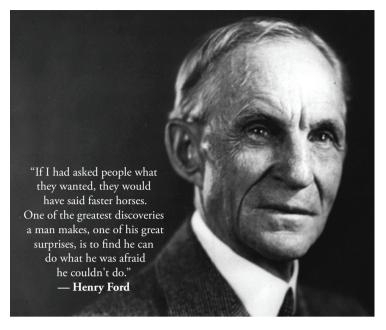
## FOOD FOR THOUGHT



"I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear."

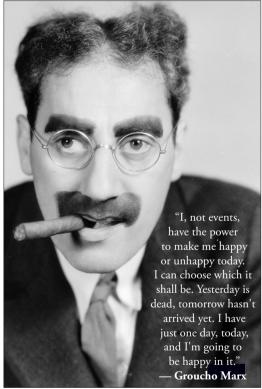
— Nelson Mandela

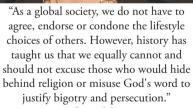




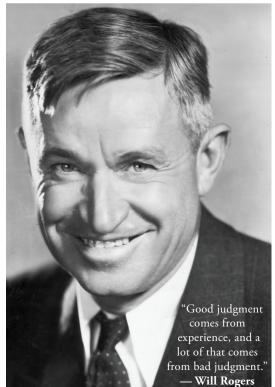
"The size of your success is measured by the strength of your desire; the size of your dream; and how you handle disappointment along the way."

— Robert Kiyosaki





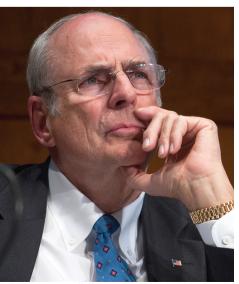
— Joyce Meyer





"Ever since I was a child I have had this instinctive urge for expansion and growth. To me, the function and duty of a quality human being is the sincere and honest development of one's potential."

— Bruce Lee



"Motivation will almost always beat mere talent."

— Norman Ralph Augustine