



April 2015



April Showers Bring May Flowers!!!

Now is the time to get everything ready for the planting. We all know that if we don't plant the seeds and water them we can not expect any crops. What kind of seeds are you planting. Just imagine if no one had shared Shaklee with you, how would your life be different today. I can not imagine where I would be today, both physically and financially. I am very thankful to my aunt who brought me into this company.

I am looking for five families that would like to make \$50,000 or more a year part time. If you know someone who, is in management and unhappy with their current situation at work or if you have a friend that is worried about not being able to make their house payment please have them contact me. They will be thankful to you for the gift you have given them. We always start out as a Plan B if someone is working and build until we can go and fire your Boss. People are looking for us and you have a gift to hand them. Make a difference in someone's life today, use your heart not your head. They will be thanking you down the road. Nina



Shaklee products have changed every aspect of my life. As a sufferer of arthritis the OmegaGuard and Vitalizer have increased my quality of life as well as relieved 75% of my symptoms. I would recommend Shaklee products to anyone in any aspect of their life from health, fitness, cleaning, and child Health. ~ Anna G.

Arthritis be gone!

Allergies

It is Spring Allergy Season! For some this triggers asthma attacks. It's very important to me to speak to as many families as possible who may be looking for safer more natural approaches to dealing with seasonal allergies or asthma.

Testimony: a mother shared how her children had been on serious allergy medications and asthma steroids, she enthusiastically reported that her children have now been completely off all the meds since she made three changes:

1. She removed all her cleaning products and replaced them with the Non-Toxic Green Cleaning Products. She noticed an improvement in her children's symptoms within a week, especially, she mentioned, with the laundry products ... AND you'll love this part ... She talked about how much money she saved from switching brands.

2. Second, she put her daughter on a simple nutritional supplement program to build her immune system (Vita C, Natural interferon, a quality probiotic and a superior children's multi-vitamin) And

3. She started making changes in her daughter's diet ...which had been loaded with sugar, carbs, crackers and snacks and added more of all things - vegetablesthe goal was towards six vegetables a day.

Please let me know of anyone who comes to mind who may want to know about this safer more natural approach to keeping their children healthy, reducing or eliminating the medications and all their side effects...

(oh and save some money, too)

No Longer Suffering from Acid Reflux

I have major GI problems from drinking too much pop as a teen and young adult. I gave up pop to help with GI problems, but I could not enjoy certain foods and had to be careful what I ate. I would eat a whole big bag of chewable Roloids in two weeks. And it still didn't really help. Most nights I would wake up puking and gagging from the acid reflux I was suffering from. I started on the chewable cal mag, and the changes have been astounding. I can eat all the foods that I had to stay away from, and I no longer get up at night suffering from the effects of the acid reflux. Shaklee has truly amazing products that actually work. Paul H.



SAVE MONEY WITH SHAKLEE

I "Shakleeized" our home last year. I bought a bag of dishwasher powder in September 2014. Tonight I will use the last bit to run the dishwasher. Shaklee products are concentrated. I spent approx. \$12 and I have used it for over 6 months. Makes "cents" to me.

We also use the laundry soap and dryer sheets. Love our products. Charles and Deb Foreman

Baby Yourself



Ladies, I have a great tip for

you. I recently ordered the Shaklee Baby Oil and started using it as my after shower oil. The lavender and vanilla notes smell fantastic and it has a luxurious feel. It does not have the familiar baby oil smell or feel. In the past I have used everything from Neutrogena to high end products to coconut oil and I must say this is the BEST! You will love your silky, sweet smelling skin! Laura Evans

Corrie B: Ditto! I'm using it daily on my growing baby-bump. Super soft and soothing! Shaklee is the only brand I trust to put on my skin.

Susan S.A.: And it's great how you don't even have to wash it off your hands. They feel nice, not oily. It's wonderful. Thanks for the tip!

Kristina Y.: It has some wonderful essential oils in it that are quite good for women's health.

A Famous Quote

"I have often said that our success is what we think to make it. We must continue to set new goals for ourselves as we stand on the principles that have made our present success possible – the Golden Rule and cooperation with Nature."

- Dr. Forrest C. Shaklee



Magical Combination

Calming Complex is probably one of the most undersold, magnificent products in Shaklee! I've had notoriously dry skin all my life and now at 71, thanks to Shaklee's Calming Complex combined with C + E, people younger than me want to know my secret.

I've recommended these Enfuselle products from Shaklee for people with eczema, jungle fungus from Korea, people using medication that was drying out their skin — all got the same amazing results as I did.

The only good thing I can say about dry skin is I did not have the worries of Acne, but dry skin causes cells to flatten down and not accept moisture which causes more rapid aging of the skin. However, thanks to these great products, my skin is aging very gracefully and less than my friends with more normal skin types. Vivian P



in all. Also, she always seemed to be "on the verge" getting sick almost all the time. Running low grade fever, grumpy, not very active. Those symptoms have also gone away. I can tell a difference within days if I forget to give her the OptiFlora. Not sure what it's doing but something about it is making her feel better. And that makes mommy feel better.

Shingle Testimonials

Obviously the Vitalizer and Protein are important, but the real "miracle worker" is the B Complex. Shingles is a virus (the same one that causes Chicken Pox in young children) and it causes painful itching along certain nerve tracks. In very simplified terms, the B Complex helps the nerves to heal and resist the "over-reaction" caused by the virus. It is important that the person continue to supplement with B Complex in order to prevent reoccurrence of the shingles. This has worked for my Aunt who would get shingles every year. She has not had them for 8 years now - she's 85. Each person is different, so "how many?" is a difficult question to answer. It would probably be a good idea to start with 4 a day (evenly spaced) and increase until a level of maximum improvement is found. (I take 12 - 16 on high stress days.)

Good luck, Sue

I first got shingles when I was pregnant with my first child 5 years ago. It broke out on my right thigh and right arm. Very painful. The Dr. told me that it is a form of the herpes virus like a cold sore, etc. I was told that stress brings it out and when I find myself in unusually high stress I have had tendencies to breakouts. B-Complex is awesome for this and so is OsteoMatrix. I regularly take Vita-Lea, soy protein, Sus.Rel-C, Alfalfa, Optiflora. I haven't had an outbreak in quite sometime - Anna Hammons

Jessie's Story

Jessie is 2 1/2 years old. She was a very fussy baby. Threw up alot as an infant. I have always suspected that she has some stomach issues that we didn't know about. She is still in the low percentile for her weight, some because she is just little and also because she rarely eats. She began to complain of lower back aches. When I took her to the doctor they said it was constipation. So they put her on Metamucil, that gave her diarrhea even after I lowered the dosage. Mom had some Optiflora Probiotic Complex (little pearl capsules) so I decided what the heck. Within a few days I could tell she was feeling better. I've been giving it to her for about a month now. She doesn't complain about her back anymore, she eats like a horse, poops regular and generally seems to be feeling better all



FACT: Some 20 million Americans have asthma

FACT: An average of one out of every 13 school-aged children has asthma

FACT: Asthma rates in children under age five have increased more than 160% from 1980-1994

FACT: Common household cleaners and appliances give off fumes, which can potentially increase the risk of children developing asthma

Little boy's allergies GONE!

When my husband's company offered us a move from California to the Midwest, we thought Spring would be the ideal time to transition our very healthy 3-year old son to the change in weather ... especially since we were familiar with the variable conditions of Missouri Winters/ Summers! Little did we know that our son would be allergic to the molds, etc. of our new location. After many trips to the pediatrician, allergy testing, medication, and ultimately allergy injections, we were sickened by the thought of what our move had done to



our little boy! Enter Shaklee!!! Not only did we survive that first year thanks to Shaklee supplements, we thrived--- big time!! Even though we were on, what we thought were, very effective supplements while living in California, nothing compared to the results our entire family experienced with Shaklee! After one month of Alfalfa Tabs, Liqui-lea (no Ocean Wonders/ Incredivites at that time), Chewable Vita-C, and Instant Protein Vanilla (now Energizing Soy Protein), we started seeing improvements AND in less than six months, no

medication, no allergist visits, and NO MORE SHOTS! YEA SHAKLEE! We had our healthy, robust, thriving little boy back on track to perfect health!

For those interested, we gave him a "Shaklee Sandwich" with each meal (breakfast, lunch, and dinner): 1 Chewable Vita-C between 2 Alfalfa Tabs (yes, he chewed it), plus 1 tsp. Liqui-lea, 1 T Instant Protein in blender with diluted juice. Dairy was a no-no (for a while). Tricia R.

Product Highlight ~ Nutriferon

Breakthrough Immune Protection!!

Why Take It ~ prompts body's own production of natural interferon, increases activity of neutrophils & macrophages, protects against environmental irritants, airborne substances (allergens), bacteria & viruses, aids tissue healing, reduces frequency, duration, & severity of illness, calls the body's own natural 'killer cells' to action, optimizes the natural immune response process cell-deep without overstimulating, keeps the immune system finely tuned and on 'ready alert'.

What Issues Can It Help With ~ cancer, chemo, allergies & asthma, auto immune



disorders: MS, lupus, rheumatoid arthritis etc, Hepatitis C, PMS, menopausal symptoms, colds & flu, thyroid disorders, HIV/ Aids virus, those that get every 'bug', for the elderly, convalescents, sedentary people, overly active people, those with high stress levels, for healing of wounds, injury, or surgery, pneumonia, parasites, etc.

Note: Nutriferon is an immune system balancer so it up-regulates a suppressed immune system and also down-regulates a 'hyper' immune system.

Extremely beneficial during allergy & flu/cold season.

#20962 \$\$39.00 Member Price

60 caplets/30 servings Gluten Free. Kosher.