

MINUTES

Southeast Washington Regional FYSPRT

10/08/2020 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	<p>Icebreaker activity: Painting vs. Drawing</p>
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from September 10, 2020 Motion made by: <u>Carolyn</u> Seconded by: <u>Jeanette</u> Did the vote carry? YES / NO</p>
<p>Lock Box Update</p>	<p>Jill: We currently have 250 lock boxes that are in the process of being delivered. 100 to Crisis Response, 30 Lutheran, 30 Communities in Schools, 30 Tri Cities Community Health, 30 Lourdes Counseling Center and 30 Catholic Family. Goal is to reach all of the 9 counties including the Yakama Nation. We received \$1500 from Kadlec and will order more lock boxes in the near future. Joel from CHPW asked if we are reaching out to the SUD providers. Sarah stated that she has SUD provider contact info and can reach out to the providers within the region regarding lock box needs.</p>
<p>BHAS Data</p>	<p>Paul Davis: Overview of the BHAS data specific to the GCBH region. Anyone in WISe should be getting a CANS (Child Adolescent Needs & Strengths) screen/update regularly. Scoreboard for how we take the long story of how people are doing and how we put it into numbers. How we can track progress</p>

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	<p>over time. CANS is broken into a bunch of domains and should be completed in a collaborative manner with the youth and families. All partners should have a voice in identifying the youth strengths and needs. Shared BHAS data from the HCA website https://www.hca.wa.gov/about-hca/behavioral-health-recovery/wraparound-intensive-services-wise-0</p>
Roundtable	<p>Matthew: stated Lutheran is open and meeting face to face with families as requested. Dawn: October 29th WRAP (Wellness Recovery Action Plan) training Carolyn: Expanding the SPARK program and have received grants in Chelan, Douglas and Grant Counties and are starting SPARK classes in Pierce, King, Salish and Island Counties. Will be doing a train the trainer and are working with HCA to develop measurable outcomes for the SPARK program. Cindy Adams: Peer Empower Peer Conference Oct. 10th Scholarships are available. Behavioral Health Ombuds will be creating a training on Mental Health Advance Directives to provide to the community. Jeanette: Just completed certified peer counselor training for youth and families. This is the 5th round of virtual training. Cultural and specific needs in WISE for the Tribes Sully: No Update Ruvine: Part 2 of Voices from the African American Community on Oct. 14th Baltazar: Feedback on the digital flyer created by Baltazar Sarah: Working on the FYSPRT quarterly report. No CLIP update at this time. Kris will be attending the next statewide CLIP meeting and will provide a follow up after that meeting.</p>
Closing Announcements and Evaluation (5 minutes)	<p>Your FYSPRT meeting evaluation will be sent via email and is available at this link: https://www.surveymonkey.com/r/QMMCKJX</p> <p><i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i></p>
Regional FYSPRT meeting dates	November 12, 2020 <i>THIS MEETING WILL BE HELD via ZOOM.</i>
State FYSPRT meeting dates	November 17, 2020 Meeting Time 9:30am-3pm

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Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503

Want to become a voting FYSPRT member?

Ask for a membership application or find one on our website @ <http://www.southeastfysprt.org/get-involved.html>