

Eric E. Dooley, M.Div. M.A., CSAT, LMHC
License and State: LH60667732 Washington
Counselor

INFORMED CONSENT

My policy is to ensure that clients are made fully aware of their rights and responsibilities prior to commencing therapy. For this reason, please read the following carefully and bring up any questions you may have.

My Background: I lived in Southeast Asia from 1986-2014, having worked in Indonesia, Singapore, Cambodia, and Vietnam. I hold a B.A. in Biology from Pacific Lutheran University, an M. Div. from Trinity Theological Seminary, an M.A. in Counseling from Singapore Bible College, and am currently working on a doctorate in counseling psychology (PsyD) at Northwest University. I am a Licensed Mental Health Counselor (LMHC) certified sex addiction therapist (CSAT). After spending twenty-eight years in pastoral ministry I formalized my counseling training and currently provide clinical counseling for those suffering from emotional, relational, spiritual and psychological distress. I am experienced in individual and marriage counseling, cross-cultural counseling, and dealing with addictions. I am interested in working with all adults, especially men, men's issues, marriage and family difficulties, sexuality, family of origin issues, trauma, stress, anxiety, depression, midlife crises, existential issues, and addictions. I offer non-judgmental compassionate support, respect, warmth, and a safe place to talk about difficult private issues. I have a positive and hopeful view of life.

My Philosophy: I take an integrated approach to counseling, focusing on person centered therapy and psychodynamic therapy. I also take the family systemic therapy approach in exploring how family systems and attachments influence the way in which we interact. I believe that each individual brings with them to counseling the ability to determine what their own issues are and solve their problems, and I work in collaboration with the client to determine and achieve their own goals. My approach is positive, hopeful, warm, compassionate, non-judgmental, and respectful. Most importantly I will guard your information with strict confidentiality.

My Faith: I am a Christian and my worldview is deeply influenced by my faith. However, my faith is not explicitly introduced into the counseling process since we are meeting to talk about you, not me. I welcome clients from all faiths, those struggling with faith, and those who are spiritual but not religious. I want those of the Christian faith to feel safe and confident in meeting with me, while at the same time assuring all clients that my faith will not be imposed upon them.

Confidentiality: The information obtained from you will remain confidential and will not be shared with anyone without your written permission, except under the following conditions: (1) perceived risks to commit serious harm to yourself or others; (2) information indicating the abuse of children or the elderly; (3) valuable information during a medical emergency; and (4) an order from the court to disclose information. From time to time I will be consulting with colleagues and supervisors as a means of providing the best professional service to you. Good therapeutic practice requires counselors to have regular supervision to monitor their practice. Your privacy is fully protected during any of these consultations. If you are coming with your family member or spouse, please note that individual sessions are confidential and separate from couple or family sessions.

Fees: *Sessions are 50 minutes and the fee is \$140.* Payment is to be made at time of service in cash, check, or major credit card. I do not accept insurance. Kindly inform me 24-hours in advance of any cancellations.

Full name of client

Signature of client

Date

Signature of counselor