

Suicide Prevention Resources



- Local Police / Sheriff's Department
 - 9 1 1
- Hospital or Emergency Room
- National Suicide Prevention Hotline: www.suicidepreventionlifeline.org
 - 1-800-273-8255
- ALL Minnesota Counties: Canvas Health Crisis Connection: www.crisis.org
 - 612-379-6363 or 1-866-379-6363
 - **TEXT** "LIFE" to 61222: www.txt4life.org
- **TEXT**: "SUPPORT" to 741741 / "LIFE" to 839863
- Metro Area Mental Health Crisis Response: www.childcrisisresponsemn.org
 - Anoka County: 763-755-3801
 - Carver / Scott Counties: 952-442-7601
 - Dakota County: 952-891-7171
 - Ramsey County Adult: 651-266-7900
 - Children: 651-774-7000
 - Hennepin County Adult: 612-596-1223
 - Children: 612-348-2233
 - Washington County: 651-777-5222
- Veterans Crisis Line: www.veteranscrisisline.net
 - 1-800-273-8255
 - **TEXT**: 838255
- Prevent Suicide Wisconsin: www.preventsuicidewi.org
- NAMI (National Alliance on Mental Illness): www.namihelps.org
 - 1-888-626-4435
- SAMHSA (Substance Abuse and Mental Health Services Admin): www.samhsa.gov
 - 1-877-726-4727
- Mental Health America-Wisconsin: www.mhawisconsin.org
- American Foundation of Suicide Prevention: www.afsp.org

www.jakeshope1994.com



Jake's Hope