

intuitive nature



activates your intuition with



# intuitive flowers

*by Susan Jane*

## the work book

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Look for Intuitive Nature and Intuitive Flowers



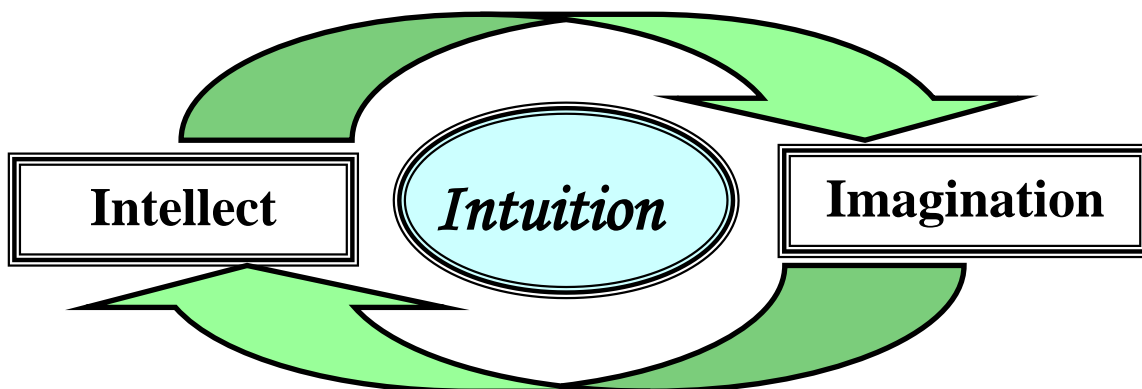
*"May your choices reflect your hopes,  
not your fears"*

*Nelson Mandela*

## developing and trusting your intuition

This work book will help you make clear, concise and responsible choices, because they are ones that come from using your intuition. It will help you understand where you want to go and give you the tools to accurately read situations in your life assisting you in making empowering decisions.

***The imagination lets us soar with eagles while the intellect brings us back safely to roost.  
Our intuition guides us to use both equally.***



Intuition is often referred to as a Knowing. We feel or know what we need to do or how we need to do it without explanation. When we are guided by our intuition to do something we feel more confident, even if we are a little unsure why we are following that hunch or guidance. But how does intuition become a Knowing?

Reflection over past events helps us develop our intuition. This is achieved by creating a clearer understanding of the happenings we experience in our life and gather learning from them. Reflecting on a situation and letting our imagination loose on it gives us a clearer understanding of why we did what we did or why we experienced something.

Using our intellect we can analyse our behaviours, actions and responses giving us the permission to proceed differently the next time something similar occurs. That is, if we



choose to. Once we get the understanding that we can do something differently that knowledge sits quietly as awareness in the subconscious, waiting to present its self again when the time or situation is right. A similar situation could happen again and the awareness will come forward. Again we reflect back at it and see what we could do differently, growing our awareness constantly. Over a period of time even lifetimes the refined awareness naturally becomes our intuition, our knowing. It no longer is intellect or imagination based and it is stored within the spirit comes forth through future lifetimes.

A Knowing is what your intuition brings out and it will spontaneously create preventative actions or automatic responses which we often call a gut feeling or a hunch. The above image shows you how our thoughts go around the intuition until they become part it. It is our intuition that sits in the centre and knows.

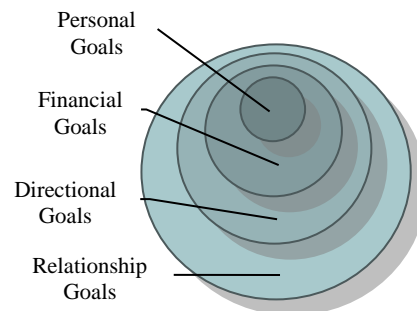
*We need the two eyes (I's) Imagination and Intellect to develop the third eye Intuition which is needed for accessing the ultimate guidance.*

## your goal

What area is your goal related to?

- Personal      Financial
- Directional    Relationship

Briefly write down your goal or the information you want to get from your flower.




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*Now take a deep breath and enjoy what your flower is telling you.*





## format

The format is the motivation behind the goal. How are you motivated to go achieve?

Portrait: \_\_\_\_\_  
\_\_\_\_\_

Landscape: \_\_\_\_\_  
\_\_\_\_\_

Square: \_\_\_\_\_  
\_\_\_\_\_

## personality

The Personality is about the size of the content compared to the size of the picture. What is your personality telling you about your goal?

Large: \_\_\_\_\_  
\_\_\_\_\_

Medium: \_\_\_\_\_  
\_\_\_\_\_

Small: \_\_\_\_\_  
\_\_\_\_\_

## knowledge

Where your flower image is positioned gives you an understanding of how you think.

Section: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## relationships

What are the types of relationships needed to assist you in achieving your goal?

Types: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## history

What is the background information telling you about your goal?

Background: \_\_\_\_\_  
\_\_\_\_\_



## behaviours

The shapes and lines highlight behaviours towards the goal. Straight lines and shapes suggest masculine behaviours. Curved shapes and lines are feminine behaviours.

Feminine: \_\_\_\_\_

\_\_\_\_\_

Blend: \_\_\_\_\_

\_\_\_\_\_

Masculine: \_\_\_\_\_

\_\_\_\_\_

## journey

The path or journey towards the goal is revealed in the stem. What is your stem like?

Path: \_\_\_\_\_

\_\_\_\_\_

## guides

The natural guides are the leaves in the image. These are the guides to help achieve the goal.

Leaves: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## protection

The strength and sustainability of the calyx relates to the amount of protection needed.

Protection: \_\_\_\_\_

\_\_\_\_\_

## attraction

The petals represent how the flower attracts what is needed to achieve the goal. What are they like and what will they attract to attain the goal?

Petals: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# emotions

Colours are the emotions within the image. It can show underlying emotional aspects about the goal. Note the main colours in the image and what areas the colours are in.

Colours: \_\_\_\_\_  
\_\_\_\_\_

Petals: \_\_\_\_\_  
\_\_\_\_\_

Background: \_\_\_\_\_  
\_\_\_\_\_

Details: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# love

The flower centre is the type of love or drive needed to achieve the goal. What is the heart centre like?

Centre: \_\_\_\_\_  
\_\_\_\_\_

# balance

Numbers or amounts in the image Figure, Word or Symbol refer to the balance of goal.

Numbers: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# influences

Extra influences such Bee/Bugs/Water/Scents/Thorns that could be influencing the goal. Are there any other elements that could be influencing you to attain your goal?

Influences: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





## bringing it together

Go through all of your responses and see if there are natural themes that flow through. Link up areas and get the feel of the reading as you scan through your writing.

Conclusion: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

For personalised reading please send an email to [Intuitiveflowers@gmail.com](mailto:Intuitiveflowers@gmail.com)



have fun reading your flowers  
and following your intuition



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