

class schedule



january 2021

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1 New Year's Day	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Notice: Due to COVID-19 restrictions, classes are cancelled until further notice



Medicine Hat
Tai Chi
& Qi-gong Association

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太极拳

year of
metal
rat



I am a mystery
Appearing when least expected
Charming and social
Introverted and secretive
I'm a powerful protector
An unforgiving enemy
I observe and react
Seek reform and Justice
I demand perfection
and fear failure
My objective is survival
I AM THE RAT

class schedule

february 2021



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7	8	9	10	11	12 Chinese New Year	13
14 Valentine's Day	15 Family Day	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6

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太极拳

year of
metal
OX



My purpose is to alleviate chaos and perpetuate stability;
To hold my ground against hardship, danger and adversity;
Steadfast and above reproach;
I am here to enforce honour and fair play;
To set a moral code by becoming one with nature;
Constantly working toward my goal;
To bring about harmony and good fortune.
I AM THE OX.

class schedule



march 2021

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17 St. Patrick's Day	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

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class schedule



april 2021

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2 Good Friday	3
4 Qingming Festival Easter Sunday	5 Easter Monday	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 Earth Day	23	24 World Tai Chi and QiGong Day
25	26	27	28	29	30	1

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