

# NIKISKI SENIOR CENTER

## JULY 2019 LUNCH MENU

Did you know...  
Anyone can eat lunch  
at the senior center!

Mon	Tue	Wed	Thu	Fri
1 Pancakes Scrambled Eggs Bacon/Sausage Oatmeal/Grits	2 Spaghetti Garlic Bread Vegetable Cream of Mushroom Soup	3 Fried Chicken Mashed Potatoes Vegetable Tomato Basil Soup <i>Split the Pot</i>	4 <b>CLOSED</b>  <i>Happy 4th of July!</i>	5 \$5 Friday  Hotdogs Potato Salad
8 Pork Chops Augratin Potatoes Vegetable Vegetable Beef Soup	9 Tacos Refried Beans Spanish Rice Chili	10 Fried Chicken Mashed Potatoes Vegetable Bean & Ham Soup  <i>Split the Pot</i>	11 Beef Stroganoff Vegetable Clam Chowder	12 French Dips Onion Rings Soup
15 Hot Turkey Sand- wich Mashed Potatoes Vegetable Veggie Beef Soup	16 BBQ Beef Ribs Baked Beans Vegetable California Cheese Soup	17 Fried Chicken Mashed Potatoes Vegetable Chicken Noodle Soup <i>Split the Pot</i>	18 Chicken Chow Mein Fried Rice Egg Rolls Clam Chowder	19 BLT French Fries Soup
22 Biscuits & Gravy Bacon/Sausage Oatmeal/Grits	23 Chicken ala King Scalloped Potatoes Vegetable French Onion Soup	24 Fried Chicken Mashed Potatoes Vegetable Beef Stew  <i>Split the Pot</i>	25 Chicken Parmesan Spaghetti Vegetable Clam Chowder	26 Sub Sandwich Mac & Cheese French Fries Soup
29 Meatloaf Mashed Potatoes Vegetable Chicken Veggie Soup	30 Baked Burritos Refried Beans Spanish Rice Chili	31 Fried Chicken Mashed Potatoes Vegetable Beef Barley	<b><u>Lunch Prices:</u></b> Members— \$8 Non Members—\$9 Kids 6-10 yrs—\$4 Kids 5 & under— Free (with paying adult)	

**SOUP OF THE DAY/SALAD BAR AVAILABLE DAILY (except First Friday of Month)**

Monday –Thursday: Salad Bar starts at 11:30 am—Main Meal starts at 12 pm and ends at 1pm

Friday: Salad Bar and Main Meal start at 11:30 am and ends at 12:30 pm

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

