



# THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

96th YEAR OF "SERVICE ABOVE SELF"  
Web Site: <http://www.lexingtonvarotary.org>

June 6, 2018

Volume LXXI, Number 25

President Skip presided. Guests: Our speaker, Suzanne Simpson. Visiting Rotarians: None. Attendance: 19 LRC members and 1 guest for a total attendance of 20.

## Announcements and Business:

1. The Rockbridge Community Festival (RCF) is fast approaching: August 25<sup>th</sup>. Our Club is obligated to supply three more leaders for the Planning Committee: Entertainment Chair; Sponsor Vice-Chair; and Marketing Chair. We need volunteers for these positions right away so they may participate in the planning process for the Festival. The Planning Committee will meet every Tuesday at 5:00 pm in July and twice a week in August.

This event is our major money maker of the year so we need to get crackin'. Already committed are: Stewart Fleming, Festival Vice-Chair this year (automatically Chair next year); Joe Williams, Chair of Space Assignments, and Kent McMichael, Chair of Operations. The Jaycees are willing to fill some of these spots but expect a greater share of the proceeds in return.

2. Our Board of Directors met immediately following our regular meeting.

## Minute for Rotary:

Kent McMichael, project director, said it was important to the families that we place a flag on the grave of every veteran to recognize their service. He related that he encountered a lady in the cemetery on May 25<sup>th</sup> and she was crying because her father's grave did not have a flag. He immediately corrected the oversight and left her sitting at the site talking to her Dad.

## Program:

Suzanne Sheridan is Chief Executive Officer of the Rockbridge Area Health Center (RAHC). She has dedicated the last 23 years to improving health care accessibility to people in the Rockbridge area. She successfully guided the organizational transformation from a free clinic model to a community health center model of care. These activities included expanding the health care services offered to medical, dental, pharmaceutical and behavioral health care.

Suzanne served as an active duty Army Signal Corps officer and an Army Reserve Army officer. She was invited to join Lexington Rotary in 1995 by Betty McMichael. She enjoyed 10 years of Rotary service until she had to step away in 2006. She is a founding member of the Lexington Lunch Rotary Club.

She is married to Dr. John Sheridan and they enjoy the country life in Rockbridge County with their dog Molly.

Unfortunately, we were unable to marry her Apple computer to our projector, so she was unable to access her prepared Pilot Program. She has been invited back on July 18 when we expect no complications.

Our members didn't let her off easy and raised some questions: What will the new Medicaid do for the RAHC? How do people get into your program? And How do you view your relationship with Carilion Stonewall Jackson Hospital? She will answer these on July 18.

She invited us to come to hear her presentation at Sunnyside House on the Kendal campus on the afternoon of June 15.

## Happy Bucks:

- George Piegari acknowledged that today was the anniversary of the D-Day landing in Europe although no one in attendance would have taken part in it.
- Linda Krantz read a joke, entirely too long to include here.

- Betty McMichael had praise: for Suzanne Sheridan for attempting to deliver our program tonight; for the following who placed flags on veterans' graves: Chuck Barger, Stewart Fleming, Shane Gonsalves, Mary & Chip Honsinger, Linda Krantz, Bill Lowe, Joe Milo, George Piegari, Skip Ravenhorst, Robert Sayre, Julia Van de Water, and Joe Williams; and for those who helped with Roadside Clean-Up: Chuck Barger, Stewart Fleming, Linda Krantz, Bill Lowe, Kent McMichael, Joe Milo, George Piegari, and Julia Van de Water.
- George Piegari had a Happy Buck for Chuck Barger and Julie Goyette: they assisted him in selecting the recipient of our Rotary scholarship from among ten exceptional applicants from the graduating class at RCHS; George said Julie and Chuck made a very difficult decision a rewarding one. Julie presented the award for our club at a special Awards Assembly at RCHS.
- John Tucker thanked Dick for taking him to Velocity Care earlier this week, waiting while he was seen, and then taking him to have his prescription filled.
- Suzanne Sheridan thanked our Club for inviting her.
- Kent McMichael related that President Dudley of W&L challenged young Steve Grist (senior president of the W&L student body) to a golf game during his commencement address; Steve accepted and beat him by 6 strokes in 9 holes the next day.
- Linda Krantz is the proud parent of 4 new kittens.
- Julia Van de Water was in London during the recent nuptials although not a guest; she was impressed with the pageantry, especially Princess Ann, who spent over an hour greeting 53 young people from all over the world.

#### **Birthdays and Anniversaries in May:**

Happy Birthday to Bill Stearns on the 2<sup>nd</sup>; Jane McCoy on the 6<sup>th</sup>; June Jeffries on the 14<sup>th</sup>; Linda Krantz on the 19<sup>th</sup>; Dick Minnix and Scott Risser on the 20<sup>th</sup>; Lynn Williams on the 21<sup>st</sup>; and Margaret Sayre on the 30<sup>th</sup>.

Happy Anniversary to Gabriella & Allan Somerville Brown on the 6<sup>th</sup>; and Melou & George Piegari on the 10<sup>th</sup>.

#### **Raffle:**

Mary Honsinger won the raffle but not the BIG pot which now totals \$156.00.

#### **A Little Humor:**

While working at a pizza parlor I observed a man ordering a small pizza to go. He appeared to be alone and the cook asked him if he would like it cut into 4 pieces or 6. He thought about it for some time before responding: "Just cut it into 4 pieces; I don't think I'm hungry enough to eat 6 pieces."

#### **Future Programs & Activities:**

**Jun 20: Installation of 2018-19 Club Officers; PDG Rae will install**

**Jul 04: NO MEETING**

**Jul 11: Club Picnic at Jordons Point Park; Beam Me Up BBQ will cateracknowledged**

**Jul 18 Rockbridge Area Health Center by Suzanne Sheridan, RoD Dick Minnix**

**END**



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June 27, 2018

Volume LXXI, Number 27

President-Elect Kent was in charge. Guests: David Krantz, spouse of Linda; Margaret Sayre, spouse of Robert; and Lynn Williams, spouse of Joe. Visiting Rotarians: None. Attendance: 11 LRC members, and 3 guests for a total attendance of 14.

## Announcements and Business:

1. The Rockbridge Community Festival (RCF) is fast approaching: August 25<sup>th</sup>. Our Club is obligated to supply three more leaders for the Planning Committee: Entertainment Chair; Sponsor Vice-Chair; and Marketing Chair. We need volunteers for these positions right away so they may participate in the planning process for the Festival. The Planning Committee will meet every Tuesday at 5:00 pm in July and twice a week in August.

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2. Tonight was John Tucker's swan song as Treasurer of the Lexington Rotary Club. He was first listed as Treasurer on the 1977-78 history of our club – that was 41 years ago!!! And he was listed as Secretary the next year and served in that position until 2015-16 when Julie Goyette was appointed Secretary. So it is with 37 years service as Secretary and 41 years as Treasurer that he retires. Thanks, John for exceptional, dedicated service to our club. A simple thanks just seems inadequate.
3. Don't forget our club picnic scheduled for Jordan's Point Park on July 11<sup>th</sup>. Spouses and friends are welcome but **please notify President Betty of your guests** so she may give our caterer an accurate count for the evening. We certainly don't wish to run out of food!
4. Thanks to Skip Ravenhorst as he retires as Club President after two consecutive years of service. We owe him for stepping up to the plate at this time last year and agreeing to continue when our president-elect relocated. Not many would have taken on such an obligation or carried it out so well.

## Program:

Our program for the evening was a tour of the new packaging facility at Devils Backbone Outpost Brewery & Tap Room located at 50 Northwind Lane just off Route 11 north of Lexington. Our tour was conducted by incoming treasurer David Ryan who joined Devils Backbone in January earlier this year. After the tour, it is obvious he has learned a lot in six short months.

For more extensive information about the company, go to **dbbrewingcompany.com**. Suffice it to say here that there is much to learn about this operation which was established in Nelson County by Steve and Heidi Crandall about 10 years ago. Interestingly, you must be at least 21 years old to enter their website.

Devils Backbone Outpost Brewery & Taproom is naturally divided into two parts: the brewery and taproom at the top of the hill and the relatively new packaging facility on the former location of the bowling alley located down the hill. Our tour was limited to the packaging facility where the various flavors of beer are either bottled, canned, or placed in kegs. It is a high technology facility where the containers are washed with hot water, then acid, flushed with carbon dioxide, dried, and then filled. All this occurs on a continuous production line. The equipment is high tech, much purchased from foreign manufacturers. Finally the containers are tested to ensure they are fully filled, sealed, and boxed for shipment. From there they are lifted into a massive cold room until shipment to vendors. One of the things we learned is that oxygen must be avoided for it causes beer to develop bad odors. By the way, we learned that bottles incompletely filled are automatically kicked off the line – there is a rumor that employees are allowed to take them home.

After the tour, we proceeded up the hill to the brewery and taproom. There we found Kent McMichael with four large pizzas he had picked up from Naples Restaurant: pepperoni, sausage, cheese, and ham. They were quickly devoured along with our choice of flavors of at least a dozen beers on tap. All in all, a very pleasant and informative evening. Thanks, David and Betty and Kent, for making the arrangements.

David said they expect to open a restaurant on site in about 30 days. We should plan to hold one of our regular meetings there and sample the cuisine when they do.

**Happy Bucks and Raffle:**

Neither tonight.

**Birthdays and Anniversaries in July (Repeated):**

Happy Birthday to: Julia Van de Water on the 11<sup>th</sup>; and Nancy Lowe on the 21<sup>st</sup>.

Happy Anniversary to: Meghan & David Ryan on the 11<sup>th</sup>; Connie & Derek Carter on the 12<sup>th</sup>; and Linda & David Krantz on the 29<sup>th</sup>.

**Future Programs & Activities:**

**Jul 04: NO MEETING**

**Jul 11: Club Picnic at Jordan's Point Park; Beam Me Up BBQ will cater**

**Jul 18: Rockbridge Area Health Center by Suzanne Sheridan, RoD Dick Minnix**

**Aug 14: Joint Meeting with Kerr's Creek Ruritan Club (TUESDAY at Kerr's Creek Presbyterian Church)**

**Aug 22: Joint Meeting with Jaycees; planning RCF**

**Aug 25: Rockbridge Community Festival**

**END**



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**May 02, 2018**

**Volume LXXI, Number 23**

President Skip presided. Guests: Rebecca Taylor, spouse of our speaker, and Lee Taylor, our speaker, both of Rockbridge County. Visiting Rotarian: John Taber of the Las Cruces, NM, Club, and sometimes the Cody, WY, Club. Attendance: 20 LRC members and 3 guests for a total attendance of 23.

## **Announcements and Business:**

- 1. Our Roadside Clean-Up project was rescheduled from April 25<sup>th</sup> because of rain. It will occur next Wednesday, May 9<sup>th</sup>, 2018. Because of our reduced number of members, our Board earlier decided to limit this project to the Route 11S area. So we will have only one team and they will pick up trash along Route 11S from the intersection of Route 11S and Possum Hollow Road back towards Lexington to a point about 1 mile from the end of the Lexington Bypass. The plan is to meet and begin at 6:00 pm so the task can be completed before dark. The event will be rescheduled again if it is raining hard enough that you need to activate your windshield wipers. Remember to wear sturdy shoes and bring gloves. Skip reminds us that our club policy is "Finders, Keepers."**
2. With the assistance of President Skip, Treasurer John, and Chip, Dick Minnix has updated our Orientation Booklet. This recruitment aid was first prepared in 2003; it has been updated periodically since that time. Dick presented Chip, Membership Chair, with more than 20 hard copies; he will transmit copies to all members as an attachment in an email message. Please contact Dick if you require a hard copy of the Booklet.
3. President Skip reminded us to contribute generously to the "Blue Buckets" to support Alzheimers research.
4. In preparation for the retirement of our long-time treasurer on July 1, our Club has acquired a mailing address: Lexington Rotary Club, Post Office Box 1557, Lexington, VA 24450-1557. Our internet address remains: [www.lexingtonvarotary.org](http://www.lexingtonvarotary.org).
- 5. Don't forget placing flags on veterans' graves on Friday, May 25<sup>th</sup>, and pickup of same on Wednesday, May 30<sup>th</sup>.**
6. Our Board of Directors held their regular monthly meeting immediately following our club meeting.

## **Minute for Rotary:**

Chip Honsinger delivered our Minute: A 67 year-old Australian tourist was hit in Lexington by a pick-up truck on Thursday, April 19<sup>th</sup>. Her son Justin Wibrow, a Rotarian PP in Melbourne, sent an e-mail to our club asking for help. Dick sent his message on to all members of our club and District leaders. Numerous Rotarians responded, including DG Dick Ray, AG Marc Hudson, by messages, and PDG Woody Sadler and Lori Sadler of the Lexington Lunch Club with hospital visits. From our Club, members who visited "mum" Susan at Carilion Stonewall Jackson Hospital, some numerous times, were Betty, Rae, Bill, Nancy, Mary, and Chip. They learned that she was touring the U.S. alone and had survived New York City only to be struck at our "busy!" intersection of Main and Nelson. (The 81 year-old driver of the pickup truck has been charged with reckless driving.) Her injuries included broken bones, but none were life-threatening. Justin arrived on Wednesday, April 25<sup>th</sup>, spent the night with Mary and Chip, and flew home with his mum on Thursday, April 26<sup>th</sup>. We have not received further word. President Skip thanked all who helped out.

As an aside, Chip learned the following about the Melbourne Club: Justin is a Past President of the Melbourne Rotary Club in Australia. This club was the first in Australia (April 1921), has always been and is the largest in Australia, and thrives in rarified atmosphere very unlike Lexington. It has 350 members, who meet weekly. They have 15 satellite "clubs" or social groups based upon localities. The club has six full-time employees in a business office and a multi-million dollar annual budget. Their financial resources come from donations including benefactors and several very wealthy members, investment

for Susan, the delightful Australian lady in Stonewall Jackson Hospital; earnings (mostly from hosting the RI Convention in Melbourne in 1993), grants from RI and their District 9800 and elsewhere, fund raising activities, and partnerships with other funding bodies. Among many other charitable uses of their funds are grants to other Rotary clubs in the Melbourne area, an example of which was 3/4 of a million dollars.

### **Program:**

P-E Betty introduced our speaker. Lee Taylor spoke to us about the Buffalo Creek Boys School. He holds a B. A. In psychology and a law degree from Mercer University. He was a principal at a law firm in Georgia and Virginia. He is a craftsman, wood-fire potter, musician, outdoorsman, horseman, and has great enthusiasm for science, grammar, bluegrass music, nature, and critters of all kinds.

Boys develop and learn differently than girls. Small, single-sex schools and experiential, inquiry-based learning maximize boys response to teaching. Middle school years are a critical transition period in a boy's life. Providing a supportive space that celebrates and cultivates their energy allows them freedom to be a boy as they learn, play, and mature.

Mystery of the core subjects is vital, but extracurricular and interdisciplinary studies enhance boy's development in other areas and add interest and enthusiasm into the learning process. Character is key to the educational success. Boys who are inspired to be inquisitive, take initiative, use ingenuity, have integrity, and be servant leaders will become fruitful members of their communities.

Our learning approach: trains boys, provides spiritual foundations, encourages love and acceptance, incorporates nature, offers hands-on learning, allows emotional and energy release, and gives boys a voice.

Buffalo Creek Boys School has only one student at the present time but has great plans for the future. Tuition is \$7200/year; several scholarships are available. Their goal is to have 10 students/class for a total of 40. The camp is operated as part of Camp Grey Fox.

### **Happy Bucks:**

- Dick Minnix was gratified at the response of our Rotarians to the Australian Rotarian's request "to look in" on his mother in Stonewall Jackson Hospital – he said it gave him a "warm heart."
- President Skip put in a dollar for his photo in the News-Gazette today.
- Betty McMichael had multiple bucks: for Lee Taylor, our speaker tonight;; for those who showed up in the rain last Wednesday for Highway Clean-Up; for Susan, the delightful Australian lady in Stonewall Jackson Hospital; it's nice to know that Rotarians care enough to visit patients; there will probably be an article in the District Newsletter.
- As a life-long scouter, Chip Honsinger is disappointed that the Boy Scouts of America have removed the Boy from their name; he feels the effort should have been made to beef up the Girl Scouts.
- Joe Milo pointed out a photo in the Roanoke Times this week about girls in Boy Scout Troops: 6 girls and 1 boy.

### **Raffle:**

Nick Cuzzimano won the raffle but not the BIG pot which now totals \$138.00.

### **Did You Know?**

Line dancing was started by women waiting to use the bathroom.

### **Future Programs & Activities:**

- May 09: Roadside Cleanup on Route 11S, RoD Skip Ravenhorst**
- May 16: Blue Ridge Autism & Achievement Center by Meagan Harding, RoD Betty McMichael**
- May 25: (Friday) Place Flags on Veterans Graves in Two Cemeteries for Memorial Day, RoD Kent McMichael**
- May 30: (Wednesday) Take Up Flags in Cemeteries; RoD Kent McMichael**
- Jun 06: Rockbridge Area Health Center by Suzanne Sheridan, RoD Dick Minnix**

**END**



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May 16, 2018

Volume LXXI, Number 24

President Skip presided. Guests: our speakers, Meagan Harding, Ryan Brink, and Walker Brand, and little Anna Ryan. Visiting Rotarians: None. Attendance: 16 LRC members and 3½ guests for a total attendance of 19½.

## Announcements and Business:

1. Flags will be placed on veterans graves on Friday, May 25<sup>th</sup>, starting at 4:30 pm in Evergreen and Stonewall Jackson Cemeteries. Approximately 110 flags are put out at Evergreen and almost 700 at SJ Cemetery. They will be removed on Wednesday, May 30<sup>th</sup>, starting at 5:00 pm because it goes faster. This is a very worthwhile project that recognizes the sacrifices others made on our behalf, so come on out and help even if you haven't signed up.
2. P-E Betty McMichael announced that the 2018-19 Board of Directors would meet immediately following our regular meeting.

## Program:

P-E Betty introduced Meagan Harding, Behavior Analyst and Special Education Teacher at Blue Ridge Autism and Achievement Center (BRAAC), who, in turn, introduced two W&L engineering students, Ryan Brink and Walker Brand. These students have been developing a Nature Immersion Trail for the benefit of BRAAC students.

"BRAAC is a day school licensed by the Virginia Department of Education which offers a highly structured program for students with learning disabilities and autism. The purpose of the BRAAC is to provide each student with individual learning experiences aimed at promoting his/her growth and development. Staff members firmly believe that each student must be offered a variety of experiences based upon his/her need and capability.

"A professionally trained staff teaches the individually structured program. For students with learning disabilities, the method of instruction includes the sequential, multi-sensory, phonetic approach to the teaching of reading, writing, spelling, and arithmetic. For the autism population, Applied Behavior Analysis utilizing methods such as Discrete Trial Therapy, Verbal Behavior, Task Analyses, etc., is individually implemented.

"Curiosity for and a love of learning should be fostered. The faculty believes that all students have learning potential, which the school must identify, stimulate, and nurture."

The design purpose of the trail is to provide sensory and nature immersion therapy for the students. Challenges faced by the students were limited space, limited physical activity, and limited sensory stimulation. Located at the BRAAC-Lexington Area location (40 Park Place), the final design is about ¼ mile long with a generous 8 foot width covered with wood mulch. It will have 4 rest/sensory stations.

This project should provide much needed, additional sensory experiences for BRAAC students. Kudos to Ryan and Walker for devoting their time and effort into designing and developing the trail.

## Happy Bucks:

- President Skip was tickled pink to have two engineering students from W&L present our program tonight in as much as his Dad was Professor of Engineering at W&L for many years.
- Allan Somerville Brown has been struggling with his legs since spreading some mulch about two weeks ago, so be forewarned.
- Linda Krantz had an unannounced visitor at her home last evening – a BEAR! Luckily, no one was harmed.
- Betty McMichael had multiple bucks: for the nine members who showed up on May 9<sup>th</sup> and picked up the two-mile stretch of Route 11S in an hour; to our speakers for a wonderful program this evening; and for her terrific pet dog who eliminated four troublesome baby groundhogs on their property.

### **Birthdays and Anniversaries in May:**

Happy Birthday to Kent McMichael on the 17<sup>th</sup>; Rita Ravenhorst on the 20<sup>th</sup>; Meghan Ryan on the 27<sup>th</sup>; and Stewart Fleming on the 28<sup>th</sup>.

No anniversaries are celebrated in the month of May.

### **Raffle:**

President Skip won the raffle but not the BIG pot which now totals \$138.00.

### **TAPS:**

(Don't know if the following story is true, but it is on an appropriate topic as Memorial Day approaches.)

We in the United States have all heard the haunting song, 'Taps...' It's the song that gives us the lump in our throats and usually tears in our eyes. But, do you know the story behind the song? If not, I think you will be interested to find out about its humble beginnings.

Reportedly, it all began in 1862 during the Civil War, when Union Army Captain Robert Elli was with his men near Harrison's Landing in Virginia. The Confederate Army was on the other side of the narrow strip of land.

During the night, Captain Elli heard the moans of a soldier who lay severely wounded on the field. Not knowing if it was a Union or Confederate soldier, the Captain decided to risk his life and bring the stricken man back for medical attention. Crawling on his stomach through the gunfire, the Captain reached the stricken soldier and began pulling him toward his encampment..

When the Captain finally reached his own lines, he discovered it was actually a Confederate soldier, but the soldier was dead. The Captain lit a lantern and suddenly caught his breath and went numb with shock. In the dim light, he saw the face of the soldier. It was his own son. The boy had been studying music in the South when the war broke out. Without telling his father, the boy enlisted in the Confederate Army.

The following morning, heartbroken, the father asked permission of his superiors to give his son a full military burial, despite his enemy status. His request was only partially granted. The Captain had asked if he could have a group of Army band members play a funeral dirge for his son at the funeral. The request was turned down since the soldier was a Confederate.

But, out of respect for the father, they did say they could give him only one musician. The Captain chose a bugler. He asked the bugler to play a series of musical notes he had found on a piece of paper in the pocket of the dead youth's uniform. This wish was granted. The haunting melody, we now know as 'Taps' used at military funerals was born.

The words are:

"Day is done, Gone the sun. From the lakes, From the hills, From the sky. All is well. Safely rest. God is nigh.

"Fading light, Dims the sight. And a star, Gems the sky, Gleaming bright. From afar, Drawing nigh, Falls the night.

"Thanks and praise, For our days. Neath the sun, Neath the stars, Neath the sky. As we go, This we know, God is nigh."

### **Future Programs & Activities:**

**May 25: (Friday) Place Flags on Veterans Graves in Two Cemeteries for Memorial Day, RoD Kent McMichael**

**May 30: (Wednesday) Take Up Flags in Cemeteries; RoD Kent McMichael**

**Jun 06: Rockbridge Area Health Center by Suzanne Sheridan, RoD Dick Minnix**

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