

# Loch Haven Tymes

January 2019



*Happy New Year*

A publication of

**Loch Haven**  
**Senior Living Community**





## Kristen Hager - CNA

## Employee Spotlight

**Describe yourself in one word.** Energetic

**If you were an animal, what would you be?** I would be a lion. They are strong and courageous. They lead, not follow.

**What is your favorite movie?** Fried Green Tomatoes

**What is the best place you ever went on vacation?** I love the Ozarks

**What was your favorite subject in school?** History

**Who is or was your hero and why?** God is and always will be my hero

**Everyone has a talent, what's yours?** I'm very organized

**What is one thing on your bucket list?** I would love to spend a week in New York City!

**How long have you worked at Loch Haven?** September of 2018

**What are your duties here?** Caring for and loving our neighbors. I assist with laundry and housekeeping as well.

**Family:** I have 3 amazing kids. My daughter Aiden is 9, my son Chance is 8 and my other son Bolton is 20 month old.

**Positive quote?** Only you can choose to start each day with a smile and a positive attitude.

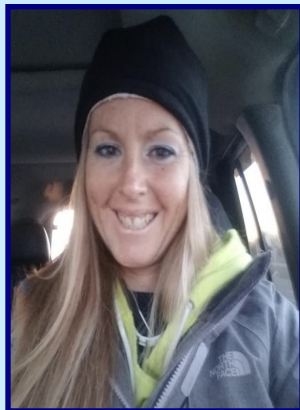
### Star Award

**AMBER MARTINEZ**



### Perfect Attendance

**COURTNEY BERRY**



**A GREAT  
EMPLOYEE  
IS LIKE A FOUR  
LEAF CLOVER,  
HARD TO FIND &  
LUCKY TO HAVE.**

- TAMMY COHEN

### January Work Anniversaries

6. Jennifer Christy	1 Year	16. Vickie Pinkerman	24 Yrs
11. April Hager	2 Years	26. David Gwinner	1 Year
12. Dena Selmon	38 Years	26. Thomas Techau	3 Years
15. Alize Burnham	1 Year	29. Amber Martinez	5 Years

Thank you for your years of service, we're blessed to have you on our team!



join us on  
**facebook**



Thank you to everyone who sent cards and came to CELEBRATE Naomi Curtrights 110th Birthday! She had a wonderful time with all who came to celebrate with her and enjoyed sharing her cake with everyone!



Congratulations to Dena Selmon on her retirement. She's been a part of the Loch Haven team since 1981. She started as a temp who was supposed to work for only 2 weeks and it turned into 38 years of service. Dena worked in our business office doing several jobs that consisted of general ledgers, accounts payable/receivable, payroll, HR and office management. She will be greatly missed but we wish her the best on her retirement. Thank you, Dena for your loyalty, commitment and for all your years of service. We will miss you!



A special "thank you" to all of our staff for spreading Christmas cheer and decorating their work stations! It sure made it festive around here during the holiday season!

## A warm welcome to...

Mavis Lambert  
Zelta Gall  
Kathryn Thomas  
Vickie Fugate  
Robert Warner  
Betty Bloomberg  
Imogene Beckley

James "Tony" Massman  
Freda Sparkman  
Darwin Bunch  
Ivan Clarkson  
Gail Clarson  
Ronald McElhaney  
Erma Moore

Thanks to those who joined us for a therapeutic stay at Loch Haven: Linda Lake, Mavis Lambert, Thomas Lewis, Louise Franks, Ivan Clarke and Gail Clarkson.

## We will always remember

Donald Eilers  
Vera Geigel  
Dale Belshe  
Darwin Bunch

Dwight Patterson  
Roberta Byers  
Berneal Hardwick

*Those we love don't go away,  
They walk beside us every day,  
Unseen, unheard, but always near,  
Still loved, still missed and very dear.*



# Tis the season for giving ...



The Callao American Legion Auxiliary donated Christmas gifts to the Veterans.

WHEN GOD  
BLESSES YOU  
FINANCIALLY, DON'T  
RAISE YOUR STANDARD  
OF LIVING. RAISE  
YOUR STANDARD OF  
**GIVING**



Evan Thurnau with Bevier FFA donated fruit to us and was able to see his great grandma, Marie Miller while he was here.



**AARP** (pictured left) stopped by with a large donation to our country store. They donated snacks, clothing items, shampoo's, soaps and so much more!

**THANK YOU  
FOR YOUR  
DONATION!!!**



**Thank you, volunteer's!**





# Oak View & Cedar View COTTAGES

## Susie's Musings

Well Howdy Doo from you know hoo! It's winter time once again and I have heard several say already, that they're ready for spring. Well it may be awhile, right? The residents sure are enjoying the fireplaces now since the cold weather arrived. They enjoy each others company and share stories while relaxing by the fireplace, it's so neat to listen to them. I love it! The main game at the cottages is still skip O. We like to watch the daily news, play trivia and the residents just love to remanence with each other.

Thanks to everyone who helped decorate the cottages for the Christmas dinners. The parties were well attended and everyone had a wonderful time visiting with their loved ones and we enjoyed the good tasting soups and sandwich's that were prepared by our cooks, Tina Falkiner, Cindy Ray and Melissa Falkiner. Several family members brought in different deserts and we thank them for their yummy treats. It was so appreciated and everyone sure enjoyed themselves and bragged on our staff on the good work they do here at the cottages. The residents sure enjoyed their families coming to have a meal with them. There were lots of laughs shared and it sure was a delight to see the smiles on everyone's faces!

Helen Decker and Rosey Johnson enjoyed their first piano lesson from me and are ready for lesson number two. Well, they did pretty good but I think its going to take a while because they've never played the piano before and neither have I! It sure helps if you are hard of hearing! Wish us luck in our new adventure, what fun we had!

As I close I want to thank all of our staff for everything they've done this past year for our residents. We have a wonderful team here and for that we're truly blessed.

We will see you's in 2019 and now I want to say, our love and blessing for a Merry Christmas and Happy New Year.

Susan Lenon

Susie's Slogan: Be IN STYLE....Wear a SMILE!







# BIRTHDAYS!

04	Vickie Fugate	26	Cheryl Albright
05	Ivan Clarkson	28	Marjorie Stow
09	Zelta Gall	29	Bonita Pennington
16	Bernice Lewis	29	Julia Wyatt
16	Helen McDuffee	30	Dorothy Johnson
22	Delia Cochran	30	Bertha Deveno

*Don't Go It Alone!*

## Loch Haven's Alzheimer's Support Group

2nd Monday  
of each month  
5:30 p.m. light supper  
6 p.m. meeting

For more information call  
Stacy Wood, LPN at 385-3113



The Country Store is an activity for our residents where they shop for items that they need or want once a month. The following donated to our store:

- ♦ Sandy Smith, POET Biorefining, AARP, Dave Baase and Girl Scouts Troup B9504

Thank you to the following who have donated to our home and residents.

- ♦ To the community for adopting our residents this Christmas.
- ♦ Macon R-1 Middle School Art Club for Christmas decorations
- ♦ To all those who visited and brought gifts to our residents over the Christmas holiday. A special thanks to those individuals and organizations who brought gifts to our veterans. We thank you for your generosity to those who served. You are greatly appreciated.
- ♦ Callao American Legion Auxiliary— Christmas gifts for our Veterans
- ♦ Bevier FFA— fruit donation given by Evan Thurnau

*When we give cheerfully and accept  
gratefully, everyone is blessed.*

— Maya Angelou



\*\*\*\*YOUR GIFT **WILL** MAKE A DIFFERENCE\*\*\*\*

The Loch Haven Foundation accepts donations for either designated projects or non-restricted funds to be used at the discretion of the Foundation for Loch Haven and its residents. Contact Foundation Director Kelsey Hinshaw if you would like to make a donation or to learn more.





# SPECIAL Brook NEWS



The residents have been enjoying playing domino's and other games this winter. They really loved the Christmas tree and everyone had commented on how full and beautiful it was. They would set around it for hours enjoying it's beauty. Their Christmas party was a lot of fun and everyone sure enjoyed the surprise visit from SANTA! He sure knows how to put a smile on your face. While he was here he passed out gifts to all the residents and they sure loved seeing him. Wishing everyone a Happy New Year! ~Tom Hasselbring



## News from RCF



Hello everyone! December was a busy month for us here at the apartments. On December 1st some of the ladies went to the Christmas program at the First Baptist Church in Macon. The choir and actors always do a fabulous job! We spent time together watching It's a Wonderful Life, what a classic movie and it really got everyone in the Christmas spirit.

We spent the rest of the first week preparing for our holiday dinner. The residents helped by assembling the party favors and wrapping silverware. Our holiday dinner was on December 7th. We had 140 people attend between staff, residents and visitors. We made peanut butter cookies, they we're yummy! Then later that afternoon we had a hot chocolate social. Several of our residents enjoyed the cookies and co-coa. We made a trip to Wal-Mart too, they always enjoy get-

ting out to shop!

Amanda Warren, one of our residents daughters, played Christmas music on the piano. It was such a treat for everyone! Thank you, Amanda for blessing us with your music. We also watched the movie Christmas with the Kranks! What a funny movie! We enjoyed popcorn too!

The residents opened their gifts from Santa on Christmas Eve. Then we enjoyed a candlelight service.

HAPPY NEW YEAR! We hope everyone has a great 2019!

Katie Nelson,  
RCF Activity Director



# January 2019 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>All Activities Are Subject to Change Without Advanced Notice</b>		1 <i>New Year's Day</i> 10a Concentration 2p Ringing in the New Year 3:30p Dominoes <b>7p Ethel Amish</b>	2 9:30a Coffee Time 10a Exercise 2p Music 3p Numbers <b>7p County Kickers</b>	3 10a Bevier Baptist Bible Study 10a Mass 2p Skip-Bo 3p Pitch	4 9:30a Table Talk 10a Exercise 1p Jim Bolin 2:30p Bean Bag Toss	5  9:30a Bingo
6 10a Sunday School  2p United Methodist  6p Callao Bible Study	7 9:30a Reminisce 10a Exercise 2p Bingo 3:15p Resident Council	8 9a Nails 2p Birthday Party 3p Pitch	9 9:30a Table Talk 10a Exercise 2p Ladies Social <b>7p County Kickers</b>	10 10a Bevier Baptist Bible Study 2p Concentration 3p Pitch	11 9:30a Coffee Time 10a Exercise 1p Jim Bolin 2:30p Numbers	12  9:30a Bingo
13 10a Sunday School  2p Faith Baptist  6p Callao Bible Study	14 9:30a Table Talk 10a Exercise 2p Bingo 3:15p Dominoes	15 10a Dominoes 2p Concentration 3p Pitch	16 9:30a Reminisce 10a Exercise 2p David Snarr 3:15p Skip-Bo <b>7p County Kickers</b>	17 10a Bevier Baptist Bible Study 2p Arlene & David Foster 3:15p LRC	18 9:30a Coffee Time 10a Exercise 1p Jim Bolin 2:30p UNO	19  9:30a Bingo
20 10a Sunday School  2p Ethel Christian  6p Callao Bible Study	21 9:30a Coffee Time 10a Exercise 2p Bingo 3:15p Numbers	22 9a Nails 2p Pitch 3:30p LRC	23 9:30a Table Talk 10a Exercise 2p Roy & Barb 3:15p UNO <b>7p County Kickers</b>	24 10a Bevier Baptist Bible Study 2p Men's Social	25 9:30a Reminisce 10a Exercise 1p Jim Bolin 2:30p Dominoes	26  9:30a Bingo
27 10a Sunday School  6p Callao Bible Study	28 9:30a Reminisce 10a Exercise 2p Bingo 3:15p Pass the Hat	29 10a Concentration 2p Craft 3:30p Pitch	30 9:30a Coffee Time 10a Exercise 2p Sundae Bar 3p UNO <b>7p County Kickers</b>	31 10a Bevier Baptist Bible Study 2p Pitch 3:30p LRC		<b>One on One activities offered daily to those unable to attend regularly scheduled activities</b>



# Ho...Ho...Ho...Merry Christmas!





Merry  
Christmas





# January 2019 Dining Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Autumn Pork Roast Mashed Potatoes/ gravy	2 Swiss Steak Creamy Noodles Broccoli Cauliflower Blend	3 Roasted Turkey w/Gravy Baked Sweet Potato Green Bean Casserole	4 Baked Fish Macaroni & Cheese Cole Slaw Frosted Banana Cake	5 Bacon Wrapped Beef Roasted Redskin Potatoes
6 Brown Sugar Pork Chops w/herbs- garlic Sour Cream Chive	7 Baked chicken w/onion gravy Baby Bakers Broccoli	8 Lasagna Buttered Peas Caesar Salad Fruited Gelatin	9 Sweet & Sour Pork Fried Rice Oriental Vegetables Mandarin Orange	10 Meatloaf Mashed Potatoes w/ Gravy Spinach Bake	11 Creamy Mushroom Chicken Baked Potato Italian Vegetables	12 Country Fried Steak Mashed Potatoes w/ cream gravy
13 Roasted Chicken, Buttered Potatoes, Broccoli, Carrot Cake	14 Marinated Pork Loin Herb Stuffing Yams	15 Salisbury Steak Parmesan Noodles Green Beans Frosted Chocolate	16 Roasted Turkey & Gravy Loaded Baked Potato	17 Beef Stroganoff Over noodles Brussel Sprouts Peaches & Cream	18 Fried Fish Macaroni & Cheese Stewed Tomatoes Peanut Butter Pie	19 Oven Fried Chicken Mashed Potatoes w/ gravy
20 Baked Ham Sweet Potato Casserole Buttered Cabbage Mock Pecan Pie	21 Turkey Ala King over biscuit, Tossed Salad Cranberry Swirl Cake	22 Penne Polish Sausage Bake Mixed Vegetables Fruit Cobbler	23 Baked Chicken Au Gratin Potatoes Buttered Carrots Bread Pudding	24 Resident's Choice	25 Breaded Pork Chip w/onions Zucchini Cornbread Dressing Bake Spinach, Bacon- Onion	26 Spaghetti w/Meat sauce Italian Tossed Salad Frosted Chocolate Cake
27 Fried Chicken Mashed Potatoes/gravy Broccoli w/cheese Pie of the Day	28 Unstuffed Peppers over Steamed Rice Buttered Carrots	29 Autumn Pork Roast Mashed Potatoes/ gravy Mixed Greens	30 Swiss Steak Creamy Noodles Broccoli Cauliflower Blend Whipped Gelatin	31 Roasted Turkey w/Gravy Baked Sweet Potato Green Bean Casserole	 	





**Co-op Homeschool Carolers**



**Mrs. Claus came for a visit...**



**Spreading Christmas Cheer!**



**The UGLY Christmas sweater contest was quite the event!**



**Winners— from left to right  
Paris Smith—1st Place  
Brian Capps—3rd Place  
Kaitlyn Edwards—2nd Place**



Loch Haven went digital with this publication beginning January 1, 2019. If you would like a copy, PLEASE send us your request via email to [friendsoflh@gmail.com](mailto:friendsoflh@gmail.com) or stop by our business office to pick up a copy. Thank you, Marketing Department

# Happy New Year



The Loch Haven Tymes is the monthly newsletter of Loch Haven Nursing Home in Macon, Missouri. **If you would like to subscribe to this newsletter OR have your name removed from this mail list, please contact us.** The editorial staff is led by the Marketing Department. Photography is by the Marketing/Activities Departments. You are welcome to submit articles or news items for consideration. Send items by mail, email or deliver to Loch Haven by the third Monday of the month before publication. Resident admission, room assignment, and patient services are provided and employee/applicants are treated on a nondiscriminatory basis without regard to race, color, creed, gender, marital status, national origin, disability, veteran status, age or religion. Crystal Smith, Marketing Director  
660-385-3113 [csmith@lochhaven.com](mailto:csmith@lochhaven.com) [www.lochhaven.com](http://www.lochhaven.com)



*Loch Haven*  
701 Sunset Hills DR  
Macon, MO 63552