Canaan	CT
44	301	Robert Alling	51:32.3	8:18	M	67		25/49		Ledyard	CT
45	318	Salena Chatman	51:58.9	8:22	F	38		20/104		Middletown	CT

46	376	Peter Marshall	52:07.3	8:24	M	51		26/49		Andover	CT
47	314	Lydia Brown	52:15.0	8:25	F	29		21/104		New London	CT
48	311	Stephen Brown	52:15.5	8:25	M	52		27/49		Canterbury	CT
49	421	Theresa Sporko	52:43.0	8:30	F	48		22/104		Waterbury	CT
50	323	Spring Cole	52:49.8	8:31	F	51		23/104		Danielson	CT
51	371	Lindsay Landry	52:51.2	8:31	F	34		24/104		Canterbury	CT
52	393	Tammy Perrotta	53:22.3	8:36	F	52		25/104		Middletown	CT
53	412	Katey Shoup	53:35.5	8:38	F	39		26/104		Naugatuck	CT
54	512	Jim Sykore	53:49.9	8:40	M	46	4/4	28/49	M4049	Coventry	RI
55	504	Brian Andstrom	53:53.5	8:41	M	60	1/1	29/49	M6069	Plainfield	CT
56	386	Laura Novak	54:48.4	8:50	F	48		27/104		Rockford	MI
57	304	Tom Baker	55:31.5	8:57	M	72		30/49		Oakdale	CT
58	308	Bill Bentley	55:51.2	9:00	M	50		31/49		Lisbon	CT
59	365	Oliver Jones	55:56.8	9:01	M	67		32/49		Ledyard	CT
60	387	Kelly O'Donnell	56:08.7	9:03	F	27		28/104		South Norwalk	CT
61	385	Lorie Nordman	56:12.9	9:03	F	37		29/104		Woodstock	CT
62	347	Heather Fried	56:23.9	9:05	F	44		30/104		Groton	CT
63	302	Shelby Archer	56:27.8	9:06	F	22		31/104		Dayville	CT
64	338	Krista Dodge	56:42.3	9:08	F	35		32/104		Plainfield	CT
65	356	Amy Gromek	56:43.1	9:08	F	45		33/104		Lisbon	CT
66	306	Prima Bartlett	56:56.2	9:10	F	28		34/104		Hampton	CT
67	368	Elise Kennedy	57:17.7	9:14	F	10		35/104		Middletown	CT
68	322	Aleasha Coburn	57:27.4	9:15	F	47		36/104		Waterford	CT
69	369	Peter King	57:35.6	9:17	M	45		33/49		Cheshire	CT
70	388	Anne Oeldorf-Hirsch	57:37.5	9:17	F	33		37/104		Glastonbury	CT
71	506	Jacqueline Maneri	57:50.4	9:19	F	50	2/3	38/104	F5059	Canterbury	CT
72	507	April Arpin	57:51.6	9:19	F	27	2/3	39/104	F1829	Windham	CT
73	500	Rose Buckingham	57:53.9	9:20	F	68	1/3	40/104	F6069	Norwich	CT
74	381	Michelle Mlyniec	58:03.3	9:21	F	42		41/104		Hampton	CT
75	525	Mark Dicocco	58:08.8	9:22	M	37	2/3	34/49	M3039		
76	505	Adam Garrity	58:09.8	9:22	F	42	3/6	42/104	F4049	Glastonbury	CT
77	309	Brian Beshaw	58:10.2	9:22	M	42		35/49		Canterbury	CT
78	303	Samantha Baer	58:11.2	9:22	F	41		43/104		Somers	CT
79	425	Karen Szymko	58:11.8	9:22	F	51		44/104		Somers	CT
80	362	Michael Jakubowski	58:12.5	9:23	M	30		36/49		Wethersfield	CT
81	517	Amy Osella	58:33.4	9:26	F	15	1/1	45/104	F1417		
82	344	Lindsay Franke	58:40.9	9:27	F	32		46/104		Bridgeport	CT
83	380	Martin Mlyniec	58:45.1	9:28	M	46		37/49		Hampton	CT
84	430	Kelly Vachon	59:09.3	9:32	F	42		47/104		Griswold	CT
85	352	Holly Gedney	59:18.0	9:33	F	39		48/104		Moosup	CT
86	396	Jeremiah Powell	59:22.0	9:34	M	14		38/49		Canterbury	CT
87	377	Kristin McShane	59:26.8	9:34	F	32		49/104		Norwich	CT
88	348	Laurie Funk	59:27.3	9:35	F	46		50/104		Bristol	CT
89	391	Michael Paulhus	59:27.7	9:35	M	50		39/49		Willimantic	CT
90	522	Stephen Dube	59:42.0	9:37	M	30	3/3	40/49	M3039		
91	378	Louise Melanson	1:00:06.9	9:41	F	55		51/104		Bloomfield	CT
92	433	Karen Vincent	1:00:12.3	9:42	F	39		52/104		Plainfield	CT
93	349	Elizabeth Gagnon	1:00:13.0	9:42	F	34		53/104		Norwich	CT
94	366	Bruno Jugovic	1:00:19.8	9:43	M	55		41/49		Charlton	MA
95	372	Amy Lenoce	1:00:28.9	9:44	F	40		54/104		Durham	CT
96	392	Melissa Pepin	1:00:29.4	9:45	F	47		55/104		Middletown	CT
97	343	Louise Fletcher	1:00:33.1	9:45	F	39		56/104		Ashford	CT
98	399	Afsaneh Rangiani	1:01:07.1	9:51	F	34		57/104		West Hartford	CT
99	324	Peter Colonis	1:01:08.1	9:51	M	75		42/49		Waterford	CT
100	355	Kevin Goyen	1:01:14.2	9:52	M	48		43/49		East Hampton	CT
101	351	Amanda Garrity	1:02:18.7	10:02	F	40		58/104		Glastonbury	CT
102	335	Katherine Depolito	1:02:21.1	10:03	F	25		59/104		Canterbury	CT
103	521	Lisa Lumbrne	1:02:40.0	10:06	F	52	3/3	60/104	F5059		
104	313	Suzanne Brown	1:02:41.6	10:06	F	53		61/104		Manchester	CT
105	509	Hanna Rouillard	1:02:55.4	10:08	F	18	3/3	62/104	F1829	Sterling	CT
106	334	Karen D'Elia	1:03:12.1	10:11	F	55		63/104		Wethersfield	CT
107	513	Sandy Collins	1:03:14.6	10:11	F	60	2/3	64/104	F6069	Wauregan	CT
108	390	Shelley Opalski	1:03:17.6	10:12	F	51		65/104		Middletown	CT
109	437	Don Welsh	1:03:18.2	10:12	M	61		44/49		Quaker Hill	CT
110	345	Jennilee Fratelleni	1:03:26.4	10:13	F	35		66/104		East Haddam	CT
111	363	Kevin Johnston	1:03:54.0	10:18	M	58		45/49		Marion	CT
112	424	Sarah Sullivan	1:05:25.1	10:32	F	39		67/104		Bristol	CT
113	426	Konstantin Tartakov	1:05:26.1	10:32	M	30		46/49		Trumbull	CT
114	427	Daniella Tartakovsk	1:05:26.8	10:32	F	30		68/104		Trumbull	CT
115	403	Lori Robtoy	1:05:48.2	10:36	F	48		69/104		Dayville	CT
116	416	Pamela Smith	1:06:07.1	10:39	F	48		70/104		Lisbon	CT
117	519	Amy Tiernan	1:06:08.7	10:39	F	42	4/6	71/104	F4049		
118	357	Himank Gupta	1:06:52.7	10:46	M	27		47/49		Waterbury	CT
119	379	Heather Merson	1:06:55.9	10:47	F	29		72/104		Danielson	CT
120	394	Angela Petitti	1:07:00.8	10:48	F	47		73/104		Shelton	CT
121	400	Lisa Reid	1:07:25.6	10:52	F	45		74/104		Brooklyn	CT
122	331	Cara Cyr	1:07:39.1	10:54	F	20		75/104		Union	CT

123	332	Cheryl Cyr	1:07:40.4	10:54	F	51		76/104	Union	CT
124	307	Susan Beauregard	1:08:01.6	10:57	F	47		77/104	Hampton	CT
125	407	Erica Ruggerio	1:08:29.0	11:02	F	42		78/104	Seymour	CT
126	341	Leanne Farr	1:08:46.5	11:05	F	58		79/104	Colchester	CT
127	398	Michael Pozzetta	1:08:47.3	11:05	M	68		48/49	Colchester	CT
128	397	Kate Powers	1:09:22.8	11:10	F	32		80/104	Newington	CT
129	346	Debbie Freligh	1:11:12.4	11:28	F	45		81/104	Danielson	CT
130	364	Malinda Johnston	1:12:26.1	11:40	F	38		82/104	S. Windsor	CT
131	339	Shane Donahue	1:12:29.2	11:40	M	23		49/49	Danielson	CT
132	428	Ashley Tetreault	1:12:30.4	11:41	F	31		83/104	Danielson	CT
133	404	Kelly Rome	1:12:52.2	11:44	F	50		84/104	Granby	CT
134	384	Alysyn Mullen	1:13:47.3	11:53	F	45		85/104	Griswold	CT
135	418	Michelle Soto	1:13:56.3	11:54	F	33		86/104	Meriden	CT
136	413	Brandi Sill	1:13:56.8	11:55	F	31		87/104	Naugatuck	CT
137	359	Laurel Horne	1:16:27.1	12:19	F	31		88/104	Danielson	CT
138	434	Lisa Violette	1:16:37.1	12:20	F	45		89/104	Danielson	CT
139	305	Pat Baker	1:16:41.6	12:21	F	71		90/104	Oakdale	CT
140	316	Tara Burke	1:17:56.1	12:33	F	46		91/104	Beacon Falls	CT
141	511	Cecelia Grisate	1:18:09.1	12:35	F	60	3/3	92/104	F6069 Salem	CT
142	514	Kori Bunnell	1:18:40.4	12:40	F	42	5/6	93/104	F4049	
143	389	Christine O'Meara	1:21:21.5	13:06	F	45		94/104	East Hartland	CT
144	518	Ally Sega	1:24:09.4	13:33	F	43	6/6	95/104	F4049	
145	414	Debra Sill	1:25:30.9	13:46	F	59		96/104	Naugatuck	CT
146	375	Kim Lowman	1:27:00.1	14:01	F	32		97/104	Granby	CT
147	383	Maureen Mulcay	1:30:44.7	14:37	F	32		98/104	Woodbury	CT
148	361	Kate Jackson	1:30:48.6	14:37	F	38		99/104	Danbury	CT
149	405	Erin Rose	1:34:39.6	15:15	F	38		100/104	Agawam	MA
150	310	Michelle Blanchette	1:36:44.8	15:35	F	50		101/104	Danielson	CT
151	409	Barbara Seagraves	1:52:24.2	18:06	F	51		102/104	Griswold	CT
152	410	Mary Seagraves	1:52:28.1	18:06	F	16		103/104	Griswold	CT
153	340	Dawn Ellsworth	1:52:30.8	18:07	F	37		104/104	Moosup	CT