



Filling Advice

- **Pain** – it is not uncommon to experience some pain or sensitivity following a deep filling, due to irritation to the nerve while preparing the tooth for a filling. If this does happen, pain can be managed by taking painkillers as you would for a headache, such as paracetamol and if appropriate, ibuprofen.

Local anaesthetic – the anaesthetic used can leave your mouth feeling numb for up to 4 hours. Please be extremely careful to avoid biting your lip or cheek during this period, and take care if having hot drinks as you may burn yourself without realising.

- **Further treatment** – if pain worsens, or lasts for longer than 3-4 days following a deep filling, further treatment may be necessary, such as placing a sedative dressing, root canal treatment or extraction of the tooth.