



February 2021 Vol. 32 Issue 9



Join us as we meet for our luncheon on Thursday, February 18 at the new Celeste Hotel on the campus of UCF. There will not be a formal presentation this month — just time to enjoy being back together with your Newcomers club friends.

Please be assured that COVID-19 safety protocols including proper distancing at tables and server precautions will be in place at the luncheon.

#### PROCEDURES FOR LUNCHEON RESERVATIONS

Call for reservations between 9 a.m. and 5 p.m. according to the first initial of your last name. To leave a message, spell your last name and say your phone number. Please be sure to indicate your choice of entrée unless it is a buffet luncheon. You will receive a phone confirmation. You must be confirmed. Email reservations are not valid.

#### PLEASE, NO CALLS AFTER 5 P.M.

A to K Paula Ritchie 407-222-5205 L to Z Marlene Radloff 407-920-3084

You may pay by CASH or CHECK made out in advance to Newcomers of Central Florida, Inc. Pick up your name tag at the welcome table. Please prearrange payment for guests.

RESERVATIONS MUST BE RECEIVED BY 5 P.M. ON FEBRUARY 11, 2021, THE <u>THURSDAY BEFORE THE LUNCHEON</u>.

ANYONE WHO CANCELS AFTER THE DEADLINE WILL REIMBURSE THE CLUB. NO WALK-INS ALLOWED.

#### **Special Needs at Luncheons**

For those who have difficulty walking into or out of our luncheon venues, or need help carrying your food plates at a buffet, please tell our Reservations team when you make your reservation. They will contact our Helping Hands team to assist you. Please **do not** call the venue.

## LUNCHEON AND BUSINESS MEETING February 18, 2021

The Celeste Hotel 4105 Alafaya Trail, Orlando, FL 32826

Gather at 11:30 a.m. Lunch at Noon

# February Menu

#### **ENTRÉE CHOICE**

Parmesan-Crusted Chicken Breast with Champagne Cream

Vegetarian Option:
Japanese Stuffed Eggplant
Slow Roasted and Filled with Ratatouille,
Charred Tomato Sauce

#### **SALAD AND SIDES**

Garden Salad with House Dressing
Assorted Artisan Rolls with Sweet Cream Butter

#### **DESSERT**

A Lovely Treat

#### **BEVERAGES**

Regular and Decaf Coffee Iced and Hot Tea

**LUNCHEON COST: \$25** 

#### **Directions to The Celeste Hotel**

4105 Alafaya Trail Orlando, FL 32826



The Celeste Hotel is on the UCF campus.

From University Blvd.: Head east on University Blvd. Turn left onto Alafaya Trail. The Celeste Hotel will be on your right.



## PRESIDENT'S **MESSAGE**

Ladies,

Happy New Year! There are no 2021 resolutions for me to break before the month ends. If you made resolutions, I

wish you success. I do plan to continue following our current guidelines of washing hands often, wearing masks and social distancing. This shouldn't be hard since we have all had a lot of practice staying safe in recent months. We are into February, and by Florida standards and mine, it's cool sweatshirt weather.

Our first Board Meeting of the year reverted back to Zoom, and I have some exciting news to share from this meeting. As a consequence of the long hiatus caused by the pandemic of 2020-2021, our Board members unanimously agreed to continue in their current posts through May 2022. Therefore, you will continue to be served by an experienced team during the current membership period. As you see or talk with these officers, please be sure to thank them for their willingness to serve the club and for their ongoing dedication and hard work. Each of our members is blessed with special talents and can contribute to the club in a unique way. So in the future, when you are approached to serve on the Board, please really consider accepting a position.

For me, February conjures up hearts, flowers and, yes, chocolates. Oh no, I see more Hallmark movies in my future. Valentine's Day awaits. I wish you lots of love realized with family and friends this month.

Be safe and be well!

## Betty Little

#### MISSING BANNER

We're on the lookout for the Newcomers' banner used at events. Please check to see if you are housing the banner and advise Betty Little. Here's a photo of one of the times it was proudly displayed.





#### INSIDE THE ARTS

Co-Chairs: Linda Hargreaves 407-227-3828 Helen Hoppmann 772-521-5877



Hello Ladies,

Since so many of us are not gathering together at this time, we have decided to discontinue any social activities during the month of February. We are looking forward to visiting with all of you this spring. Be sure to read our Chatter articles each and every month for updates regarding fun activities ahead.

We look forward to socializing with you all soon. Be safe, wear those masks and get those shots in the arm.

Linda and Helen

#### MEMBERSHIP

Chair: Brenda Jones 407-366-7751



**Current Membership: 125** 

Please make these changes in your newest directory.

#### **New Members:**

Elaine Pasternack:

Lake Mary, FL 32746 1230 Chantry Place Home: 407-444-0513 Cell: 407-444-0690

Birthday: May 21 Originally from: Brooklyn, NY

Joan Shovich:

Winter Park, FL 32792 3448 Athena Dr. Home: 407-679-9424

Birthday: Dec 27

Originally from: Boston, MA



Please continue collecting the can tabs for Ronald McDonald House and bring them to any luncheon.

## Ladies, I Need Your Help!

Thank you to all those who have let a Board member know of a member who could use a card from our group! I appreciate the help as I am not always aware of members who are ill, had surgery, lost a loved one or just need some encouragement. In addition, the Board

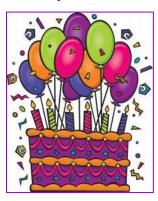


voted this past August to send out Birthday cards to our members during this Pandemic. We hope you have or will enjoy your Birthday card.

You can email me at vanum77@aol.com or call/text me at 813-395-3611.

Corresponding Secretary – Vicki Nidzgorski

# February Birthdays



- 4 Debbie Arblaster
- 12 Judy Aakeberg
- 17 Vicki Nidzgorski
- 18 Christine Shapin
- 19 Petra Tanner
- 20 T. Kay White
- 23 Barbara Kalicki
- 23 Susan Murray
- 25 Myrna Page
- 28 Caroline Dawson

### HOOKED ON BOOKS

The book club met in January via Zoom to discuss *A Land Remembered* by Patrick Smith. Several members commented that they didn't realize the impact that cattle had in Florida's history. Karyll Shaw shared that our state is the 12<sup>th</sup> largest beef producer in the United States. This book also taught us about the strong women who played an important role in the development of our state.

The Zoom format will continue to be used for our February meeting on Tuesday, February 9, at 1:30, when the book *In An Instant* by Suzanne Redfearn will be discussed. To join the meeting, please contact Carol Smith at <a href="mailto:smith4cr@gmail.com">smith4cr@gmail.com</a> by Thursday, February 4, in order to receive the Zoom invitation and a copy of the discussion questions.



# Looking for an Outdoor Adventure?

The cooler weather of February makes it a great month to visit Blue Spring State Park, a winter home for Florida manatees. Located in Orange City, Blue Spring State Park is unique because visitors can view manatees in the crystal-clear spring water from the boardwalk, which stretches 1/3 of a mile from the St. Johns River to the headspring. The boardwalk provides a wonderful opportunity for safely observing the manatees. Visitors can see manatees socializing and mothers nursing their small calves without influencing the manatees' natural behavior or bothering them. For more information, visit the park's website at <a href="https://www.floridastateparks.org/parks-and-trails/blue-spring-state-park/manatees-blue-spring-state-park">https://www.floridastateparks.org/parks-and-trails/blue-spring-state-park/manatees-blue-spring-state-park</a>

An underwater webcam is available to view the manatees at <a href="https://youtu.be/dY50-sQk9\_o">https://youtu.be/dY50-sQk9\_o</a>



#### COOKING CLUB

Vicki Nidzgorski 813-395-3611

Cooking Club met via Zoom on January 14, where we shared our successes and challenges with baking breads, bagels, muffins, rolls and scones.

Some of us worked with yeast and used the Proof setting on our ovens for the first time! Several ladies showed us examples of their efforts. Carol Smith shared several tips for baking and using yeast. It was a good change to do something out of our comfort zones. Several members said that they wanted to try the bagel recipe, given below, which was submitted by Christine Shapin. Many thanks to our participants!

On February 11, we will meet via Zoom at noon with the theme of "Date Night." It may be your first or your 60th "date night," so we are looking for recipes to make it special! Maybe select something you and your date can make together. Unfortunately, Cooking Club cannot supply your date - LOL. We will create a couple of options for Appetizer, Salad, Entree, Side Dish and Dessert to make a complete dinner. Again, we are looking for a recipe that you have never made before. Therefore, you MUST make your recipe PRIOR to our Zoom meeting to be able to discuss it. Please RSVP to me (Vicki) by February 4 with the category and 1-2 recipes you are willing to prepare. I will confirm your category, recipe and participation. Due to Zoom time constraints, participation is limited to 8-10. Happy Cooking!

## 2 Ingredient Bagels

https://slapdashmom.com/2-ingredientweight-watchers-bagel-recipe/

#### Ingredients:

- 1 cup self-rising flour\*
- 1 cup nonfat Greek yogurt
- If desired you can add a topping such as sesame seeds,
   Everything Bagel seasoning, cinnamon and sugar

#### Instructions:

Preheat oven to 375°

- Mix flour and yogurt, knead together on a floured countertop dough will be sticky.
- Roll out into rectangle (about 8x15). Starting at long side, roll out into a log. Divide evenly into 4 or 6 portions.
- OPTIONAL: egg wash tops of bagels.
- Sprinkle on topping, if desired.
- Bake at 375° for at least 20 minutes.
- Some members reported that their bagels took 20 minutes to cook, while others said they took 25-28. You can broil for a few minutes at the end if you want them to be crispy.

\*Add baking powder and salt if you are using anything other than self-rising flour. To make self-rising flour from all-purpose or whole wheat flour, mix 1 cup flour, 1/2 teaspoon salt, 1 1/2 teaspoons baking powder.





See pictures from our January events on our website:

www.newcomerscfl.org

## **MONDAYS**

#### **MAH JONGG**

Marge Ahearn 407-834-5625

Mah Jongg is currently on hold.

## **TUESDAYS**

#### HOOKED ON BOOKS

Ioan Bové 407-971-3911

nurseynurs@icloud.com

When: Tuesday, Feb. 9 at 1:30 p.m.

Where: Currently meeting via Zoom

Email Carol Smith by February 4 to receive a meeting invitation: smith4cr@gmail.com

FEB In An Instant

by Suzanne Redfearn

MAR The Vanishing Half

by Brit Bennett

APR Apeirogon

by Colum McCann

#### **CHICK FLICKS**

Margie Rick 732-763-5277

mrick1953@gmail.com

Chick Flicks is currently on hold.

#### **CHATTER ARTICLES**

Please email *Chatter* articles to Carol Smith by the 16<sup>th</sup> of the month. Send articles to <u>smith4cr@gmail.com</u>

## WEDNESDAYS

#### LADIES BRIDGE - 1st Wednesday

Sue Horn

Home: 321-424-5973 Cell: 303-807-4088

#### **LADIES BRIDGE - 4th Wednesday**

#### Pat McRee

407-359-1228 patmcree@bellsouth.net

Both bridge groups are currently on hold.

## ON-LINE LADIES BRIDGE



Several of the bridge players have been playing on-line bridge using trickster.com while we can't play in person. If you are interested in trying it, Sue Horn would be happy to help you get on the app and see how it works. You can contact Sue at: Home: 321-424-5973 Cell: 303-807-4088

## **THURSDAYS**

#### **BOARD MEETING**

Betty Little 407-719-3066

brlittle7@gmail.com

When: 1st Thursday of the month

10 a.m. - Noon

Where: TBD

Please RSVP to Betty Little.

#### **COOKING CLUB**

#### Vicki Nidzgorski 813-395-3611

When: 2nd Thursday - February 11

12 p.m.

Where: Zoom

Theme: Date Night

Limit: 8-10 participants

Recipe submissions and RSVP for the Zoom meeting on February 11 should be

submitted to Vicki Nidzgorski

at vanum77@aol.com by February 4.



## FRIDAYS

#### **BUNKO - Dicey Bunkettes**

Lona Love <a href="mailto:sunsh132@bellsouth.net">sunsh132@bellsouth.net</a>

We hope to be able to meet again soon.

When: 2<sup>nd</sup> Friday of the month

10:30 a.m.

Where: Contact Lona Love for location.

## **SATURDAYS**

#### **COUPLES BUNKO**

Gail Boudreaux 407-678-3341

flcajun2@cfl.rr.com

When: 3<sup>rd</sup> Saturday at 6 p.m. Where: Hosted by participants

Contact Gail Boudreaux for more

information.

Each couple brings an appetizer to share and BYOB. The host couple provides soft drinks and dessert.

Please be aware that some Newcomers activities are currently on hold due to the COVID-19 concerns.

Contact the group leader for more information.