

January Is National Blood Donor Month

By Kate Jackson

January has been named National Blood Donor Month. Why? Winter tends to be one of the leanest times of the year for incoming blood donations. According to the American Red Cross, frigid winter weather, busy holidays schedules and seasonal illnesses tend to get in the way of folks participating in local blood drives at the same rate as other times of the year.

Donating blood is an act of kindness toward your community, done with the needs of others in mind - but recent studies have shown that giving blood may not have to be an entirely selfless act. In several studies, one of which was conducted by the American Medical Association, researchers found that when an individual gives blood every six months they may be able to reduce their risk of having a heart attack and stroke later in life.

The reason for this is pretty straightforward: stores of iron in the body are reduced when a person has blood drawn on a regular basis. Past studies have found that excessive levels of iron in the body can contribute to the development of heart disease. So, it would make good sense that giving blood twice a year has a chance at improving your heart and vascular health by reducing the overall iron levels in your blood.

You're doing yourself and your community a favor when you decide to give blood - but if the very idea of donating blood makes you cringe, you're certainly not alone. Most people who consider giving blood have had at least a few second thoughts when the moment to face the needle arrives. Those of us who go forward with the

giving of this most precious gift do it with the brave spirit of one who knows they contributing to something amazingly powerful - after all, a single donation could potentially save up to three lives.

The American Red Cross says that someone in the U.S. needs blood about every two seconds. This means that over 44,000 donations are needed every day in order to keep up with this demand - and every single drop makes a difference.

Most of us can't imagine ourselves or one of our loved ones needing the aid of donated blood but the simple fact is that many will need this precious resources at some point in their lives. The only way to ensure this life-saving stuff will be there when it's needed is for people just like us to get out there and make a donation.

How? Remember to keep your eye out for local blood drives first. Participating in blood donation events in your own neighborhood makes the task of giving much simpler and will directly benefit those in your community and region.

However, if there aren't any donation events happening right in the neighborhood, there are other ways to give blood. The American Red Cross says that donation appointments can be made by downloading the Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS (1-800-733-2767), adding that each appointment kept, and each donation given, offers hope to a patient in need.

Give the gift of life to someone in your community - donate blood this winter!

Sheriff's Report

Monday, December 11, 2017

Inmate Population: 10
 •0247 Deputy assists MSP with removing deer off Hwy 61.
 •0808 Deputy transports inmate.
 •1059 Deputy attempts to locate large truck with open door on Hwy 61.
 •1615 Deputy serves papers at LCJ.
 •2049 Deputy makes traffic stop on Hwy 1 near Maple Leaf Ln. Warn for speed.

Tuesday, December 12, 2017

Inmate Population: 10
 •0747 Deputy at THHS for the start of the school day.
 •0918 Deputy serves papers at LCSO.
 •0936 LCRS responds to medical in SB.
 •1006 Deputy responds to report of damage to property in Finland.
 •1228 Deputy responds to report of an order violation.
 •1942 Deputy responds to report of found property at TH business.

Wednesday, December 13, 2017

Inmate Population: 12
 •0027 Deputy checks on TH business on watch list. All ok.
 •0655 Deputy checks on business on watch list. All secure.
 •1257 Deputy responds to report of damage to property.
 •1732 Deputy assists SLC with a physical domestic.
 •1858 Deputy checks on SB residence on watch list. All clear.

Thursday, December 14, 2017

Inmate Population: 10
 •0657 Deputy out with vehicle waiting for a

tow.

•0745 Deputy at THHS for the start of the school day.
 •1112 Deputy serves papers at TH residence.
 •1253 Deputy out with occupied vehicle on Hwy 2. Occupant resting.

Friday, December 15, 2017

Inmate Population: 10
 •1125 Deputy checks on residence on house watch list.
 •1355 Sheriff and Deputy respond along with THPD to report of suspicious activity in TH. One brought to LCJ.
 •1550 Deputy responds to report of threats made in the Ely area.
 •1848 Deputy serves papers at TH residence.

Saturday, December 16, 2017

Inmate Population: 10
 •0005 Deputy responds to report of vehicle in the ditch.
 •1109 LCRS respond to medical on Banks Blvd.
 •2213 Deputy out with occupied vehicle at SB Marina.

Sunday, December 17, 2017

Inmate Population: 11
 •0055 Sheriff and Deputies respond along with THPD to a disturbance in TH.
 •0546 Deputy responds to report of vehicle in the ditch on Hwy 2.
 •1119 Deputy makes traffic stop on Hwy 61/ Split Rock River. Warn for speed.
 •1210 Deputies and LCRS respond to medical on Hwy 61.
 •2353 Deputy responds along with THPD to report of damage to property in TH.

Century 21 Gilderman



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FEATURE PROPERTIES



•14 Lee Cir., SB: Enjoy the features of this 4+ BR, 2.25 BA home w/full basement, patio & detached 2 car Gar. on level site. Improvements incl: newer shingles, new water heater, hdwd flooring, updated BA, updated Kit., good storage incl. add'l shed. **REDUCED \$129,500**



•58 Horn Blvd, SB MLS6029726: 3 BR, 1 BA home, detached 2 car garage w/many updates in a convenient location on corner lot. Updates incl: vinyl windows, siding, overhead water lines, new plumbing in slab, new shingles, remodeled kitchen, paint, insulated garage, gardens and a large storage shed. **REDUCED \$74,900**

Silver Bay & Surrounding Area

HOMES IN TOWN

- 57 Nelson Dr, SB MLS6030470: Looking for a back to the woods location on Lg site in City of Silver Bay, check out this 3BR, 3BA house w/det'd 2 car Gar., Lg. deck & recent updates incl: windows, siding, deck, doors, some lighting, BA's, paint, & 6 panel maple interior doors w/matching trim. **REDUCED \$179,500**
- 813 Slater Dr., Beaver Bay MLS 6030905: Looking for a house near the Gitchi Gammi bike w/city sewer & water & good storage. Check out this split entry house w/2 BA, up to 4 BR, full basement, att'd garage, rear deck, aux. garage & city water and sewer. **\$149,500**
- 5881 Hwy 1, SB MLS6031441: Lg completely remodeled custom Kit. & many other updates throughout. 3+ BR, 2 BA, full walkout basement, w/det'd 3 car Gar, 30x50' sunset w/storage for equipment, tools & space to work on projects, good landscaping, convenient location, just an 8 min. walk to Baptism High Falls. It's the perfect place for you! **REDUCED \$215,000**
- 3508 Hwy 61, TH MLS6029529: On Lk Sup. between Gooseberry & Split Rock w/easy acc. to Gitchi Gammi Bike trail. Custom built Arts & Craft style 3 BR, 2.5 BA home w/quality finishing throughout. Build a fire on the beach after a day of biking the Gitchi Gammi bike trail. Cook together, make new memories or share old ones in the kitchen, relax in the sunroom, & don't miss out on game night in the lower level. There is a green house & raised beds and lg. wood shop **REDUCED to \$798,000**
- 5940 Old Hwy 61, SB MLS6028125: Rare opportunity to own 200 feet of Lk Superior lakefront w/ accessible beach. Let your vision create the color palette & update modifications you prefer. New roof in 2014. New septic system will be installed. Spring fed water supply. Tranquil, private setting, yet only six miles to Silver Bay, one hour to Duluth, & 3 1/2 hours to the Twin Cities. Walking distance to Tettagouche State Park, hiking trails & the Baptism River. **REDUCED \$349,900**
- 61 Adams Blvd, SB MLS 6026996: 1.7 story, 4 BR, 2 BA house back to the woods w/updates incl: siding, windows, shingles, 2nd floor add'n, new garage roof, no maint. decks, hardwood floors, new Kit. countertops & backsplash, oak cabinetry, hearth stove, new carpet, & good landscaping. Other feat's incl: full basement, att'd 2 car garage, shed & large side yard. **\$218,900**
- XX Burk Dr., SB MLS6031120: Wooded vacant lot w/view of Lk Sup., city water/sewer nearby. **\$18,500**
- 82 Burk Dr., SB: Back to the woods, w/views of LK Superior, 3 BR, 1 BA move in condition. Updates incl: 1/2 log siding outside & inside, newer shingles, windows, storm door, updated BA, remod. Kit., newer appliances, flooring, some wiring & window treatments. Private back yard w/ views of Lk Superior from the hillside & a fire pit for your enjoyment. **\$104,000**
- 33 Garden Dr., SB MLS6029856: 2 BR, 2 BA house w/full partially finished basement & many updates throughout. Shingles, in floor heat, remod. Kit., remod. BA's, new drywall, recessed lights, new furnace, & new sewer line. Other feat's include front deck, add'l covered storage behind garage or a covered patio let your imagination guide you. Level lot & quiet street. **REDUCED \$69,500**

RURAL HOMES

- 6088 Hwy 1: Private country home with lots of mature pines, split entry home with a 2 stall garage, large asphalt driveway. **\$129,900**
- 6990 Air Base Rd, Finland MLS6030813: Listen to Tower Creek from the quiet setting of this 3 finished BR, plus a potential master BR suite, house w/ull walkout basement, deck, det'd 2 car garage & many updates including several windows, patio door, shingles, furnace, stainless appliances, remod. BA, hardwood floors & paint. **\$154,900**
- 4622 Crown Creek Spur, Finland MLS6020160: Enjoy the peace & solitude of this property & listen to the sounds of Crown Creek from the covered porch of this 1BR, 1BA cabin. Log cabin has newer windows, electricity, gas forced air furnace, drilled well & a septic system. **\$169,500**
- 5275 Williams Dr., SB MLS 6031285: Well built 3 BR, 1.5 BA multi level house w/det'd 3 car garage on a 2.45 acre site. **\$147,500**
- 6771 Riverside Dr.: Nice lots on Baptism River with 300' of River Frontage. Structures need some TLC, but great opportunity to own property in the country. **\$89,900**

LAND & BUILDING SITES

- 4751 Correll Rd, Finland MLS6029567: 7.5 wooded acres with approximately 328' of frontage on the Baptism River. Electricity is available nearby! Good location with recreation trails nearby and access to Highway 1 close. **\$65,900**
- XXX Sannes Rd., TH: 5.26 acres, very convenient road access, nice building sites, mature Norway Pines & Poplar trees, a creek bordering the property & electrical & high speed internet hook ups close by. Take a look today & don't miss this opportunity. **\$42,500**
- XXX Kane Lk Rd. 40 Acr. of remote hunting land w/road access & public land surrounding **\$34,500**
- XXX London Crossing & JC Campbell Rd. 242 Acres with a 20'x20' hunting shack, ATV trail access, public land surrounding, mix of high and low ground and a trout stream running through the property **\$205,700**
- 61XX Little Marais Road Lot A, Lot B and Lot C, Silver Bay, MN. Three 10 acre lots with views of Lake Superior near Little Marais. Lot A is reduced to \$69,900, Lot B reduced to \$59,900 and Lot C reduced to \$69,900. MLS 6027797, 6027795 and 6027794
- XXX Hwy 61 & Onion River Rd. MLS6005052: 18 Acres commercial resort bldg site between Tofte & Lutsen on Onion River Rd. Great views of Lk Sup. High ground w/pwr at rd. Close to Sup. Hiking trl & rec. activities. **\$173,500**
- 6826 Breezy Lane, Finland, MN MLS6017955: Wooded 115.94 acres w/frontage on the Baptism River, access from Breezy Lane & power available nearby. **\$165,000**
- XX Reed Dr., SB, MLS6017982: 3.2 ac. bldg. site w/rd to property & cleared bldg site. Great location in the city w/views of Lk Superior, access to Rec. Trails close by. **\$57,900**
- 5-Newly Developed Building Sites MLS24229: Marks Dr. Larger than typical lots w/curb, city water & sewer, back to woods. **\$45,000 to \$60,000** plus special assessment which has decreased.
- XXX Hwy 1 Finland: Large piece of property w/a network of Roads in place, trout streams, Lake frontage, big mature Norway Pine trees. Close to ATV & Snowmobile trails. An Investor or hunting party's chance to own 846 acres. **\$889,000**