



Please provide detailed responses to help us review your application.

Name

Age

Years Riding

Email

Phone

Mailing Address

Discipline

XC

DH

Enduro

Freeride

Your Goals for this year.

Planned Events for this year.

Previous race/event experience and results.

What skills do you want to improve ?



How would you benefit from mentorship from a pro rider ?

Do you have any sponsors ? If so, list below.

**Have you volunteered in the bike community ? (eg. leading rides, trails days etc..)
What would you be willing to do as a volunteer this year ?**

Mentorship Expectations

The Ride Like a Girl mentorship program requires participants to actively engage with their mentors. Mentorship is a two-way relationship, and you will need to reach out to and respond to your mentor to make the most of the Ride Like a Girl Program. Please check the box to indicate if you are willing to commit to the following:

**Monthly: Reach out to your mentor for advice, guidance and racing tips
(1x per month min)**

**Monthly: Respond to emails from the Ride Like a Girl program
(approximately 1x per month)**

Seasonal: Provide 2 seasonal updates with race results, photos, and information on your efforts to reach out to and meet with your mentor

Do you have support from your parents to participate in the Ride Like a Girl Program and help you to meet up with your mentor?

To communicate with my mentor I have access to:

phone

email

social media